

Thyroid Reboot

Email 1 - Winning Copy

SL: These 5 foods kill thyroid functions

FR: underactive Thyroid

There are 5 thyroid problem foods that you should AVOID at all costs.

Why?

They can lead to an **underactive thyroid**.

But chances are, you're eating at least 3 of them on a daily basis!

They're so-called "health foods" that even some doctors recommend...

Yet in fact, all they do is disrupt the thyroid function, causing a whole list of troubles like unexplained weight gain, hair loss, and debilitating fatigue...

If you haven't been feeling "like yourself" lately, and don't know exactly the reason...

[==> AVOID these 5 thyroid problem foods at ALL costs](#)

SIGNOFF

Email #2

SL: Never trust THIS thyroid lab test number

FR: Thyroid test

Can you believe this?

Thyroid Reboot

More than 60% of Americans with thyroid disease have no idea anything is wrong with their thyroid.

If you're struggling with unexplained weight gain, debilitating fatigue, brain fog, and body aches...

[==> Do NOT trust a single specialist that gives you THIS thyroid test.](#)

Reason?

This common thyroid lab test number might show your thyroid is “fine”...
(when you know everything isn't fine.)

And there's a simple solution that you should ask for instead.

[==> Watch this short video to find out what type of test to demand from your doctor – and what to do to easily fix a sluggish thyroid if you have one.](#)

SIGNOFF

Email 3

SL: STOP eating these 5 thyroid “problem foods”

FL: food sensitivity

I know you're probably going to ask:

“What are thyroid ‘problem foods’?”

And why are they problems?

Thyroid Reboot

No one wants to stop eating all of the delicious foods they're used to without having a really good reason...

So don't worry, I'll give you plenty of details so that you know exactly why you're going to cut them out and replace them with thyroid-nourishing nutrients.

Regardless of personal food allergies or sensitivities, there are certain foods that are difficult to digest or metabolize for anyone, but *especially* for those with thyroid problems.

So these are first on the list to kiss goodbye.

I'm talking about foods that:

- Destabilize blood sugar
- Are hard to digest
- Damage the gut lining
- Activate the immune system

Click the link below to discover the "big five" foods to quit eating *immediately* to stop the production of inflammation and start the healing process in your body and thyroid.

[>> Click here to discover these dangerous "big five" foods and start healing your thyroid today...](#)

To your best health,

SIGNOFF

Thyroid Reboot

Email 3

SL: Why THIS thyroid disease is so sneaky

FL: Sluggish thyroid

Hashimoto's is one of the sneakiest and most dangerous thyroid issues you can have.

That's because Hashimoto's can create both an underactive *and* an overactive thyroid.

Worse, this insidious disease can go undetected for decades.

Often, doctors don't even bother to check for it on lab tests.

That's because for them, it doesn't affect treatment. Either way, they will simply try to "normalize" your thyroid hormone levels.

They do this by prescribing prescription drugs to either raise or lower your numbers.

Here's the problem though...

Even when your lab numbers return to "normal", Hashimoto's is *still* attacking your thyroid

Meaning you could go for years without ever realizing that this dangerous disease is still zapping your energy, packing on pounds, or worse.

I know, because that's exactly what happened to me.

I struggled with Hashimoto's and hypothyroidism for nearly 10 years and NOTHING worked for me...

Thyroid Reboot

Until I made **3 simple food switches** that made a HUGE difference within weeks.

I was in rough shape before I found this thyroid secret!

I had ZERO energy...

My joints constantly ached...

And my sluggish thyroid even made my hair fall out, leaving me with a bald spot on top of my head!

I went to dozens of doctors and specialists...

Tried countless medications and treatments...

Yet NOTHING worked for me until I made [these 3 simple food switches](#).

The craziest part?

Once I made these simple food switches, my energy returned and I felt dramatically different within 1 week!

I was overjoyed when my joints, energy, and skin improved... and my hair grew back.

Even the doctor's lab tests showed a huge difference!

60% of Americans with thyroid disease have no idea anything is wrong with their thyroid.

Thyroid Reboot

Which is why if you have low energy, unexpected weight gain, or muscle aches and fatigue ... you owe it to yourself to see if thyroid issues may be to blame.

[>> Click here to discover the 3 simple food switches that helped me support my thyroid](#)

To your best health,

SIGNOFF

Email 4

SL: She knew something was off ... then she discovered THIS

FL: Ignored by Doctors

Hi there,

Tell me if this sounds familiar...

Maybe you feel tired all day long ... or have begun gaining extra pounds ...

Your doctor tells you everything is “normal” ... but deep down, you know something is wrong.

This is a frustrating reality for millions of people all across America.

And I want you to know ... if you feel this way, *I* know you are NOT making it up.

That's because several years ago ... my friend Kinsey Jackson was in the same position.

She felt tired and lethargic ... was in constant pain ... and had even developed a huge, embarrassing bald spot.

Thyroid Reboot

Still, she was *totally ignored* by her doctors...

Told her labs were in the “normal range”...

And they all made it seem like she was just making things up.

It was a constant struggle just to get anyone to listen to her.

That’s why Kinsey has dedicated her career to helping people identify and FIX their thyroid issues.

In fact, she's discovered a unique thyroid “reboot” that’s helped over 157,000 men & women support healthy energy levels, clear brain fog, and melt stubborn fat...

All with just 3 simple food switches that anyone can make from the comfort of their own home:

She's helpfully put all the details together here:

[>> Discover The Thyroid “Reboot” That’s Helped Over 157,000 Men & Women Support Healthy Energy Levels, Clear Brain Fog, And Melt Stubborn Fat...](#)

All the best,

SIGNOFF

Email 5

SL: What your doctor can’t tell you about your thyroid

FL: Thyroid Weight Gain

Hey there,

Is your doctor missing these ‘hidden’ signs of low thyroid?

Thyroid Reboot

Doctors today are overwhelmed with the realities of running their medical practice and keeping up with advances in medicine. This often keeps them from properly diagnosing thyroid issues ... especially when lab results appear “normal.” So millions of Americans suffer with low energy, unexpected weight gain, hazy brain fog and more ... without any clue why.

Thankfully, as one of America’s leading thyroid experts, I am able to focus entirely on thyroid issues ... their causes, symptoms, and ways to overcome them. I’ve also discovered a unique thyroid “reboot” that’s helped over 157,000 men & women support healthy energy levels, clear brain fog, and melt stubborn fat...

All with just 3 simple food switches that anyone can make from the comfort of their own home!

[>> Discover The Thyroid “Reboot” That’s Helped Over 157,000 Men & Women Support Healthy Energy Levels, Clear Brain Fog, And Melt Stubborn Fat...](#)

To your best health,

SIGNOFF

Email 6 - Special Technique

SL: Better than Levothyroxine?

FL: Special Report:

Hey {{contact.first_name}}...

I have something for you today you need to see...

It’s an eye-opening special report I've put together for anyone still relying on harmful thyroid medications like Levothyroxine - that I've put together based on years treating thyroid conditions.

Thyroid Reboot

You probably already know about potential short-term side effects of its use...

However, continued use of these dangerous medications could lead to serious and potentially-fatal long-term effects - especially for your heart.

But I don't just give you the bad news...

In this report, I'm also going to reveal a **special technique** I developed that myself and tens of thousands of others have used to “reboot” their thyroid and stop relying on these health-destroying medications.

[Click here to watch the special report now.](#)

In this report, you'll also get a specific plan of action to protect your health ... along with vital information for your energy levels, mental clarity, and even your waistline.

You can completely change your health, appearance, and how you feel every day... ALL from the information in this special report.

So, please watch this report as soon as you can. Once you do, you'll walk away with everything you need to restore your health and happiness once again.

To your best health,

SIGNOFF

Email 7 - Over 40?

SL: Over 40? DON'T eat any vegetables until you read this

FL: Health epidemic

Hey there,

Do you know the worst foods you can eat for weight loss?

Most people assume it's carbs, sugars, or dairy...

Thyroid Reboot

But the truth is...

If you're over 40 years old and unexpectedly gaining weight ...

Eating *broccoli* could be the culprit.

And not just broccoli, but *any* cruciferous vegetable. That includes cauliflower, cabbage, and even kale as well.

The reason is because these vegetables interfere with a **weird, walnut-sized organ** that doctors believe is the key to staying slim and healthy.

Even worse, if this tiny organ is malfunctioning, it is nearly impossible for your doctor or standard lab tests to catch it correctly.

To find out more about what foods could be threatening your health and expanding your waistline...

Click the link below to see the free report - brought to you by a top Clinical Nutrition Specialist:

==> [Women Over 40: Read this before your next meal \(free report\)](#)

Talk soon,

SIGNOFF

Email 8 - Delta variant

From: Delta variant

SL: Hide in your house if you have a thyroid condition

Alt FR: Warning

Alt SL: Delta variant and your thyroid

Alt SL: Is the delta variant WORSE if you have a low thyroid?

Alt SL: New data shows relationship to thyroid conditions

Thyroid Reboot

Hi there,

If you have a thyroid condition (like hypothyroidism or Hashimoto's), [should you be worried about the Delta variant?](#)

Recent CDC data shows the delta strain is *1000X* more virulent than the original Covid virus...

Leading CDC director Dr. Walensky to make a terrifying statement:

"The delta variant is one of the most infectious respiratory diseases known."

Needless to say, it's a scary thing to face if you have an immuno-compromised health condition like hypothyroidism...

Especially since a recent study showed that if you have a thyroid condition, you DO have a higher risk of severe Covid.

In short, scientists found that a low thyroid can cause high levels of proinflammatory cytokines in your body...

Which throws off your immune system so it can't fight the virus as well.

What's the best solution for healing your Thyroid problems?

Well, your doctor may have told you that the only way to fix your low thyroid is to take conventional medications...

But today, I want to show you [a much easier, cheaper solution](#). And believe it or not, this solution can be *much more effective*.

If you're struggling with Hashimoto's disease, hypothyroidism, or any other thyroid disorder, I know how low it can feel.

Thyroid Reboot

It may seem like there's something wrong with you... that no matter what you try, you're *always exhausted* and putting on weight.

Symptoms like joint pain and digestive discomfort frustrate you all day long... It can feel like an endless battle of pain with no hope in sight.

Today, I'm here to tell you that there IS a simple solution.

Without any conventional medications, whatsoever.

It's a simple, proven "food switch" I've used to recover from my own [thyroid symptoms](#)... like devastating hair loss, joint pain, and constant, unending exhaustion.

There's no surgeries or weird diets involved.

Yet this system is so effective, it's used by thousands of Americans all over the country right now.

And today, I'd like to share it with you.

[>>> Click here to discover this thyroid solution now](#)

Talk soon,

Signoff

Email 9

SUBJECT: New approach to thyroid treatment

SUBJECT: 7x Better Than Levothyroxine?

FROM: Hypothyroidism

FROM: Trash Your Bottles

FROM: Hashimoto's

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FROM: PLEASE CONFIRM

SUBJECT: Your Upcoming Thyroid Treatment

BODY

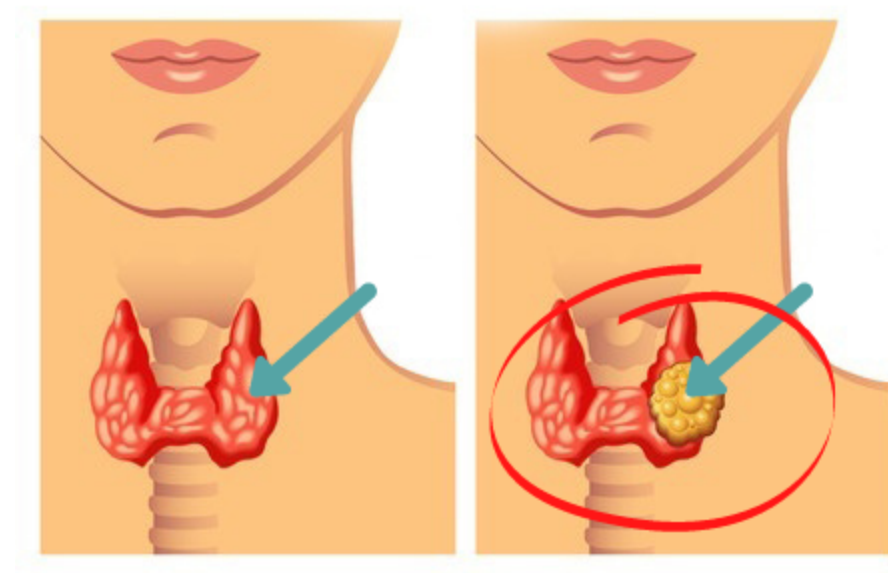
Hey there,

People suffering from hypothyroidism are **throwing away their bottles** of medications like levothyroxine and liothyronine...

Even those going the “natural” route are suddenly trashing their dried animal thyroid supplements...

Why?

They are all **reaping the benefits of a controversial new approach** to treating Hashimoto's... hypothyroidism...or any other thyroid problem...



[::LINK IMAGE::](#)

One of **America's most sought after thyroid specialists** has discovered a way to reboot a sluggish thyroid WITHOUT medicine (that just masks the symptoms)...

And without making your thyroid treatment a full-time job.

If you're looking to slim down, reclaim youthful energy, and banish symptoms...

Thyroid Reboot

This is for you.

[>>> Click here for the full story \(NEW thyroid approach inside\) >>>](#)

Talk soon,

Signoff

Thyroid Reboot

Email 9 - Fix your thyroid (long)

SL: Low thyroid making you exhausted? Do this

SL: Thyroid specialist reveals new fix for hypothyroidism

SL: Easy steps to support an underactive thyroid

FR: Underactive Thyroid

FR: Hypothyroidism

Hey there,

Your doctor may have told you that the only way to fix your low thyroid is to take conventional medications...

But today, I want to show you [a much easier, cheaper solution](#). And believe it or not, this solution can be *much more effective*.

If you're struggling with Hashimoto's disease, hypothyroidism, or any other thyroid disorder, I know how low it can feel.

It may seem like there's something wrong with you... that no matter what you try, you're *always exhausted* and putting on weight.

Symptoms like joint pain and digestive discomfort frustrate you all day long... It can feel like an endless battle of pain with no hope in sight.

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It's a simple, proven system used to recover from thyroid symptoms... like devastating hair loss, joint pain, and constant, unending exhaustion.

Thyroid Reboot

There's no surgeries or weird diets involved.

Yet this system is so effective, it's used by thousands of Americans all over the country right now.

And today, I'd like to share it with you.

>>> [Click here to discover this thyroid solution now](#)

Talk soon,

Sign-off

Thyroid Reboot

Email 10 - Thyroid/Covid

from: thyroid & covid

subj: Severe covid warning if you have a thyroid condition

A recent [study](#) published in September 2020 analyzed the relationship between Thyroid conditions (hypothyroidism, Hashimoto's, hyperthyroidism, etc) and the severity of Covid infections.

Since it's common knowledge at this point that having health conditions such as Diabetes, obesity, or high blood pressure puts you at a much higher risk for severe Covid outcomes, it's not a surprise that this particular study DID in fact find a higher risk of severe Covid for people with Thyroid conditions.

The study concluded that having any type of Thyroid condition (either low or high thyroid) can both cause dysregulation of the innate immune system response, leading to increased risk of infection and also increased severity of Covid. In addition, they concluded that people with Thyroid conditions have higher levels of proinflammatory cytokines, which can lead to more severe Covid outcomes.

What's the best solution for healing your Thyroid problems?

Well, your doctor may have told you that the only way to fix your low thyroid is to take conventional medications, which can sometimes have problematic side effects...

But today, I want to show you a much easier, cheaper solution. And believe it or not, this solution can be much more effective.

If you're struggling with Hashimoto's disease, hypothyroidism, or any other thyroid disorder, I know how low it can feel.

Thyroid Reboot

It may seem like there's something wrong with you... that no matter what you try, you're always exhausted and putting on weight.

Symptoms like joint pain and digestive discomfort frustrate you all day long... It can feel like an endless battle of pain with no hope in sight.

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Without any conventional medications, whatsoever.

It's a simple, proven system used to recover from thyroid symptoms... like devastating hair loss, joint pain, and constant, unending exhaustion.

There's no surgeries or weird diets involved.

Yet this system is so effective, it's used by thousands of Americans all over the country right now.

And today, I'd like to share it with you.

>>> [Click here to discover this thyroid solution now](#)

Thyroid Reboot

Email 11 - Fix your thyroid short

SL: Low thyroid making you exhausted? Do this

SL: Thyroid specialist reveals new fix for hypothyroidism

SL: Easy steps to support an underactive thyroid

Hey there,

Your doctor may have told you that the only way to fix your low thyroid is to take conventional medications...

But today, I want to show you [a much easier, cheaper solution](#). And believe it or not, this solution can be *much more effective*.

It's a simple, proven system to recover from thyroid symptoms... like devastating hair loss, joint pain, and constant, unending exhaustion.

There's no surgeries or weird diets involved. And today, I'd like to share it with you.

[>>> Click here to discover this thyroid solution now](#)

Talk soon,

Sign-off

Email 12 - Kinsey story

SL: Low thyroid made my hair fall out

SL: How my thyroid disorder filled me with shame

SL: How I finally treated my thyroid disorder after 7+ years

Hey there,

I never thought my [low thyroid disorder](#) could fill me with such shame... but it did.

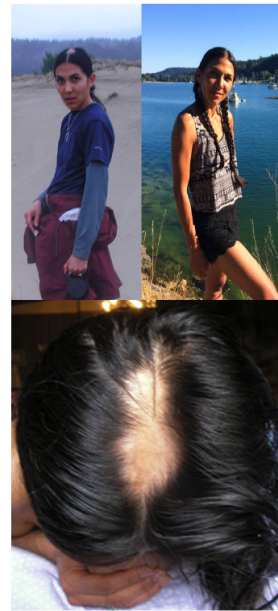
Thyroid Reboot

At first, I just gained weight and felt exhausted 24 /7. But that was just the beginning.

My joints started aching so badly that I needed a wheelchair to get around...

And just when I thought it couldn't get any worse... it did.

My beautiful hair that I prized so much began falling out in clumps due to a condition



called alopecia - and it made me ashamed to even be in public.

Take a look for yourself:

All of these symptoms were due to my sick thyroid... and if you've been diagnosed with Hashimoto's, hypothyroidism, or any other thyroid disorder, today I'd like to share with you [how I finally recovered after more than 7 years](#).

My name is Kinsey Jackson, I'm one of the most sought after thyroid specialists in the country.

I'm also a clinical nutrition specialist here at Paleo Hacks.

And if you're struggling with your own thyroid disorder, you're not alone.

Thyroid Reboot

An estimated 20 million Americans have some form of thyroid disease, and some experts say more than 40% of the US population have symptoms of low thyroid function.

Today, I'd like to share with you how I finally recovered from the disease after 7 years.

You see, the real difference maker had *nothing to do* with conventional medicine. Instead, it had to do with *how I treated my body at home*.

I'll show you what I mean.

[>>> Click here to discover how I treated my thyroid disorder after 7+ years](#)

Talk soon,
Sign-off

Email 13 - Do you have a thyroid disorder?

SL: 5 signs of an underactive thyroid

Hey there,

Is your weight gain and exhaustion caused by [an underactive thyroid](#)? Sometimes it can be hard to tell.

Today, I'd like to share with you 5 signs that your thyroid is impacting your health.

1. Unexplainable weight gain

You put on weight easily, and struggle to lose it - no matter how much exercise you do how clean you try to eat.

2. Extreme fatigue

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Every day you wake up tired and go to sleep tired. You sometimes can't even get out of bed... and in the afternoon, you can barely function.

3. Brain fog

Focusing on tasks is a real chore - much more so than in the past. It takes a lot out of you just to think about certain things, and concentrating is much harder than it should be.

4. Digestive problems

You're often bloated, constipated, and have chronic gas. Digestive discomfort is so common for you that you think, "oh this must just be what everyone feels." I'm here to tell you - it's not.

5. Emotional distress

You have mood swings and struggle with bouts of anxiety and depression. Sometimes it seems hopeless that there's no way out of it.

If you struggle with 1 or more of these symptoms, it may be because of [an underactive thyroid](#).

You see, your thyroid secretes hormones that control your *metabolism*.

And as you age, your thyroid can be damaged from both stress and toxins from the standard American diet. So it stops secreting key metabolic hormones, which affects nearly every area of your health.

The most shocking part?

Experts estimate that more than 40% of the US population have symptoms of low thyroid function...

Thyroid Reboot

The older you get, the more likely you are to suffer from a thyroid disorder...

And *women are 500% - 800% more likely than men* to have a thyroid disorder.

That's why today, I've developed a simple guide that will help you treat your thyroid from home.

It's easy, cheap, and the key elements have nothing to do with taking more conventional medications.

[>>> Click here to check it out to start treating your thyroid today](#)

Talk soon,

Sign-off