

Resources for Tutoring:

1. **Office Hours:** Every Friday from 9 AM - 12 PM.
2. **Khan Academy:** Provides free online lessons and practice across a variety of subjects.
3. **Quizlet:** A platform for creating flashcards and engaging study activities.
4. **Crash Course:** YouTube channel offering educational videos on various subjects.
5. **Coursera:** Offers online courses from universities and colleges around the world.
6. **Scholastic Study Jams:** Interactive math and science tutorials with music and animations.
7. **CK-12:** Provides free digital textbooks, videos, and practice exercises for students.
8. **Duolingo:** A fun app for language learning through interactive exercises and games.
9. **Wolfram Alpha:** Computational search engine for solving math problems and understanding concepts.
10. **Grammarly:** Tool for improving writing skills by checking grammar, punctuation, and style.
11. **TED-Ed:** Platform for educational videos and lessons on a wide range of topics.

Effective Study Techniques:

1. **Pomodoro Technique:** Study for 25 minutes, then take a 5-minute break. Repeat this cycle to enhance focus and productivity.
2. **Active Recall:** Test yourself on the material without looking at notes to improve long-term retention.
3. **Mind Mapping:** Create visual diagrams to connect and organize information for better understanding.

4. **Teach Someone Else:** Explaining concepts to others reinforces your understanding and helps identify areas of weakness.
5. **Summarization:** Condense key information into concise summaries to reinforce learning.
6. **Spaced Repetition:** Review material at increasing intervals to strengthen memory retention.
7. **Use Mnemonics:** Create acronyms, rhymes, or visual associations to aid in remembering information.
8. **Practice Problems:** For subjects like math and science, solving problems is crucial for understanding and retention.
9. **Healthy Lifestyle:** Get enough sleep, exercise regularly, and eat well to optimize brain function during study sessions.
10. **Stay Organized:** Keep a study schedule, declutter your study space, and prioritize tasks to stay focused and efficient.

These study techniques can be tailored to suit individual learning styles and subjects.