Resources for Funding Your Therapy

Below is a list of organizations that offer therapy grants or funding. Each organization has different eligibility requirements. Please be sure to apply only for programs that you qualify for.

Ashley Merriman makes no guarantee as to the quality and availability of these programs and cannot provide further details. This list is provided for informational purposes only.

* indicates a fund that I am currently able to accept in my practice

Loveland Foundation*

National Queer & Trans Therapists of Color Network*

Black Girls Smile*

Project Heal Eating Disorder Therapy Funding

Therapy Fund Foundation

Free Black Therapy

Mental Health Liberation Easy Activism Fund*

Inclusive Therapists BIPOC Therapy Fund*

Boris Lawrence Henson Foundation*

Talk Naija*

Support for the Psyche

Asian Mental Health Collective Lotus Therapy Fund

Sad Girls Club - Remedy Therapy Scholarship *

Sound of Saving Therapy Fund *

Darkness Rising: Rebuild Therapy Fund for formerly incarcerated and criminalized people *