

MARYLAND

INTERSCHOLASTIC CYCLING LEAGUE



MICL Town Hall Call

**Calls will be recorded.*

MEETING LINK

<https://us06web.zoom.us/j/82634677837?pwd=2we1ko4iHrxMdAFwHumTL70fdvoTtl.1>

Meeting ID: 826 3467 7837

Passcode: season8

Wednesday 10/22 at 8 PM

[Call Recording linked here](#)

Town Hall Call Before Final Tournament at Fair Hill

Remember To Hit Record!

Welcome MICL Family!

MICL Norms and Working Agreements

1. Staying Present
2. Pausing
3. Paraphrasing
4. Posing Questions
5. Providing Data
6. Putting Ideas on the Table
7. Providing space for all voices
8. Presuming Positive Intentions
9. Put Fun First!

Season “officially” ends 2 weeks after the league finals - watch for our Fair Hill follow up newsletter for more end-of-season details and suggested off season activities.

Upcoming-

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Regional Festival and Championship event - there are already a few hundred registrations - get up there Maryland! We've got 2 weeks left and spots are still open (HS Only). If you're a parent/coach and want to volunteer, please do so!

Registration- nica-eastern-regional-festival-championships

Volunteering- <https://signup.com/go/OMAIuFj>

Please help make a big final push for the fundraising campaign - We want to get over the 10k hurdle and close to our goal.

<https://go.rallyup.com/2025miclfundraiser/Campaign/Details>

Topics

- **PSA**
 - **Rules reminders - Chris**
 - Helmets are required
 - Feed zone rules
 - Coaches or team volunteers only, must have something on to identify them with a team. No student-athletes
 - Question about discarded bottles - in immediate vicinity of feed zone is OK - intent of rule is no litter in the woods/along trail - we will have a target for bottle discards right after feed zone, bottles should not be discarded past the arch or there will be a penalty
 - **Flats were an issue at Patapsco-Joey**
 - Make sure riders are equipped so they don't have to walk out of the woods. Suggest everyone double check tires on race morning - maybe form buddy teams to check each others' tires?
- **Coach meeting**

Regular style on Saturday before pre-ride
- **Course Preview with Ford**
 - <https://ridewithgps.com/routes/51634130>
 -
- **Pre-ride**

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Standard Saturday only pre-ride - .gpx file and map are online, or sign up to set course for an early preview Saturday.

- **Weather**

- We're still a while out, so please plan accordingly! Layers are key this time of the year. MS boys have a total different day than Waves 4 and 5

- **Deanna Pit Zone Section**

- **Event Details**

- Arrival & Parking both days - all on grass
- We're closing the janky gravel road down the middle and having a separate lane on the adjacent field that will help dust low and safer for all. We'll have a pitzone drop off area setup with that.
- One way traffic - watch for bikes
- Please keep speeds low - if it's dry, mega dust clouds!! If it's wet, gravel spray!

- **Camping!** We've got camping ready to go, please grab a spot [HERE](#)

- **Volunteers!**

- Help us out! It's easier going into Sunday knowing we have the key spots filled
- [volunteer link here](#)
- Prizes for the EOY raffle
 - Local pies
 - Annual park pass
 - Cool stuff from REI, TREK, and other partners

- **Pit areas** - etiquette, how big is it, where is my team, how do I find them etc.

- Team pits are calculated with a formula that is based on # of riders. See where your team pit is [HERE](#)
- Each pit will have the team name on a sign at the entrance
- Pits are intended for riders, coaches, some support folks - this layout has lots of space, but parents and spectators please use space along the course to set up, not the pit area.
- Pack in/Pack out event, no trash cans around the venue.

- **Here are key things to look for over the event:**

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- What time does my kid race? Note when they have to be at staging, not their start time.
 - Where is a good spot to spectate or warm up? - Spectator & warm up areas are indicated on our event map. We recommend walking up the big grass hill for a lovely vantage point, and also strolling out to the middle/high school cutoff to party with our DJ
 - Pit zone unload zone - please do your best to drop and run
 - GRiT ride - Sat 1:30 -
 - We're trying a campaign of invitations. MD girls #'s are low and it will take some effort on everyone's part to reverse the trend!
- **Awards**, etc. - We're not tearing things down! We'll have an earlier award, so please be patient so we have time to process results and set up for awards.
- **Callups and Staging**
- Call ups are being finalized Thursday and sent to Coaches and TD to have a once over Thursday night. Will go on the site over the weekend.
- **Lap cut off** - Single lap cutoff based on last rider start time. This results in fewer riders pulled and less confusion at finish line. Lap cutoffs are still in effect, but they are more generous for most riders and simplify the finish line experience for everyone..
- Let's talk about lap cutoffs - "What is 'Earned Lap Cutoff?'" - *In a 2 lap race, if a rider finishes first lap before their cutoff time, they will be allowed to continue on the course for another lap. If they finish lap 1 after the cutoff time, they will be done their the race and they will still earn a finish time and score. For a 3 lap race, they must complete 2 laps before their cutoff time to earn the third lap, etc. This is to prevent riders from racing for a longer **time period** than appropriate. See [this chart](#) for the target race times.*
- **Safety & Rules Reminders**
- All riders on course at the event should have a MICA bike plate on their bike.
 - Course marshals are concerned with rider safety - they may ask riders to stop to make certain they are OK before allowing them to continue

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- It's everyone's responsibility to be familiar with the [NICA handbook](#) and know the rules
- Warm up ride area - a good place to warm up or spin legs is on the dirt road doubletrack that parallels the first few hundred yards of the course.

What questions remain about the event this weekend?

Important update Fair Hill is under a special conditions advisory due to the dry conditions and low humidity. There are huge fields of tall grass in all directions and wind is in the forecast. As a result, the park reached out to MICL to give this clarification on fire rules

* no recreational fires - only stoves and cooking fires (propane/gas)

* no fires that produce embers or coals

* no ground fires

We are sorry to say this also includes the community fire ring in the youth camping area.

The park will inform us if this policy is relaxed.

MD state park charges - <https://dnr.maryland.gov/Publiclands/Pages/oc.aspx>

We recommend the [annual park pass](#) - covers entry for a whole car to any MD park for 12 months from date of purchase. Note that veterans & active duty service members - fees are waived.