



CDSN MONTHLY MEETING

CDSN was founded in 1978 by Carol Feit Lane as a forum for professional Career Counselors and Coaches

Email: cdsnnny@gmail.com | **Website:** <https://cdsnnny.weebly.com/>

[CDSN Community Google Group](#) | [CDSN LinkedIn Group](#) | [CDSN Facebook Group](#)

TOPIC: ONE YEAR LATER: Career Counselors & Coaches Report from the Field. How is Everyone Doing?

PRESENTERS: Lauren Gordon and Debra Laks

DATE: June 17, 2021

TIME: 10:00 AM – 12:00 PM ET The program will begin promptly at 10:00 AM

Two hour attendance is mandatory if you wish to receive CEU credits

COST: FREE for your first meeting (non-members are welcome to provide a donation of any amount to attend or pay \$20 to receive CEU credits for this month's program - CDSN's Paypal account is [PayPal.Me/CDSN](https://www.paypal.com/cgi-bin/webscr?cmd=_s-xclick&hosted_button_id=2XH2W)). To attend further meetings, you may apply for membership (see below*). Our membership committee would be happy to answer any questions you may have about joining our group. *CDSN annual membership fees and donations help us continue to offer these programs virtually.*

ZOOM REGISTRATION:

You are invited to a Zoom meeting.

When: Jun 17, 2021 10:00 AM Eastern Time (US and Canada)

Register in advance for this meeting:

<https://us02web.zoom.us/meeting/register/tZErcoqvrz8uGtLIAgDM6UNY4LsZP4DshcZX>

After registering, you will receive a confirmation email containing information about joining the meeting.

DESCRIPTION:

Join Lauren Gordon and Debra Laks for supportive sharing and discussion of feelings and experiences this past year working as career professionals during the pandemic. What are your plans for re-entering the 3-dimensional world? How are you adjusting to the changes in your professional life? What lies ahead?

PRESENTER BIOS:

Lauren Gordon, LCSW, has been a member of CDSN since 2002 and on the Board since 2010. She is a licensed clinical social worker and career counselor in private practice as well as with several organizations.

For today's program what is most timely is that Lauren was at the forefront of the AIDS epidemic, offered post 911 debriefing groups, worked with clients who lost their jobs during the Great Recession 2007-9 and gratefully spent the past year+ Zooming from the Hudson Valley. Each of these times have been considered traumatic events. One lesson she has learned is that with trauma comes periods of despair and loss, and then the survivors can hopefully recapture feelings of hope and purpose.

Debra Laks, MSSA, LMHC, is a Clinical Career Counselor and NYS Licensed Mental Health Counselor. She has been in private practice since 1986 when she founded Career Transition Resources (CTR). Prior to establishing her own firm, Debra served as Director of the Career Counseling Department for a large non-profit organization, and was Assistant Director of Adult Education at Queens College, where she coordinated a post-master's certificate program in career counselor training.

Debra is a graduate of The National Institute for the Psychotherapies' one-year program, *Psychodynamic Approaches in Clinical Practice*. She currently serves on the Boards of the Career Development Specialists Network of New York and the Middle Atlantic Career Counseling Association.

“The COVID Pandemic has had a profound impact on my life on many levels. Within a very short span of time, I had to transition my practice from 100% in-person to 100% virtual, and to convert all my exercises and handouts to a digital format. That was the easy part! The traumatic part was that I lost my primary source of income which was derived from renting offices to therapists, and to completely rethink how I would support myself. I am still sorting things out, and trying to resolve my situation.”

Remember to pay your membership dues if you haven't already! You can join or renew directly through the CDSN website: <https://cdsnnny.weebly.com/contact.html>