



RISE Program

2025 Fall Program Schedule Cohort C

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The training dates below all occur virtually. Note, while the dates will not change, the topic areas are subject to change based on the cohort you are placed in.

Date	Session	Time		
		EST	CT	PST
*Friday, September 12, 2025	Session 1: Welcome	10:30AM - 4:30PM	9:30AM - 3:30PM	7:30AM - 1:30PM
Friday, September 26, 2025	Session 2: Public Narrative and Communication Styles			
*Friday, October 10, 2025	Session 3: Identity			
*Friday, October 24, 2025	Session 4: Goal Setting & Workplanning			
*Friday, November 7, 2025	Session 5: Individual Development			
*Friday, November 21, 2025	Session 6: Future Planning			
*Friday, December 12, 2025	Session 7: Culture, Finance, and Negotiation			
*Friday, January 9, 2026	Session 8: Wrap Up Day			

In addition to the training dates listed above, RISE students located in similar geographic areas to other students may also have opportunities to meet in-person over the course of the program.