

Virtual Sober Start Commitments

July to September **2026-Q3**

To fill a commitment please Text: Mary Agnes, 847-309-3871

Meeting	1 Chair (1 year sobriety)	1 Secretary (90 days sobriety)	2 GATE KEEPERS (30 days sobriety)	1 Timer Peeps (1 day sober)
Monday – Step Meeting *Last Mon – Trad (SPEAKER)	Barb Y.	Heather J	Kelly B Rachel P	Kathleen F.
Tuesday - Beginners – Living Sober	Audra	Mary D	Amanda G. Bernie	Jensen
Wednesday – Big Book	Lori S.	Kelly B	Bridget K. Carlos	Genevieve
Thursday – Daily Reflections	Jeanine	Marta	Greg F. Dee D.	Marie
Friday - Promises	Maryann M.	Mary-Agnes	Audra Susan C.	Annette
Sleepless in Sea Cliff (Speaker Meeting)	Linda N	Bridget	Mary-Agnes Kathy M	Barb C
Sunday - Meditation -As Bill Sees It	Mary B for July Wendall	Kristin K.	Kathy M. Mary D.	Darnell
Group Chair Co-chair (1 year commitment)	MARY AGNES CLARE (CO)			
Group Secretary (1 year commitment)	MARY D			
Treasurer (2 year commitment)	GREG JEANINE (ALT)			
GSR & Alt (2 year commitment)	STEPHANIE P KRISTIN K (ALT)	Area 49		
OIAA & Alt (2 year commitment)	MARYANN SALLY E (ALT)			
WebMaster (1 year commitment)	MARYANN HEATHER (ALT)	Responsible for making group approved edits to the website.		
Anniversary Chair Coin Person (1 year commitment)	BERNIE KRISTIN B	*added responsibility of purchasing & mailing coins & cards to members celebrating each month		