

Events

1. Frozen T shirt challenge: T shirts are soaked, folded and placed into a freezer. Each participant gets a frozen t-shirt and the first one to get it all the way on, (arm in arm holes and head in head hole) wins!
 - a. 5-6 minutes
 - b. 1 representative from each program
2. Marshmallow blow dart: Contestants must construct a mini marshmallow blow dart tube then use it to knock 5 solo cups off of a table at a standardized distance, 15 feet
 - a. Timed event: first one to knock them all down wins!
 - b. 1 representative from each program
3. Dizzy bat race: Contestants put head down on bat, must spin in place 15 times keeping head down. They must then race across the football field for 20 yds- 40 yd line to 40 yd line.
 - a. 5 minutes: Who ever crosses tape first wins
 - b. 1 from each program
4. Flip the water bottle musical chairs: 2 round tables set up, program representatives distributed around them. Contestants each have a water bottle filled with the correct amount of water (6oz?) and must toss/flip it and land it, then it rotates clockwise to the next. Continue rotation until music stops. If it's your turn when it stops, you are out. When the numbers shrink to 8 people or so, consolidate tables to one. Last player wins!
 - a. 5-8 minutes
 - b. 1 from each program
5. Face the cookie: Contestants have 5 minutes to get as many cookies off of their forehead and into their mouth as they can.
 - a. 5 minutes timed
 - b. 1 from each program
6. Flip tac toe: Contestants play tic tac toe with solo cups, but they must properly flip the cups before placing onto the board.
 - a. 5 -8 minutes per game
 - b. 1 from each program