



2026-2027 General Volunteer Information Packet

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Our Mission: Mabuhay Health Center (MHC) strives to empower communities, foster the educational development of student volunteers, and bridge gaps in access to health care and resources by providing comprehensive and culturally sensitive services.

I. MHC's Current Services & Strategic Priorities

Dear Prospective MHC Volunteers,

Thank you for your interest in volunteering with the Mabuhay Health Center. This packet provides information about our volunteer expectations, responsibilities, and opportunities for involvement should you choose to accept your position.

The health and well-being of our patients, volunteers, and community remain our highest priorities. We are excited to continue providing health education, outreach, and clinical services at Canon Kip Senior Center while exploring new ways to expand our impact within the SoMa community.

Over the past year, MHC conducted a community needs assessment to better understand the needs of our patients and identify opportunities for growth. During the 2026–2027 cycle and onwards, our Board of Directors will focus on implementing these findings through enhanced programming, expanded outreach efforts, and continued development of our health education and clinical services. We hope to involve our general volunteers in these initiatives and welcome your ideas and contributions as we work to strengthen MHC's impact.

MHC will continue to offer a combination of in-person and virtual programming throughout the year. Our monthly clinic days will take place on the second Saturday of each month and may include health education, outreach activities, health screenings, and other services designed to support our community's needs. As MHC continues to evolve, we remain committed to creating meaningful opportunities for volunteers to develop personally and professionally while serving our patients.

The directors of your designated committees are also working to ensure that volunteering with MHC remains a rewarding and enriching experience. Through committee projects, leadership opportunities, and community engagement initiatives, volunteers will have the chance to build skills, collaborate with peers, and contribute to MHC's mission of providing accessible and culturally responsive care.

Please see page 3 for additional information regarding volunteer commitments and the following pages for the responsibilities associated with your specific chair position.

We look forward to working with you and welcoming you to the MHC community.

Sincerely,
MHC Board of Directors 2026-2027

II. MHC Chair Commitment and Expectations

General Volunteer Cycle: August 2026 - August 2027

*UCSF Professional Student Volunteer Cycle: January 2026 - January 2027 (Medical);
February 2026 - February 2027 (Dental); March 2026 - March 2027 (Pharmacy)*

ALL CHAIR POSITIONS

Roles and Responsibilities

- Attend respective monthly committee meetings
- Work with Committee Director(s) in upholding standards of committee
- Work with Committee Director(s) in updating Committee Handbook and protocols
- Mandatory attendance at monthly clinics and post-clinic huddles
- Non-UCSF general volunteers must attend **all 11 monthly clinics** and assume clinic assignment rotation (to be assigned by Executive Committee for each month of clinic) (In-person at Canon Kip Senior Center, Virtual Health Education)
- Attend **ALL Health Coach and Health Screening trainings** by the start of the volunteer term (to be held virtually over Zoom and/or in-person)
- Attend and participate in a minimum of **3 MHC-related events, including fundraisers, social, charity events**, etc. (virtual and/or in-person)
- Attend a minimum of **3 community outreaches** (virtual and/or in-person)
- Have the opportunity to attend monthly BOD meetings or assume committee representation at BOD meetings in the committee director's absence
- Assume other roles and responsibilities as needed

Post-Clinic Huddle during monthly clinic

- Attend post-clinic huddle via zoom video call (morning) or in-person (afternoon) depending on clinic rotation assignment
- We ask that you keep your camera **ON** for the duration of the call (the Executive Committee must be notified of any exceptions)
- Present committee updates and/or projects as necessary
- Participation in virtual activities and discussions

Due October 2026 (Before First Clinic of the Cycle)

- Immunization requirements (*Updated from UCSF Volunteer Immunization Requirements 03/06/24*)
 - Two negative TB skin tests (one within the past year and one within the past 3 months) or 1 Negative QuantiFeron blood test. If you have a positive TB skin test result, you must have a negative chest x-ray report completed within the past year.
 - COVID 19: **ONE** or more of the following options: Initial shot or series (one-dose, such as the J&J vaccine) + ONE Booster (initial or bivalent) OR Bivalent vaccine OR XBB 1.5 Monovalent Vaccine
 - MMR (Measles, Mumps, Rubella): proof of two vaccinations or positive blood titer
 - Chicken pox (Varicella): proof of two vaccinations or blood titer
 - Tdap (Tetanus, Diphtheria, Pertussis) Vaccine
 - Annual Seasonal Flu Vaccine
- Background check & fingerprinting*

**Only for volunteers working with children that have completed ALL mandatory training: Volunteer Orientation, Health Coach Training/Assessment by October Clinic. Volunteers are responsible for payment, with possible reimbursement by the Finance Committee.*

III. MHC Committees Commitment and Expectations

BEHAVIORAL HEALTH COMMITTEE

> [Behavioral Health Volunteer \(4\)](#)

CLINIC COMMITTEE

> [Clinic Operations Volunteer \(6\)](#)

COMMUNICATIONS COMMITTEE

> [External Relations Volunteer \(3\)](#)

> [Internal Relations Volunteer \(3\)](#)

FINANCE COMMITTEE

> [Logistics & Operations Volunteer \(2\)](#)

> [General Finance & Funds Volunteer \(3\)](#)

PUBLIC HEALTH COMMITTEE

> [Public Health Volunteer \(6-8\)](#)

QUALITY COMMITTEE

> [Health Care Quality Volunteer \(5\)](#)

> [Clinic Technology & Systems Volunteer \(1\)](#)

YOUTH PROGRAMS COMMITTEE

> [Curriculum Volunteer \(3\)](#)

> [Youth Advocacy Volunteer \(3\)](#)

LANGUAGE AND CULTURAL ADVOCACY COMMITTEE

> [Clinical Interpreter Volunteer \(2\)](#)

> [Cultural Liaison Volunteer \(3\)](#)

BEHAVIORAL HEALTH COMMITTEE

Behavioral Health Volunteers (4)

> General Roles

- Assessing behavioral health needs via needs assessment/survey
- Establish trends and address needs through different methods (referrals, education, etc.)
- Maintain the behavioral health aspect of the resource database alongside Public Health Chairs and create and facilitate referral services during clinic
- Creating behavioral health education topics
- Adapt existing materials into distributable formats (social media, paper handouts, etc.)
- Brainstorm and perform literature searches for new and relevant behavioral health topics (General Adaptation Syndrome, Xenophobia and COVID-19, etc)
- Create monthly handouts and plan interactive activities for the topic chosen; create a presentation for volunteers based on the BH education topic of the month, relevance to our clinic population, and available handouts
- Collaborate with the Communications Committee to present the BH education topic of the month and the relevant announcements for the monthly clinic
- Alongside LangCa, manage and maintain multilingual mental health education information
- Coordinate quarterly behavioral health workshops and Mental Health First Aid Refreshers with BH Directors for MHC volunteers and community members
- Facilitate open discussions and/or reflection circles for volunteers
- Provide mental health check-ins for volunteers as needed
- Host virtual spaces to discuss and unpack relevant issues
- Establish working relationships with BH institutions or professionals in the community and initiate BH project collaborations
- Attending monthly, virtual meetings with local mental health organizations (e.g. Filipino Mental Health Initiative)
- Understand the mental health landscape within San Francisco
- Create connections with other mental health organizations
- Help ensure the quality of mental health services provided by MHC
- Collaborate with BH Directors in tackling short- and long-term BH goals in accordance with the MHC's strategic plan
- Facilitate the Behavioral Health (BH) working space during clinic under the supervision of a BH Co-Director
- Set up and clean up the BH working space before and after clinic

CLINIC COMMITTEE

Clinic Operations Volunteers (6)

> General Roles

- Support Clinic Directors in developing and overseeing standard policies and procedures for health screenings and other clinical operations
- Act as health screening resource during monthly clinics or during telehealth calls, by facilitating clinic flow and health coach preparation for clinic day
- Conduct a virtual training for reviewing clinic flow and protocols for assessing patient vitals
- Create and implement innovative approaches to optimize clinic flow, improve patient care, and increase patient satisfaction
- Collaborate with preceptors and professional students to ensure communication and training for high-quality team approaches to patient care
- Collaborate with other committee members to support organizational developments, initiatives, and events
- Supports and contributes to various long-term, diverse projects that require significant inter-committee collaboration, and occur behind the scenes of clinic operations, but are essential to MHC as a whole
- Implement new community resources into clinic flow
- Assist Clinic Directors with reaching out to other UCSF student-run clinics in order to find opportunities to collaborate, share resources, etc.
- Conduct research on possible SOMA community connections
- Assess and adjust clinic flow as needed to ensure safe clinic practice

COMMUNICATIONS COMMITTEE

All Communications Chairs must be available during the month to lead monthly outreaching and attend bi-weekly (twice per week) meetings.

External Relations Volunteers (3)

> General Roles

- Work on 1 new project or strengthen an existing project during the cycle. As External Relations Chairs, you have the opportunity to pursue outreach and have the flexibility to start projects that can enhance MHC. Projects can range from finding a new outreach site/contact, collaborating with another committee, etc.
- Host monthly webinars/community town halls virtually with outreach sites presenting on monthly health topics and informing community residents of telehealth coaching.
- Facilitate monthly outreaches (virtual and/or physical).
- Send email reminders to community members about upcoming monthly clinics.
- Attend weekday morning, noon, or evening scheduled outreach sessions (1-2 times per month), and community related meetings (virtual and/or physical).
- Establish and build strong relationships with local community-based organizations and leaders, especially in the SoMA district.
- Survey the community and take note of needed health services and resources.
- Collaborate and establish relationships with universities and community colleges located in the Bay Area.
- Email volunteers regarding upcoming outreach events and community volunteer opportunities.

> Requirements

- At least one Co-Chair must be fluent in a Filipino dialect
- San Francisco resident preferred

Internal Relations Volunteers (3)

> *General Roles*

- Maintain the aesthetics of and consistently update the MHC social media platforms, including Facebook and Instagram.
- Document MHC activity through photographs and videos to publish on newsletter, webpage, and social media.
- Updates and accurately translates any informational material pertaining to MHC including and not limited to pamphlets, educational material, and fliers.
- Designs flyers/pamphlets for clinic and other MHC outreach events, and submit Purchase Orders to the Finance Committee for printing flyers and other materials.
- Be the primary editor of the website; ensure that all information and media on the website is up to date.
- Plan and organize MHC's Volunteer Appreciation Night and MHC Day alongside the Assistant Director
- Help host MHC-related fundraising and social events.
- Prepare outreach presentations about what MHC is and our role in the community.

FINANCE COMMITTEE

Logistics & Operations Volunteers (2)

> General Roles

- Assists Finance Directors in managing the MHC bank account, budget, financial statements, requisitions, and reimbursements
- Maintain and update Financial Database, double checking monthly
- Generate financial reports monthly and when needed
- Consolidate budget information from the past 3-5 years for grant submission
- Collaborate with Finance Directors and Funds Chairs to produce Budget Projections for grant applications and at the end of the volunteer cycle
- Works with Finance Directors and Board of Directors for approval of bank account transactions
- Manage and solicit community donations, sponsors, and requisitions for MHC related events
- Record and keep track of supplies on Google Inventory Sheets before and after clinic and MHC-related events. Sheets require a description of the item, location, amount in stock, expiration date, safety stock amount, etc.
- Modifying the current inventory system to account for storage changes that will occur over the summer
- Maintain organization and accessibility of supplies at BCC Storage and SOMA Storage. Identify unnecessary items for disposal, recycle, or donation.
- Collaborate with Fundraising Chairs to research, manage, and solicit community donations and sponsors (individuals, businesses, companies, and organizations) using the Donation Letter Template, and adding to the Donor List Spreadsheet. Donations include, but are not limited to, administrative supplies, medical supplies, or monetary donations.
- Produce Supplies Projection List, at the end of the volunteer cycle. List includes item, item description, quantity, price, committee, and when used.
- Maintains all keys and passwords to storage cabinets at BCC and SOMA Storage

> Additional in-person Clinic Roles:

- Coordinate set-up and clean-up of supplies and equipment before and after clinic.

General Finance & Funds Volunteers (3)

> *General Roles*

- Plan and implement online fundraisers with a goal amount of \$3,500 to maintain clinic operations
 - Social Media Bingo - ongoing for the whole cycle
 - Brainstorm more virtual ways to fundraise
- Research and outreach for potential fundraisers opportunities, including businesses and restaurants.
- Coordinate with the Communications Committee in publicizing fundraising events and the donations page on the website.
- Maintain and update Fundraising Database and Fundraising Reports to keep track of past, present, and potential fundraisers. Database should include fundraising location, contact, event date, goal amount, amount raised, volunteer attendance, volunteer guest attendance.
- Collaborate with Operations Chair to research, manage, and solicit community donations and sponsors (individuals, businesses, companies, and organizations) using the Donation Letter Template, and adding to the Donor List Spreadsheet. Donations include, but are not limited to, administrative supplies, medical supplies, or monetary donations.
- Produce Fundraising Projection Budget, at the end of the volunteer cycle.
- Collaborate with Finance Directors in seeking, writing, and managing new and/or ongoing grants
- Research for potential grants applicable to MHC and add to Grants Database. Database includes eligibility, due dates, restrictions, etc.
- Ensure adherence to grant requirements, including proper usage of grant monies and on-time reporting
- Collaborate with Finance Directors and Operations Chair to produce Budget Projections for grant applications
- Work with Quality committee to manage data collection for MHC related events
- Continue working with the Quality Committee to have updated demographics and clinic data for grant submissions

PUBLIC HEALTH COMMITTEE

Public Health Volunteers (6-8)

> General Roles

- Commit to assigned monthly rotations according to responsibilities outlined below
- Communicate with other HERCs, Public Health Committee Directors, MHC Committees, and Execs in a timely manner throughout the cycle
- Respond to feedback from directors regarding health education and referral materials
- Provide feedback to PH Directors on the new committee format to improve structure and programming for future cycles

> Monthly Rotation – Health Education Materials:

- Advocate for patient autonomy and improved health literacy through health education (HealthEd) materials including: *Health Education/Food Demo presentations, Health Education Handouts, Healthy Recipes*
 - Choose HealthEd topic and collaborate with HERCs and ProStuds to create an engaging, interactive, informative health education presentation and/or activity for community members to participate in
 - Be proactive and communicative with other HERCs to finish all monthly responsibilities
 - Revise materials accordingly after review from BOD members, community partners, and UCSF ProStuds
 - Commit to a minimum of one workshop meeting with the assigned UCSF Professional Students of the month
 - Prepare to answer community member questions on clinic day
- Use resources including the Health Education Archive, patient demographic data, input and collaborations from community partners, current events, and/or national health observances while creating HealthEd materials
 - Ensure that information shared in HealthEd is accessible to different audience types such as the general SoMa community, elderly population, Filipino population, and other healthcare professionals
- Share HealthEd materials with *Language and Cultural Advocacy Committee* in a timely manner each month for translation
- Record HealthEd presentation for online reference by community members and send to *Communications Committee* in a timely manner

> *Monthly Rotation – Health Resources and Services*

- Work with Public Health Directors, *Behavioral Health Committee, Quality Committee, Communications Committee, Outreach Committee, and/or Language and Cultural Advocacy Committee* to provide quality, individualized referrals for health resources and services catered to the patients' specific needs
- Utilize a follow-up system in between monthly clinics to consistently communicate with patients regarding the resources they requested at clinic days prior
- Facilitate communication and working relationships with community partners (e.g. Institute on Aging, Mobile Crisis Unit, CMS, etc.) for integration into PH programming, including but not limited to health education presentations, referrals, handouts, and other partnership events
- In conjunction with community partners and UCSF Preceptors and ProStuds, conduct **health insurance workshops** to educate volunteers on various information, including but not limited to benefits and terminology
- Update and maintain the resource database on a regular basis

> *Clinic Day Roles:*

- **In-Person PH Health Education (HE):** Presenters will deliver health education materials to community members and answer questions in collaboration with ProStuds
- **In-Person Health Resources and Services (HRS):** Consult with community members and Health Coaches about available community resources. This includes, but is not limited to, providing referrals for the services patients seek
- **Virtual Weekend Wellness Circle (WWC):** Facilitate and present health education alongside ProStuds and answer community member questions. Lead virtual discussion space
- **Virtual Referrals Research:** Research potential partnerships with local community organizations for future integrations into PH programming, including but not limited to health presentations, referrals, handouts, and other partnership events

> *Requirements*

- At least one co-chair must be fluent in a Filipino dialect

QUALITY COMMITTEE

Health Care Quality Volunteers (5)

> *General Roles*

- Manage, spearhead, and create quality assurance and research projects that aim to uphold and maintain the high-quality standard for MHC's care and services. Chairs will utilize evidence-based methods and quantitative techniques in these projects to increase the likelihood of desired health outcomes.
- Optimizes and streamlines MHC Health Services to meet quality of care standards as defined by the World Health Organization (WHO) in that they are effective, safe, people-centered, timely, equitable, integrated, and efficient, with the aims of prioritizing modernization and sustainability.
- Oversees the patient registration process on clinic days and manages documentation of any patient encounters while being able to readjust this process as needed.
- Is involved with planning, developing, and implementing quality-specific projects (see below; this is not an exhaustive list and is subject to change). The nature of these projects is typically long-term, requires inter-committee collaboration, and occurs behind the scenes of clinic operations, but is essential to MHC as a whole.
- Will learn and support Clinic Technology and Systems Chair roles during in-person clinic as needed.

> *Requirements*

- Demonstrates commitment to improving quality health services in a way that is community-driven, patient-focused, and evidence-based.
- Ability to work well in a team environment, proficient communication skills, and a strong desire to learn.
- Must be able to commit to attending a minimum of 1 committee meeting per month and one committee work night per month outside of health coach responsibilities.

> *Preferred (but not required) qualifications*

- Familiarity and/or proficiency with various EHR systems (Practice Fusion, EPIC, Apex, etc), Qualtrics, or Institutional Review Board (IRB) processes for clinical research.
- Familiarity and/or proficiency with data management and analysis.
- Project management and organization skills.

Clinic Technology & Systems Volunteer (1)

> *General Roles*

- Will also be involved with Registration and Relevant Quality Projects for HCQ Chairs.
- Upholds high-quality healthcare services provided by MHC by utilizing evidence-based methods and quantitative techniques through quality-specific projects to increase the likelihood of desired health outcomes.
- Manages the clinic technology setup on clinic days, including WiFi, laptops, projector, etc., to ensure clinic operations work smoothly, troubleshooting any IT snags or issues
- Will become familiar with the features of the current PracticeFusion EHR system in place, and if necessary, become a point of contact for it
- Provides PracticeFusion assistance and some training for all MHC volunteers who utilize the system for MHC's in-person clinical services
- Enforce proper adherence to HIPAA regulations for the collection and secure storage of Patient Health Information (PHI).

> *Requirements*

- Demonstrates commitment, flexibility, and patience when it comes to upholding high-quality health services in an under-resourced clinic setting.
- Ability to work well in a team environment, proficient communication skills, and a strong desire to learn.
- Must be able to commit to attending a minimum of 1 committee meeting per month and one committee work night per month outside of health coach responsibilities.

> *Preferred (but not required) qualifications*

- Tech-savvy.
- Familiarity and/or proficiency with various EHR systems (Practice Fusion, EPIC, Apex, etc), Qualtrics, or Institutional Review Board (IRB) processes used throughout clinical research.
- Familiarity and/or proficiency with data management and analysis. Project management and organization skills.

Relevant Quality Projects as of June 2026:

- MHC's Needs Assessment Study
 - Our committee has developed a study to identify the health needs of the SOMA community. Doing so will help guide MHC's health services, including its in-person clinic program and health education initiatives. Through close collaboration with UCSF preceptors, pro-studs, various MHC committees, and established community partners, chairs will analyze survey data to gear MHC's health services towards the explicit needs of our community to uphold our community-driven values as an organization.
- Digitization of Health Records & Data Research and Analysis
 - Ensures that all patient charts in our Electronic Health Records (EHR) Systems are fully updated and accurate according to the archived paper documents created in the early stages of MHC.
 - Collects, analyzes, and visualizes patient information from our Electronic Health Records (EHR) Systems to assess MHC's patient demographics and quantify the needs of our programs in a data-driven manner.
- Sociodemographics Project
 - Chart Extraction of Chief Complaints of MHC Community Members
 - Excel, Data Analysis, and Research skills are preferred
- Other potential chair-led projects, such as research in community trends from our current datasets, are possible and can be initiated.

YOUTH PROGRAMS COMMITTEE

All Youth Programs Volunteers

- Manage front clinic registration in line with standardized clinic flow protocols
- After needs assessment, create presentations regarding SOMA Youth related issues and ongoing projects for clinic volunteers
- Maintain constant communication among all chairs and remain knowledgeable of projects from both committee branches
- Health coach for pediatric patients, if there are any, at monthly clinics

Youth Advocacy Volunteers (3)

> General Role

- Establish events for SOMA Youth, with a focus on older students
 - Past programming has included public health guest lectures, educational workshops, college and career fairs, and a mentorship program for high school students
- Work with directors to outreach to high schools to establish a relationship for future collaborations
- Develop a health resource guide to distribute to schools and youth
 - Opportunity to build on past ideas for projects relating to mental and sexual/reproductive health
- Opportunity to plan/conduct a Youth Needs Assessment Survey
- Plan and execute youth activities for MHC Day in December
- Support Curriculum Chairs at Galing Bata curriculum sessions
- Participation in other youth-related health events, outreach, and workshops

> Requirements

- **For Curriculum and YA Chairs:** must be available in-person one weekday between 4:30-5:30 PM from October through May (please keep in mind the commute to and from the Kalayaan Center)
- Attend a 1-day Youth Programs retreat (September Date/Time TBA)
- Fingerprint/LiveScan for Galing Bata programs and complete all required district paperwork

Curriculum Volunteers (3)

> General Role

- Develop and implement culturally sensitive health education curriculum at FEC K-8's Galing Bata after-school program located at the Kalayaan Center
 - Develop new curriculum plans each month for elementary and middle school students for relevant health topics
 - Create interactive activities and worksheets to further disseminate information
- Support Youth Advocacy Chairs with MHC Day youth activities
- Participation in other youth-related health events, outreach, and workshops

LANGUAGE AND CULTURAL ADVOCACY COMMITTEE

Clinical Interpreter Volunteers (2)

> General Role

- Serve as Health Coach and/or Interpreter for clinic or outreach purposes
- Support directors in creation of interpreter protocol, procedures and training materials
- Foster the relationship between the patient care team and the patient through interpretation
- Ensuring health literacy by closing the gap due to culture and language barriers
- Ensures that materials and presentations are adequately translated and are culturally appropriate to present to community members
- Develop ideas to provide culturally sensitive care between the patient and patient care team through language and cultural awareness
- Serve as additional point of contact for interpreter availabilities and inquiries
- Create educational materials for Tagalog lessons for MHC with the committee (In person and Virtual)
- Collaborate with other committees and outside organizations regarding projects relevant to language and culture
- Facilitate discussions in Weekend Wellness Clinic with community members (if applicable)
- Complete 1 committee project by the end of the cycle to promote cultural awareness
- Plan and execute Marites Minute Newsletter for BOD and Chairs every other month

> Preferred qualifications

- Proficiency in conversational Tagalog is a requirement
 - Knowledge in another Filipino language (Bisaya, Kapampangan, Ilocano, etc) and/or any other language (Spanish, Chinese, etc) is a plus
- Previous experience with or interest in translation and interpretation
- Prior clinical experience

Cultural Liaison Volunteers (3)

> *General Role*

- Ensuring health literacy by closing the gap due to culture and language barriers through translating health-related documents/materials
- Translate any informational material pertaining to MHC including and not limited to presentations, educational materials, and fliers
- Strengthen the understanding of MHC volunteers with the Filipino culture and the patient population by creating and facilitating Tagalog lessons, educational materials, etc.
- Attend and facilitate translation meetings and training sessions
- Serve as additional point of contact regarding any inquiries regarding translations and other relevant projects
- Collaborate with other committees and outside organizations regarding projects relevant to language and culture
- Enhance the cultural space of MHC by facilitating additional projects and educational materials as needed
- Complete 1 committee project by the end of the cycle to promote cultural awareness
- Plan and execute Marites Minute Newsletter for BOD and Chairs every other month

> *Preferred qualifications*

- Proficiency in reading and/or writing in Tagalog is required
 - Knowledge in another Filipino language (Bisaya, Kapampangan, Ilocano, etc) and/or any other language (Spanish, Chinese, etc) is a plus
- Previous experience or interest in translation and interpretation

MHC Calendar of Events

Date	Time	Mandatory Event
August 2026	TBD	BOD Retreat (BOD only)
08/29	9:00AM-2:00PM	Volunteer Orientation 2026 <i>[virtual]</i>
09/12/26	9:00AM-2:00PM	Health Coach/ Health Screening Training I <i>[virtual]</i>
09/26/26	9:00AM-2:00PM	Health Coach/ Health Screening II <i>[in-person]</i>
09/26/26	2:00PM-5:00PM	Health Coach/Screening Assessment <i>[in-person]</i>
10/10/26	8:30AM-3:00PM	October Clinic
11/14/26	8:30AM-3:00PM	November Clinic
December 2026	- All Day -	MHC Day
01/9/27	8:30AM-3:00PM	January Clinic
02/13/27	8:30AM-3:00PM	February Clinic
03/13/27	8:30AM-3:00PM	March Clinic
04/10/27	8:30AM-3:00PM	April Clinic
05/08/27	8:30AM-3:00PM	May Clinic
06/12/27	8:30AM-3:00PM	June Clinic
07/10/27	8:30AM-3:00PM	July Clinic
08/07/27	8:30AM-3:00PM	Pistahan Festival

All dates and times subject to change or cancellation. All events require mandatory attendance.

APPLICATION PROCESS & SUBMISSION INSTRUCTIONS

To apply for the 2026–2027 volunteer cycle, applicants must complete both:

- The [MHC Written Volunteer Application](#)
- The [MHC Volunteer Application Submission Form](#)

Before beginning your application:

- Review this Volunteer Information Packet in its entirety.
- Access the [MHC Volunteer Application Submission Form](#).
- Determine which position(s) you wish to apply for (up to three positions).
- Complete the [Written Volunteer Application](#), tailoring your responses to the position(s) you selected.
- Return to the Application Submission Form and submit all required information and materials.

As part of the submission process, applicants will be asked to:

- Provide contact and eligibility information
- Indicate position preferences
- Upload a current resume or CV
- Upload their completed Written Volunteer Application

Applications will be reviewed by the MHC Board of Directors. Please ensure that all materials are complete before submitting. Responses cannot be edited after submission.

Applications must be submitted by Wednesday, July 22nd at 11:59pm.

Late or incomplete applications may not be considered.