

OSBHA: Social Media

Audience: Students

Language: Hmong

General or COVID	Platform	Image	If Used, Text in Image	Post Copy	Post Copy in English
General	FB		Nkag mus rau hauv qhov kev saib xyuas kev noj qab haus huv ntawm tsev kawm ntawv tau yooj yim!	Muaj lub chaw saib xyuas kev noj qab haus huv rau cov tub ntxhais kawm raws li phim nyob rau hauv peb lub tsev kawm ntawv. Nws yog qhov chaw muaj kev nyab xeeb thiab kev ntiag tug uas koj tuaj yeem tau txais kev saib xyuas rau koj lub cev thiab siab ntsws. Mus saib [LINK] txhawm rau kawm paub ntxiv thiab ua qhov kev teem caij sib ntsib!	There's a health center for students right in our school. It's a safe and private space where you can get care for your body and mind. Visit [LINK] to learn more and to make an appointment!
General	IG		Kev saib xyuas kev noj qab haus huv raws li phim nyob ntawm no.	Koj tuaj yeem tau txais kev saib xyuas kev noj qab haus huv, uas suav nrog cov kev pab cuam kev noj qab haus huv fab siab ntsws thiab cov kev ua kis las tawm dag zog yam uas tsis tau tawm hauv tsev kawm ntawv thiab tsis xam nqi dab tsi rau koj ntawm [School NAME]. Los ntsib ib pliag ncua ntawm cov chaw kawm los sis ua kev teem caij!	You can get health care, including mental health services and sports physicals without leaving school and at no cost to you at [School NAME]. Stop by between classes or make an appointment!

COVID	FB		Kev mus txhaj tshuaj tiv thaiv kab mob thiab koob tshuaj txhawb ntxiv pov thaiv rau kab mob COVID-19 yuav pab kom koj muaj kev nyab xeeb, kev noj qab nyob zoo, thiab cia koj ua koj cov kev ua ub ua no uas nyiam txuas ntxiv.	Cov tshuaj tiv thaiv kab mob COVID-19 yog muaj pub dawb, muaj kev nyab xeeb, thiab cov tshuaj ntawd tuaj yeem siv tau zoo. Koj tuaj yeem mus txhaj koj koob tshuaj tiv thaiv kab mob COVID-19 thiab cov koob tshuaj txhawb ntxiv tau ntawm [School NAME]. Mus Saib [LINK] txhawm rau kawm paub ntxiv txog cov kev pab cuam uas muaj thiab ua kev teem caij.	COVID-19 vaccines are free, safe and they work. You can get your COVID-19 vaccine and boosters at [School NAME]. Visit [LINK] to learn more about available services and to make an appointment.
COVID	IG		Puas xav tau tshuaj tiv thaiv kab mob COVID-19?	Nyob rau hauv Oregon, txhua tus neeg uas muaj hnuv nyoog kaum tsib xyoo thiab laus dua ntawd tuaj yeem ua lawv tus kheej cov kev txiav txim siab hais txog kev saib xyuas kev noj qab haus huv thiab cov tshuaj tiv thaiv kab mob. Koj tuaj yeem mus txhaj koj qhov tshuaj tiv thaiv kab mob COVID-19 thiab cov koob tshuaj txhawb ntxiv tau ntawm [NAME] yam tsis xam nqi dab tsi rau koj. Tsis tas yuav muaj kev tuav pov hwm li. Mus ntsib ib pliag yog tias muaj cov lus nug los sis mus txhaj koj qhov tshuaj tiv thaiv kab mob los sis koob tshuaj txhawb ntxiv.	In Oregon, everyone fifteen and older can make their own decisions about medical care and vaccines. You can get your COVID-19 vaccine and boosters at [NAME] at no cost to you. No insurance is required. Stop in with any questions or to get your vaccine or booster.

Audience: Parents/Caregivers

General or COVID	Platform	Image	If Used, Text in Image	Post Copy	Post Copy in English
General	FB		Kev saib xyuas kev noj qab haus huv tau yooj yim.	[NAME SBHC] tau teeb nyob rau hauv cheeb tsam tsev kawm ntawv ncaj nraim thiab muab kev yooj yim rau kev nkag mus siv cov kev pab cuam saib xyuas kev noj qab haus huv xub thawj rau cov tub ntxhais kawm, xws li cov kev kuaj lub cev li ib txwm, kev pab txhawb kev noj qab haus huv fab siab ntsws, cov ntawv sau yuav tshuaj, kev kho kev muaj mob thiab kev raug mob me, thiab lwm yam ntxiv. Txhua cov tub ntxhais kawm uas mus kawm ntawv tuaj yeem tau txais qhov kev saib xyuas tau yam tsis xam nqi dab tsi rau koj. Txhua tus tub ntxhais kawm ntawv puav leej tau txais, yam tsis quav ntsej txog koj qib kev muaj peev xwm them taus los sis kev yog xam xaj. Tej zaum koj yuav tuaj yeem tau txais kev saib xyuas rau koj tsev neeg tag nrho. Mus Saib [LINK] txhawm rau kawm paub ntxiv txog cov kev pab cuam uas muaj thiab ua kev teem caij.	[NAME SBHC] is located directly on the school campus and provides easy to access primary care services for students, such as routine physical exams, mental health support, prescriptions, treating minor illnesses and injuries, and more. All students who attend the school can get care at no cost to you. No student will be turned away, regardless of your ability to pay or citizenship status. You also might be able to get care for your whole family. Visit [LINK] to learn more about available services and to make an appointment.
General	FB		Qhov kev saib xyuas kev noj qab haus huv phim rau cov yim neeg.	Koj tus tub ntxhais kawm tuaj yeem tau txais qhov kev saib xyuas kev noj qab haus huv uas lawv xav tau ntawm [NAME]. Qhov ntawd txhais tau tias	Your student can get the healthcare they need at [NAME]. That means you won't have to take time off of work or find transportation to take them to the

				koj tsis tas yuav siv sij hawm so hauj lwm los sis nrhiav kev thauj mus los txhawm rau coj cov me nyuam ntawd mus ntsib tus kws kho mob. Lawv yuav tuaj yeem tau txais txhua yam uas lawv xav tau nyob rau hauv lawv lub tsev kawm ntawv, thiab tau rov qab mus rau hauv chav kawm tam sim. Mus Saib [LINK] txhawm rau kawm paub ntiv txog cov kev pab cuam uas muaj thiab ua kev teem caij.	doctor. They can get everything they need at their school, and get right back to class. Visit [LINK] to learn more about available services and to make an appointment.
COVID	FB		Koj tus me nyuam puas xav mus txhaj tshuaj tiv thaiv COVID-19?	Koj lub chaw saib xyuas kev noj qab haus huv hauv tsev kawm ntawv hauv zos ntawm [SCHOOL] muab cov tshuaj tiv thaiv kab mob COVID-19 thiab cov koob tshuaj txhawb ntiv tau yam tsis xam nqi dab tsi rau koj. Cov tub ntshais kawm tuaj yeem los tau rau hauv Lub Chaw Saib Xyuas Kev Noj Qab Haus Huv Hauv Tsev Kawm Ntawv (School-Based Health Center, SBHC) tam sim ncua sij hawm hnuv kawm—koj tsis tas yuav so hauj lwm txhawm rau coj lawv mus rau qhov kev teem caij. Mus saib [LINK] txhawm rau kawm paub ntiv.	Your local school-based health center at [SCHOOL] provides COVID-19 vaccines and boosters at no cost to you. Students can come right into the SBHC during the school day—you don't have to take time off of work to take them to an appointment. Visit [LINK] to learn more.
COVID	FB		Cov tshuaj tiv thaiv kab mob yuav pov thaiv cov me nyuam kom txhob muaj mob loj.	Cov me nyuam yeej kis tau tus kab mob COVID-19 zoo ib yam li cov laus thiab. Lawv muaj kev pheej hmoo thiab tuaj yeem ntsib cov teeb meem kev nyuaj fab kev noj qab haus huv ncua sij hawm luv thiab ntev tib si.	Children are just as likely as adults to get sick from COVID-19. They are at risk and can experience both short- and long-term health complications. They can spread COVID-19 to others, including younger siblings or older

				Lawv tuaj yeem kis tau tus kab mob COVID-19 mus rau lwm tus, uas suav nrog cov kwv tij nus muag uas yau zog los sis cov txheeb ze uas muaj hnub nyoog siab zog uas muaj kev pheej hmoo siab zog. [School NAME] muab cov tshuaj tiv thaiv kab mob COVID-19 thiab cov koob tshuaj txhawb ntxiv tau yam tsis xam nqi dab tsi rau koj. Mus saib [LINK] txhawm rau kawm paub ntxiv.	relatives who are at higher risk. The [School NAME] provides COVID-19 vaccines and boosters at no cost to you. Visit [LINK] to learn more.
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Key: FB = Facebook; IG = Instagram