Club Standards & Policies

At Tempest Run Club, we want every member to feel safe, supported, and proud to be part of our community. That's why we follow the England Athletics Club Standards – a set of best-practice guidelines that ensure clubs like ours are well-run, inclusive, and welcoming.

These standards cover the way we govern the club, look after each other's welfare, and make running accessible and enjoyable for all.

England Athletics Club Standards

By meeting the EA Club Standards, we commit to:

- Good Governance – running the club fairly and openly, with clear roles and responsibilities.
- Safeguarding – keeping the welfare of all adults at the heart of what we do.
- Equality, Diversity & Inclusion – ensuring running is for everyone, regardless of background, ability, or identity.
- Development – supporting our members, run leaders, and volunteers to grow and achieve their goals.

Key Policies We Follow

As part of our EA and UK Athletics affiliation, we follow a range of policies designed to protect and support everyone involved in the club. These include:

- Safeguarding Adults Policy – protecting all adults, including those who may be vulnerable.
- Codes of Conduct – for athletes, coaches, volunteers, and club leaders.
- Disciplinary & Grievance Procedures – clear processes for raising and resolving issues.
- Inclusion Policy – promoting inclusivity and tackling discrimination.
- Health & Safety – keeping our training sessions and events safe.

All members of TRC are expected to abide by these.

Our Promise

By following these standards and policies, Tempest Run Club ensures that:

- Members can enjoy running in a safe, supportive, and fun environment.
- Leaders and volunteers are supported with clear guidance and training.
- The club remains welcoming, inclusive, and sustainable for the future.

If you'd like to know more, or have any questions about our club standards and policies, please get in touch with our committee.