Write the chapter title here, up to twenty words, with no final period and no all caps

Write the subtitle here, or delete this line if the chapter has no subtitle

Given name Surname[1], Given name Surname[2], Given name Surname[3]

[1] Institution, city, country · ROR · ORCID · corresponding author: e-mail address

THIS CHAPTER		PROGRAMME AND CYCLE	
DOI	https://doi.org/10.56365/	Editorial area	5 · Health, Life, Care, and Well-Being
Received		Editorial cycle	
Accepted		Length	
Published online		Consolidation	
Version	v1	Consolidated e-book	
Languages		Work ISBN	
Licence	CC BY 4.0	Review	

Block completed by the editorial team. Do not write in this area. The area may be reassigned when the chapter fits another volume better.

HOW TO CITE

NOW	Surname, N. N. (year). Title of the chapter. In Scientia International Open Books: area name, editorial cycle YYYY.S. Scientia International Press. https://doi.org/10.56365/identifier
LATER	*At the close of the cycle the chapter is gathered into a consolidated e-book and the reference takes the final title of the work, the editors, the ISBN and the page range. The chapter DOI and the date of this publication do not change.*

Abstract

Write the abstract here: one paragraph of 150 to 250 words covering context, aim, method, findings and conclusion, with no citations and no undefined abbreviations.

Keywords: three to five descriptors separated by commas, capitalised only for proper nouns

Origin of the text

This chapter is previously unpublished. If the text derives from proceedings, a conference paper, an abstract, a preprint, a report, a final paper, a dissertation or a thesis, replace this sentence with the source and what was expanded, updated or adapted. Omission is grounds for rejection.

Introduction

Write the introduction of the chapter here.

Duplicate this paragraph as often as you need. The first-line indent is automatic throughout the chapter body: never create it with tabs or spaces.

Section title

Write the development of the section here. Duplicate headings and paragraphs to match the structure of the chapter.

Table 1
Write the descriptive title of the table here

Variable or category	Description	Result or value
Item 1	Add a concise description	Value
Item 2	Add a concise description	Value

Note. Define abbreviations and identify the data source or statistical procedures. Delete the whole table if the chapter has none.

Subsection title

Write the content of the subsection here.

Figure 1
Write the descriptive title of the figure here



Note. Example figure. Replace it with your own, inserted in line with the text — never with text wrapping, a text box or a drawing canvas. Give the source when the figure is reproduced or adapted, and the permission to use it when required. Delete the whole figure if the chapter has none.

Third-level title, only when the argument requires it

Write the third-level content here.

> Direct quotation of forty words or more: indented block, no quotation marks, with author, year and page. Delete this block if you will not use it.

Final remarks

Write the final remarks here, without repeating the abstract.

Declarations

Funding. State the funder and grant number, or declare that no external funding was received.

Conflicts of interest. Declare any potential conflicts, or record that there are none.

Research ethics. State the committee, approval number and date, or record that it does not apply.

Use of artificial intelligence. State the tool, version, purpose and human review, or declare that none were used. AI cannot be listed as an author.

Data availability. Give the repository and persistent identifier, access conditions, or a reasoned statement.

Author contributions. Describe the contribution of each author, preferably using CRediT roles.

References

Surname, N. N., & Surname, N. N. (year). Title of the chapter in sentence case. In N. N. Editor (Ed.), Title of the book (pp. 45–68). Publisher. https://doi.org/10.xxxx/xxxxx