

Deloraine to Launceston Launceston

Deloraine to

Handicap Race

Saturday 9th September

2023

Welcome/Introduction

This Technical Guide is for the information of participants competing in the Deloraine to Launceston Handicap Race held on the 9th September 2023

Event Details

Event Description

Launceston City Cycling Club is hosting the Deloraine to Launceston handicap Race. This Event will be conducted under the guidance of the [AusCycling Technical Regulations](#).

Event Location

Event Address: Deloraine Train Park River Road

Key Contacts

The event will be delivered by Launceston City Cycling Club

The contact details are as follows:

Name	Position/Title	Phone	Email
Ian loft	Club Contact	0490047121	ianloft@gmail.com
Paul McKenzie	Handicapper	0419008708	Paul-melanie@bigpond.com
Matt Challis	Race Director	0417540991	challisfm@gmail.com
Phil Leslie	AusCycling representative		phillip.leslie@auscycling.org.au

Volunteers will be assigned roles and responsibilities to facilitate the planning and running of the event.

Race Officials

Chief- M.Bailey- Principles K Jamieson, J McKee

Competitor Information

Competitor Responsibilities

Participants shall:

- Obey instructions from the Event Organisers, Commissaires and event marshals/officials.
- Employ correct etiquette and ride safely in all situations.
- Be required to wear minimum safety gear including an appropriately approved helmet.
- Ensure that their bicycle is in good working order.
- Ensure they have adequate supply of water, sports drink and nutrition as required for the activity they are to participate in.
- Be responsible for ensuring they are fit enough for the activity.

Entry Process

The Deloraine to Launceston is open to current AusCycling membership and individuals who are not a member of AusCycling. Entry for current members can be done by going to

entryboss.cc/races/17097

If you are not a member of AusCycling but want to participate in the event, you can sign up for our 4 Week Free Trial membership*

*If you have a four week trial membership you will be listed as a novice rider and therefore your bike does not have to comply with the equipment regulations. You will still be able to compete in the same race with your age category. This only applies to trial license holders only. Individuals will not be eligible to win the championships due to not having a correctly geared bike but will still receive a prize if they place in the top 3 in their category.

Prizes

Prizemoney as per entries.

Presentations

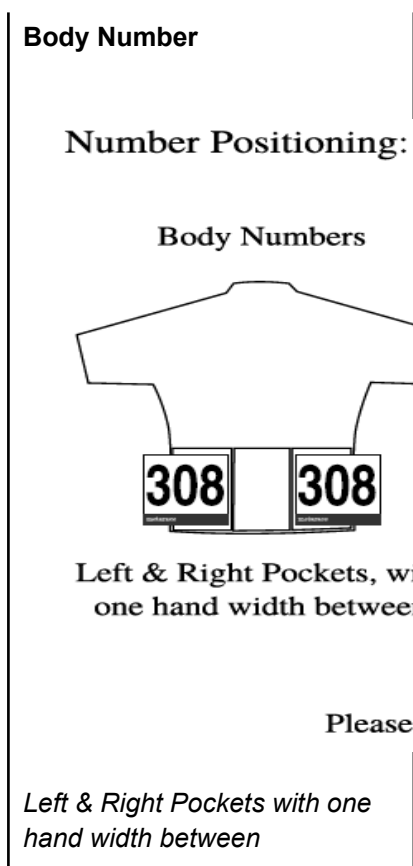
Presentations will be conducted for the U11/U13/U15 after the finish of U15 race at Train Park.

Seniors Prizemonies will be paid out as soon as possible after the finish of the race, at Bolters 10 Casino Rise Prospect Vale L'ton . All place getters must present at Bolters to receive prizemonies unless LCCC is notified of rider needing to leave early.

Race Numbers

Riders will be issued a body number. Fitted to the lower back.

Numbers must not be cut, folded or modified in any way.



First Aid/Medical Services

Professional medical services will be provided by Michelle Oliver , who will be in convoy and will be directed by Chief Com.

The nearest hospital is the LGH

Race Results

Places and results will be published on the LCCC and AusCycling Facebook pages

Anti-Doping Testing

Therapeutic Use Exemption

All competitors may be subject to anti-doping testing under AusCycling and Sport Integrity Australia regulations.

Therapeutic Use Exemption (TUE) A TUE is an exemption that allows an athlete to use, for therapeutic purposes only, an otherwise prohibited substance or method (of administering a substance). TUE approval may protect athletes from receiving a sanction if a prohibited substance is found in their sample. Who needs to complete a TUE in-advance for Cycling?

Athletes who are:

- Competing in the Elite and U23 categories
- A member of the Registered Testing Pool, National Testing Pool or Domestic Testing Pool

- A member of a national open team/squad including athletes with a disability planning to compete at the Elite National Championships If you are currently taking any medication, please check whether this substance is banned in or out of competition via www.globaldro.com/AU/search Further information on the TUE process can be found on the Sport Integrity Australia (SIA) website <https://www.sportintegrity.gov.au/resources/therapeutic-use-exemption> or by calling 1300 027 23

Sport Integrity Australia App

Any athlete and official can download the SIA app.

The SIA App has been designed with athletes in mind. The App gives a complete list of all supplements sold in Australia that have been screened for prohibited substances by an independent laboratory. The testing and certification of sports supplements cannot provide athletes a 100% safety guarantee but does significantly lower the risk of a positive test. For non-tested supplements the App gives athletes access to a quiz to assess the risk posed by highlighting key risk factors. The App can also be used to report doping, check if a medication is banned in sport, give SIA feedback on testing missions, and complete online education modules.

Technical Regulations

The event will be conducted under the rules and regulations of AusCycling (AC) and the Union Cycliste Internationale (UCI). The AC & UCI scale of penalties will apply. For more information, please refer to the AusCycling website - <https://auscycling.org.au/page/about/governance-rules-policies>

Type of Event

Handicap Road Race.

Handicap Road Races

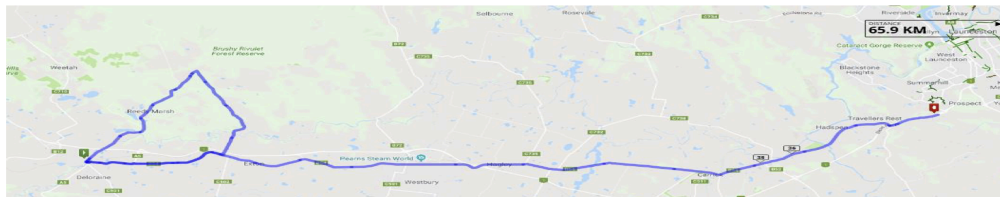
AS there will be no spares car following ,riders who have mechanical or other issues will not be given assistance by convoy car or persons involved in race .If rider need assistance there will be a Sag Wagon or Riders are encouraged to have their phones with them if they need assistance. There will be a First Aid in convoy and all assistance needed will be given.

Event Schedule – Fill out

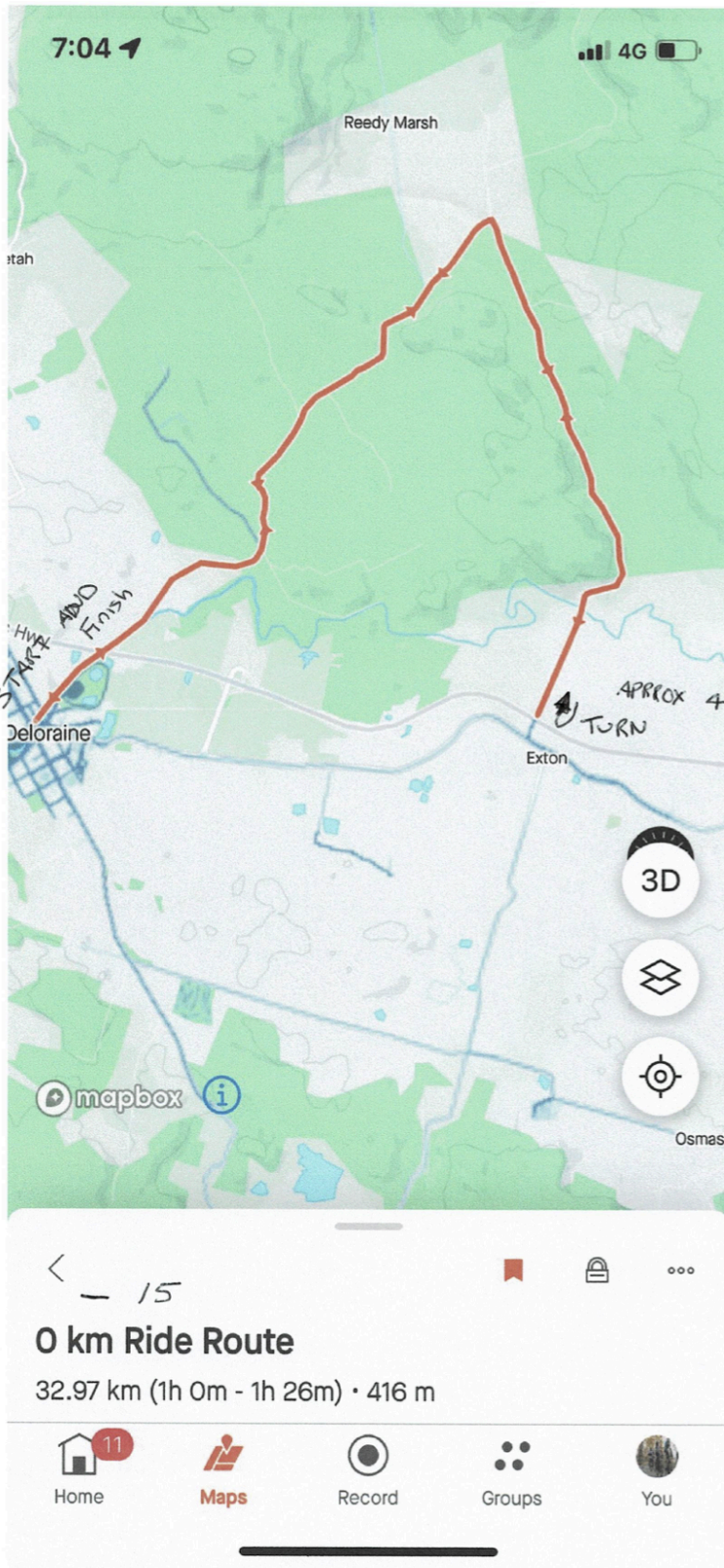
Time	Event	Notes
9.30 am	Sign on Juniors U13/U15	Race Director, Chief Commissaire
10.15 am	Race Briefing	
10.30 am	U15/U13 Racing	Conducted by Commissaires

	Presentations U15/U13	At conclusion of U15 race
11.30am	Sign on for Senior riders	
12.15pm	Race Briefing	Conducted by Cheif Commissaire
12.30pm	Racing Starts	
	Presentation	Bolters
		Specail NOTE Riders are NOT to stop or congregate at finish line,riders must ride through to Bolters.No Cars are allowed near Finish unless involved in Race

Venue & Course Details



Start at Deloraine Train Park. Do 1 loop of Devon 80 course via Porters Bridge Road and River Road. Then head towards Westbury on the old highway crossing over to Hagley, through Carrick, past Hadspen and under the highway at Travellers Rest, for the finish line at the Duck Ponds, on your approach into Prospect.



Toilets at Train park

