Restless Bodies Reverberate We FILE SUBMISSION INFORMATION



Hello, welcome.

Thank you for considering sharing a reflection or experience for the *Restless Bodies Reverberate We* radio show!

Below you'll find information about how your file will be stored and used and some further information about the project.

How to share a file with me

You can upload a file anonymously <u>via this link to a dropbox folder</u>. Only I will be able to see and download the file. If you know me personally, you are also welcome to whatsapp or email me. Your file will be treated with the same care.

How I will use your file

Your audio or text may be used in full or part. Where used in part, care will be taken not to change the meaning of your submission. Excerpts will mostly be necessary to meet the time limit of the show!

If you submit a text, it will be read either by myself or a voice artist.

I may also respond more generally to submissions as part of the show, e.g. referring to subjects that are mentioned by multiple people.

If I receive a lot of submissions, I won't be able to use all of them for this particular show, but I do hope to make more radio-based and other format work as part of a longer project. I'll keep you posted!

You are welcome to withdraw your file at any time without needing to give a reason. Just contact me at: marrnatalieresearch[at]outlook.com or leave a message via word doc in the dropbox folder that notes your file name so I can find it.

How I will store your file

When I receive a new file, I will download it and remove it from the dropbox folder. All files will be stored safely on a password protected hard drive. If you decide to withdraw your file, I will delete it.

A note on anonymity

If you wish to include your name, you are welcome to, but otherwise your submission will be anonymous.

Of course, anonymity isn't always fully possible, e.g. if you use your own voice or include identifying details about yourself.

A note on credits

Credits: individuals will not be credited but the show liner notes will clearly state that I have gathered reflections from multiple people, and within the show itself, I will make it clear that these reflections are not my own.

How to contact me

If you have any questions or just want to get in touch about the project, you can reach me at: marrnatalieresearch[at]outlook.com

About Restless Bodies Reverberate We

Restless Bodies Reverberate We is a new project that will explore themes of rest(lessness), yearning, dissatisfaction, social connection and the night-time through sound, performance, writing and arts-based research. It draws from my research on darkness and the night, collaborative work on nocturnal intimacies, and my personal experience with troubled sleep, existential dread and an increasing desire to "sound out" my night self. More info on the project at this website link.

Thanks for reading!

