Last Updated: 7.1.25

These Terms and Conditions (“Terms”) apply to your participation in any coaching programs, courses, classes, or digital content provided by Jennifer Roskamp Coaching and The Intentional Midlife Mom, including the Unhidden program. By enrolling, purchasing, or accessing any part of Unhidden, you agree to be bound by these Terms.

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1. Program Purpose & Scope

Unhidden is a self-guided coaching program intended to help midlife women explore mindset patterns, emotional triggers, and lifestyle habits—particularly those related to their relationship with alcohol. It is **not medical advice**, **mental health counseling**, or **substance abuse treatment**.

2. No Diagnosis or Medical Services

Jennifer Roskamp is not a licensed therapist, psychologist, counselor, physician, or addiction specialist. She does not provide medical, psychological, or psychiatric services. Participation in Unhidden does not create a doctor-patient, therapist-client, or fiduciary relationship.

3. Voluntary Participation & Assumption of Risk

You understand that your participation in Unhidden is completely voluntary. You accept full responsibility for your mental, emotional, and physical well-being before, during, and after use of the program. You acknowledge that any decisions or changes you make based on this program are made of your own free will and at your own risk.

4. Personal Responsibility & Waiver of Liability

By participating in Unhidden, you acknowledge that Jennifer Roskamp and her affiliated companies are not responsible for your health, your choices, or your outcomes. You release, waive, and discharge Jennifer Roskamp and The Intentional Midlife Mom from all liability, including claims of negligence, arising from your participation in the program.

You agree not to initiate or join in any claim, legal or otherwise, against Jennifer Roskamp or her businesses for any reason related to your involvement in Unhidden.

5. Intellectual Property

All content within the Unhidden program—including written material, videos, workbooks, frameworks, and coaching resources—is the intellectual property of Jennifer Roskamp and may not be copied, reproduced, distributed, or repurposed without explicit written permission.

6. Refund Policy

Due to the digital nature of the product and immediate access to materials, **all sales are final and non-refundable**, regardless of completion or perceived results.

7. Confidentiality & Community Conduct

While coaching spaces may include group discussions or community interactions, confidentiality cannot be guaranteed. You are responsible for respecting the privacy of others, and we reserve the right to remove participants for behavior deemed disruptive, disrespectful, or inappropriate.

8. Indemnification

You agree to indemnify and hold harmless Jennifer Roskamp, her affiliates, employees, contractors, and agents from any and all claims, damages, liabilities, costs, or expenses (including legal fees) arising out of your use of the program or your breach of these Terms.

9. Dispute Resolution

In the unlikely event of a dispute, you agree to first attempt resolution through informal means. If a resolution cannot be reached, any disputes will be governed by the laws of the state of Michigan and resolved in binding arbitration under the rules of the American Arbitration Association.