Community Mental Health Referrals

Therapists Recommended by Verona Parents

The following resources are not endorsements or referrals by Verona Public Schools; nor should exclusion be construed to constitute disapproval. VPS is providing resource information, not endorsements, recommendations, or ratings of potential providers.

Well Being Therapy Center ADHD Therapy & Social Skills Groups Jody Murphy, LCSW (973) 794-6888 Locations- Montville & Short Hills https://wellbeingtherapycenter.com/ **Accepting new clients in Montville location - after school hours available. Wait list for Short Hills location. Out of network provider. No insurances accepted - $180 for 50 minute sessions - as of 1/23/23**	**Wellsprings Counseling Center** Kim Savino, MSW, LCSW, LCADC (201)-956-6363 Fair Lawn, NJ http://www.wellsprings.org/counseling *accepts some insurance **Taking new clients, after school hours available - in person in Fair Lawn location only. Other locations - virtual. As of 1/23/23. Individual only - no group therapy**
Better Days Counseling John Della Penna 605 Bloomfield Ave Montclair, NJ 07042 https://222882.site123.me/ *accepts some insurance	**Path for Change Counseling, LLC** 395 Pleasant Valley Way West Orange, NJ 07052 Accepts some Insurance, family therapy Keira Hauck Phone: (973) 830-6994 **(not accepting new clients as of 1/20/23)**
Be Well Psychotherapy, LLC Lauren Taibi 175 Fairfield Avenue - Ste 1C West Caldwell, NJ 07006 Phone: (973) 886-8300 https://www.bewellcaldwell.com/ Accepts some insurance **Wait List for after school hours** **No weekends open (as of 1/23/23)**	**Kids Together** *Individual, Group, Parent Support* Lois Feigenbaum, LCSW 444 Northfield Ave., West Orange, NJ www.kidstogethernj.com 862-252-7466

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Art Therapist Catherine Codella 275 Bloomfield Ave, Suite 3A Caldwell, NJ 07006 Phone: 201-874-8611 http://www.catherinecodella.com/ **Accepting new clients as of 1/25/23 - limited availability**	**The Institute for Change** David Szmak, PsyD 973-734-0780 ADHD focus https://www.theinstituteforchange.com/david-szmak-psy-d/ **Accepting new clients - openings during after school hours - as of 1/25/23**
Positive Parenting Solutions Online Parenting Program https://www.positiveparentingsolutions.com/ $25.00 per month	**Perform Care** *In home counseling available free of charge* Parent support/coaching 1-877-652-7624 http://www.performcarenj.org/index.aspx **Sliding Scale
Specialized Therapy **https://www.specializedtherapy.com/** 51 John F Kennedy (JFK) Parkway Suite 146 Short Hills, NJ 07078 STA Participates in All Major Insurance Companies **Accepting new clients, after school hours and weekends available. 2 Hackensack offices, Paramus, and Ramsey - 1/23/23**	**On Your Mark Counseling Center** https://www.onyourmarkteencc.com/ Christina Papasso 605 Valley Road, Ste 4 Upper Montclair, NJ 07043 (973) 746-2500 **Accepting new clients as of 1/20/23 - teens only** **Out of network only**
Rebecca Dennis, Feel Better **https://www.rebeccadennis.com/** Montclair, NJ 862-333-5654 (left msg)	**Stepping Forward Counseling** **https://www.steppingforwardcounselingcenter.com/** **Chatham, NJ** **973-645-6550**
Marci Ober, LMFT 1129 Bloomfield Avenue West Caldwell, NJ 973-228-4664	**Neuropsychologist (diagnosing)** Dr Michael Koffman Montclair, NJ (973) 908-4860

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	https://www.drkoffman.com/
Samantha Commarato, Art Therapist 100 Valley Road Montclair, NJ 07042 973-419-5310	**Henry Srednicki** 543 Valley Road, Unit #6 Upper Montclair, NJ 07043 973-544-8952 Ext 1
Harold Altman, Ph.D. 22 Old Short Hills Road, Ste 216 Livingston, NJ 07039 973-994-3575	**Creative Speech Solutions (Social Skills Group)** 198 Bellevue Avenue Montclair, NJ 07043 908-598-0175 https://www.creativespeechsolutions.com/
Adam Torrisi Montclair Behavioral Health and Wellness adam.torrisi@montclairbehavioral.com 201-394-6639 **Accepting new clients as of 1/23/23. Out of Network only**	**Wendy Stewart** Montclair, NJ Children and Adolescents ADHD, Anxiety, Eating Disorders 201-953-3039 **Accepting new clients as of 1/23/23**
Total Family Solutions 80 Main Street Ste 410 West Orange, NJ 07052 856-772-5809 **Availability as of 10/6/22** Accepts Medicaid, Blue Cross Blue Shield, Aetna, and some others	**Dr. Michelle Daniel, Psy.D.** **225 Millburn Avenue, Suite 209A** **Millburn, NJ. 07041** **(973) 376-3770** **michelledanielpsyd@gmail.com**

A more extensive list of additional providers is available by request.