

Class 3A Region 4 Meet Information

Course Preview: 3:30 - 5:30 pm on Friday 11/14/2025

Race Information:

Date: 11/15/2025 Saturday

Packet Pick Up starts at 6:45am on 11/15/2024 Course
opens at 6:45 am

Coaches Meeting at 7:30 am (at start/finish line) **Girls**

Varsity Race (May race up to 7) 8:00 am Boys

Varsity Race (May race up 7) 8:30 am

Awards will be given out at the finish line area directly following the conclusion of the Boys race.



The host school is South Fork High School: 10000 SW Bulldog Way, Stuart, FL 34997

Meet Directors: Coach Kyle Gorton and Coach James Seleski with assistance from athletic director Ed Geiger Contact Info:

gortonk@martinschools.org (772)631-5928

Mogo timing will be timing the races and provide the meet referee and starter.

There is no fee for parking but spectators will be charged \$9 per spectator (per FHSAA). We will have a lead cart for each race.

We will have a FHSAA Certified Official at the race.

Packet Pick Up will be located at the team entrance gate. You will receive a bib (with built in chip) for all athletes that you entered on your District entry list.

There will be a trainer on site near the finish line.

1 mile and 2 mile will be marked. The 1 mile mark is on a small trail and we ask that no spectators are in this area. Coaches please be aware of space and make sure that the lead cart and the runners have enough room to pass through the mile stations.

Medals will be given to the top 15 individual runners. Trophies will be given to the regional champion team and the regional runner up.

Spectator Fee: \$9 per spectator will be charged for admission to the race. Coaches will be given 4 bands in your packet that will allow you entry to the meet. Spectators need to stay in the designated spectator areas. PLEASE NOTE - access to spectators across the finish chute will be blocked. Please do not access this area or the course official will disqualify your runner. Tickets will be able to be purchased at gofan (<https://gofan.co/app/school/FL6568>) and we recommend purchasing tickets before arriving on the campus to avoid any slow internet service issues.

[Course Map](#)

4.5.2.3.4 - Advancement of Teams and Individuals

The first eight (8) placing teams and the top four (4) placing individuals who are not members of an advancing team shall advance from the district meet to regional meet and from regional meet to the state meet. A "team" is defined as having five (5) or more runners on the starting line and competing.