

Resources and Information for Keiki and ‘Ohana

Topic/Category	Item	Link
Comprehensive Support Services and Resource List - Local		
Basic Needs	DOE Grab and Go Meals - List of DOE schools that will be offering grab and go meals - breakfast (7:30 - 8am) and lunch (11:30 - 12pm) to children 18 and under.	DOE Grab and Go Meals
Education and Community Resources	Kealaiwikuamo‘o - Comprehensive list of services and resources to support all people	http://bit.ly/lahuireources
Learning activities and online resources that were included in the NKK At Home Learning Packets that were distributed before Spring Break. These activities and resources are also available at the following link. https://blogs.ksbe.edu/preschool/resources/		
NKK Learning Packet-Learning Activities	NKK Letter to Parent re: Keiki Learning Packets	Keiki Learning Packet - Parent Letter
NKK Learning Packet-Learning Activities	Access to all of the content that was added to the At Home Keiki Learning Packets	At Home Keiki Learning Packet - Content
NKK Learning Packet - Learning Activities (Hawaiian Culture Based Learning)	Ka Nohona Ahupua‘a Online and Mobile Access	Ka Nohona Ahupuaa Online and Mobile Access
NKK Learning Packet - Learning Activities (Hawaiian Culture Based Learning)	Pauahi Book - Online and Mobile Access	Princess Pauahi Book Online and Mobile Access
NKK Learning Packet - Learning Activities (Hawaiian Culture Based Learning)	Pauahi Book At Home/Extension Activities for Parent and Child	Princess Pauahi Book Extension Activities

NKK Learning Packet - Learning Activities (Hawaiian Culture Based Learning)	For the Love of 'Ike Magazines Hawaiian culture-based science magazines for keiki. The link will take you to the Pāhana 'Āina Lupalupa (PAL) website which has a variety of culture based resources for kumu and parents.	For the Love of 'Ike Magazines
NKK Learning Packet - Learning Activities (Hawaiian Culture Based Learning)	Pāhana 'Āina Lupalupa – Hawaiian Culture Based Science Books These are Hawaiian culture-based science books that 'ohana and keiki can view online. Our preschool keiki are familiar with these books that are used in the classroom.	Pāhana 'Āina Lupalupa - Science Books
NKK Learning Packet - Online Learning Activities and Resources (includes Hawaiian Culture Based Learning)	Online learning resources link - Link to online keiki learning resources - Parents can access and use at home for free	http://bit.ly/keikilearningtools
Learning Activities - NKK Learning Packet	NKK At Home Learning Activities - Parent and Child Activities - Sorted by Learning Domains	At Home Learning Experiences By Learning Domain
Learning Activities - NKK Learning Packet	Playdough Recipes	Playdough Recipes
Online educational resources, services and information to support distance-based education.		
Online learning experiences	Scholastic Learn at Home - Free Online Lessons, Books, Activities for Teachers, Parents and Admin. <i>*Up to 20 days of free activities and lessons</i>	Scholastic Learn at Home
Online learning experiences	PBS Kids	https://pbskids.org/
Online learning experiences	PBS Learning Media - Browse by age group or subject	https://hawaii.pbslearningmedia.org/

		Tips/Video for using PBS Learning Media for Distance Learning Tips for using PBS Learning Media
Online learning experiences	PBS Kids for Parents - Parent information and resources	https://www.pbs.org/parents/
Online learning experiences	Sesame Street	https://www.sesamestreet.org/ https://www.sesamestreet.org/caring (focused on caring for each other during this time)
Online learning experiences	National Geographic for Kids	https://kids.nationalgeographic.com/
Online learning experiences	Unite for Literacy - Web-based tool that provides children with a variety of books that celebrate various cultures and languages.	https://www.uniteforliteracy.com/
Online learning experiences	Storyline Online - Videos featuring celebrated actors reading children's books alongside creatively produced illustrations. Also provides activity guides for parents or kumu that can be used to extend learning.	https://www.storylineonline.net/
At Home Learning	Family Education - At Home Learning Resources during COVID 19 - Read about creating balanced schedules for keiki while at home and ideas for activities that support keiki learning at home.	At Home Learning Resources for COVID 19 Outbreak
Online learning experiences	Music and Movement Ideas	Music and Movement Ideas - Pinterest
Online learning resource	Fun Playdough Recipes	Playdough Recipes for Home
Education Technology Information		

Technology Resources	Instagram Link - Technology in Early Education - Parents and staff with Instagram accounts can access this link for ideas and useful information.	instagram.com/edtechintegrationprek/
Talking to Children About COVID 19 - Supporting Keiki Link to printable document: Click Here		
COVID 19 Information and SEL	Talking to Children About COVID 19	Talking to Children about COVID 19
COVID 19 Information and SEL	<i>The National Child Traumatic Stress Network (NCTSN)</i> A great fact sheet providing the facts on coronavirus, readiness, response and how to help children cope.	Parent/Caregiver Guide to Helping Families Cope With Coronavirus Disease 2019 (COVID-19)
COVID 19 Information and SEL	How To Support Your Keiki During Coronavirus - Articles	Talking to Kids About The Coronavirus <i>Child Mind Institute</i> Supporting Kids During the COVID-19 Crisis <i>Child Mind Institute</i> How to Talk to Your Kids About Coronavirus <i>PBS Kids for Parents</i> Coronavirus and Parenting: What You Need to Know <i>NPR</i> Talking to Your Children About Coronavirus <i>National Assoc. of School Psychologists (NASP)</i> Caring For Children In a Disaster <i>CDC</i> Talking to Children About Coronavirus (COVID19) <i>American Academy of Child & Adolescent Psychiatry</i> Tips for Families: Coronavirus <i>Zero to Three</i>

COVID 19 Information and SEL	<u>Videos for Makua & Kupuna</u> How To Support Your Keiki During Coronavirus	<u>How To Talk To Your Kids About Coronavirus</u> <i>Child Mind Institute</i> <u>Help Children Understand Coronavirus: Tips from the President of the American Academy of Pediatrics</u> <i>American Academy of Pediatrics</i> <u>How To Talk To Your Kids About Coronavirus</u> <i>Detroit PBS Kids</i> <u>How To Protect Kids From Coronavirus</u> <i>KidloLand Nursery Rhymes and Songs for Kids</i>
Self Care, Health and Wellness - Adults		
Health and Wellness	<i>Psychology Today</i> A great article on positive messaging and how to take in all the information we are getting from media. It discusses how to stay positive and proactive through the pandemic occurring.	<u>How to Stay Calm in The Midst of The Coronavirus</u>
Health and Wellness	<i>American Psychological Association (APA)</i> Simple and easy tips on viewing media coverage and how to keep a positive outlook.	<u>5 Ways to View Coverage of the Coronavirus</u>
Health and Wellness	<i>Center for Disease Control and Prevention (CDC)</i> This article provides insight into stressors and stress responses we may feel during this time. It provides strategies to support yourself and ways of how to reduce stress.	<u>Managing Anxiety & Stress</u>

Health and Wellness	<i>The Jed Foundation</i> Applicable strategies to manage stress and implement self-care in your life. Practice relaxation techniques, develop healthy eating and sleep habits, exercise regularly, and other ways to support you!	Tips for Self-Care and Managing Stress
Health and Wellness	Podcasts	Speaking of Psychology: Coronavirus Anxiety <i>Speaking of Psychology Podcast</i> Talking About Coronavirus Fears <i>The Imagine Neighborhood</i>
COVID 19 Information		
COVID 19 Information	Mālama Ola/KS Updates on COVID 19 Situation - Website is updated daily and provide the most recent information for staff and families	https://www.ksbe.edu/malama_ola/coronavirus_updates/
COVID 19 Information	US Department of State - Travel Advisories	https://travel.state.gov/content/travel/en/traveladvisories/traveladvisories.html/
COVID 19 Information	CDC Website	https://www.cdc.gov/
Health	CDC - respiratory etiquette	respiratory etiquette
Health	CDC - Environmental Cleaning and Disinfecting	Cleaning and Disinfecting
Working from Home		
Telework	Video - Tips for working at home with keiki	https://youtu.be/Y1ZYXCzPAI