



EVERY MEAL
FIGHTING CHILD HUNGER

United Way of Goodhue,
Wabasha & Pierce Counties



Dear Parents:

Healthy eating is so important for children. At Wabasha-Kellogg, we work hard to ensure students receive a healthy breakfast and lunch each day to support their developing brains and bodies. Research shows that children who eat regularly, nutritious meals are more likely to attend school and be engaged in learning.

We are excited to partner with United Way and Every Meal to offer a free weekend food program to our students. The program is free for all families. Families may choose from five different meal options. All bag types contain 4-5 pounds of nutritious, non-perishable food, including a variety of fruits, vegetables, proteins, grains, and soups/entrees. Bag types are identified by different colors of Every Meal Logo. Each color has 4-5 variations to ensure families do not receive the same items every week.

 Blue Bag	Tailored for East African dietary preferences. This bag is pork free and may contain items such as tuna, spaghetti, black-eyed peas, corn flour, fava beans, and tomato products.
 Green Bag	This bag offers the widest variety of food items, such as chicken, tuna pasta, rice, mac and cheese, chili/soup, and varied vegetables and fruits.
 Orange Bag	Tailored for Latino dietary preferences. This bag may contain items such as rice, black beans, pinto beans, corn flour, fideo pasta, enchilada sauce, chipotles in adobo, and diced chiles.
 Purple Bag	Tailored for Southeastern Asian dietary preferences. This bag may contain items such as rice, rice noodles, coconut milk, bamboo shoots, curry paste, green beans, and mandarin oranges.
 Yellow Bag	Tailored with all ready-to-eat items which require little or no preparation, this bag may contain items such as dried fruit, tuna salad, chicken salad, sunflower seeds, granola, oatmeal, and soups.

Please complete the enrollment form on the back of this sheet for each school aged child in your family and return to school.

This program will begin the week of Oct.6th, 2023 and continue until the end of May 2024. You may discontinue participation at any time by contacting Leanne Kruger, School Social Worker at 651-565-3559 Ext. 201 or Email lkruger@wkfalcons.org

® This program is available for a limited number of students. **Students will be chosen on a first come, first serve basis.**

®The school reserves the right to withdraw a family from participation in the program under the following conditions:

***Food is not needed, is not being eaten by the students**

We are unable to make special exceptions for food allergies at this time. If your child has food allergies that cause reactions or illness of any kind this is not an appropriate program for your household.

I give permission for a bag of food to be provided to my child while he/she is at school. By signing, I agree and understand:

- This form must be fully completed in order to enroll in the Packing for the Weekend Program.
- It is my responsibility to remove food items that my child should not consume.
- School staff or volunteers may access my child's locker and/or backpack in order to discreetly place bags of food.
- If my child cannot responsibly transport the bag of food home, I will have to pick up the food at the school or no longer participate in the program.
- **The parent or guardian information provided below will be shared with United Way of Goodhue, Wabasha & Pierce Counties for data collection use only. No names will be disclosed.**

Child's Name: _____

Child's Grade: _____ Child's Teacher: _____ Locker (if applicable): _____

Description of Child's Backpack (i.e., blue with green zipper): _____

Parent or Guardian's Name (Please Print): _____

Parent or Guardian's Phone #: _____

Parent or Guardian's Email Address: _____

Do you have a child living in the home that attends another school in the district? _____

If yes, which school do they attend? _____

Parent or Guardian Signature _____

Select the bag type which best meets the needs and preferences of your family:

☐ Blue Bag

☐ Green Bag

☐ Orange Bag

☐ Purple Bag

☐ Yellow Bag