Bellerose Battles Cancer 2025/2026
Bikeathon 23 🐾 November 26-28

PASSION - PRIDE - TRADITION

We have passed $3.9 million, HOW FAR CAN WE GO?

Bikeathon Rules and Regulations – Here's the Deal!

This is the 23rd Annual Bikeathon! Be Proud! To be a part of this event, we expect great things from our Bellerose students! Below is what we need from you:

1. All participants must be enrolled at Bellerose in semester 1 in-person learning to take part in any in-person component of this event.

2. School rules regarding school conduct must be followed at all times. Failure to do so will result in removal of an individual or team.

   This includes adhering to the Bellerose Composite High School Cell Phone Guidelines. Students are expected to have their cell phones and other personal mobile devices turned off and out of sight during all instructional time (this includes all bike shifts that occur during instructional time). If a student fails to comply, the same consequences will apply as outlined in the cell phone guidelines.

3. This is a Bikeathon fundraiser for cancer research and care. There must be one team member biking at ALL times during the event. Failure to keep pedaling will mean your team will give up the privilege of biking and may be removed from Bikeathon. The fact is, this is a Ride with Pride.

4. Each team member MUST raise a minimum of $100 in pledges in order to participate in this event. Each team MUST raise a minimum of $1000. Participants MUST use the official Kids with Cancer or Alberta Cancer Foundation websites.

5. Your team should have 8-10 members. No team member can ride for more than 2 consecutive shifts. Please sign up for time slots that you are capable of fulfilling.

6. Each team is responsible for providing a stationary bike to ride for the Bikeathon event. The school does NOT have bikes available to borrow.

7. The $50 per person registration fee and complete registration package must be submitted in Room 214 from Oct 6 - Oct 22. This fee covers the cost of t-shirts, food, drinks, entertainment, etc. If you are paying by cheque, please make it payable to "St. Albert Public Schools 5565". This will be handed in with your completed registration packages.

8. Site selection is Tuesday, November 25 between 2:30 - 3:30 pm.

9. Bring your bikes on Tuesday, November 25th between 3:30 - 6:00 pm. **Each team will be allowed one bike, which must remain on their site.**

10. **a.** Team themes and outfits are expected, team members are responsible for dressing appropriately. Administration will not allow any inappropriate clothing or props. Prizes for best costumes, best site decorations, best team sign, best decorated bike and a bunch of others.
b. Awards and prizes will be presented to the top individual and team fundraisers at the Closing Ceremonies.

11. There are some considerations you must make when signing up for your shifts:
    - **a.** Team members with **spare periods** should make their best effort to sign up for their shifts during those times.
    - **b.** If you are **not** scheduled to ride during school hours, you must be in your regular scheduled class.
    - **c.** If you are missing a class due to a Bikeathon shift, you must indicate that on your ride schedule. You must also have your teacher sign off on your team ride schedule **prior to submitting your pledge forms**.
    - **d.** All teams must have a copy of their ride schedule submitted with their pledges on Nov 19 & 20.
    - **e.** A copy of your ride schedule will be given to your team during site selection. This copy must be taped to your bike and visible at all times.
    - **f.** 6 team members are allowed to stay overnight for each of the two nights (11pm - 5am).

12. All team members must wear their wristbands throughout the entire duration of the Bikeathon.

13. The front doors will be locked at 9pm and reopened at 5am. Students need to be wearing the appropriate Bikeathon wristband to be in the building during this time. The appropriate overnight wristband must be worn at all times, and without it, students will not be allowed in the building.

14. The Annual Bellerose Bikeathon Head Shave will be held at lunch on Thursday, November 27th. Proceeds from this year's event will go to the Stollery Children's Hospital Foundation. Please see Mr. Larocque if you would like to participate.

15. It is the responsibility of all team members to keep their site clean and litter free. Prizes will be awarded for clean sites.

16. We are a 'Responsible' Bikeathon – Protect the school and equipment! Recycle pop cans, water bottles, and juice boxes.

17. Teams are responsible for the take down and clean-up of their site before leaving on Friday, November 28th.

18. Failure to comply with any of these rules will result in those students and their teams being withdrawn for the remainder of the event.

Our school goal is to raise $100,000 for Cancer Research!