

SL: You're cooked {Name}

PV: Well, maybe...

Let's be real, You've tried eating cleaner. Training harder. Sleeping more.

But your energy's still trash, brain's be lagging like it needs a software update.

It's frustrating because you *are* putting in the effort. But nothing seems to be working.

And the worst part is, you've started wondering if maybe this is just "how it is" now.

Let's stop that thought right here. Your body isn't broken.

You just never had the right plan.

One that accounts for your crazy schedule. Your stress. Your brain fog. Your mental health.

One that works with your body, not against it.

They're entrepreneurs. High-performers.

People like you who were burnt out on unrealistic plans and surface level advice.

And in just a few weeks, their energy came back. Fat started dropping. Focus sharpened. Confidence returned.

If you want a program that meets you where you are and gets you where you *actually* want to go.

[Click here to apply and start your transformation.](#)

This isn't a quick fix that fries your nervous system and calls it discipline. 😂

It's coaching built to last, physically and mentally.

You don't need another plan. You need one that finally works.

Let's get to it.

Keep bending.

Cedric

P.S. I open only 10 spots at a time to keep the coaching high-level and personal. If you're reading this there's still a chance to claim one. But once they're gone, that's it.