

Toronto Detox

Central Referral Lines

The [Toronto Withdrawal Management Services System](#) central access number (1-866-366-9513) is your connection to day, community and residential withdrawal management services. Centres provide non-medical withdrawal services; medications will not be prescribed.

Adult Toronto Detox Programs

Centre for Addiction and Mental Health has an 18-bed medical detox. All clients are monitored by medically trained staff. Clients can self-refer between 8am -2pm Monday – Friday. No admissions on weekends or public holidays.

Centre for Addiction and Mental Health (CAMH)

3rd floor – 60 White Squirrel Way

Toronto, ON M4G 3Z1

Phone: (416) 535-8501 ext. 36071

Toll-Free: 1(800) 463-2338 ext. 6616

Website:

www.camh.ca/en/hospital/care_program_and_services/addiction_programs/Pages/guide_medwithdrawal_service.aspx

Bridgewood Chemical Dependency Program

Clients at Bridgewood Chemical Dependency Program are monitored by medically trained staff.

There are 11 beds in the psychiatric care unit that are for acute withdrawal.

Humber River Regional Hospital

Elective Inpatient Withdrawal Program

2175 Keele Street

Toronto, ON M6M 3Z4

Phone:(416) 658-2029

Website: www.hrh.ca/MentalHealthProgram

St. Joseph's Health Centre

St. Joseph's Health Centre has a non-medical detox, so clients must be sufficiently stable prior to admission. Contact this program to determine suitability. For mild to moderate symptoms, St.

Joseph's also provides home detox where clients can access telephone support with a professionally

trained staff person while going through withdrawal at home. Clients must be referred through Access Central. There are 26 beds for detox 7 male crisis beds, 3 women crisis beds, and 16 beds for withdrawal management.

St. Joseph's Health Centre

Withdrawal Management Service

30 The Queensway

Toronto, ON M6R 1B5

Phone: (416) 530-6400 (residential detox)

Phone: (416) 530-8000 ext. 6141 (home detox)

Toll-Free: 1(866) 366-9513 (GTA Access Central)

Website: www.stjoe.on.ca/programs/mental/addiction.php

St. Michael's

St. Michael's Hospital has a non-medical detox. Contact this program to determine suitability.

Restricted to men 16 years of age and older. For mild to moderate symptoms, St. Joseph's also provides home detox where clients can access telephone support with a professionally trained staff person while going through withdrawal at home. This is a non-smoking detox.

St. Michael's Hospital

Withdrawal Management Services

135 Sherbourne Street

Toronto, ON M5A 2R5

Phone: (416) 864-5874 (home detox)

Toll-Free: 1(866) 366-9513 (Access Central)

Phone: (416) 864-5040 (Access Central)

Website: www.stmichaelshospital.com/

The Toronto East General Hospital

The Toronto East General Hospital has a 30 bed non-medical detox. Contact this program to determine suitability. This program is exclusively for males 16 and older. Also provides home detox for men and women whereby medically trained professionals provide telephone or in-office support for clients who show mild to moderate withdrawal symptoms. Clients self-refer through the hospital or are referred through Access Central.

Toronto East General Hospital

Withdrawal Management Centre

985 Danforth Avenue

Toronto, ON M4J 1M1

Phone: (416) 461-2010 (hospital detox)

Phone: (416) 461-2189 (home detox)

Toll-Free: 1(866) 366-9513 (Access Central)

Website: www.tegh.on.ca/bins/content_page.asp?cid=3-24-5534

Aboriginal Day Services

The Aboriginal Day Services program has a home detox with support and monitoring provided by a withdrawal management staff person. Clients are assisted with withdrawal symptoms on an outpatient basis.

Toronto East General Hospital

Aboriginal Day Services

454 Yonge Street

Toronto, ON M4Y 1W9

Phone: (416) 461-0800 (direct)

Toll-Free: 1(866) 366-9513 (Access Central)

Website: www.tegh.on.ca/bins/content_page.asp?cid=3-24-5534

Ossington Men's Withdrawal Management Centre

The Ossington Men's Withdrawal Management Centre has non-medical staff so clients must be sufficiently stable prior to admission. Contact this program to determine suitability. This 21 bed program is exclusively for males 16 and older. Clients must be referred through Access Central.

University Health Network

Ossington Men's Withdrawal Management Centre

16 Ossington Avenue

Toronto, ON M6J 2Y7

Phone: (416) 533-7945 (Direct)

Toll-Free: 1(866) 366-9513 (GTA – Access Central)

Website: www.uhn.ca/About_UHN/programs/MCC/mental_health_addictions.asp

The Women's Own Withdrawal Management Centre

The Women's Own Withdrawal Management Centre has non-medical staff so please contact this program to determine suitability. This program is exclusively for women ages 16 and older. Also provides home detox for men and women whereby medically trained professionals provide telephone or in-office support for clients who show mild to moderate withdrawal symptoms. This is a non-smoking facility, clients who are smokers will have to contact their physician to get on a nicotine cessation program prior to admission. Clients must be referred through Access Central.

University Health Network

Women's Own Withdrawal Management Centre

892 Dundas Street W

Toronto, ON M6J 1W1

Phone: (416) 603-1462 (Direct)

Phone: (416) 603-2551 (home detox)

Toll-Free: 1(866) 366-9513 (Access Central)

Website: www.uhn.ca/About_UHN/programs/MCC/mental_health_addictions.asp

Youth Toronto Detox Programs

Please note that some of the detox programs listed above in the adult Toronto detox section accept patients that are 16 and older: St. Michael's General Hospital, Toronto East General Hospital, Ossington Men's Withdrawal Management Centre and Women's Own Withdrawal Management Centre.