

ALLERGIES IN THE SCHOOL



No Shellfish

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No Seafood



Allergies

Coconut Allergy



August 29, 2023

Please be advised that we have specific allergies in our school. Allergic reactions are often serious and can even be life threatening. To prevent such allergic reactions, We kindly remind you to respect the rules by not sending shellfish or seafood. Here are some hints to help everyone out:

- Read labels carefully. If it says "may contain X" or "was packaged in a facility where X was processed" then you should avoid purchasing it. Canadian packaging has symbols, American packaging doesn't.
- Great snacks and lunches to send to school: cheese, yogurt, dried fruit, soy nuts, seeds, whole wheat, raisins, apple sauce, hard-boiled eggs, fresh fruit and veggies, homemade muffins, etc.
- NO SHARING OF FOODS AMONST STUDENTS. Often a person doesn't know if they have an allergy, and an allergy can develop at any time. Safety first.
- All the staff is trained in the case of an allergy incident and have taken the EpiPen training course.

If you should have any further questions, please do not hesitate to contact our school nurse, Janique Pellerin at 819-843-2572 ext. 2559.

You can also refer to these websites:

- www.hc-sc.gc.ca/fn-an/securit/allerg/index-eng.php
- www.inspection.gc.ca/english/fssa/labeti/allerg/allerge.shtml

We know that these measures may cause an inconvenience, but we would like to take the time to express our appreciation for your understanding and assistance.

The Staff of Mansonville Elementary School