

2022-2023 Eligibility

From the New York State website

Who is eligible to receive SNAP benefits?

If your gross income, based on family size, is at or below the amounts in the following charts, you may be eligible for SNAP benefits. But, the only way to determine if your household is eligible for SNAP benefits is to apply.

Income Guidelines for Households without Earned Income (no elderly or disabled member)

Family Size	Monthly Gross Income*	Annual Gross Income*
1	\$1,473	\$17,676

2	\$1,984	\$23,940
3	\$2,495	\$29,940
4	\$3,007	\$36,084
5	\$3,518	\$42,216
6	\$4,029	\$48,348

7	\$4,541	\$54,492
8	\$5,052	\$60,624
Each additional person	\$512 +	\$6,144 +

*Chart information is based upon SNAP Standards effective October 1, 2022.

Income Guidelines for Households with Earned Income (no elderly or disabled member)

Family Size	Monthly Gross Income*	Annual Gross Income*
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1	\$1,699	\$20,388
2	\$2,289	\$27,468
3	\$2,879	\$34,548
4	\$3,469	\$41,628
5	\$4,059	\$48,708
6	\$4,649	\$55,788

7	\$5,239	\$62,868
8	\$5,829	\$69,948
Each additional person	\$590 +	\$7,080 +

*Chart information is based upon SNAP Standards effective October 1, 2022.

Income Guidelines for Households with an Elderly or Disabled Member and Households with Dependent Care Expenses

Family Size	Monthly Gross Income*	Annual Gross Income*
1	\$2,265	\$27,180
2	\$3,052	\$36,624
3	\$3,839	\$46,068

4	\$4,625	\$55,500
5	\$5,412	\$64,944
6	\$6,199	\$74,388
7	\$6,985	\$83,820

8	\$7,772	\$93,264
Each additional person	\$787 +	\$9,444 +

*Chart information is based upon SNAP Standards effective October 1, 2022.