

Title in English (Calibri 16 pt, Capitalize Each Word, max. 20 words)

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First author's email:

Second author's email:

Third author's email:

And so on.

***Only the corresponding author should be marked with an asterisk.**

Submitted: -

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Keywords: please write down 3-6 words/ phrase.

Correspondence:

The corresponding author's telephone, fax numbers and E-mail address must be clearly given.



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Abstract

The abstract is a concise summary of the manuscript, written in English using **Segoe UI font, size 8, with single line spacing**. It should consist of **a single paragraph** and must not exceed **250 words** for both research and review articles. The abstract must clearly present the **background, objectives, methodology, results, and conclusions**, highlighting the **impact** of the study. Use **United States English** conventions throughout.

The **objectives, methodology, and results** should be written in the **past tense**, while the **conclusions** should be written in the **present tense**. Sentences must be clear and straightforward, containing at least one subject and predicate. The abstract should not include tables, figures, citations, abbreviations, or mathematical formulas/equations. Reference citations are strictly prohibited.

Keywords must be listed in the left-side column adjacent to the abstract, separated by semicolons, and should not include acronyms. Authors should provide 3 to 6 keywords or phrases, each consisting of clear and descriptive terms.

How to Cite: (citation style AMA 11th Ed.)

First author xxx, Second author xxx, and soon, "Article's Title" *J. Ilm. Medicam.*, vol. X, no. X, pp. Xx-Xx, Xxx. 2025, doi: 10.36733/medicamento.vXiX.xxxx

INTRODUCTION (Calibri, 12 pt)

The Introduction should provide a comprehensive overview of the study, including the **background, theoretical foundation, research problem, state of the art, urgency**, and the **novelty** or contribution of the research. The novelty should be clearly articulated through a **statement of the research gap**, followed by the **research objectives** that aim to address this gap. Subheadings should not be used within the Introduction section.

The manuscript must be written on A4-sized paper using **Calibri font, size 10, with 1.15 line spacing**. The text should be formatted with 2 cm margins on all sides and a **first-line indent of 0.5 inch**. The entire manuscript should be written in a **single-column layout** and must be a **minimum of 5 pages**, including any figures, photographs, or tables.

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METHODS (Calibri, 12 pt)

The Methods section should provide a clear and detailed account of how the research was conducted, allowing other researchers to replicate the study. It should begin with a statement of the study design (e.g., randomized controlled trial, observational study), followed by a structured explanation of the procedures and components involved. This section typically includes the following components:

Tools and Materials (This subsection is applicable primarily to pharmaceutical science research)

Tools. List only specialized or large-scale equipment used in the study, including brand, model/type, and specifications. Common laboratory tools (e.g., glassware, scalpels) do not need to be mentioned. Include full details of the

manufacturer, distributor, and country of origin. If custom-designed or modified equipment was used, include a schematic, image, or photograph of the apparatus.

Materials. Specify the grade, specifications, brand, and supplier for each material. For animal studies, include sex, strain, age, average body weight, and standard deviation. For plant-based materials (simplisia), provide details on the source, plant part used, age, and harvest time. If purchased, mention the vendor and origin of the plant (if known).

Research Procedure

Describe how data were collected, including the workflow and experimental steps. Complex procedures may be illustrated with diagrams or flowcharts. Common methods do not need to be explained in detail. For lengthy procedures, use numbered sub-sections (e.g., Step I, Step II) to organize the process clearly.

Step I: Provide a concise description of the initial research phase.

Step II: Continue with subsequent phases, maintaining clarity and conciseness.

If the study involves human participants or animal subjects, include a statement of ethical clearance from the appropriate ethics committee.

Data Analysis

Explain the methods used to analyze the data. If new analytical techniques are introduced, describe them in detail, including any formulas or equations used. Number equations sequentially if more than one is presented.

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RESULT AND DISCUSSION (Calibri, 12 pt)

This section presents the research findings along with their interpretation and analysis. Authors should describe the results clearly and discuss them in **relation to previous studies, highlighting similarities, differences, and the significance of the findings**. Comparative analysis is encouraged to demonstrate the contribution and relevance of the research.

If the content is extensive, the section may be divided into subsections without numbering, and sub-subsections with Arabic numerals (e.g., 1, 2, 3, ...) to improve readability and structure. All types of equations—mathematical, chemical, or otherwise—should be numbered sequentially, regardless of their type. For example:

$x + y = ab$ (1)

Tables

Results presented in tables must be clear, complete, and easy to read. Tables should be created using the table formatting tools in Microsoft Word, with single line spacing and justified alignment. Each table must have a title placed above the table and be numbered using Arabic numerals (e.g., Table 1, Table 2, etc.). Tables should be positioned near the relevant text that discusses them—either before or after the explanation. If the table caption spans more than one line, it should also be justified. All tables must be referenced in the manuscript text to ensure clarity and integration with the discussion.

Example Table Format:

Table 1. Title of the Table

Formula	Physical Testing	Observation Time			
		Day 1	Day 7	Day 14	Day 63
F1	Organoleptic	Consistency	SV	SV	SV
		Color	LB+	LB+	LB+
		Aroma	NO	NO	NO
	Homogeneity	NL, HC	NL, HC	NL, HC	NL, HC
	Average pH value	6	6	6	6
F2	Organoleptic	Consistency	V	V	V
		Color	LB	LB	LB
		Aroma	NO	NO	NO
	Homogeneity	NL, HC	NL, HC	NL, HC	NL, HC
	Average pH value	6	6	6	6

Information:

F1, F2: red dragon fruit peel extract body scrub formula with stearic acid concentration variations, 5% and 10%, respectively

SV : slightly viscous

V : viscous

MV : most viscous

LB : light brown

LB+ : more light brown

LB++ : most light brown

NO : no odor

NL, HC : no lump, homogenous color.

Figures, Graphs, and Images

Visual elements such as graphs, chemical structures, photographs, diagrams, and schematics must be submitted in JPG, JPEG, or BMP format. Additional acceptable formats for submission include TIFF, PNG, and EPS, especially for high-quality graphs and illustrations. Figures should be placed near the corresponding explanatory text—either before or after—and must be centered within the typing area. Each figure must include a caption placed below the image, centered, and numbered sequentially using Arabic numerals (e.g., Figure 1, Figure 2, etc.) with single line spacing. If the caption extends beyond one line, it should be formatted with justified alignment. Images must meet the minimum resolution requirements: 300 dpi for photographs and 600 dpi for line art and diagrams. All images must use the RGB color model and be referenced appropriately within the manuscript text.

Example below:

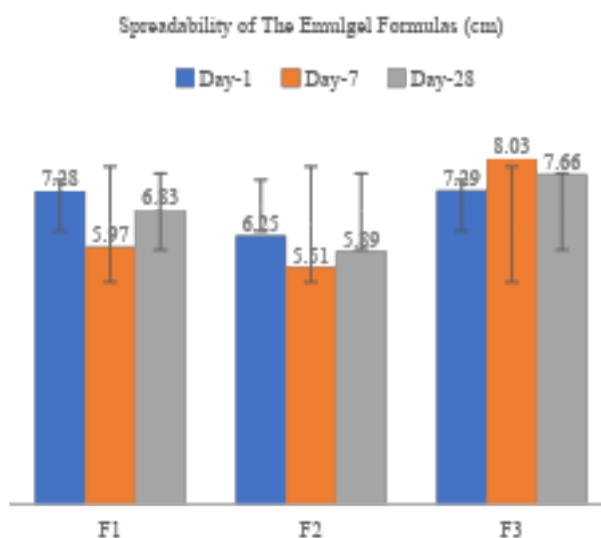


Figure 1. Title of the figure.

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All figures must be referenced in the manuscript text, and the total number of tables and figures combined must not exceed eight (8).

CONCLUSION (Calibri, 12 pt)

The Conclusion should be written as a **single paragraph, without numbering or bullet points**. It must be directly aligned with the research objectives, offering a clear and concise summary of the main findings and their implications. Rather than repeating the results, the conclusion **should focus on the significance of the discoveries, their potential impact, and possible future developments or applications**.

The conclusion must be typed using Calibri font, size 10, with 1.15 line spacing, on A4 paper, with 2 cm margins on all sides and a first-line indent of 0.5 inch. The layout should follow a single-column format consistent with the rest of the manuscript.

ACKNOWLEDGMENTS (Calibri, 12 pt)

The Acknowledgments section may be included if deemed necessary to recognize individuals or institutions that contributed to the research. This may include funding agencies, key informants, technical staff, or organizations that supported the study. Authors may also acknowledge conferences or forums where the research findings were disseminated. A funding statement must be provided, even if no external funding was received. If applicable, clearly

state the source of funding. If no funding was received, include the following declaration: **“This research received no external funding.”**

This section should be written in paragraph form, using Calibri font, size 10, with 1.15 line spacing, on A4 paper, with 2 cm margins on all sides and a first-line indent of 0.5 inch. The layout must follow a single-column format, consistent with the rest of the manuscript.

AUTHOR CONTRIBUTION STATEMENT (Calibri, 12 pt)

Please use the **CRediT (Contributor Roles Taxonomy)** to specify each author's contribution to the manuscript. Refer to the <https://www.elsevier.com/researcher/author/policies-and-guidelines/credit-author-statement> at:

Example (use author initials only):

ZS: Conceptualization, Methodology, Software; **PS:** Data curation, Writing—Original draft preparation; **WW:** Visualization, Investigation; **JJ:** Supervision; **AK:** Software, Validation; **SQ:** Writing- Reviewing and Editing.

CONFLICT OF INTEREST (Calibri, 12 pt)

The Conflict of Interest section must include a clear statement indicating whether any conflicts of interest exist among the authors in relation to the content of the manuscript. If there are no conflicts, a declaration such as **“The authors declare no conflict of interest.”** should be included. If any conflicts do exist, they must be disclosed transparently.

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REFERENCES (Calibri, 12 pt)

The References section must include a minimum of **twenty-five (25) sources**, with at least **80%** consisting of **primary literature** (e.g., journal articles, theses, patents). Additionally, at least **80%** of the references should be published within **the last ten years**, and at **least 50%** must be sourced from **international journals** to ensure relevance, credibility, and alignment with global scientific standards.

References must be formatted according to **the American Medical Association (AMA) 11th Edition citation style**, using a numbering system with superscript citations in the manuscript text. Only scientifically valid and traceable sources should be cited. Avoid referencing personal communications, newspapers, magazines, anonymous sources, or non-scientific websites. Indirect citations (e.g., “... cited in ...” or “... in ...”) should also be avoided.

All references must be managed using **Reference Manager** tool such as **Zotero, Mendeley, or EndNote**, etc. to ensure accuracy, consistency, and proper metadata handling. DOIs must be included where available.

The reference list must be typed using Calibri font, size 10, with single line spacing, 2 cm margins on all sides, and a first-line indent of 0.5 inch. The layout should follow a single-column format, consistent with the rest of the manuscript.

Example format:¹²³

Scientific articles:

1. Suena NMDS, Rahayu LRP, Wijaya SC, Antari NPU, Adrianta KA. Formulation and Antioxidant Activity Test of Centella asiatica Herba Extract and Moringa oleifera Leaves Extract as An Anti-Aging Emulgel. *Trop J Nat Prod Res.* 2024;8(3):6525-6536. doi:10.26538/tjnpr/v8i3.9

Book:

2. Aulton ME, Taylor KMG. *Aulton's Pharmaceuticals: The Design and Manufacture of Medicines*. 6th ed. (Taylor KMG, Aulton ME, eds.). Elsevier; 2021.

Proceeding:

3. Sasadara M, Nayaka N, Yuda P, et al. Optimization of chlorophyll extraction solvent of bulung sangu (Gracilaria sp.) seaweed. *IOP Conf Ser Earth Environ Sci.* 2021;913(1). doi:10.1088/1755-1315/913/1/012073