

Policy: Pregnancy Restrictions for Multi Day Dog Sledding Expeditions

This policy outlines the guidelines and restrictions regarding the participation of pregnant women in multi day dog sledding expeditions organized by Arctic Dog Adventure Co. The safety and well-being of all participants are our top priorities, and this policy is designed to ensure the health of both the expectant mother and child.

Pregnant women who are in their second trimester (weeks 13 onward) and beyond are not permitted to participate in multi-day dog sledding expeditions organized by our company. Additionally, pregnant women in their first trimester (weeks 1 to 12 of pregnancy) are required to obtain medical approval from their doctor before participating in an expedition.

Rationale

Second Trimester and Beyond Restrictions

The physical demands and environmental conditions of multi day dog sledding expeditions can pose potential risks to the health of the pregnant woman and the unborn child, particularly during the second trimester and beyond. These risks include strenuous physical activity, and extended periods of standing, which can impact the well-being of expectant mothers.

First Trimester Medical Approval

Pregnancy involves early physiological changes that may affect a woman's tolerance to various activities. Requiring medical approval for pregnant women in their first trimester ensures that participants have their healthcare provider's assessment of their suitability for the expedition, considering their unique medical history.

Implementation

Screening Process: During the registration process, all participants are required to disclose any medical conditions, including pregnancy. Pregnant women will be asked to provide information about their due date and current trimester.

Medical Approval (First Trimester): Pregnant women in their first trimester must submit a medical certificate from their healthcare provider, confirming that participation in a multi day dog sledding expedition is medically safe. This certificate must be submitted at least 4 weeks before the expedition's start date.

Communication: Our website and marketing materials will clearly communicate the policy regarding pregnant women in their second trimester and beyond, as well as the requirement for medical approval in the first trimester. We will also provide information about the risks associated with participation during pregnancy.

Refund and Rescheduling

Pregnant women who are in their second trimester and beyond will not be permitted to participate in the expedition. They will be offered the option to reschedule their expedition to a later date, subject to availability, or receive a full refund of their balance, minus the deposit.

Pregnant women in their first trimester who are unable to obtain medical approval may also choose to reschedule their expedition or receive a full refund of their balance, minus the deposit.

By adhering to these guidelines, our company aims to ensure the safety and well-being of all participants in our multi day dog sledding expeditions. We prioritize transparency, communication, and individualized considerations to create a positive and secure experience for everyone involved in our exciting outdoor adventures.