

Letter X Lesson Plans

- Song:** Play songs on a **xylophone**
- Verse:** “**Examine** me, try me, test my mind and heart.” Psalm 26:2
- Poems:** **Fox in a Box**
I saw a little fox (use fingers to walk on arm)
Climb into a box. (put fingers in other hand)
I saw a large ox (Put arms wide)
Sit on a mailbox.(sit down)
- Books:** *Fox in Socks* by Dr. Suess

Schedule

- Monday:** Letter Craft – **X Xylophone**
Writing - X dot picture
- Tuesday:** Science - Learn about **X-rays** (Talk about bones inside the body. Look at pictures of x-rays on the internet.)
Craft - **X-ray** (Option 1 - easy) (Cut out the outline of a person on black paper. Let the child use chalk to draw bones in the body like an x-ray. You can also trace the child’s arm and hand onto black paper and let them use chalk to draw the bones.)
Craft - **X-ray** (Option 2 - a little more time consuming) (Follow the directions on this blog - <http://www.teachpreschool.org/2014/04/xx-is-for-x-ray/> . Trace the child’s arm and hand onto a paper towel. Let the child use elmer’s glue to draw bones in the hand and arm. Put another paper towel on top of the glue and let the glue dry. Use a dropper to drip black food coloring or watered down black watercolor paint onto the paper towel. Watch as the “bones” show through like an x-ray.)
Worksheet - **eXamine** the body parts and **X** out what doesn’t belong to diagnose the patient (Print the worksheet of the body parts <https://docs.google.com/document/d/1vfNidu866OeFP6N5N3SRf8AJpI6tb6JtwqyHtJtoTkU/edit?usp=sharing> . Give the child a marker or pen and tell them to X out the picture that goes along with each clue. As they X out each picture, they will play doctor and examine their patient to figure out what is wrong.
Clue 1 - Examine and X out the thing that we use to eat.
Clue 2 - Examine and X out the thing that we use to smell.
Clue 3 - Examine and X out the thing we use to see.
Clue 4 - Examine and X out the thing we use to hear.
Clue 5 - Examine and X out the thing we use to clap.
Clue 6 - Examine and X out the thing we use to walk.
Then have child tell you what picture is left. This activity also helps the child

practice

writing X's.)

Wednesday: Craft - xylophone painting

(<http://www.teachpreschool.org/2014/03/xylophone-painting/> Make homemade mallets by hot gluing pom poms to the end of sticks - use green, yellow, blue, and red pom poms to make 4 mallets. Put the same 4 colors of paint into a tray and place the matching mallet in each section of paint. Give the child a piece of paper and let them use them mallets to paint as they pretend to play a xylophone.)

Thursday: Activity/Math - X marks the spot treasure hunt (This activity helps the child read and follow a map as they search for a secret treasure. This requires some prep work and planning. Chose several rooms in your home and pick a hiding spot in each room - you will hide the maps/clues in these spots. Draw a simple layout of each room on separate pieces of paper. Draw a big X on the spot you hid the next map on your room layout map. Give the child their first map/clue/room layout - which they will use to find the next map/clue/ room layout - by using the X as their guide. The child will be led from room to room, reading clues and being guided by the X's until they are ultimately led to the final hiding spot. At the final hiding spot, hide something special - a treasure - for their reward.)

Friday: Bible - CrucifiXion of Jesus (Tell the story of Jesus dying for our sins on the cross.)
Craft - Cross (Use painters tape to make a cross on a piece of paper. Let the child cover the paper in paint - preferably water colors. Once the paint is dry, remove the tape to reveal the cross.)

Extras

Craft - X-ray (another option)

<http://makinghomeschoolfun.wordpress.com/2012/01/07/skeletal-system-activities-and-crafts/>

Other X Words: eXit, eXcited, X-ray fish

Need: chalk, (optional craft - paper towels, elmer's glue, black watercolor paint), pom poms, candy sticks, painters tape, paint

Print:

EXamine and X out the body parts

<https://docs.google.com/document/d/1vfNidu866OeFP6N5N3SRf8AJpI6tb6JtwqyHtJtoTkU/edit?usp=sharing>