



BREAKFAST

OCTOBER 2025 MRT K-8

PAID BREAKFAST \$2.50
REDUCED BREAKFAST \$0.00

Monday



Tuesday



Wednesday

Thursday

Friday

BLUEBERRY MUFFIN
FRESH FRUIT
100% FRUIT JUICE
MILK

ASSORTED CEREAL
GRAHAM CRACKERS
FRESH FRUIT
100% FRUIT JUICE
MILK

WARM BANANA BREAD
FRESH FRUIT
100% FRUIT JUICE
MILK

ASSORTED CEREAL
GRAHAM CRACKERS
FRESH FRUIT
100% FRUIT JUICE
MILK

POWDERED DONUT
OR
YOGURT
GRAHAMS OR GRANOLA
FRESH FRUIT
100% FRUIT JUICE
MILK

HOLIDAY

SCHOOL CLOSED

ASSORTED CEREAL
GRAHAM CRACKERS
FRESH FRUIT
100% FRUIT JUICE
MILK

CHOCOLATE DONUT
FRESH FRUIT
100% FRUIT JUICE
MILK

ASSORTED CEREAL
GRAHAM CRACKERS
FRESH FRUIT
100% FRUIT JUICE
MILK

WARM LEMON BREAD
OR
YOGURT
GRAHAMS OR GRANOLA
FRESH FRUIT
100% FRUIT JUICE
MILK

WARM GLAZED PULL APART
DONUT
FRESH FRUIT
100% FRUIT JUICE
MILK

ASSORTED CEREAL
GRAHAM CRACKERS
FRESH FRUIT
100% FRUIT JUICE
MILK

WARM CINNAMON ROLL
FRESH FRUIT
100% FRUIT JUICE
MILK

ASSORTED CEREAL
GRAHAM CRACKERS
FRESH FRUIT
100% FRUIT JUICE
MILK

WARM CHOCOLATE BREAD
OR
YOGURT
GRAHAMS OR GRANOLA
FRESH FRUIT
100% FRUIT JUICE
MILK

POWDERED DONUT HOLES
FRESH FRUIT
100% FRUIT JUICE
MILK

ASSORTED CEREAL
GRAHAM CRACKERS
FRESH FRUIT
100% FRUIT JUICE
MILK

WARM BAGEL
ASSORTED TOPPINGS
FRESH FRUIT
100% FRUIT JUICE
MILK

ASSORTED CEREAL
GRAHAM CRACKERS
FRESH FRUIT
100% FRUIT JUICE
MILK

WARM PUMPKIN BREAD
OR
YOGURT
GRAHAMS OR GRANOLA
FRESH FRUIT
100% FRUIT JUICE
HALF DAY

WHOLE GRAIN CEREAL IS AVAILABLE EVERYDAY.
1% WHITE MILK AND FAT-FREE CHOCOLATE IS AVAILABLE EVERYDAY.
MRTES IS AN EQUAL OPPORTUNITY EMPLOYER.