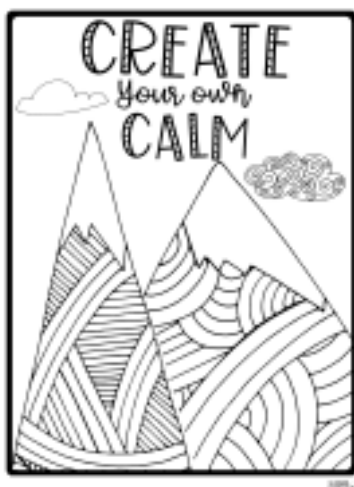


Coloring Pages



THE SCHOOL
COUNSELOR IS IN

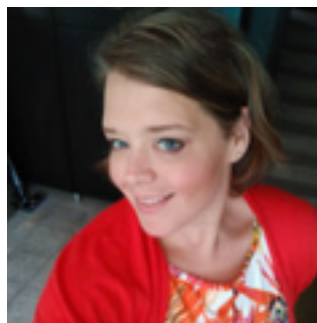
MINDFULNE SS Coloring Pages

Mindful coloring is calming and therapeutic for kids. Mindfulness coloring pages focuses the mind and helps inspire creativity. This download includes four FREE mindfulness designs.

These coloring pages can be used to encourage self-care for students (and adults!). These pages can be a great addition to a Calm Down Spot at home or school.

CLIPART/FONT

CREDITS

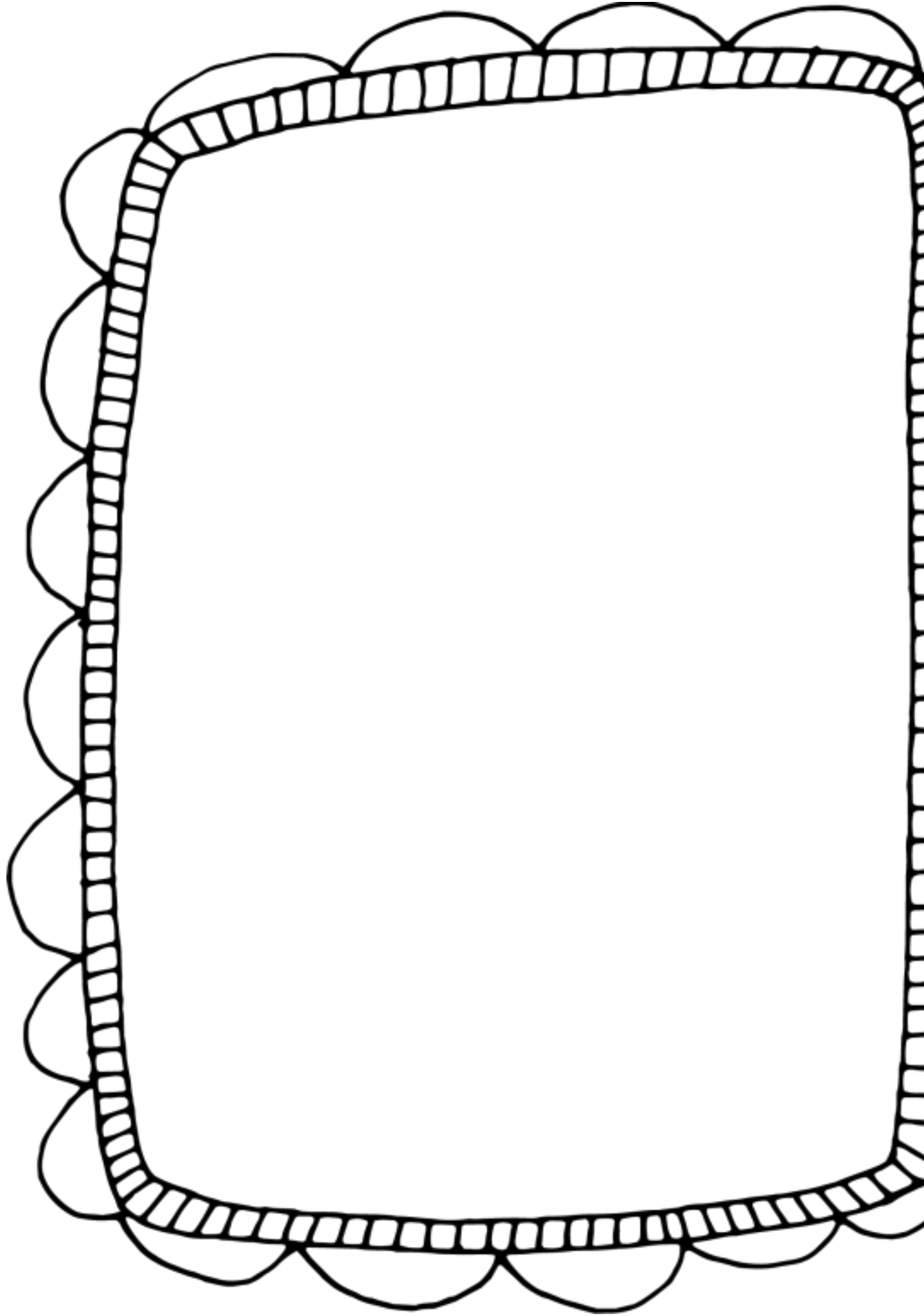


<https://www.teacherspayteachers.com/Store/The-Bubbly-Blonde>

THE SCHOOL COUNSELOR IS IN

<https://www.teacherspayteachers.com/Store/A-Perfect-Blend>

www.teacherspayteachers.com/Store/Carriestephensart



calm

Body

quiet

mind





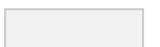
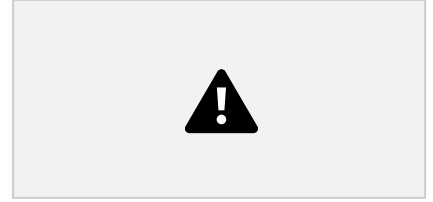
**Just
breathe**

create

Your own



calm



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