Remember to send the course certificate to be placed into your Hocking County MRC Volunteer record.

Free Training Courses at a Glance:

Online Courses

- [Personal and Family Preparedness](#) - **REQUIRED**
- [Disaster Plan and Kit Basics](#) - **REQUIRED**
- [Personal Safety](#) - **REQUIRED**
- [IS-10 Animals in Disasters: Awareness and Preparedness](#)
- [IS-11.a Animals in Disasters: Community Planning](#)
- [Expected Roles in Organizational & Community Response Plans During a Disaster](#)
- [IS-100.C: Introduction to the Incident Command System](#)
- [IS-700.B: An Introduction to the National Incident Management System](#)
- [FEMA IS-242.B: Effective Communication](#)
- [MARCS Web-Based Radio Training](#)
- [Workforce Resiliency - 2: Individual and Organizational Preparedness](#)
- [Blood-borne Pathogen overview](#)
- [Surge Capacity](#)
- [PODs (Points of Dispensing): Public Health Training for Staff and Volunteers](#)
- [Medical Needs Shelter (MNS) Non-Medical Volunteer Training](#)

Introductory Knowledge Requirements All Volunteers

FOCUS: PREPAREDNESS

Competency 1: Demonstrate personal and family preparedness for disasters and public health emergencies.

☐ Personal and Family Preparedness   https://www.train.org/odh/course/1081145/ (25 min)

☐ Disaster Plan and Kit Basics: https://www.train.org/odh/course/1040540/

Competency 5: Demonstrate knowledge of personal safety measures that can be implemented in a disaster or public health emergency.

☐ Personal Safety https://www.train.org/odh/course/1081353/ (40 min)

Intermediate - For volunteers wishing to expand their skills & abilities

FOCUS: RESPONSE

Competency 1: Demonstrate personal and family preparedness for disasters and public health emergencies.

☐ IS-10 Animals in Disasters: Awareness and Preparedness
https://www.train.org/odh/course/1024159/

☐ IS-11.a Animals in Disasters: Community Planning
https://www.train.org/odh/course/1024639/

Competency 2: Demonstrate knowledge of one's expected role(s) in organizational and community response plans activated during a disaster or public health emergency.

☐ Expected Roles in Organizational & Community Response Plans During a Disaster or Public Health Emergency (40 min)
https://www.train.org/odh/course/1081338/

☐ IS-100.C: Introduction to the Incident Command System, ICS 100 (1-2 Hours)
https://www.train.org/odh/course/1078825/

☐ IS-700.B: An Introduction to the National Incident Management System (1 Hour)
https://www.train.org/odh/course/1078831/

Competency 4: Communicate effectively with others in a disaster or public health emergency.

☐ Communication (1 Hour) https://www.train.org/odh/course/1081351/
OR

☐ FEMA IS-242.B: Effective Communication
https://www.train.org/mrc/course/1052535/
AND

☐ MARCS Web-Based Radio Training https://www.train.org/odh/course/1023548/

Competency 5: Demonstrate knowledge of personal safety measures that can be implemented in a disaster or public health emergency.

☐ Workforce Resiliency - 2: Individual and Organizational Preparedness (1 Hour)
https://www.train.org/mrc/course/1021348/
OR

☐ Hazardous Materials Awareness Training

Suggested

☐ Blood-borne Pathogen overview: https://www.train.org/odh/course/1040544/
OR

☐ You are the Help Until Help Arrives: https://www.train.org/odh/course/1069847/

Competency 6: Demonstrate knowledge of surge capacity assets consistent with one's role in the organizational agency and/or community response plans.

☐ Surge Capacity (25 min) https://www.train.org/odh/course/1081356/
☐ PODs (Points of Dispensing): Public Health Training for Staff and Volunteers (30 min) https://www.train.org/odh/course/1037506/
☐ Medical Needs Shelter (MNS) Non-Medical Volunteer Training https://www.train.org/odh/course/1060002/

Competency 7: Demonstrate knowledge of principles and practices for the clinical management of all ages and populations affected by disasters and public health emergencies, per professional scope of practice.

☐ Clinical Management Principles https://www.train.org/odh/course/1081357/
OR
Psychological First Aid: A Minnesota Community Supported Model (45 min) https://www.train.org/mrc/course/1050404/