

WHAT MAKES YOU HAPPY?

- Make a list of things that make you happy.
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DESCRIBE WHAT YOUR PERFECT LIFE LOOKS **LIKE.**

3 YEARS FROM NOW

Describe your perfect life, 3 years from now...

10 YEARS FROM NOW

Describe your perfect life, 10 years from now...

WHAT DO YOU NEED TO ACCOMPLISH IN THE NEXT 3-5 YEARS TO GET THERE?

- List steps and milestones that you need to reach in the next 3-5 years.
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HOW WILL LOFT 801 HELP YOU REACH THESE GOALS & BE HAPPY?

Type a short answer...

WHY MUST YOU FULFILL THESE DESIRES? WHAT ARE YOU TRYING TO ACCOMPLISH?

Type a short answer...

WHY MUST YOU ACCOMPLISH THESE GOALS? HOW WILL THIS MAKE YOU HAPPY?

Type a short answer...

WHY? TRY TO DIG JUST A LITTLE DEEPER. CONNECT THIS WITH YOUR CORE VALUES.

Type a short answer...

WHY NOT?

- Make a list of reasons why you might not reach your goals.

SCHEDULE

MONDAY – FRIDAY

- Make a rough schedule of what you can do in your free time.
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SATURDAY

- Make a rough schedule of what you can do in your free time.
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SUNDAY

- Make a rough schedule of what you can do in your free time.
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YOUR RESOURCES

- Make a list of resources (people, organizations, etc.) you can utilize...
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