



MARICOPA FAMILY

Dentistry & Orthodontics

All-on-4 Patient

Post-Op Information

Please take the time to read over this information sheet so you know how to take care of your new teeth.

Diet on Provisional

While you are wearing your provisional, please only consume foods that you can cut with a fork. This includes cooked vegetables, chicken and fish. Foods to avoid are things like nuts, hard candies, raw vegetables and tough meats.

Provisional | Temporary Implant Bridge

Your temporary or provisional set of teeth will only reach to the last implant which may feel short to you. This is in order to avoid fractures. Rest assured, your final hybrid set of teeth will extend farther back because it will be supported by a strong titanium bar.

Bite | Occlusion

During Surgery, your mouth was open for an extended period of time. This may cause disorientation in your bite resulting in difficulty in accurately setting your occlusion (how the teeth come together). An additional appointment with Dr. _____ will be necessary to do any final adjustments within 7 days of your surgery.

Gap

Your temporary prosthesis will rest slightly above your tissue to avoid pain after surgery, allow the tissue to freely heal as well as allow you to keep your provisional clean. As your tissues from surgery, the gap or space between your temporary implant bridge and your tissue may slightly increase. Your final hybrid bridge will close this gap to a minimum always leaving some space to be able to clean under your final implant bridge.

Provisional | Temporary Period

Use this time to determine what, if anything, about your teeth you would like to change for your final restoration i.e., shade, shape, smile line etc. Share these changes in your first appointment with your Doctor for the final restoration. Once your final implant bridge is made, you cannot go back and make changes. The first appointment is the time to do this.

At-Home Hygiene

Use oral rinse only as prescribed by your Doctor for the first two weeks after surgery. Thereafter, avoid regular toothpaste and abrasive cleaners. Gently clean with baby brush and use a proxy brush or Waterpik around implants followed by oral rinse.

Fractures

Should your provisional/ temporary set of teeth fracture for any reason, please call our office immediately. Once you receive your final restoration, please keep your provisional in case a repair is ever needed.