

Official LAI Practitioner Skills

Those applying to become official Luminous Practitioners, who can be paid to see clients and students of LAI, are expected to have at least a foundational capacity in each of the following areas. For general level practitioners (Dynamos on the Lineage Path and Holy Rollers as well), it is understood that these skills are still being developed to full capacity and will grow through practice.

Please note that these descriptions may be refined and modified to make them clearer and to reflect the evolving nature of Luminous work.

- **Tracking Skills** – ability to perceive the subtle field (both energy and consciousness).
- **Understand and be able to re-Source** - yourself and your clients through pathways of personal connection, connection with the fields, and Source.
- **Emotional Attunement** (Water Bending) - ability to Limbically Resonate with client's felt experience while providing emotional acceptance and holding so client can access their deeper feelings (descend the ladder).
- **Counseling Skills** (Tree Bending) – ability to find limiting beliefs, align to greater truths, correct misperceptions, uncouple beliefs, etc.
- **Recognize and Identify - Character Styles**, patterns and understand how to repair the ruptures.
- **Cultivate access to the full range of the field** – have access to the lower, middle, upper levels of the field.
- **Facilitate Transmutation of energy and consciousness** (Fire, Crystal, Earth, Water Bending...) via:
 - 1) Directing perception - naming, pointing out, bringing into awareness.
 - 2) Hands on technique on and/or off the body.
- **Identify the Healing Zone** – the time and container where the client's energy and consciousness is able to process and transmute.
Recognize when clients are out of the Healing Zone and bring them back into the Healing Zone (typically slow session tempo down and bring in more re-Source).
- **Ability to trust and rest in larger awareness** - Not rushing, not controlling, not projecting (understand your process of navigating the not yet known).
- Confidence in understanding and being able to guide someone through the **healing arc of a session**.
- **Discern - How much do you work your own character styles** and how much do they influence your own session work with clients? Know **your own access to resource through your bender style**.
- **Professional Boundaries** - ability to hold alignment and keep your personal and sexual needs out of client's session. Must have a good understanding of projection, transference and counter transference.
- **Keep Clear** - Work your own process to intimately know the territory (not just the map). Be able to keep track of where your process activates in a client session so you can hold clear alignment (work your triggers in session with your own healer).