Carthage Central School District

Information & Resource Guide



In conjunction with:

Fort Drum Soldier and Family Readiness Division and

Fort Drum Family and Morale, Welfare and Recreation

Community Resources: Locate help with rent, utilities, finances, and food

Fort Drum School Support Services P-10720 Clark Hall, Room A2-75 Fort Drum, NY 13602 (315) 772-3214

<u>https://drum.armymwr.com/programs/school-support-services</u>
Contact: https://www.armymwr.com/location-contact?location-form-location-65251

School Support Services (SSS) provides Army school-aged youth with educational opportunities, resources and information necessary to achieve academic success. A branch of Child and Youth Services (CYS), the School Liaison Officer (SLO) helps deliver the best educational resources and information for your children. The Fort Drum SLO website (linked above) has several great resources.

How the SLO can help:

- Build relationships and facilitate communication among Army Families and the local school community
- Inform and assist parents with school transitions and deployment challenges
- Establish school and community partnerships
- Facilitate access to home school resources for parents
- Provide information about college and other post-secondary opportunities and preparation materials
- Inform and assist parents on youth education and school issues

Family Resource Center

Building 11042 Mount Belvedere Boulevard Fort Drum, NY 13602 (315) 772-6566

Business Hours: M-F 7:30am-4:30pm https://www.facebook.com/FortDrumSFRD

Army Emergency Relief (AER)

Army Emergency Relief offers emergency financial assistance to eligible recipients in the form of an interest-free loan, grant, or combination of the two. AER's Education Program is a secondary mission to help Army Families with the costs of education.

(315) 772-6560

National website: www.aerhq.org

Army Volunteer Corps (AVC)

The Army Volunteer Corps seeks innovative ideas and processes to improve the quality of life at Fort Drum through the use of volunteer agencies. We offer quality volunteer work experiences in environments where volunteers are appreciated and valued.

(315) 772-2899

Employee Assistance Program

The Employee Assistance Program is dedicated to Department of the Army civilians, family members and retirees that can effectively assist in the identification and referral of substance

abuse concerns, family and marital difficulties, gambling or gaming addictions, financial stress, workplace conflicts and many other issues affecting your well-being at work or home. (315) 772-2597

Financial Readiness Program (FRP)

Financial Readiness Program provides comprehensive educational and counseling related to personal money matters.

(315) 772-5196

https://www.facebook.com/FortDrumFinancialReadiness/

Information & Referral (I&R)

Information and Referral is your source for an array of on- and off-post information designed to assist Soldiers, families, civilians and retirees in meeting their basic needs and improving their quality of life.

(315) 772-6799 or 1-800-826-0886

Mobilization and Deployment Program (Mob/Dep)

Mobilization and Deployment provides professional and timely support to active-duty, Reserve and National Guard Soldiers and their family members to enhance mission preparedness and self-reliance throughout the deployment cycle.

(315) 772-2848 or (315) 772-0509

Outreach Services

Outreach Services brings information into the community to promote Soldier and family well-being and quality of life.

(315) 772-5374

Relocation Readiness Program (RRP)

The Relocation Readiness Program is a comprehensive program designed to help families in the relocation process.

(315) 772-6566

SHARP (Garrison): The Sexual Harassment Assault Response and Prevention (SHARP) Program provides assistance with sexual assault and sexual harassment complaints.

(315) 772-0158

24/7 hotline: (315) 767-6128

DoD SAFE Helpline: 1-877-995-5247

Soldier and Family Readiness Center

Building 10250 4th Armored Division Drive Fort Drum, NY 13602 (315) 772-6704

Business Hours: M-F 7:30am-4:00pm; Closed all holidays https://www.facebook.com/FortDrumSFRD

Exceptional Family Member Program (EFMP)

The Exceptional Family Member Program helps to provide support and the required care for Family Members with disabilities and special needs.

(315) 772-5476

https://www.facebook.com/FortDrumEFMP

Family Advocacy Program (FAP) with New Parent Support Program and Victim Advocates
Family Advocacy Program offers a variety of services to strengthen military Families through
education and activities that promote life skills and cultivate healthy relationships.

(315) 772-5914

https://www.facebook.com/FTdrumFAP

Risk Reduction Program (RRP)

The Risk Reduction Program analyzes and furnishes data to supported commanders to mitigate unit high-risk behaviors in an effort to increase Soldier and unit readiness. The RRP coordinator serves as a liaison to assist command teams with obtaining support from appropriate installation agencies.

(315) 772-6705

Suicide Prevention Program (SPP)

The Suicide Prevention Program works to reduce suicidal behaviors and aims to dispel the myths and stigma surrounding help seeking behavior through awareness and education. (315) 772-9018

American Red Cross of Northern New York- Provides support and assistance in the face of an emergency. Mental Health Case Workers also provide assistance to disaster clients and educate on how to be prepared for every emergency.

203 North Hamilton Street
Watertown, NY 13601
(315) 782-4410
Business Hours: M-F 9am-4:30pm
www.redcross.org

Catholic Charities- Jefferson/Lewis- Provides a number of services including counseling, financial assistance, life skills education, parenting assistance, volunteer development, neighborhood development, and general human services information & referral. *Income verification for some services

44 Public Square Suite 1 Watertown, NY 13601 (315) 788-4330 www.cathcharities.org **Community Action Planning Council** - Community Action Planning Council of Jefferson County, Inc. is a Community Action Agency — one of 50 in New York State and one of over 1,000 nationwide. Community Action Agencies all have a common purpose — to assist, support and empower low-income households. However, each agency recognizes and responds to the needs of the community with specialized programs and services.

- Head Start a comprehensive preschool and childhood development program for 3 and 4 year olds
- Universal Pre-K a partnership with Indian River, Watertown and Sackets Harbor School Districts
- The Jefferson-Lewis Childcare Project child care resource and referrals for families, providers and employers in Lewis and Jefferson Counties
- **Housing and Energy Services** a program that provides energy efficient improvements and repairs to homes
- The Family Center a broad range of services that promote self-reliance and address emergency needs, such as the food pantry, nutrition outreach, holiday programs and tax counseling

518 Davidson Street
Watertown, NY 13601
Jefferson County (315) 782-4900
Business Hours: M-F 8am-4pm
Food Pantry hours are Tuesday, Wednesday and Thursday, 10:00 AM - 3:00 PM
(Please call 315-782-4900, ext 221 for an appointment)

Critical Needs Program- The Critical Needs Program provides emergency assistance to individuals and families in need. It is a safety net in our community to help fill in the gaps for struggling individuals and families. If you are in a difficult spot in your life and don't know where else to turn, the Critical Needs Program may be able to help you, by advocating for you or providing you with some simple items to get you through.

Watertown, NY 13601
(315) 782-8440
Business Hours: M-F 8:30am-12pm, 1pm-4pm
www.watertownurbanmission.org

247 Factory Street

Fort Drum American Red Cross- Provides support and assistance in the face of an emergency. Mental Health Case Workers also provide assistance to disaster clients and educate on how to be prepared for every emergency.

435A MWR Drive Fort Drum, NY 13601

(315) 772-6561

Business Hours: M-F 7:30am-4:30pm

www.redcross.org

HEAP Program- Provides rental and utility bill assistance, emergency vouchers, money to pay for security deposits, moving costs, and landlord-tenant dispute resolution. They will also provide help to people so they can find affordable housing for households at or below 50 percent of median income in each of the three counties of New York. *Income verification for some services.

5274 Outer Stowe Street Lowville, NY 13367 (315) 376-5400

Business Hours: M-F 8:30am-4pm https://www.lewiscountv.org/

Housing Assistance Program at Jefferson-Lewis Counties- Provides rental assistance to low income families in Jefferson County. *Income verification for some services

749 LeRay Street Watertown, NY 13601 (315) 788-0193

Business Hours: M-F 8am-4pm

https://www.lewiscountyopportunities.com/housing

Jefferson/Lewis County Department of Social Services- Oversees Children's Services, Financial Programs (e.g. Supplemental Nutrition Assistance Program (SNAP), Temporary Assistance, Childcare Assistance, Home Energy Assistance Program (HEAP), Medicaid, Adult Protective Services, and Child Support. Can apply online at www.mybenefits.ny.gov. *Income verification for some services

250 Arsenal Street 5274 Outer Stowe Street Watertown, NY 13601 Lowville, NY 13367

(315) 785-3000 (315) 376-5400 Business Hours: M-F 8:30am-4pm

https://co.iefferson.nv.us/SocialServices https://www.lewiscountv.org/dss

Jefferson/Lewis County Employment Services- The Lewis County One-Stop Center and The WorkPlace offer a wide variety of services and resources to assist in job searching.

1000 Coffeen Street 5274 Outer Stowe Street

Watertown, NY 13601 Lowville, NY 13367 (315) 786–3651 (315) 376–5800

Business Hours: M-F 8:30am-4:30pm

https://co.jefferson.ny.us/Theworkplace

Lewis County Opportunities- Provides food supplies for families in need, budget management and income tax assistance, a car seat program, housing assistance, transportation assistance (Wheels for Work), weatherization, domestic violence/24 hour hotline, and holiday gifts and food.

8265 State Route 812 Lowville, NY 13367 (315) 376-8421

Business Hours: M-F 8am-4pm www.lewiscountyopportunities.com

Jefferson/Lewis Veterans Service- Provides information and assistance to veterans, family members and active military personnel in obtaining records, benefits, and entitlements from the Department of Veterans Affairs. Eligibility: Must be a veteran or active military personnel to receive benefits; information and assistance available to family members.

175 Arsenal Street 7660 N. State Street Watertown, NY 13601 Lowville, NY 13367 (315) 785-3086 (315) 376-5316

Business Hours: M-F 8:30am-4:30pm

https://co.jefferson.ny.us/departments/Veterans https://www.lewiscounty.org

Mountain View Prevention Services- Provides services to assist youth and their families in dealing with problems such as school performance, family issues and behavior problems.

7714 Number Three Road Lowville, NY 13367 (315) 376-2321

Business Hours: M-F 8am-4pm http://www.mountainviewprevention.org

Neighbors of Watertown, Inc.- Provides affordable rental units, housing rehabilitation programs, and offers first time homebuyers assistance. Also offering homebuyer education courses and rental rehabilitation programs for families in the North Country. *Income verification required for some services

112 Franklin Street Watertown, NY 13601 (315) 782-8497

Business Hours: M-F 8am-5pm, Summer Hours: 8am-4pm www.neighborsofwatertown.com North Country Family Health Center (WIC Program) - WIC is a nutrition program that improves the health of pregnant women, new mothers, infants and children. WIC gives families nutritious food, nutrition advice, tips for staying healthy, recipes, and resources for growing families. *North Country Family Health Center has onsite family health services with low cost or free dental care for patients with no insurance and for those with deductibles or copays that make care unaffordable. Family Dental Care is offered in Leray, Watertown and Lowville. In addition, North Country Family Health has School Based Health Centers that provide Medical, Dental and Behavioral Health in Watertown and South Jefferson schools and school based dental programs in Lowville, Alex Bay, Copenhagen and South Lewis. *Income verification required for some services

7785 N. State Street Lowville, NY 13367 (315) 376-4500

Business Hours: Medical & Dental M-F 8am-6pm, WIC- 8am-4:30pm www.nocofamilyhealth.org

Ready to Work- If you are having trouble finding or keeping a job, live in Jefferson County and meet income guidelines, our Ready to Work program may be able to help. We can provide qualified individuals with financial assistance for vocational education that will lead to employment upon completion. Upon completion of the program, participants will receive follow-up assistance in gaining a job. We can also provide support to help you stay in school or maintain your education. Support services include uniforms/work attire, child care, tools, tutoring, transportation, food and other household assistance.

518 Davidson Street Watertown, NY 13601 (315) 782-4900

Business Hours: M-F 8am-12pm, 1pm-5pm www.capcic.org/programs/family-center/ready-to-work

Salvation Army (Watertown)- The Salvation Army offers assistance and programs in food and nutrition (including a soup kitchen), assistance for military personnel, emergency financial assistance, family counseling services, and youth programs. Provides one-on-one client services.

723 State Street Watertown, NY 13601 (315) 782-4470

Business Hours: M-F 9am-3pm www.salvationarmyusa.org **Snow Belt Housing Company Inc.-** Provides housing/utility assistance, affordable rentals and a housing rehabilitation program for those living in Lewis County.

7500 South State Street Lowville, NY 13367 (315) 376-2639

Business Hours: M-F 9am-4:30pm http://www.snowbelt.org/

Summer Meals NY- Summer meals are free, healthy meals for kids and teens served at favorite summertime places when the school year is over. Anyone ages 18 and under can come when breakfast, lunch, and/or snacks are served. There is no sign-up or paperwork, and adults are welcome to bring their own meals and eat with their kids. Many places that offer summer meals also have fun, enriching activities, too! See the website below for more information.

250 Arsenal Street Watertown, NY 13601 Text FOOD to 877 877, (315) 785-3000

Business Hours: M-F 9am-5pm (July/August), 8:30am-4pm https://hungersolutionsnv.org/get-food-help-0/summer-meals-nv

Supplemental Nutrition Assistance Program (SNAP)- SNAP is a Department of Social Services Program that issues monthly electronic benefits that can be used like cash to purchase food at authorized retail food stores. *Income verification required

 250 Arsenal Street
 5274 Outer Stowe Street

 Watertown, NY 13601
 Lowville, NY 13367

 (315) 785-3000
 (315) 376-5400

Business Hours: M-F 8:30am-4pm

<u>Co.jefferson.ny.us</u> <u>www.lewiscounty.org</u>

Veterans Outreach Center- The Central New York Veterans Outreach Center (CNYVOC) was formed to provide and conduct charitable, educational, social service, and housing services for those in need. *Proof of Military Service needed

146L Arsenal Street Watertown, NY 13601 (315) 939-4535 or (315) 939-4523 Business Hours: M-F 8am-4:30pm

www.cnyvoc.org

Watertown Urban Mission- Seeking to empower people by giving them a hand up to rise above what in many cases is the most difficult time they have faced in their lives.

247 Factory Street Watertown, NY 13601 (315) 782-8440

Business Hours: M-F 8:30am-12pm, 1pm-4:30pm

www.watertownurbanmission.com

THRIFT STORES

Name	Address	Phone	Hours
Agape Shop	136 Court Street Watertown, NY 13601	315-788-7470	Mon-Sat 10:00am-5:00pm
Alexandria Community Thrift	42975 NYS Rte 12 Alex Bay, NY 13607	315-686-3008	Wed-Thurs 10am-2pm Thurs 5pm-7pm Fri-Sat 10am-2pm
Classy Kids Resale Shop	Seaway Shopping Ctr Watertown, NY 13601	315-408-1747	Tues & Wed 10am-6pm Thurs-Sat 10am-4pm
Entwined Treasures	7504 S. State St Lowville, NY 13367	315-766-8616	
Family Thrift Store	5410 Shady Ave Lowville, NY 13367	315-376-4146	
Fort Drum Thrift Shop https://fortdrumthrifts hop.com/	Bldg P-1454 4th St. Fort Drum, NY 13602	315-772-7189	Tues, Thurs + 1st Sat of every month- 9:30am-2pm Wed 10:30 am-5pm
Impossible Dream Store	247 Factory Street Watertown, NY 13601	315-782-0090	M-F 9am-6pm Sat- 9am-6pm Sun- 12pm-5pm
Opportunity Knocks Thrift Store	8255 NY-812 Lowville, NY 13367	315-376-2981	M-F: 9am-3pm Sat: 9am-12pm
Resale America	144 Eastern Blvd Watertown, NY 13601	315-408-2274	M-F: 9am-7pm Sun: 11am-6pm
Salvation Army Thrift Store	20886 St. Rte 3 Watertown, NY 13601	315-785-5582	Mon-Sat: 9am-9pm
Solitary Consignment	34 Public Square Watertown, NY 13601	315-786-8868	T, W, F: 10am-4pm Th: 10am-5pm Sat: 11am-3pm
Thrifted	106 Court Street Watertown, NY 13601	408-805-5474	Tues-Sat: 10am-6pm
Thrifty Shopper	1222 Arsenal Street Watertown, NY 13601	315-836-0376	M-F: 10am-9pm Sat: 9am-9pm Sun: 11am-6pm