



ECB COVID-19 POLICIES

2022/2023 Edition

The safety and well-being of our staff, students, families, and guests is our top priority. All staff, students, families, and guests must adhere to ECB's COVID-19 policies. Please carefully read through our policies below to better acquaint yourself of the important things we are doing to keep our ECB community safe and healthy.

FACE MASK POLICY

Face masks are strongly encouraged, but not required, except under certain circumstances.

If 1 or more individuals test positive for COVID-19, all individuals in that class will be **required** to wear well-fitting masks inside the building (except when actively eating or drinking) for the next 10 days following exposure.

If 3 or more individuals test positive for COVID-19 within 7 consecutive days, all staff and students will be **required** to wear well-fitting masks inside the building (except when actively eating or drinking) for the next 10 days following the most recent exposure.

If our local Community Risk Level reaches High (Red), all individuals will be required to wear well-fitting masks inside the building (except when actively eating or drinking).

ECB reserves the right to require face masks at any other time.

ILLNESS POLICY

Employees, Staff, Instructors, and Volunteers Illness Policy

Employees, staff, instructors, and volunteers experiencing any of the following symptoms should **NOT** come to work in person at ECB and should stay home:

- New onset or worsening cough or shortness of breath
- Running a fever of 100.4 degrees or above
- Exhibiting one or more of the following symptoms: fever, chills, headache, sore throat, new loss of taste or smell, diarrhea, vomiting, nausea
- Undiagnosed rash, discharge from eye, ears or profuse nasal discharge, severe cold symptoms

Please contact our Office Manager (officeadmin@evergreencityballet.org) and CC our School Principal (principal@evergreencityballet.org) to notify them of your illness. Instructors will need to speak to the School Principal to schedule a sub.

If a staff member suspects or knows that they have been exposed (defined below) to someone diagnosed with COVID-19, they must get tested with a viral test (no sooner than 5 days after the last exposure). They should monitor their health conditions and contact their doctor or primary care provider if symptoms of COVID-19 develop. Staff members who've been presumed positive or diagnosed with COVID-19 may return to work only after the following:

- 5 days have passed since symptom onset, or since positive test specimen collection date if no symptoms are present
- No symptoms are present, or symptoms are resolving
- No fever within the past 24 hours without the use of fever reducing medications

Please provide a valid negative COVID-19 test result, if possible.

Definition of “exposure” - Per CDC guidelines, an individual is considered “exposed” when they have had close contact (6 feet or less) with one of the following:

1. Person with COVID-19 who has symptoms (in the period from 2 days before symptom onset until they meet criteria for discontinuing home isolation; can be laboratory-confirmed or a clinically compatible illness)
2. Person who has tested positive for COVID-19 (laboratory confirmed) but has not had any symptoms (in the 2 days before the date of specimen collection until they meet criteria for discontinuing home isolation).

Please note: This is irrespective of whether the person with COVID-19 or the contact was wearing a cloth face covering or whether the contact was wearing respiratory personal protective equipment (PPE), source: [CDC.gov](https://www.cdc.gov), 6/5/2020.

Student Illness Policy

Students experiencing any of the following symptoms should **NOT** attend class in person at ECB and should stay home:

- New onset or worsening cough or shortness of breath
- Running a fever of 100.4 degrees or above
- Exhibiting one or more of the following symptoms: fever, chills, headache, sore throat, new loss of taste or smell, diarrhea, vomiting, nausea
- Undiagnosed rash, discharge from eye, ears or profuse nasal discharge, severe cold symptoms

If a student attending class exhibits any of the above symptoms, the parent/guardian will be contacted for immediate pick up.

Students exhibiting symptoms **will be isolated from the group and supervised** to prevent the spread of illness.

Parents/guardians will be contacted and **must pick up within 30 minutes**. ECB will follow guidelines from the Washington State Department of Health and Public Health – Seattle & King County on determining when a student can return to dance class.

The Parents/guardians should monitor their health conditions and contact their doctor or primary care provider if symptoms of COVID-19 develop. A student who has been presumed positive or diagnosed with COVID-19 may return to class only after the following:

- 5 days have passed since symptom onset, or since positive test specimen collection date if no symptoms are present
- No symptoms are present, or symptoms are resolving
- No fever within the past 24 hours without the use of fever reducing medications

Please provide a valid negative COVID-19 test result, if possible.

QUARANTINE POLICY

Per the Washington State DOH: *Quarantine is when someone who has been exposed to COVID-19 stays home and away from others for the recommended period of time.*

In lieu of quarantining when an individual is exposed to someone with COVID-19, the exposed individual **must** wear a high-quality mask for 10 days and get tested on day 5.

ISOLATION POLICY

Per the Washington State DOH: *Any student or staff member with COVID-19 should isolate at home. This isolation guidance applies regardless of vaccination status.*

If a student or staff member tests positive for COVID-19 by a molecular or antigen test, they can return to ECB when the following criteria are met:

- 5 days have passed since symptom onset, or since positive test specimen collection date if no symptoms are present
- No symptoms are present, or symptoms are resolving
- No fever within the past 24 hours without the use of fever reducing medications

Individuals who have been in isolation may test on day 5 of their isolation period, but only if the above criteria for completing isolation have been met. If testing, an antigen test is recommended. If the test result is positive, they must continue to isolate until day 10. If the test result is negative, they may return to ECB but must continue to wear a well-fitting mask both in and out of school, at home and in the public, including during extracurricular and sports activities, to prevent potentially exposing others through day 10.

VACCINATION POLICY

Employees, Staff, Instructors, and Volunteers

Beginning Tuesday, September 7th 2021, all ECB employees, staff, instructors, and volunteers **must be fully vaccinated in order to work or help at ECB.** *Why?* Because we work with a diverse population of students of all ages and backgrounds on a daily basis. *So?* Some may not be eligible to get the COVID-19 vaccine. They may be immunocompromised or have underlying health conditions that prevent them from getting the vaccine. This leaves some of our community members less protected from potential exposure and infection from COVID-19.

ECB employees, staff, instructors, and volunteers must have had their first shot of a COVID-19 vaccine or have completed their vaccine shots **on or before Tuesday, September 7th.** A proof of vaccination is required and must be sent to our Office Manager, Carmel Bodle at officeadmin@evergreencityballet.org. Any additional medical or family history information will not be asked nor required. The documentation we receive will be treated as a confidential medical record and will be securely kept by our Office Manager. Talk to your primary healthcare provider about any questions or concerns related to the vaccine and your medical needs.

Students

ECB will no longer require proof of COVID-19 vaccination for students at this time. **However, we strongly encourage all eligible students to get the COVID-19 vaccine.** There are many [reasons](#) why teens should get vaccinated. Vaccines are as important to our overall health as diet and exercise and play a vital role in keeping all of us healthy.

If you are vaccinated, please have your parent/guardian send your proof of vaccination to principal@evergreencityballet.org. No additional medical or family history information needed. All documents are kept securely and will be treated as a confidential medical record. Talk to your primary healthcare provider about any questions or concerns related to the vaccine and your medical needs.

Guests

We strongly encourage all of our guests to get the COVID-19 vaccine. Immunization from communicable diseases is the best prevention to getting and spreading serious diseases that could result in poor health. [Vaccines](#) play a vital role in keeping all of us healthy. Talk to your primary healthcare provider about any questions or concerns related to the vaccine and your medical needs.

EXPOSURE RESPONSE PLAN

If a student or staff member has been exposed or tests positive for COVID-19, Evergreen City Ballet will:

- Communicate with staff and/or Parents/guardians of students in affected classes to inform them of the potential exposure
- Respect the privacy of the sick or exposed individual(s) and not identify them by name
- Share the potential point of exposure and use the Washington State Department of Health and Seattle & King County Public Health guidance to determine the continuation or temporary suspension of classes

TRAVEL POLICY

The CDC recommends delaying any travel, domestic or international, until you are up to date with your COVID-19 vaccines. All individuals must follow our travel policies prior to arriving for any in person programs at ECB.

For all individuals:

- Upon returning, self-monitor for COVID-19 symptoms; isolate and get tested if you develop symptoms
- You do not need to get tested or self-quarantine, and may immediately return in person to ECB