

North Carolina | October 10-17, 2026

 **In case of emergency call 911**

Your Tour Lead Guide:

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Itinerary

 *Itinerary is subject to change due to weather and group preferences.*

 *If viewing on your mobile device, we suggest turning your phone horizontal.*

Day 1	Date: Saturday, October 10th
Summary:	Our tour begins in Asheville, where we'll pick everyone up at the airport at 3:00 PM. From there, we'll travel to our first community, Adawehi Wellness Village. Nestled in the mountains of Western North Carolina, Adawehi is home to around 50 people and offers a unique environment centered around personal growth, wellness, and conscious living. During our visit, we'll have the opportunity to learn about life at Adawehi, connect with community members, and begin our tour by experiencing the welcoming atmosphere of this intentional community.
Itinerary	• 3:00pm: Group pick-up at the airport, travel to Adawehi ◦ Drive time: 30 minutes • 5:00pm: Dinner at Adawehi • 6:00pm: Orientation & Game night at Adawehi
Lodging	Adawehi Wellness Village Address: 93 Adawehi Lane, Columbus, North Carolina 28722 📍 Adawehi Wellness Center Phone number: +1.828.290.7523

Day 2	Date: Sunday, October 11th
Summary:	Today, the group will experience Adawehi's Work Weekend, a community tradition that has been part of life here for more than 20 years. Working together is a foundational part of community life and has played an important role in creating and maintaining the beauty of the Adawehi campus. The group will have the opportunity to participate in shared community work and experience firsthand how collective effort helps create and sustain an intentional community. We will also explore the trails and labyrinth, visit the health food store and café, and discover the many offerings available across the Adawehi campus.
Itinerary	• 7:00-9:00am: Breakfast at Adawehi • Community work day, activities available for all abilities • 12:00pm: Lunch at Adawehi • Free afternoon to explore and rest • 6:00pm: Dinner at Adawehi
Lodging	Adawehi Wellness Village Address: 93 Adawehi Lane, Columbus, North Carolina 28722 📍 Adawehi Wellness Center Phone number: +1.828.290.7523

Day 3	Date: Monday, October 12th
Summary:	The day will begin with a morning tour of Earthaven Ecovillage's Village Center, led by Becky, Earthaven's current FireKeeper. During this approximately three-hour session, the group will explore topics such as community governance, conflict resolution, and daily community life, with plenty of time for questions, discussion, and reflection. After a 60–90 minute lunch break, the group will visit the Gateway neighborhood, a residential area within Earthaven Ecovillage, for a 3–4 hour afternoon session with NikiAnne and Chris. The visit will include tours of their homes, renewable energy systems, newer buildings, and the integrated farm. Depending on the group's interests, they may also share about natural building, off-grid living, community death care, and other aspects of life in this unique neighborhood.
	• 7:00am: Breakfast at Adawehi

	● 8:00am: Depart for Earthaven ○ Drive time: 1 hour ● 9:00am: Arrive at Earthaven, Tour and Q&A with Becky ● 12:00pm: Lunch ● 1:30pm: Visit Gateway neighborhood with Nikianne ● 4:30pm: Depart for Adawehi ○ Drive time: 1 hour ● 6:00pm: Dinner at Adawehi
Lodging	Adawehi Wellness Village Address: 93 Adawehi Lane, Columbus, North Carolina 28722 📍 Adawehi Wellness Center Phone number: +1.828.290.7523

Day 4	Date: Tuesday, October 13th
Summary:	We will start the day at Adawehi with breakfast, followed by a 3-hour drive toward Eastern North Carolina. Along the way, we'll stop at Goddess Village in Ellenboro, a developing intentional community focused on shared living, creativity, connection, and harmony with the Earth. We'll then continue to Living Well Ecovillage, where we'll spend the evening and the following day exploring the community and connecting with its residents.
Itinerary	● 8:00am: Breakfast at Adawehi, Pack up to depart Adawehi ● 9:00am: Depart for Goddess Village in Ellenboro, NC ○ Drive time 30 minutes ● 9:30am: Talk and tour of Goddess Village ● 12:00pm: Lunch ● 1:00pm: Depart for Living Well Ecovillage ○ Drive time: 2 hours, 30 minutes ● 4:00pm: Arrive at Living Well, unpack and relax ● 6:00pm: Dinner
Lodging	Living Well Ecovillage

	Address: Rising Sun Way, Franklinville, NC 27248, United States 📍 Living Well Ecovillage Phone number: +1 919-799-6819
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Day 5	Date: Wednesday, October 14th
Summary:	We'll spend the day immersed in Living Well Ecovillage, a 126-acre community committed to social, cultural, economic, and environmental sustainability. We'll spend the morning getting to know the community, meeting residents, and learning about their approach to intentional community living, shared spaces, and sustainable design. In the afternoon, we'll take a deeper look at the specific ways Living Well is working to address sustainability challenges and build a more climate-resilient community. We'll explore how living in community can expand the possibilities for collective action and sustainable solutions beyond what may be possible for an individual household, while considering why taking action now is so important. There will also be time to explore the land, including the community garden, neighborhood park, natural areas, and the Greenway/Railtrail along the Deep River.
Itinerary	● 8:00am: Breakfast ● 9:00am: Talk & Tour with Living Well Ecovillage ● 12:00pm: Lunch ● 2:00pm: Workshop with Harvey on sustainability and how to build a more climate resilient community ● 5:00pm: Depart for Avila Center ○ Drive time: 1 hour, 16 minutes ● 6:00pm: Dinner
Lodging	Avila Center 📍 Avila Center for Community Leadership 711 Mason Rd, Durham, NC 27712

Day 6	Date: Thursday, October 15th
Summary:	In the morning, visit your guide Lucas' community, Common Ground Ecovillage, a growing intentional community rooted in environmental and social justice. Set on more than 100 acres of meadow and woodland, Common Ground practices cooperative living, regenerative agriculture and forestry, and sociocratic governance as it works toward creating a close-knit rural village for people of all ages. In the afternoon, visit Elderberry, a rural senior cohousing community in Rougemont, North Carolina. Explore this close-knit, self-managed community and learn how residents have created an active, interdependent neighborhood with a strong commitment to environmental stewardship, accessibility, and sustainable living.
Itinerary	• 7:30am: Breakfast • 8:30am: Depart for Common Ground Ecovillage ◦ Drive time: 1 hour • 9:30am: Talk & tour at Common Ground Ecovillage • 12:00pm: Lunch at Common Ground Ecovillage • 1:30pm: Depart for Elderberry Cohousing ◦ Drive time: 40 minutes • 2:00pm: Talk & tour at Elderberry Cohousing • 5:00pm: Depart for Avila Center ◦ Drive time: 20 minutes • 6:00pm: Dinner
Lodging	Avila Center 📍 Avila Center for Community Leadership 711 Mason Rd, Durham, NC 27712

Day 7	Date: Friday, October 16th
Summary:	Today, we'll return to the Asheville area to visit Terra Futura, a regenerative neighborhood in West Asheville cultivating a multi-generational village lifestyle rooted in ecological living, community, and Appalachian culture. Explore a community designed to balance private living with shared spaces,

	including permaculture gardens, forest paths, and gathering spaces for music, movement, reflection, and connection. Learn how Terra Futura weaves care for the land and one another into everyday life.
Itinerary	● 8:00am: Breakfast, Pack up to depart Avila Center ● 9:00am: Depart for Terra Futura ○ Drive time: 3 and a half hours ● 12:00: Lunch ● 1:00pm: Talk & tour at Terra Futura ● 4:30pm: Depart for The Providence Lodge & Gallery ● 6:00pm: Dinner
Lodging	The Providence Lodge & Gallery 📍 Providence Lodge 49 Atkins Loop, Lake Junaluska, NC 28745

Day 8	Date: Saturday, October 17th
Summary:	Our tour will conclude with a drop-off at Asheville Regional Airport (AVL) by 12:00 PM noon. Lunch and lodging are not included on the final day. Please plan your departure flight for the afternoon, or feel free to extend your stay and enjoy more time in Asheville. We're happy to drop you off in the Asheville area if you're staying on.
Itinerary	*Pack your bag and take some time to reflect on the week's adventures.* ● 8:00am: Breakfast ● Closing circle with tour group ● 11:00am: Depart for Asheville Airport ○ Drive time: 40 minutes