



FREE Sports Physicals

The School-Based Wellness Center at Wilde Lake High School is offering free sports physicals for current **and** incoming WLHS students!

**Every Tuesday, Wednesday & Thursday
July 1 - 31, 2025 from 1:00pm - 4:00pm**

AND

**Monday through Friday
August 4-8, 2025 from 1:00pm - 4:00pm**

Physicals will be held at **Wilde Lake Middle School**.

Email HowardSBWC@howardcountymd.gov or call **410-313-6362** to enroll and schedule your sports physical.

When calling or emailing include:

- Student's Name
- Date of Birth
- Preferred Appointment Date
- Parent/Guardian Name
- Contact Phone Number



Appointments are made on a first come, first served basis.

To learn more about our School-Based Wellness Centers, visit bit.ly/SchoolBasedWellnessCenters

