

Airplane Prompts

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Quick check-in. **What's working** well? What's **not working** well? **What have you learned** that you'll apply the rest of the year?

Looking back on 2024 so far, what has changed in your life? Where has your vision expanded and clarified? But also, externally, where have you raised the standard or floor?

Looking ahead to January 1, 2025, where would you love to be? No, let me rephrase: Where could you be if you were all-in and focused? What seemingly impossible goal- if committed to- could you create?

Between now and 2025, where will you focus? What will you eliminate that reflects your past but not your next-level future?

If we were having this discussion **three years from today**, and you were looking back over those three years, what has to have happened in your life, both personally and professionally, for you to feel happy with your progress?

Specifically, what **threats** do you have now that need to be eliminated, what **opportunities** need to be captured, and what **strengths** need to be maximized?

What **investments** (time, money, or focus) have had the biggest return so far?

There are a million reflection questions... But **no need to overcomplicate**. Given all the above, what's a simple plan you're excited to **commit to right now**? Take 5 minutes to create momentum right now.