



Investing Insights

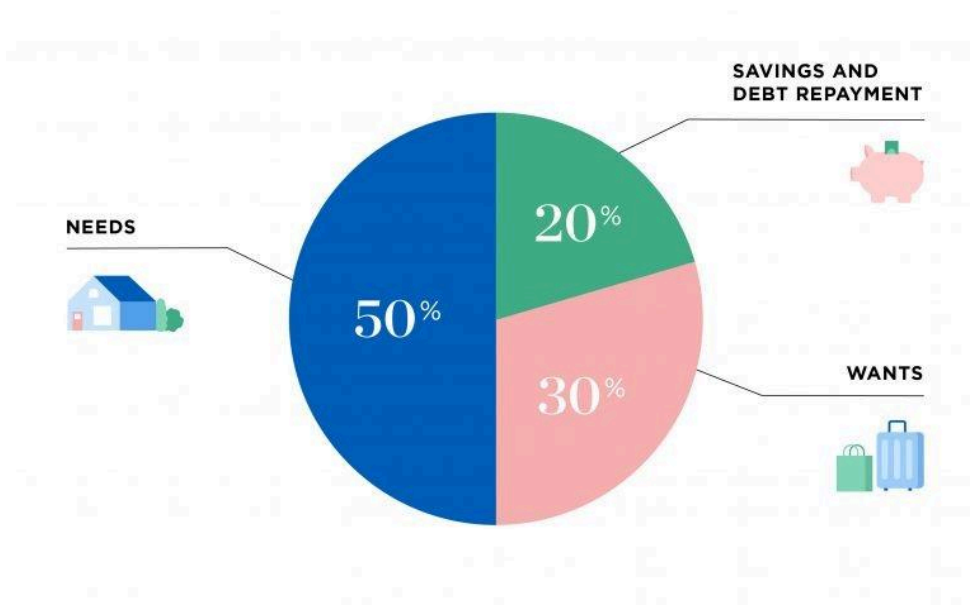
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Unit 4 - Budgeting: Hand-out

- What is a budget?
 - A budget is an estimation of how much money you will spend over a certain time period taking into account how much you earn.
 - Budgeting is one of the most basic, yet powerful tools you can use to manage your money
- Why a Budget?
 - A great way to keep track of your earnings and savings
 - Helps people keep track of expenses and save money
 - Helps prepare you for emergency situations or reach long-term goals
- Net Income vs. Gross Income
 - Net Income, also called 'take-home pay' is what you get in your hand after income taxes and deductions are taken out of your salary/wage
 - Income taxes are levied by state and federal governments

The 50/30/20 Budget Rule



Videos for Reference (You can find these and other resources on our website - [Investing Insights](#))

1. **Budgeting Basics:** <https://www.youtube.com/watch?v=xEPHsUtLFDA>
2. **Budgeting Based on Needs and Wants:** <https://www.youtube.com/watch?v=QyuU4wFlz3o>
3. **Building a Budget:** <https://edpuzzle.com/media/5ff3b86c2128fc1412d451e8>
4. Budgeting/Money Apps for Kids:
<https://www.nerdwallet.com/article/banking/buzzy-banking-apps-for-kids-and-teen-s>

The Key to Success: **Create** a budget, **Review** periodically and **Stick** to the budget!