

HSO Copy Example 2 Fighting Course

The secret to unmatched power

For the first time in my life, I was facing the threat of real violence.

I was lying on the ground with my arms reached up in a mostly useless attempt to reduce the pain and damage.

I could feel the metallic taste of my blood and the cold ground as I took it all silently.

I always thought something like this could never happen to me, but at this very moment, I *decided*, it would never happen again.

One month later and I had become a changed man. I couldn't believe I'm still the same person.

I felt confident in myself, my strength and my ability to fight. The days of me having to fear this same situation ever repeating, were over.

And this was a change that everyone close to me noticed. For this, I feel immensely proud.

[If you want to level up both physically and mentally, just like I did, click here](#)