

Homemade Cashew Milk

Glass milk bottles: <https://amzn.to/405XXOW>

Cashew Milk:

- 1 cup cashews
- 4 cups filtered water
- 1-2 tbsp maple syrup
- 1 tsp vanilla extract
- Pinch of sea salt

Blend on medium-high about 60 seconds. Pour into a glass bottle once smooth and refrigerate for up to 7 days.