

NORTHGATE GOAL SHEET 2026 –

NEW BRONCO SWIMMER ONLY

Name:

Grade:

How long ago did you start swimming?:

What rec. team do you currently/did you previously compete for?:

If you also currently swim for a U.S.A. swim team, which one?:

What are your four favorite individual events (in order)?:

1.

2.

3.

4.

For those four events, please list your lifetime best and your goal time for 2024:

EVENT	LIFETIME BEST	2024 GOAL TIME

What other personal goals do you have? What about team goals?

Please return to Coach Jeff by Feb 15