

1. Thank you to all the students that helped volunteer at EM Yoder's **Fall Festival** last Friday. It was a huge success!!
2. **SENIORS:** It's time!! Students must apply through CFNC's website to access the free applications. **Fees are only waived for students using the CFNC App Hub.** Most NC colleges accept the CFNC online application, but even if they don't, students can still go to the CFNC Application Hub and it will link them to the preferred application for that college. **College Application Week will last all week October 20-24th.** Please visit: <https://www.cfnc.org/apply-to-college/nc-countdown-to-college/> for a list of schools that are participating this year.
3. **Seniors:** Scholarship Opportunities #2 will be sent out this week. Please take advantage of these opportunities!
4. **SGA Event:** SGA is super excited to announce our *next Fun Friday* on Friday, October 24th. Please join us for fun, games, crafts and snacks from 4:00 to 5:30 PM this week (9-12th ABEC students/staff only). ****Any students/parents willing to donate desserts, chips, candy or drinks for the event can email: erin_stoker@abss.k12.nc.us or begin sending in items on Tuesday.** We greatly appreciate your support!
5. **Seniors:** November 1st is the **big** deadline for college applications. **Mrs. Stoker and the teachers are not able to upload required documents and will not be able to meet the application deadlines until you add us in the Common App.** As discussed in your August senior conference, **you** are also responsible for sending your ACT/SAT score reports and ACC transcripts through Self-Service. Mrs. Stoker is happy to help if you are still having trouble.
6. **10th and 11th:** A Google form will be sent to rising juniors and seniors this week for those interested in applying to Governor's School this year. To access the application, please visit: ncgovschool.org. Here is the ABSS timeline:
 - Students: Fill out the Student Application online; email a copy to your School Counselor (Mrs. Stoker) who is the Governor's School Contact and ask 2 teachers to fill out a recommendation form (also online). Everything is due by **November 21, 2025.**
 - School Counselors will submit student applications, recommendations, and student transcripts to Angee Reed on or before **November 26, 2025.**
7. The North Carolina Health Careers Access Program (NC-HCAP), a program component of the Carolina Higher Education Opportunity Programs (CHEOP) Office is pleased to invite you to **Health Careers Day On "The Hill" (HCDOTH).** This year's event will take place on **Thursday, November 6, 2025, from 8:00 a.m. to 5:00 p.m.** at the **Frank Porter Graham Student Union** on the campus of **The University of North Carolina at Chapel Hill.** **Registration is not complete until participants submit all required documentation (i.e., NC-HCAP Registration Page, CampDoc) and provide payment in full - \$25.00 per student).** For details on individual or group registration, please visit the [NC-HCAP website](http://nchcap@unc.edu) or contact a member of the NC-HCAP Team at nchcap@unc.edu or call 919-966-2264.
8. The next SAT will take place on **Saturday, November 8th** with a registration deadline on **October 24th** and the next ACT is on **Saturday, December 13th** with a registration deadline on **November 7th.** You will need to register for both tests online at www.collegeboard.com for the SAT or www.actstudent.org for the ACT. A free ACT test and study guide can be found here: [Preparing for the ACT](http://www.collegeboard.com/sat/studyguide) and free SAT prep and tests can be found here: <https://www.princetonreview.com/college-advice/sat-practice-tests>. **Cost:** ACT=\$69/SAT=\$68/Fee waivers are available for students approved for free/reduced lunch.

THOUGHT FOR THE WEEK

"The oldest and strongest emotion of mankind is fear, and the oldest and strongest kind of fear is fear of the unknown."

~ H. P. Lovecraft



Stoker's Snippets

Oct. 13-17, 2025

Week 10

1. Congratulations to senior, Ashtyn Whitfield! Ashtyn has been selected as our 25-26 DAR Good Citizens Award recipient.
2. ACC's fall break will take place October 14th through the 17th. ABEC will have school on October 13th and 14th but the 15th through the 17th are workdays. All high school classes **will** take place at their regular times Monday-Tuesday. Seniors should use this time to focus on their college applications and scholarship deadlines. Enjoy your fall break!
3. **SENIORS:** It's time!! Students must apply through CFNC's website to access the free applications. **Fees are only waived for students using the CFNC App Hub.** Most NC colleges accept the CFNC online application, but even if they don't, students can still go to the CFNC Application Hub and it will link them to the preferred application for that college. **College Application Week will last all week October 20-24th.** Please visit: <https://www.cfnc.org/apply-to-college/nc-countdown-to-college/> for a list of schools that are participating this year.
4. **11th and 12th:** This is your final reminder to have all ACC 8-week grades of 96 or above sent to Mrs. Williams by Wednesday, October 15th by 12:00pm.
5. **9th-12th: Young Musicians of Alamance** is seeking interested students. YMA offers a Saturday Orchestra program for students in grades 1-12 at all proficiency levels. ABEC students can participate, or even explore a smaller "Chamber Orchestra" designed specifically for them. YMA's goal is to create more opportunities for ABEC musicians to continue their musical growth alongside their academic studies. For more details, please contact: Lizzie Cheek at <http://www.ymofa.org/> or lizzie@ymofa.org.
6. The North Carolina Health Careers Access Program (NC-HCAP), a program component of the Carolina Higher Education Opportunity Programs (CHEOP) Office is pleased to invite you to **Health Careers Day On "The Hill" (HCDOTH)**. This year's event will take place on **Thursday, November 6, 2025, from 8:00 a.m. to 5:00 p.m.** at the **Frank Porter Graham Student Union** on the campus of **The University of North Carolina at Chapel Hill**. **Registration is not complete until participants submit all required documentation (i.e., NC-HCAP Registration Page, CampDoc) and provide payment in full - \$25.00 per student).** For details on individual or group registration, please visit the [NC-HCAP website](#) or contact a member of the NC-HCAP Team at nhcp@unc.edu or call **919-966-2264**.
7. **11th-12th:** The UNC System is hosting the sixth annual UNC System Virtual Open House.
What: This is a virtual event for prospective students, their parents, and school counselors. Admissions Counselors from each institution will share helpful information about the admissions process and current students from each university will share about their college experience and answer your questions live.
When: October 13-14, 2025 | 6:30 pm-7:45pm. **Where:** Virtual via Zoom. [Register HERE!](#)
8. **10th and 11th:** A NC Governor's School information session for parents and students will be held Monday, October 13, 2025 at 5:30 pm. The meeting location for those interested will be at the Professional Library located at our ABSS Central Office. The address for this interest meeting is: 1712 Vaughn Rd; Burlington, NC; 27217. Please visit: <https://www.dpi.nc.gov/students-families/enhanced-opportunities/north-carolina-governors-school> for more details.
9. **9th-12th Grade Volunteer Opportunity:** Mrs. Stoker is a member of the EM Yoder Elementary PTA. On Friday, October 17th, Yoder will host its annual fall festival and needs high school students to help volunteer with setting up, running stations, assisting teachers with craft activities and cleaning up. Here is a [link to the sign-up genius](#).
10. The next SAT will take place on **Saturday, November 8th** with a registration deadline on **October 24th** and the next ACT is on **Saturday, December 13th** with a registration deadline on **November 7th**. You will need to register for both tests online at www.collegeboard.com for the SAT or www.actstudent.org for the ACT. A free ACT test and study guide can be found here: [Preparing for the ACT](#) and free SAT prep and tests can be found here: <https://www.princetonreview.com/college-advice/sat-practice-tests>. **Cost:** ACT=\$69/SAT=\$68/Fee waivers are available for students approved for free/reduced lunch.

THOUGHT FOR THE WEEK

“Life is like riding a bicycle. To keep your balance, you must keep moving.”
-Albert Einstein



Stoker's Snippets

Oct. 6-10, 2025

Week 9

1. This Thursday, October 9th is an ABSS Teacher Workday. Juniors and seniors will still need to attend ACC classes that meet on Thursdays. There will be no bus transportation or lunch provided, please plan accordingly.
2. **11th and 12th:** Junior and Senior Success Academy will take place tomorrow Tuesday, October 7th.
3. **9th-12th: Young Musicians of Alamance** is seeking interested students. YMA offers a Saturday Orchestra program for students in grades 1-12 at all proficiency levels. ABEC students can participate, or even explore a smaller “Chamber Orchestra” designed specifically for them. YMA’s goal is to create more opportunities for ABEC musicians to continue their musical growth alongside their academic studies. For more details, please contact: Lizzie Cheek at http://www.ymofa.org/or_lizzie@ymofa.org.
4. **11th-12th:** The UNC System is hosting the sixth annual UNC System Virtual Open House.
What: This is a virtual event for prospective students, their parents, and school counselors. Admissions Counselors from each institution will share helpful information about the admissions process and current students from each university will share about their college experience and answer your questions live.
When: October 6-7 and 13-14, 2025 | 6:30 pm-7:45pm. **Where:** Virtual via Zoom. [Register HERE!](#)
5. **Seniors/Parents:** Kevin McMullin, founder of CollegeWise, will share expert advice on what truly matters in college applications. From crafting standout essays to understanding what admissions officers value most, this session delivers clarity and actionable insights. This is the final **ACT My Journey** event of the year- **College Admissions 101 for Seniors.**

Reserve Your Free Spot

6. **ABEC Travel Abroad presents: DRIVE-IN MOVIE NIGHT**
When: Thursday, October 9, 2025 /**Time:** 7:00pm (Gates open at 6:30 pm) /**Where:** ACC's front parking lot /**Cost:** \$5
Drive in or bring your own chair. Concessions will be available for purchase and ALL proceeds help support our ABEC student travelers for our 2026 Spring Break Europe trip! Come out and enjoy!!
7. **10th and 11th:** A NC Governor's School information session for parents and students will be held Monday, October 13, 2025 at 5:30 pm. The meeting location for those interested will be at the Professional Library located at our ABSS Central Office. The address for this interest meeting is: 1712 Vaughn Rd; Burlington, NC; 27217. Please visit: <https://www.dpi.nc.gov/students-families/enhanced-opportunities/north-carolina-governors-school> for more details.
8. **9th-12th Grade Volunteer Opportunity:** Mrs. Stoker is a member of the EM Yoder Elementary PTA. On Friday, October 17th, Yoder will host its annual fall festival and needs high school students to help volunteer with setting up, running stations, assisting teachers with craft activities and cleaning up. Here is a [link to the sign up genius](#).
9. The next SAT will take place on **Saturday, November 8th** with a registration deadline on **October 24th** and the next ACT is on **Saturday, December 13th** with a registration deadline on **November 7th**. You will need to register for both tests online at www.collegeboard.com for the SAT or www.actstudent.org for the ACT. A free ACT test and study guide can be found here: [Preparing for the ACT](#) and free SAT prep and tests can be found here: <https://www.princetonreview.com/college-advice/sat-practice-tests>. **Cost:** ACT=\$69/SAT=\$68/Fee waivers are available for students that have been approved for free/reduced lunch.

THOUGHT FOR THE WEEK

“Sometimes, you need to remember, you are just one human, not a super robot wizard (and that’s okay).”

~Anonymous



Stoker's Snippets

Week 8

Sept. 29-Oct. 3, 2025

1. **11th and 12th:** Junior and Senior Success Academy will take place Tuesday, October 7th. Juniors will meet at 1:30pm and seniors will meet at 2:15pm in the cafeteria. Success Academy is required unless there is a class or lab conflict. Melissa Garrison from UNC Chapel Hill will be here and Herff Jones Graduation Company will be here to assist seniors with graduation materials.
2. **ABEC Travel Abroad presents: DRIVE-IN MOVIE NIGHT**
When: Thursday, October 9, 2025
Time: 7:00pm (Gates open at 6:30 pm)
Where: ACC's front parking lot
Cost: \$5
Drive in or bring your own chair. Concessions will be available for purchase and ALL proceeds help support our ABEC student travelers for our 2026 Spring Break Europe trip! Come out and enjoy!!
3. **SGA's World's Finest Chocolate:** Thank you to all the students, staff and parents that sold or purchased WFC bars! All money is due to Mrs. Stoker tomorrow **Tuesday, September 30th** by 3:00pm.
4. **10th and 11th:** A NC Governor's School information session for parents and students will be held Monday, October 13, 2025 at 5:30 pm. The meeting location for those interested will be at the Professional Library located at our ABSS Central Office. The address for this interest meeting is: 1712 Vaughn Rd; Burlington, NC; 27217. Please visit: <https://www.dpi.nc.gov/students-families/enhanced-opportunities/north-carolina-governors-school> for more details about the program.
5. **Seniors:** The **Levine Scholars Program** at UNC Charlotte is joining four other North Carolina universities to provide two live online sessions for students, parents, counselors and college advisors. During these sessions, program representatives will provide an overview of the college's premier scholarship programs, offer general advice on scholarship searches and answer questions during a Q&A.
When: Wednesday, Oct 1, 7:00 p.m. - 8:00 p.m. /Thursday, Oct. 2, 7:00 p.m. - 8:00 p.m.
Where: Hosted on Zoom /Scan the QR code or [register here](#)
6. **9th-12th Grade Volunteer Opportunity:** Mrs. Stoker is a member of the EM Yoder Elementary PTA. On Friday, October 17th, Yoder will host its annual fall festival and needs high school students to help volunteer with setting up, running stations, assisting teachers with craft activities and cleaning up. A Google sign-up form will soon be sent in the event you are interested in helping and earning volunteer hours. Help is needed from 4:30pm to 8:00pm.
7. **9th-12th: The ACC Tutoring Center** is part of the Learning Resources Center (Library) of Alamance Community College. Staff members are available to help and support students. The lab also provides tutoring for many subjects during a scheduled appointment or drop-in visit. You can call 336-506-4167 or visit online to [Schedule a tutoring appointment](#).
8. The next SAT will take place on **Saturday, November 8th** with a registration deadline on **October 24th** and the next ACT is on **Saturday, December 13th** with a registration deadline on **November 7th**. You will need to register for both tests online at www.collegeboard.com for the SAT or www.actstudent.org for the ACT. A free ACT test and study guide can be found here: [Preparing for the ACT](#) and free SAT prep and tests can be found here:

<https://www.princetonreview.com/college-advice/sat-practice-tests>. **Cost:** ACT=\$69/SAT=\$68/Fee waivers are available for students that have been approved for free/reduced lunch.

THOUGHT FOR THE WEEK

Don't worry about failures, worry about the chances you miss when you don't even try."

– Jack Canfield



Stoker's Snippets

September 22-26, 2025

Week 7

1. **Seniors/Parents:** Please join us this Thursday, September 25th for our annual FAFSA/Financial Aid night. Takeila Hall from CFNC will be on campus from 6-7:00pm in our ABEC cafeteria.
2. **ABSS College Fair at ACC:** ACC is hosting its annual College Fair for ABSS students today Monday, September 22nd. There will be multiple in state and out of state colleges on campus. Please take advantage of this event and speak with these admission recruiters. Be sure to specifically ask about the best way to apply to NC schools-NC College Connect or Common App.
3. **Help is Needed:** SGA only has 6 boxes of WFC candy bars left to sell by Tuesday, September 30th. All current students selling will be rewarded for their generous efforts with a pizza celebration. Thank you to all that have sold one or more boxes! **In addition, two hours of volunteer time can be added for each box sold.*
4. **Seniors:** This week, ECU is excited to offer a free application week **September 22-26!** Students who apply via the ECU application on their website, the Common App, or CFNC will automatically receive an application fee waiver. Students who are interested in the [Honors College](#) are especially encouraged to take advantage of the September 22-26 free application week. While ECU will also be participating in **CFNC's Free App Week October 20-26**, the CFNC free app week falls after their Honors College application deadline of October 15. This opportunity is for all seniors applying to college and not just those that qualify for fee waivers.
5. **11th and 12th:** Junior and Senior Success Academy will take place Tuesday, October 7th. Juniors will meet at 1:30pm and seniors will meet at 2:15pm in the cafeteria. Success Academy is required unless there is a class or lab conflict. A calendar invite will be sent this week. Melissa Garrison from UNC Chapel Hill will be here that day!
6. **9th-12th:** **The ACC Tutoring Center** is part of the Learning Resources Center (Library) of Alamance Community College. Staff members are available to help and support students. The lab also provides tutoring for many subjects during a scheduled appointment or drop-in visit. You can call 336-506-4167 or visit online to [Schedule a tutoring appointment](#).
7. The next SAT will take place on **Saturday, October 4th** with a **late fee** registration deadline on **September 23rd** and the next ACT is on **Saturday, October 18th** with a **late-fee** registration deadline on **September 30th**. You will need to register for both tests online at www.collegeboard.com for the SAT or www.actstudent.org for the ACT. A free ACT test and study guide can be found here: [Preparing for the ACT](#) and free SAT prep and tests can be found here: <https://www.princetonreview.com/college-advice/sat-practice-tests>. **Cost:** ACT=\$69/SAT=\$68/Fee waivers are available for students that have been approved for free/reduced lunch.

THOUGHT FOR THE WEEK

"Challenges are what make life interesting and overcoming them is what makes life meaningful."



Stoker's Snippets

September 15-19, 2025

Week 6

1. Each year, Americans observe **National Hispanic Heritage Month** from September 15 to October 15, by celebrating the histories, cultures and contributions of American citizens whose ancestors came from Spain, Mexico, the Caribbean and Central and South America. In honor of **NHHM**, there will be the: **Esperanza Festival 2025** on Sunday, September 28th, 2025 from 12:00pm – 8:00pm. This event is for all ages and is free to attend. It will take place in the streets of downtown Graham (100 Block of West Elm Street). The vision of **Esperanza Festival 2025** is for everyone in Alamance County and beyond to come together to enjoy and experience Hispanic culture through dance, music, food, and family. Enjoy live music, cultural performances, food, crafts, kids' zones, and fun for all!
2. Spirit Week is this week: September 15-19th. {Monday: Anything but A Backpack, Tuesday: Twin Tuesday Wednesday: Adam Sandler Day, Thursday: BBQ Dads vs. Soccer Moms and Friday: Sports Jersey Day}
3. **Calendar Change:** SGA's "Fun Thursday" and Pizza Dinner have been postponed for a later date. Please plan to leave at your normal time on the bus or afternoon pick-up.
4. **Seniors/Parents:** Please join us on Thursday, September 25th for our annual FAFSA/Financial Aid night. Takeila Hall from CFNC will be on campus from 6-7:00pm in our ABEC cafeteria.
5. **ABSS College Fair at ACC:** ACC will host a College Fair for ABSS students next Monday, September 22nd. There will be multiple in state and out of state colleges on campus. Please take advantage of this event and speak with these admission recruiters.
6. **9th-12th: The ACC Tutoring Center** is part of the Learning Resources Center (Library) of Alamance Community College. Staff members are available to help and support students. The lab also provides tutoring for many subjects during a scheduled appointment or drop-in visit. You can call 336-506-4167 or visit online to [Schedule a tutoring appointment](#).
7. Want to stand out from the crowd? You can now earn a [North Carolina Social Studies Citizenship Proficiency Graduation Endorsement](#) on your high school diploma. This special seal recognizes your knowledge of U.S. government and civic engagement. Click the link to learn how you can demonstrate your knowledge and earn this endorsement to elevate your resume and showcase your civic engagement. **Applications are due by October 7th.**
8. **ACT:** These sessions are ideal for students and families who want to personalize the college admissions journey: **(September 16 – Crafting Your Creative Future: College Admissions for Artists & Performers and September 17 – Game Plan for Success: The College Admissions Playbook for Student-Athletes)** These events are free and designed to support student success beyond the basics. To register, please visit: https://www.act.org/content/act/en/students-and-parents/college-and-career-planning-event-sessions.html?utm_campaign=7310672-K12%20%7C%20Webinar%20%7C%20My%20Journey%20%7C%20FY25%20%7C%20Spring%20Webinars&utm_medium=email&utm_content=379022316&utm_source=hs_email
9. The next SAT will take place on **Saturday, October 4th** with a registration deadline on **September 19th** and the next ACT is on **Saturday, October 18th** with a **late-fee** registration deadline on **September 30th**. You will need to register for both tests online at www.collegeboard.com for the SAT or www.actstudent.org for the ACT. A free ACT test and study guide can be found here: [Preparing for the ACT](#) and free SAT prep and tests can be found here:

<https://www.princetonreview.com/college-advice/sat-practice-tests>. **Cost:** ACT=\$69/SAT=\$68/Fee waivers are available for students that have been approved for free/reduced lunch.

THOUGHT FOR THE WEEK

“The sun will rise and set regardless. What we choose to do with the light while it’s here is up to us. Journey wisely.”

~Alexandra Elle



Stoker's Snippets

September 8-12, 2025

Week 5

1. **ABSS College Fair at ACC:** ACC will host a College Fair for ABSS students on Monday, September 22nd. There will be multiple in state and out of state colleges on campus. Please take advantage of this event and speak with these admission recruiters.
2. Want to stand out from the crowd? You can now earn a [North Carolina Social Studies Citizenship Proficiency Graduation Endorsement](#) on your high school diploma. This special seal recognizes your knowledge of U.S. government and civic engagement. Click the link to learn how you can demonstrate your knowledge and earn this endorsement to elevate your resume and showcase your civic engagement. **Applications are due by October 7th.**
3. **ACT:** It's just days away from a valuable set of webinars hosted by ACT and CollegeWise designed to support students with specialized interests or learning profiles. These sessions are ideal for students and families who want to personalize the college admissions journey:
 - September 9 – College for Students with Learning Differences: Navigating Admissions and Support Services
 - September 16 – Crafting Your Creative Future: College Admissions for Artists & Performers
 - September 17 – Game Plan for Success: The College Admissions Playbook for Student-Athletes
 - These events are free and designed to support student success beyond the basics. To register, please visit: https://www.act.org/content/act/en/students-and-parents/college-and-career-planning-event-sessions.html?utm_campaign=7310672-K12%20%7C%20Webinar%20%7C%20My%20Journey%20%7C%20FY25%20%7C%20Spring%20Webinars&utm_medium=email&utm_content=379022316&utm_source=hs_email
4. Spirit Week will take place next week: September 15-19th. SGA's first “**Fun Thursday**” will take place Thursday, September 18th from 4-5:00 PM (Weather Permitting). All 9th-12th grade ABEC students are welcome to attend. Fun Thursday is **only** for our ABEC students (4-5:00PM) but families are welcome to come from 5-5:45PM to enjoy a Pizza Picnic dinner. Updates will be sent to families once the cost of the event is confirmed. ****All rides must be here by 5:45PM.**
5. **9th-12th: The Teen Squad** is a FREE, fun, and supportive group designed to help teens build confidence, develop healthy coping skills, and connect with peers in a positive and safe environment. Each week, we'll explore different topics that matter to teens, like managing stress, building healthy relationships, and finding balance in a digital world. Why Join? • Learn practical skills to navigate life's challenges. • Discover ways to manage emotions and build resilience. • Connect with other teens who understand and support you. Who Can Join? Teens aged 13-17 looking for a safe and empowering space to grow and thrive. Spaces are limited! For questions contact: Email: ywhitted@burlingtonnc.gov
6. **11th and 12th:** To qualify for a SAT or ACT fee waiver, the ABSS lunch form still has to be completed online, even if you don't plan to eat breakfast or lunch at school. Save the letter that will come to you in the mail as your form of proof for free/reduced lunch. Mrs. Stoker will need a copy of the letter once you receive it or a picture of it sent through email. This has to be done each year.
7. The next SAT will take place on **Saturday, October 4th** with a registration deadline on **September 19th** and the next ACT is on **Saturday, October 18th** with a registration deadline on **September 12th**. You will need to register for both tests online at www.collegeboard.com for the SAT or www.actstudent.org for the ACT. A free ACT test and study guide can be found here: [Preparing for the ACT](#) and free SAT prep and tests can be found here: <https://www.princetonreview.com/college-advice/sat-practice-tests>. **Cost:** ACT=\$69/SAT=\$68/Fee waivers are available for students that have been approved for free/reduced lunch.

THOUGHT FOR THE WEEK

“What lies behind us and what lies before us are tiny matters...compared to what lies within us.”

~Ralph Waldo Emerson



Stoker's Snippets

September 1-5, 2025

Week 4

1. **Juniors and Seniors:** Success Academy will take place today in our ABEC cafeteria at 1:30pm for juniors and 2:15pm for all seniors. ****Missing Success Academy for work/part-time job or picking up a sibling is not an excused absence since we only meet once a month.***
2. Spirit Week will take place September 15-19th. SGA's first “***Fun Thursday***” will take place Thursday, September 18th from 4-5:00 PM (Weather Permitting). All 9th-12th grade ABEC students are welcome to attend. Fun Thursday is only for our ABEC students (4-5:00PM) but families are welcome to come from 5-5:45PM to enjoy a Pizza Picnic dinner. Updates will be sent to families once the cost of the event is confirmed. ****All rides must be here by 5:45PM.** We hope to see you there!
3. The ninth grade SGA election results will be announced in both lunches today. All candidates did an awesome job with their posters and speeches last week!
4. You are cordially invited to the United States Military Academy Admissions Event, a unique opportunity to delve into the world of West Point. RSVP to reserve your place for what will be a great opportunity to learn more about the Academy, whether it is the right fit, and how to apply.
 - **Date:** 22 September 2025
 - **Time:** 6:30-8:30 PM EST
 - **Location:** Cardinal Gibbons High School
1401 Edwards Mill Rd
Raleigh, NC 27607-3616
United States
 - **RSVP:** Raleigh, NC
5. **9th-12th:** SGA is sponsoring a fundraising event with **World's Finest Chocolate** starts today! If you or a parent/guardian are willing to participate, please see Mrs. Stoker for a permission letter. The permission form with all the guidelines will be provided and required before receiving your first box. If you are not able to help sell, please be sure to purchase a bar or two or even a few! ☺
6. **11th and 12th:** To qualify for a SAT or ACT fee waiver, the ABSS lunch form still has to be completed online, even if you don't plan to eat breakfast or lunch at school. Save the letter that will come to you in the mail as your form of proof for free/reduced lunch. Mrs. Stoker will need a copy of the letter once you receive it or a picture of it sent through email. This has to be done each year.
7. The next SAT will take place on **Saturday, October 4th** with a registration deadline on **September 19th** and the next ACT is on **Saturday, October 18th** with a registration deadline on **September 12th**. You will need to register for both tests online at www.collegeboard.com for the SAT or www.actstudent.org for the ACT. A free ACT test and study guide can be found here: [Preparing for the ACT](http://www.collegeboard.com/satprep) and free SAT prep and tests can be found here: <https://www.princetonreview.com/college-advice/sat-practice-tests>. **Cost:** ACT=\$69/SAT=\$68/Fee waivers are available for students that have been approved for free/reduced lunch.

THOUGHT FOR THE WEEK

“I am always ready to learn although I do not always like being taught.”

~Winston Churchill



Stoker's Snippets

August 25-29, 2025

Week 3

1. Next Monday, September 1st is a holiday for ABEC and ACC. There will not be any high school or college classes. ☺
2. **Senior Parents:** Mrs. Stoker met with almost 100% of the senior student body last week! Thank you to all the seniors that arrived prepared and on time. Another sign-up will be sent to seniors this week in the event another meeting is needed and if a parent/guardian would like to attend. These meetings are optional.
3. **ACC Reminder:** You will now log into Moodle using your full ACC email. Please note that your password has not changed. Below are the steps for the new process. Instructions have also been added to the Moodle login page.
4. **11th and 12th Grade:** Want to organize and manage your time better? Check out ACC's *Lunch and Learn* sessions on **Organization & Time Management on Wednesday, August 27th from 12-1pm** in the S Building (Student Services) Room S102 and S103.
5. **9th-12th:** SGA is sponsoring a fundraising event with **World's Finest Chocolate** this year. We are hoping to earn enough money to support school-wide events such as more "Fun-Fridays", spirit weeks, seasonal events, field day, school dances, etc. We will hopefully receive our candy bar shipment this week and begin selling on Tuesday, September 2nd. If you or a parent/guardian are willing to participate, please see Mrs. Stoker for a permission letter starting tomorrow. The permission form with all the guidelines will be provided and required before receiving your first box. Thank you for your support!
6. **9th Grade:** SGA will hold its 9th Grade Election this week. Any ninth grader that signed the interest form to run on Club Day has received an email from Mrs. Stoker containing the election guidelines and dates.
7. **Juniors/Seniors:** All upperclassmen are still allowed to receive or purchase an ABSS breakfast or lunch from the cafeteria each day. If you have a class/lab that conflicts with the ABEC lunch times, let us know so we can save you a meal.
8. **ABEC's Pride Club** is currently gathering donations of essential hygiene items to support students at our school and others in our district. Many families face challenges in accessing everyday necessities, and together, we can make a real difference in students' comfort, confidence, and well-being. Please drop off your donations in the "Hygiene Items" box. Please contact Brooklyn N. with any specific questions.
9. **Juniors and Seniors:** Success Academy will take place next Tuesday in our ABEC cafeteria. Our first meeting will take place on Tuesday, September 2nd at 1:30pm for juniors and 2:15pm for all seniors. It is the student's responsibility to follow-up with Mrs. Stoker/Mrs. Snell in the event he/she cannot attend due to an ACC class conflict.
***Missing Success Academy for work/part-time job or picking up a sibling is not an excused absence since we only meet once a month.**
10. **11th and 12th:** To qualify for a SAT or ACT fee waiver, the ABSS lunch form still has to be completed online, even if you don't plan to eat breakfast or lunch at school. Save the letter that will come to you in the mail as your form of proof for free/reduced lunch. Mrs. Stoker will need a copy of the letter once you receive it or a picture of it sent through email. This has to be done each year.
11. SAT test dates can be found online at www.collegeboard.com and ACT test dates can be found at www.actstudent.org.

THOUGHT FOR THE WEEK

"Choose a job you love, and you will never have to work a day in your life."

~Confucius



Stoker's Snippets

August 18-25, 2025

Week 2

1. **12th Grade:** Senior Meetings will take place all week with Mrs. Stoker. Individual meetings with or without parents are optional and dates of availability will be sent later this week.
2. **Who loves Bingo?** Join us tomorrow from 4-5:00pm for a fun afternoon of awesome prizes, snacks and a good time! Tickets in advance are \$5.00 or \$8 at the door. Students attending the ABEC ABROAD trip in March are selling tickets along with Ms. Rudd and Mrs. Russell. Upperclassmen can also purchase from Mrs. Stoker if needed.
3. **10th-12th:** Be sure to check your ACC room locations today in Self-Service. They often change last minute and can change throughout the week. Moodle classes may not show up immediately in your account. If they're still not showing by the end of the day, please email Dr. O (10th & 11th) or Mrs. Snell (12th).
4. **Juniors/Seniors:** All upperclassmen are still allowed to receive or purchase an ABSS breakfast or lunch from the cafeteria each day. If you have a class/lab that conflicts with the ABEC lunch times, let us know so we can save you a meal.
5. **Sophomores/Juniors/Seniors:** All textbooks and needed materials will be provided in your college classes and through Moodle. In the event you do need an additional material, please see Mrs. Stoker.
6. Melissa Garrison, a **UNC Chapel Hill** representative will visit ABEC on Tuesday, October 7th. She will also speak during our junior and senior seminars. Come prepared with questions, especially if you plan to apply to UNC.
7. **ABEC's Pride Club** is currently gathering donations of essential hygiene items to support students at our school and others in our district. Many families face challenges in accessing everyday necessities, and together, we can make a real difference in students' comfort, confidence, and well-being. Please drop off your donations in the "Hygiene Items" box. Please contact Brooklyn N. with any specific questions.
8. **Juniors and Seniors:** Success Academy will take place once a month in our ABEC cafeteria. Our first meeting will take place on Tuesday, September 2nd at 1:30pm for juniors and 2:15pm for all seniors. It is the student's responsibility to follow-up with Mrs. Stoker/Mrs. Snell in the event he/she cannot attend due to an ACC class conflict. **Missing Success Academy for work/part-time job or picking up a sibling is not an excused absence since we only meet once a month.*
9. **11th and 12th:** To qualify for a SAT or ACT fee waiver, the ABSS lunch form still has to be completed online, even if you don't plan to eat breakfast or lunch at school. Save the letter that will come to you in the mail as your form of proof for free/reduced lunch. Mrs. Stoker will need a copy of the letter once you receive it or a picture of it sent through email. This has to be done each year.
10. SAT test dates can be found online at www.collegeboard.com and ACT test dates can be found at www.actstudent.org.

THOUGHT FOR THE WEEK

: "Tell me and I forget. Teach me and I remember. Involve me and I learn."

~Benjamin Franklin



Stoker's Snippets

August 11-15, 2025

Week 1

1. Welcome back to school! We hope all ninth, tenth and English 4 seniors had a great first few days and we are looking forward to seeing the remaining Early College juniors and seniors on Monday, August 18th.
2. We have a new staff member this year! Please welcome Ms. Myers, our new school social worker. She will be here on Wednesdays starting next week. Be sure to stop by and welcome her. ☺
3. **Juniors and Seniors:** Success Academy will take place once a month in our ABEC cafeteria. Our first meeting will take place on Tuesday, September 2nd at 1:30pm for juniors and 2:15pm for all seniors. It is the student's responsibility to follow-up with Mrs. Stoker in the event he/she cannot attend due to an ACC class conflict.
****Missing Success Academy for work/part-time job or picking up a sibling is not an excused absence since we only meet once a month. Please plan ahead!***
4. Moodle/ACC Self-Service passwords need to be reset. If you are having issues logging in, please reset your password. You will need your ACC ID number to do so. Passwords expire every 90 days.
5. **11th and 12th:** To qualify for a SAT or ACT fee waiver, the ABSS lunch form still has to be completed online, even if you don't plan to eat breakfast or lunch at school. Save the letter that will come to you in the mail as your form of proof for free/reduced lunch. Mrs. Stoker will need a copy of the letter once you receive it or a picture of it sent through email. This has to be done each year.
6. **Seniors:** Mrs. Stoker will begin small-group senior conferences on Monday, August 18th. A sign-up form was sent last Friday. Optional individual conferences will also be available to all seniors and parents if needed once the group meetings end.
7. **9th-12th:** Are you interested in buying a yearbook this year? If so, please visit:
https://www.canva.com/design/DAGVaqCCWeo/m5v4IiA1v2B-vVRIwWBpNQ/edit?utm_content=DAGVaqCCWeo&utm_campaign=designshare&utm_medium=link2&utm_source=sharebutton
8. **9th-12th:** The United States Senator Ted Budd will hold a **U.S. Service Academy Day** on Saturday, September 20, 2025. The event will offer NC high school students the chance to learn about the opportunities for prospective nominees and eligibility requirements for the United States' five military service academies. Representatives from the U.S. Service Academies will be on hand to answer questions and distribute information. High school students of **all ages** and parents are encouraged to attend.
WHAT: U.S. Service Academy Day
WHEN: 09.20.2025 TIME: 9 a.m. - 12 p.m.
WHERE: Davidson Davie Community College Rittling Conference Center, 2nd Floor 297 DCC Road Thomasville, NC 27360
QUESTIONS: Call 336.941.4470
9. SAT test dates can be found online at www.collegeboard.com and ACT test dates can be found at www.actstudent.org.

THOUGHT FOR THE WEEK

“Education's purpose is to replace an empty mind with an open one.”
~Malcolm Forbes



Stoker's Snippets

May 12-16, 2025

Week 36

1. This is the last Stoker's Snippets for the school year. Seniors, it's been a pleasure keeping you posted with upcoming events and reminders over the past four years. Underclassmen and rising seniors, stay tuned for more exciting news next year. Have a wonderful summer!
2. **Senior Events:** The senior picnic, graduation practice and graduation will take place on May 22nd at SAHS starting at 10:00AM. Due to limited parking, it's a good idea to carpool to SAHS on Thursday morning. Please refer to the "senior events" link on the ABEC webpage for specific graduation details and times. All seniors will receive their 9 tickets on May 22nd. Those needing additional tickets will need to contact seniors on the list Mrs. Stoker will send out today.
3. **Seniors and Parents:** To easily access and order graduation photos after the ceremony on May 22nd, please visit my.photoday.com. **Access Code:** 344155GY25
4. **Senior Awards Night:** All seniors are invited to attend our annual Senior Awards Night on May 15th at 6:00pm at Fifth and Washington in Mebane (next to the bowling alley). Please confirm your attendance on the Google Form. Due to limited space, only 3-4 guests per senior are allowed. ***Notify Mrs. Stoker ASAP with any changes!**
5. **ACC Grades:** Any 9th-12th grade student wanting to receive a numerical score of 96 or higher in an ACC class needs to take a screenshot of your Watermark class/final grade and send it to Mrs. Williams in an email. These grades are due by **Thursday, May 15th** at 5:00pm. *9th Grade only needs to submit a 96 or higher for HEA 110.
6. **Seniors:** Make sure you request and pay for your final ACC transcript in your ACC Self-Service account later in May.
7. **Senior Reminder:** All **seniors** need to create a CFNC account if you haven't already done so. In the future, you may need another copy of your high school transcript. You can simply log in to CFNC.org and access or submit a free transcript from this site. If you request one through ABSS, you will have to pay for each transcript you request.
8. Graduating seniors taking ACC courses this summer will **not** be able to borrow/use our college textbooks. Please keep that in mind when adding classes that require a textbook or online code. You will need to ask your summer instructor the best way to obtain the new materials as the ACC bookstore has closed.
9. **9th-12th:** If you have any library books or materials from ACC, please return them ASAP. Overdue books can place a block on your ACC account preventing Ms. Bader/Mrs. Snell from adding your fall classes. Mrs. Stoker needs all ACC books returned by **Tuesday, May 13th**. Seniors must also have Chromebooks and chargers returned by Friday, May 16th.
10. The next **SAT** will take place on **Saturday, June 7th** with a registration deadline on **May 22nd** and the next **ACT** is on **Saturday, June 14th** with a **late-fee** registration deadline on **May 27th**. You will need to register for both tests online at www.collegeboard.com for the SAT or www.actstudent.org for the ACT. A free ACT test and study guide can be found here: [Preparing for the ACT](#) and free SAT prep and tests can be found here: <https://www.princetonreview.com/college-advice/sat-practice-tests>. **Cost:** ACT=\$69 or \$94 with the writing test/SAT=\$68/Fee waivers are available for students that have been approved for free/reduced lunch.

THOUGHT FOR THE WEEK

"Go into the world and do well. But more importantly, go into the world and do good."

~Minor Myers, Jr.



Stoker's Snippets

May 5-9, 2025

Week 35

1. This is a very ***special*** week. Today through Friday is dedicated to all the wonderful ABEC teachers. Please be sure to let them know how much you appreciate all they do. Happy Teacher Appreciation Week! Wednesday, May 7th is National School Nurse Day. Thank you, Nurse Carroll, for supporting our students and staff. We appreciate you! 😊
2. **ACC Grades:** Any 9th-12th grade student wanting to receive a numerical score of 96 or higher in an ACC class needs to take a screenshot of your Watermark class/final grade and send it to Mrs. Williams in an email. These grades are due by **Thursday, May 15th** at 5:00pm. ****9th Grade only needs to submit a 96 or higher for HEA 110.***
3. **Senior Reminder:** All **seniors** need to create a CFNC account if you haven't already done so. In the future, you may need another copy of your high school transcript. You can simply log in to CFNC.org and access or submit a free transcript from this site. If you request one through ABSS, you will have to pay for each transcript you request.
4. Graduating seniors taking ACC courses this summer will **not** be able to borrow/use our college textbooks. Please keep that in mind when adding classes that require a textbook or online code. You will need to ask your summer instructor the best way to obtain the new materials as the ACC bookstore has closed.
5. **9th-12th:** If you have any library books or materials from ACC, please return them ASAP. Overdue books can place a block on your ACC account preventing Ms. Bader/Mrs. Snell from adding your fall classes. Mrs. Stoker needs all ACC books returned by **Tuesday, May 13th**. Seniors must also have Chromebooks and chargers returned by Friday, May 16th.
6. **Senior Award's Night:** All seniors are invited to attend our annual Senior Award's Night on May 15th at 6:00pm at Fifth and Washington in Mebane (next to the bowling alley). Please confirm your attendance on the Google Form that will be sent to all seniors this week. Due to limited space, only 3-4 guests per senior are allowed.
7. **Seniors:** Final senior conferences begin tomorrow. All seniors are **required** to meet with Mrs. Stoker on one of these days. This meeting is required to confirm all seniors' final plans (employment, military or college) and verify all college acceptances and scholarships.
8. **Juniors/Seniors:** The final junior and senior seminars will take place on Tuesday, May 6th in the cafeteria.
9. **Seniors:** If you have not found a college for fall, please consider the [College Redirection Pool](#) (CRP). The CRP runs April 1 through Aug. 31 to provide students with an additional opportunity to be matched with a North Carolina college or university that still has enrollment openings for the upcoming fall. The CRP assists students who have been denied admission from the institution of their choice and are seeking opportunities to pursue higher education in the fall.
10. The next **SAT** will take place on **Saturday, June 7th** with a registration deadline on **May 22nd** and the next **ACT** is on **Saturday, June 14th** with a registration deadline on **May 9th**. You will need to register for both tests online at www.collegeboard.com for the SAT or www.actstudent.org for the ACT. A free ACT test and study guide can be found here: [Preparing for the ACT](#) and free SAT prep and tests can be found here: <https://www.princetonreview.com/college-advice/sat-practice-tests>. **Cost:** ACT=\$69 or \$94 with the writing test/SAT=\$68/Fee waivers are available for students that have been approved for free/reduced lunch.

THOUGHT FOR THE WEEK

"Motivation is what gets you started. Habit is what keeps you going."

~Jim Rohn



Stoker's Snippets

April 28-May 2, 2025

Week 34

1. SGA is sponsoring another exciting Tropical/Luau "Field Day" on May 2nd from 1-3:30 PM. All students are welcome to attend and wear your best tropical gear! *Sunset Slush* will be there with a complimentary SGA slushy for each student and \$4.00 for any additional slushies you would like to purchase. Please remember to bring sunscreen, games, a refillable water bottle and a pen for signing yearbooks. There will be board games, 3v3 basketball, yearbook signing and other events!
2. Happy National Principal's Day to Dr. Fliehman on Thursday, May 1st. We appreciate all you do for our school!
3. **9th-12th:** If you have any library books or materials from ACC, please return them ASAP. Overdue books can place a block on your ACC account preventing Ms. Bader/Mrs. Snell from adding your fall classes. Mrs. Stoker needs all ACC books returned by **Tuesday, May 13th**.
4. **Senior Award's Night:** All seniors are invited to attend our annual Senior Award's Night on May 15th at 6:00pm at Fifth and Washington in Mebane (next to the bowling alley). Please confirm your attendance on the Google Form that will be sent to all seniors this week. Due to limited space, only 3-4 guests per senior are allowed.
5. **Seniors:** Final senior conferences begin tomorrow. All seniors are **required** to meet with Mrs. Stoker on one of these days. This meeting is required to confirm all seniors' final plans (employment, military or college) and verify all college acceptances and scholarships.
6. **Juniors/Seniors:** The final junior and senior seminars will take place on Tuesday, May 6th in the cafeteria.
7. **Seniors:** If you have not found a college for fall, please consider the [College Redirection Pool](#) (CRP). The CRP runs April 1 through Aug. 31 to provide students with an additional opportunity to be matched with a North Carolina college or university that still has enrollment openings for the upcoming fall. The CRP assists students who have been denied admission from the institution of their choice and are seeking opportunities to pursue higher education in the fall.
8. **Key Club** is sponsoring a school-wide **"Fighting Hunger Games"** canned/boxed/non-perishable food drive. All food items are due by **Wednesday, April 30th** to be eligible for the competition. A pizza party will be held for the advisory class with the most donations and if the whole school collects 1,500 or more items, everyone will receive an ice cream party!
9. The next **SAT** will take place on **Saturday, June 7th** with a registration deadline on **May 22nd** and the next **ACT** is on **Saturday, June 14th** with a registration deadline on **May 9th**. You will need to register for both tests online at www.collegeboard.com for the SAT or www.actstudent.org for the ACT. A free ACT test and study guide can be found here: [Preparing for the ACT](#) and free SAT prep and tests can be found here: <https://www.princetonreview.com/college-advice/sat-practice-tests>. **Cost:** ACT=\$69 or \$94 with the writing test/SAT=\$68/Fee waivers are available for students that have been approved for free/reduced lunch.

THOUGHT FOR THE WEEK

"Do. Or do not. There is no try."

~Yoda



Stoker's Snippets

April 21-25, 2025

Week 33

1. April is now considered Earth Month, giving you another 29 days to celebrate. But consider extending it even longer. [Studies have shown](#) that one of the best antidotes to eco-anxiety is activism. So, if you're concerned about climate change and other threats to the earth, take part in volunteer efforts and campaigns year-round. [Earthday.org](#) is a great place to learn about ongoing initiatives!
2. Congratulations to our NCAA Basketball Championship winners: 1st Place-Mrs. Stoker (Not sure how this is even possible with 78.5%), 2nd Place-Hannah Dalton with 74% and 3rd Place-Mason Parrish and Mrs. Barger with 71.9%. Thank you to all the staff and students that participated! ****Mrs. Stoker will forfeit her first-place prize to Hannah Dalton.***
3. Happy **Administrative Professionals' Day** on Wednesday to Mrs. Williams in the front office. Thank you for the many things you do for the staff, parents and students! 😊
4. **Juniors/Seniors:** The final junior and senior seminars will take place on Tuesday, May 6th in the cafeteria.
5. **Seniors:** If you have not found a college for fall, please consider the [College Redirection Pool](#) (CRP). The CRP runs April 1 through Aug. 31 to provide students with an additional opportunity to be matched with a North Carolina college or university that still has enrollment openings for the upcoming fall. The CRP assists students who have been denied admission from the institution of their choice and are seeking opportunities to pursue higher education in the fall.
6. **Key Club** is sponsoring a school-wide **"Fighting Hunger Games"** canned/boxed/non-perishable food drive. All food items are due by **Wednesday, April 30th** to be eligible for the competition. A pizza party will be held for the advisory class with the most donations and if the whole school collects 1,500 or more items, everyone will receive an ice cream party!
7. **Seniors:** The final senior conference sign-up form has been sent. All seniors are **required** to meet with Mrs. Stoker on one of these days. This meeting is required to confirm all seniors' final plans (employment, military or college) and verify all college acceptances and scholarships. Have you updated the Google Form?
8. **(9-12th) Featured Artists:** Mrs. Stoker is currently searching for her next "featured artist." There are many talented students and we love seeing your artistic abilities! If you are interested in showcasing something you have drawn, painted or sketched, please let Mrs. Stoker know. ****Seeking 9th Grade Artists!**
9. The next SAT will take place on **Saturday, May 3rd** with a **late-fee** registration deadline on **April 22nd** and the next ACT is on **Saturday, June 14th** with a registration deadline on **May 9th**. You will need to register for both tests online at www.collegeboard.com for the SAT or www.actstudent.org for the ACT. A free ACT test and study guide can be found here: [Preparing for the ACT](#) and free SAT prep and tests can be found here: <https://www.princetonreview.com/college-advice/sat-practice-tests>. **Cost:** ACT=\$69 or \$94 with the writing test/SAT=\$68/Fee waivers are available for students that have been approved for free/reduced lunch.

THOUGHT FOR THE WEEK

"We do not inherit the earth from our ancestors; we borrow it from our children."

~Native American Proverb



Stoker's Snippets

April 14-18, 2025

Week 32

1. There are no ACC classes for 9th-12th grade this week. ABEC is in session Monday-Wednesday for 9th-11th grade students. Enjoy your 2nd spring break!
1. **Seniors:** If you have not found a college for fall, please consider the [College Redirection Pool](#) (CRP). The CRP runs April 1 through Aug. 31 to provide students with an additional opportunity to be matched with a North Carolina college or university that still has enrollment openings for the upcoming fall. The CRP assists students who have been denied admission from the institution of their choice and are seeking opportunities to pursue higher education in the fall.
2. **Key Club** is sponsoring a school-wide **"Fighting Hunger Games"** canned/boxed/non-perishable food drive. All food items are due by **Wednesday, April 30th** to be eligible for the competition. A pizza party will be held for the advisory class with the most donations and if the whole school collects 1,500 or more items, everyone will receive an ice cream party!
3. We hope you and your friends can join Alamance Community College on Friday, May 2 for their annual **Girls Take Over Tech Event** from 5:30 to 7 pm. This exciting event is especially for young women in elementary, middle and high school, and their families. Learn about the cool technical careers and programs offered at ACC - welding, automotive, animal care, machining, horticulture, IT and AI, HVAC, CAD/CAM, mechatronics, engineering, and more! Try the fun hands-on activities and take-home projects that you make yourself! For more information, check out their website: [WiSDem](#)
4. **Seniors:** The final senior conference sign-up form was sent last week. All seniors are **required** to meet with Mrs. Stoker on one of these days. This meeting is required to confirm all seniors' final plans (employment, military or college) and verify all college acceptances and scholarships. Have you updated the Google Form?
5. **(9-12th) Featured Artists:** Mrs. Stoker is currently searching for her next "featured artist." There are many talented students and we love seeing your artistic abilities! If you are interested in showcasing something you have drawn, painted or sketched, please let Mrs. Stoker know. ****Seeking 9th Grade Artists!**
6. The next SAT will take place on **Saturday, May 3rd** with a **late-fee** registration deadline on **April 22nd** and the next ACT is on **Saturday, June 14th** with a registration deadline on **May 9th**. You will need to register for both tests online at www.collegeboard.com for the SAT or www.actstudent.org for the ACT. A free ACT test and study guide can be found here: [Preparing for the ACT](#) and free SAT prep and tests can be found here: <https://www.princetonreview.com/college-advice/sat-practice-tests>. **Cost:** ACT=\$69 or \$94 with the writing test/SAT=\$68/Fee waivers are available for students that have been approved for free/reduced lunch.

THOUGHT FOR THE WEEK

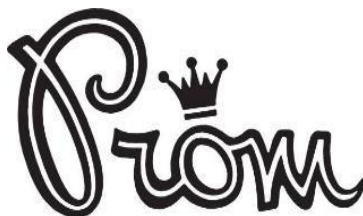


1. April is recognized as **National Stress Awareness Month** to bring attention to the negative impact of stress. Managing stress is an essential component of a healthy lifestyle. Knowing how to manage stress can improve mental and physical well-being as well as minimize exacerbation of health-related issues. It's critical to recognize what stress and anxiety look like, take steps to build resilience, and know where to go for help. Check out this site for helpful tips on managing stress: <https://kidshealth.org/en/teens/stress-tips.html>
2. Congratulations to Velani, Abigail, Brenda, Valeria and Iyonna on their acceptances to Elon Academy. We are so proud of you and **all** the ninth graders that applied! 😊
3. **11th and 12th ACC Drop Deadline:** The last day to drop an ACC class is Saturday, April 12th with a "WP". Please notify Dr. Fliehman if an instructor feels this is the best option for you.
4. **Seniors:** The final senior conference sign-up form will be emailed later this week. All seniors are **required** to meet with Mrs. Stoker on one of these days. This meeting is required to confirm all seniors' final plans (employment, military or college) and verify all college acceptances and scholarships. Have updated the Google Form?
5. **Last Call for Prom Tickets: Wednesday, April 9th** is the very last day to purchase a ticket online.
6. SGA speeches will take place during lunch tomorrow. Any rising juniors or seniors running for office (P, VP or S) need to send Mrs. Stoker a copy of your speech so it can be shared in Ms. Fisher's English 3 blocks tomorrow. Voting ballots will be sent to all students on Tuesday afternoon. Good luck to all candidates!
7. **(9-12th) Featured Artists:** Mrs. Stoker is currently searching for her next "featured artist." There are many talented students and we love seeing your artistic abilities! If you are interested in showcasing something you have drawn, painted or sketched, please let Mrs. Stoker know. ****Seeking 9th Grade Artists!**
8. **Seniors:** Scholarship Opportunities #6 will be emailed to all seniors this week. There is still time to earn money for college so please spend some time working on these last few opportunities.
9. The next SAT will take place on **Saturday, May 3rd** with a registration deadline on **April 13th** and the next ACT is on **Saturday, June 14th** with a registration deadline on **May 9th**. You will need to register for both tests online at www.collegeboard.com for the SAT or www.actstudent.org for the ACT. A free ACT test and study guide can be found here: [Preparing for the ACT](http://www.collegeboard.com/sat-prep) and free SAT prep and tests can be found here: <https://www.princetonreview.com/college-advice/sat-practice-tests>. **Cost:** ACT=\$69 or \$94 with the writing test/SAT=\$68/Fee waivers are available for students that have been approved for free/reduced lunch.

THOUGHT FOR THE WEEK

"Life is like prom: no matter what happens, we'll keep on dancing."

~Unknown



Stoker's Snippets

Mar.31-April 4, 2025

Week 30

1. The next junior and senior seminar will take place tomorrow Tuesday, April 1st. This is our second to last meeting for the year so plan to be there!
2. April 12th is the official drop date for 16-week courses. If you think this is the best option for you, please see Dr. Fliehm for approval by April 1st.
3. **UNCW:** A representative from UNCW will be in the cafeteria Wednesday, April 2nd from 9-10:15am for upperclassmen and available for any ninth or tenth grade students during Success Academy.
4. **11th and 12th:** Prom tickets will increase in price again on **Tuesday, April 1st**. All tickets need to be purchased online.
5. **Campapalooza at Chowan:** Students can register for Campapalooza 2025! Please share this email with your students! This year's camp will take place June 22nd through June 26th on the campus of Chowan University. Campapalooza is a 4 day academic summer camp for rising sophomores, juniors, and seniors. During this mini college experience students will live on campus, have meals in the university cafeteria, and spend their days engaged in focused academic activities with our University faculty. Evening programming includes a variety of fun activities such as the pool, tie dyeing and Uno tournaments. Please visit for more details: chowan.edu/campapalooza
6. **2025 SATELLITE Camp at North Carolina State University, and the SATELLITE Camp Leadership:** SATELLITE is a five-day STEM outreach and leadership development program that exposes high school **sophomores and juniors** from under-resourced communities in North Carolina to post-secondary educational opportunities in STEM and its many disciplines. SATELLITE Campers have had the opportunity to participate in a wide variety of activities including a field trip to the Museum of Natural Sciences, an egg drop competition, plant biology seminars, workshops in paper science engineering, textiles and design, game theory, and hands-on life sciences demonstrations led by genuine NC State faculty and students. The 2025 program will run from **May 18th - 22nd. The deadline to apply is April 18th, 2025.** If accepted, there will be a \$25 registration fee, but a number of need-based scholarships and financial assistance opportunities are available upon request. The link for students to apply can be found here at <https://forms.gle/ZpSa5SULw659wLKS8>! [Here](#) is a video preview of camp! Come check it out!
7. **9th-11th: Generative AI Summer 2025 Initiative by Stanford Mentors:** [Inspirit AI](#) is a 25-hour summer program mentored by Ivy League graduates that introduces students in grades 6 to 12 to fundamental AI tools to create impactful projects such as AI-powered mental health assistants, intelligent disaster-monitoring systems, among others. If interested, [Priority applications](#) are due **March 31st**.
8. The next SAT will take place on **Saturday, May 3rd** with a registration deadline on **April 13th** and the next ACT is on **Saturday, June 14th** with a registration deadline on **May 9th**. You will need to register for both tests online at www.collegeboard.com for the SAT or www.actstudent.org for the ACT. A free ACT test and study guide can be found here: [Preparing for the ACT](#) and free SAT prep and tests can be found here: <https://www.princetonreview.com/college-advice/sat-practice-tests>. **Cost:** ACT=\$69 or \$94 with the

writing test/SAT=\$68/Fee waivers are available for students that have been approved for free/reduced lunch.

THOUGHT FOR THE WEEK

“Being kind means responding to the needs of others-and people can be kind, no matter how old or young we are.”
~Fred Rogers



Stoker's Snippets

March 24-28, 2025

Week 29

1. **Mark your calendar!** SGA will host its next “Fun Friday” this Friday, March 28th. Weather permitting, we will meet outdoors near the basketball courts. **{This event is for ABEC students and staff only.}** All car riders need to be picked-up by **5:30pm!**
2. **Governor’s School:** Congratulations to Marissa Marean and Caroline West! Both were selected out of hundreds of state-level nominees to attend the North Carolina Governor’s School this summer, the oldest institution of its kind in the nation with a proud tradition of excellence. Way to go, Caroline and Marissa!
3. The next junior and senior seminar will take place on Tuesday, April 1st. This is our second to last meeting for the year so plan to be there!
4. **Tomorrow:** Janski Bradsher, an admissions counselor from **Winston-Salem State University** will be on campus Tuesday, March 25th at 2:15pm in the cafeteria. Any students (**especially juniors**) interested in attending WSSU are welcome to attend and need to sign up here:
https://mail.google.com/mail/u/0?ui=2&ik=3c482abee1&attid=0.0.1&permmsgid=msg-f:1824698913530799235&th=1952a1fe830b6483&view=fimg&fur=ip&permmsgid=msg-f:1824698913530799235&sz=s0-l75-ft&attbid=ANGjdJ8v3D-I_CxdWZaSPvpqBZdAsxlQnsnAFBbv6_Trv-QSAK5Z5n6vVadyrcly-sXs33CHq8vz7WnL3fj36KJXWkK5S473R2F36Bh6KoaLpLe1UydS_EtEWL888cI&disp=emb&zw
5. April 12th is the official drop date for 16-week courses. If you think this is the best option for you, please see Dr. Fliehm for approval by April 1st.
6. **UNCW:** A representative from UNCW will be in the cafeteria Wednesday, April 2nd from 9-10:15am for upperclassmen and available for any ninth or tenth grade students during Success Academy.
7. **SGA Election:** Former or current members are eligible to run for office Secretary (Rising 10th-12th), Vice President (Rising 11th and 12th) and President (Rising 11th and 12th). All students in good academic standing are eligible to run for class representatives. Campaigning will begin next week and the election will take place the next week (date TBD).
8. **11th and 12th:** Prom tickets will increase in price again on **Tuesday, April 1st**. See Mrs. Stoker for an “outside guest” form which is due along with a picture ID on **Wednesday, March 26th**.
9. **9th-11th: Generative AI Summer 2025 Initiative by Stanford Mentors:** [Inspirit AI](#) is a 25-hour summer program mentored by Ivy League graduates that introduces students in grades 6 to 12 to fundamental AI tools to create impactful projects such as AI-powered mental health assistants, intelligent disaster-monitoring systems, among others. If interested, [Priority applications](#) are due **March 31st**.
10. The next SAT will take place on **Saturday, May 3rd** with a registration deadline on **April 13th** and the next ACT is on **Saturday, June 14th** with a registration deadline on **May 9th**. You will need to register for both tests online at www.collegeboard.com for the SAT or www.actstudent.org for the ACT. A free ACT test and study guide can be found here: [Preparing for the ACT](#) and free SAT prep and tests can be found here:

<https://www.princetonreview.com/college-advice/sat-practice-tests>. **Cost:** ACT=\$69 or \$94 with the writing test/SAT=\$68/Fee waivers are available for students that have been approved for free/reduced lunch.

THOUGHT FOR THE WEEK

“Every day may not be good...but there’s something good in every day.”
~Alice Morse Earle



Stoker's Snippets

March 17-21, 2025

Week 28

1. **Juniors:** All juniors will take the ACT for free on Wednesday, March 19th. Be sure to arrive on time, bring a snack and try your best since these scores may be used in your application and scholarship process next year. Bring all school-issued Chromebooks and chargers!! Best of luck to all of you...again!
2. **9th-12th:** SGA is hosting another March Madness Bracket tournament. If you'd like to participate, please see Mrs. Stoker before Wednesday. There will be a prize for the final winner!
3. **11th and 12th:** Prom tickets will increase in price again on **Tuesday, April 1st**. See Mrs. Stoker for an “outside guest” form which are due along with a picture ID on **Wednesday, March 26th**.
4. **9th-11th: Generative AI Summer 2025 Initiative by Stanford Mentors:** [Inspirit AI](#) is a 25-hour summer program mentored by Ivy League graduates that introduces students in grades 6 to 12 to fundamental AI tools to create impactful projects such as AI-powered mental health assistants, intelligent disaster-monitoring systems, among others. If interested, [Priority applications](#) are due **March 31st**.
5. **Twin Lakes Community YESS! Summer Service Program:** Students ages 12 and 17 are invited to apply to (Youth Engaged Serving Seniors) at Twin Lakes Community Summer Service Program. This program helps you learn more about older adults and gives you the opportunity to spend two days each week during the summer volunteering. The program runs June 17-August 14th. Applications are due by 4:30pm on Friday, March 28th. Please see Mrs. Stoker for an application.
6. The Harvard Crimson's **Crimson Journalism Summit (CJS)** is a two-day hybrid event from **April 5-6th** for high school reporters of all experience levels. Participants will engage in workshops, simulations, and seminars led by Crimson Editors and Executives across our content boards, improving their reporting skills, furthering their interest in journalism and developing new ideas to implement into their own newspapers. Students will interact with journalists from both The Crimson and top publications such as the New York Times, Wall Street Journal, Washington Post, and more! Learn more and register for the Crimson Journalism Summit at gp.thecrimson.com/cjs/!
7. There's only 1 month left to apply for **Girls Who Code Summer Programs**: Time's running out—don't miss your chance for a summer like no other! Solve real-world problems with code, make lifelong friends, and get college and career advice from top tech companies. **No fees and no coding experience needed!** High school girls and non-binary students can choose from [two incredible program options](#)—pick the one that fits your interests and schedule! But hurry—the application closes on **April 11th**. [Apply today!](#)
8. The next SAT will take place on **Saturday, May 3rd** with a registration deadline on **April 13th** and the next ACT is on **Saturday, April 5th** with a **late-fee** registration deadline on **March 16th**. You will need to register for both tests online at www.collegeboard.com for the SAT or www.actstudent.org for the ACT. A free ACT test and study guide can be found here: [Preparing for the ACT](#) and free SAT prep and tests can be found here: <https://www.princetonreview.com/college-advice/sat-practice-tests>. **Cost:** ACT=\$69 or \$94 with the writing

test/SAT=\$68/Fee waivers are available for students that have been approved for free/reduced lunch. ****All juniors will take the ACT for free on March 11th during the school day.**

THOUGHT FOR THE WEEK

"A good friend is like a four-leaf clover, hard to find and lucky to have."
~Irish proverb



Stoker's Snippets

March 10-14, 2025

Week 27

1. **Juniors:** All juniors will take the ACT for free on Tuesday, March 11th. Be sure to arrive on time, bring a snack and try your best since these scores may be used in your application and scholarship process next year. Best of luck to all of you!
2. Mrs. Stoker will receive ACC mid-term and 8-week class grades this week. Student check-ins and parent contact will begin for students that have a D or Below in any college classes.
3. A quick reminder that through Friday, March 16th, students that sign up for the April, June, or July ACT will have the opportunity to select a bundle for \$99 and get a voucher for a second test anytime through Summer 2026. Please see the poster or Mrs. Stoker for more details: [ACT \\$99 Savings Bundle Poster](#)
4. **11th and 12th:** The National College Resource Foundation would like to extend an invitation to our high school students to join them for the Atlanta Black College Expo on Thursday, March 20, 2025. The link to win scholarship money by writing an essay was emailed last **Monday, March 3rd**. The deadline for writing an essay is **March 10, 2025**.
5. **Upcoming Event:** Janski Bradsher, an admissions counselor from **Winston-Salem State University** will be on campus Tuesday, March 25th at 2:15pm in the cafeteria. Any students interested in attending WSSU are welcome to attend and need to sign up through the QR code-https://mail.google.com/mail/u/0?ui=2&ik=3c482abee1&attid=0.0.1&permmsgid=msg-f:1824698913530799235&th=1952a1fe830b6483&view=fimg&fur=ip&permmsgid=msg-f:1824698913530799235&sz=s0-l75-ft&attbid=ANGjdJ8v3D-I_CxdWZaSPvpqBZdAsxlOnsnAFBbv6_Trv-QSAK5Z5n6vVadvrely-sXs33CHq8vz7WnL3fj36KJXWkK5S473R2F36Bh6KoaLpLe1UydS_EtEWL888cI&disp=emb&zw
6. The next SAT will take place on **Saturday, May 3rd** with a registration deadline on April 13th and the next ACT is on **Saturday, April 5th** with a **late-fee** registration deadline on **March 16th**. You will need to register for both tests online at www.collegeboard.com for the SAT or www.actstudent.org for the ACT. A free ACT test and study guide can be found here: [Preparing for the ACT](#) and free SAT prep and tests can be found here: <https://www.princetonreview.com/college-advice/sat-practice-tests>. **Cost:** ACT=\$69 or \$94 with the writing test/SAT=\$68/Fee waivers are available for students that have been approved for free/reduced lunch. ****All juniors will take the ACT for free on March 11th during the school day.**

THOUGHT FOR THE WEEK

"What do you get when you cross poison ivy with a four-leaf clover? A rash of good luck!"
~Author Unknown



Stoker's Snippets

February 24-28, 2025

Week 26

1. Junior and Senior Success Academies will not take place on Tuesday, March 4th due to spring break. Instead of a make-up session this month, Dr. Fliehm and Mrs. Stoker will contact students for one on one meetings that are not performing at a "C" or above. The next scheduled meeting for all will take place on Tuesday, April 1st.
2. **9th-11th: Campapalooza 2025 Academic Summer Camp** and it is going to be the best one yet! Their academic summer camp offers a 5-day college experience for high school students. They are planning some new camps this year as well as some old favorites! Camps are for high school students 15-18 years old. Here is the link to the Interest Form: <https://forms.gle/ujVV5JgXcCzwmMhG8>
3. **11th and 12th:** ACC needs YOUR input! The college is in the process of improving campus spaces, but they cannot do that without your input. Please stop by the Lower Commons in the Main Building on Monday, February 24th between 11am - 2pm and share your thoughts and ideas with the Design Team.
4. **Prom Update:** ABEC will have an event planner decorate for prom this year. If any seniors would like to submit pictures, colors or specific ideas please let Mrs. Stoker know as soon as possible. If you'd like to meet in person with ideas, we can meet on Monday, February 24th at 2:00pm in the cafeteria. Also, prom tickets will increase to \$50.00 on March 1st.
5. **Upcoming Event:** Janski Bradsher, an admissions counselor from **Winston-Salem State University** will be on campus Tuesday, March 25th at 2:15pm in the cafeteria. Any students interested in attending WSSU are welcome to attend and need to sign up through the QR code-https://mail.google.com/mail/u/0?ui=2&ik=3c482abee1&attid=0.0.1&permmsgid=msg-f:1824698913530799235&th=1952a1fe830b6483&view=fimg&fur=ip&permmsgid=msg-f:1824698913530799235&sz=s0-l75-ft&attid=ANGjdJ8v3D-I_CxdWZaSPvpqBZdAsxIOnsnAFBbv6_TrV-QSAK5Z5n6vVadyrcly-sXs33CHq8vz7WnL3fj36KJXWkK5S473R2F36Bh6KoaLpLe1UydS_EtEWL888cl&disp=emb&zw
6. **Prideful Safe Space** is hosting an ABEC Thrift Day! Over the next three weeks, please bring in a bag (with your name on it) full of clothes you would like to donate. The more items you bring, the more tokens you get. These tokens can be used to "purchase" clothes on thrift day, which will occur during Success Academy on March 17th. Any remaining items will be given to a homeless shelter to support those in need. The advisory with the most clothes brought in before thrift day will receive a donut party!
7. **10th -12th:** 2025-2026 ACC classes will be posted in Self-Service on March 1st. Is your schedule ready?
8. **Seniors and Parents:** ACC offers multiple workshops for assistance completing the FAFSA. Workshops are held each week. Be sure to list a contact number so their office can contact you if needed. **SCHEDULE TODAY** or call for an appointment: [336-506-4340](tel:336-506-4340).
9. The next SAT will take place on **Saturday, March 8th** with a **late-fee** registration deadline on and the next ACT is on **Saturday, April 5th** with a **late-fee** registration deadline on. You will need to register for both tests online at www.collegeboard.com for the SAT or www.actstudent.org for the ACT. A free ACT test and study guide can

be found here: [Preparing for the ACT](#) and free SAT prep and tests can be found here: <https://www.princetonreview.com/college-advice/sat-practice-tests>. **Cost:** ACT=\$69 or \$94 with the writing test/SAT=\$68/Fee waivers are available for students that have been approved for free/reduced lunch. ****All juniors will take the ACT for free on March 11th during the school day.**

THOUGHT FOR THE WEEK

“Never be limited by other people’s limited imaginations.”

~Dr. Mae Jemison, first African-American female astronaut



Stoker's Snippets

February 17-21, 2025

Week 25

1. **ACT Offer:** From now through March 16th, students that sign up for the April, June, or July ACT will have the opportunity to select a bundle for \$99 and get a voucher for a second test anytime through Summer 2026. For more details, please visit: [ACT \\$99 Savings Bundle Poster](#)

2. The United States Military Academy at West Point is excited to offer two unique opportunities for high school and middle school students to experience the Academy this summer.

Opportunity 1: Summer Leader Experience (SLE) [View Flyer](#)

Applications for SLE open on February 15, and selections will be made on a rolling basis starting March 15.

Completing this application also fulfills the first portion of the application to West Point. West Point provides scholarships to cover the costs of SLE fees and travel expenses for students who have proven financial need. Learn more here: [West Point Summer Leader Experience](#) Apply to SLE: [SLE Application](#)

Opportunity 2: Summer STEM Workshops

For students in 6th through 9th grade, West Point will host its annual Summer STEM Workshops. Workshop topics include human physiology, fuel cell cars, propellants, robotics, cantilevers, soldering circuits, fish biodiversity, water chemistry, meteorology, egg drop engineering, data analytics, and more. The workshops are scheduled as follows:

- June 2–6 for 6th-7th graders
- June 9–13 for 8th-9th graders

Applications for Summer STEM are open now through February 28, 2025. For more information, visit the Center for Leader Development in STEM (CLDSTEM) website: [Center for Leader Development in STEM | United States Military Academy West Point](#) Apply to Summer STEM: [Summer STEM Workshop Application](#)

3. **11th and 12th:** 2025-2026 ACC classes will be posted in Self-Service on March 1st. Please be sure to map out your potential schedule before meeting with Mrs. Bader.

4. **Seniors and Parents:** ACC offers multiple workshops for assistance completing the FAFSA. Workshops are held each week. Be sure to list a contact number so their office can contact you if needed. [SCHEDULE TODAY](#) or call for an appointment: [336-506-4340](tel:336-506-4340).

5. **Seniors:** Any senior that has been accepted to a college/university or received a scholarship award needs to provide a copy of the acceptance/award letter to the “College Acceptance/Scholarship” Google Form.

6. **Girls Who Code’s Summer Programs** priority consideration deadline is coming up on **February 26th!** The Summer Immersion Program (SIP) is a two-week, live virtual classroom experience for current 9th-11th graders. Students will design creative computer games, connect with industry professionals, and join an incredible community of mentors and friends who have their back. Eligible participants can apply for a [\\$300 SIP Student Grant](#), plus [laptop and hotspot access](#).

*Round 1: July 7th, 2025 - July 18th, 2025

*Round 2: July 28th, 2025 - August 8th, 2025

Pathways is a six-week study program for 9th-12th graders. Students set their own schedule to explore web development, cybersecurity, data science, and artificial intelligence, including a brand-new course on responsible artificial intelligence

design! {Program Dates: June 30th, 2025 - August 8th, 2025} For more details, please visit [our flyer](#) for students so you can apply to Girls Who Code's free Summer Programs at girlswhocode.com/summerapply by February 26, 2025.

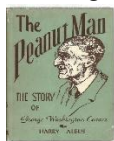
7. The next SAT will take place on **Saturday, March 8th** with a registration deadline on **February 21st** and the next ACT is on **Saturday, April 5th** with a registration deadline on **February 28th**. You will need to register for both tests online at www.collegeboard.com for the SAT or www.actstudent.org for the ACT. A free ACT test and study guide can be found here: [Preparing for the ACT](#) and free SAT prep and tests can be found here:

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THOUGHT FOR THE WEEK

"Where there is no vision, there is no hope."

~George Washington Carver



Stoker's Snippets

February 10-14, 2025

Week 24

1. The NC African American Heritage Commission believe that celebrating and sharing the history heritage of African Americans goes beyond the month of February. This February, and every month they continue their work to preserve, protect and promote North Carolina's African American history, arts, and culture for all people. For more details, please visit: <https://aahe.nc.gov/programs/black-history-month>
2. **11th and 12th:** ACC will host a Loving-Kindness Meditation in the library or through Zoom on Thursday, February 13th at 12:00pm. This meditation helps you focus on goodwill, kindness and belonging. No meditation experience is needed. Staff and students (11th and 12th only) are welcome to attend. Please sign up with link sent in your ACC email or scan the QR code outside Mrs. Stoker's office.
3. **Seniors:** Scholarship Opportunities #4 was emailed directly to all seniors last week. Please be sure you're taking advantage of these opportunities. 30 minutes to an hour a week should be dedicated to completing scholarship applications for those planning to attend a 4-year school next year.
4. It's that time of year again and **UNICEF** is selling Valentine Candy Bags. Please complete this [Google form](#) and pay online, using the following link: <https://osp.osmsinc.com/ABSS/BVModules/ProductTemplates/Bvc2013/Product.aspx?productid=AT056-41> If you have any questions, please see Ms. Fisher or Kim Martinez.
5. **Juniors:** All juniors will take the ACT for **free** on Tuesday, March 11th. To start practicing and reviewing for free, please visit: <https://www.kaptest.com/act/free/act-free-practice-test>. Go ahead and let your ACC instructors know in advance. ***Students are not required to register for this test or pay any costs.**
6. **9th-12th:** The ABEC Ambassadors are sponsoring a **Sweetheart Dance** on Saturday, February 22nd. Tickets to attend will be \$10. Light refreshments will be provided. Please see Dr. Fliehman or one of the grade level ambassadors for more details.
7. **Seniors and Parents:** ACC offers multiple workshops for assistance completing the FAFSA. Workshops are held each week. Be sure to list a contact number so their office can contact you if needed. [SCHEDULE TODAY](#) or call for an appointment: 336-506-4340.
8. **Seniors:** Any senior that has been accepted to a college/university or received a scholarship award needs to provide a copy of the acceptance/award letter to the "College Acceptance/Scholarship" Google Form.

9. The next SAT will take place on **Saturday, March 8th** with a registration deadline on **February 21st** and the next ACT is on **Saturday, April 5th** with a registration deadline on **February 28th**. You will need to register for both tests online at www.collegeboard.com for the SAT or www.actstudent.org for the ACT. A free ACT test and study guide can be found here: [Preparing for the ACT](#) and free SAT prep and tests can be found here: <https://www.princetonreview.com/college-advice/sat-practice-tests>. **Cost:** ACT=\$69 or \$94 with the writing test/SAT=\$68/Fee waivers are available for students that have been approved for free/reduced lunch. ****All juniors will take the ACT for free on March 11th during the school day.**

THOUGHT FOR THE WEEK

“Being deeply loved by someone gives you strength, while loving deeply gives you courage.”

~Lau Tzu



Stoker's Snippets

February 3-7, 2025

Week 23

1. **The Creation of Black History Month**

Did you know that the origins of Black History Month date back to 1915? At that time, a gentleman named Dr. Carter G. Woodson traveled to Chicago to participate and present at Illinois' celebration for the 50th anniversary of emancipation. This event inspired him to form an organization dedicated to the scientific study of black life and history, which came to be known as the Association for the Study of Negro Life and History (currently known as the Association for the Study of African American Life and History) which lead to the creation of Negro History and Literature Week.

Why February? It is believed Dr. Woodson chose it because it encompasses both Abraham Lincoln and Frederick Douglass' birthdays, two individuals who greatly shaped black history. To learn more about this history and the legacy of Dr. Carter G. Woodson, please visit the Association for the Study of African American Life and History's [website](#).

2. Congratulations to ABEC's Ethics Bowl Team! Be sure to congratulate them on their two out of four wins. Way to go!
3. Success Academy will take place for all juniors and seniors on Tuesday, February 4th.
4. **Seniors:** Scholarship Opportunities #4 will be emailed directly to all seniors this Wednesday. Please be sure you're taking advantage of these opportunities. 30 minutes to an hour a week should be dedicated to completing scholarship applications for those planning to attend a 4-year school next year.
5. **ACC Grades/Attendance:** All students should check their "Watermark" accounts each week to track current grades and attendance. Moodle is not always accurate. Each ACC class varies with the number of days you can miss so please be mindful of your absences/tardies.
6. **Juniors:** All juniors will take the ACT for **free** on Tuesday, March 11th. To start practicing and reviewing for free, please visit: <https://www.kaptest.com/act/free/act-free-practice-test>. Go ahead and let your ACC instructors know in advance. ***Students are not required to register for this test or pay any costs.**
7. **9th-12th:** The ABEC Ambassadors are sponsoring a **Sweetheart Dance** on Saturday, February 22nd. Tickets to attend will be \$10. Light refreshments will be provided. Please see Dr. Fliehm or one of the grade level ambassadors for more details.
8. **Seniors and Parents:** ACC offers multiple workshops for assistance completing the FAFSA. Workshops are held each week. Be sure to list a contact number so their office can contact you if needed. [SCHEDULE TODAY](#) or call for an appointment: 336-506-4340.
9. **(9-12th) Featured Artists:** If you are interested in showcasing something you have drawn, painted or sketched, please let Mrs. Stoker know. She is currently searching for her next "featured artist." There are many talented students and we love seeing your artistic abilities!
10. **Seniors:** Any senior that has been accepted to a college/university or received a scholarship award needs to provide a copy of the acceptance/award letter to the "College Acceptance/Scholarship" Google Form.

11. The next SAT will take place on **Saturday, March 8th** with a registration deadline on **February 21st** and the next ACT is on **Saturday, April 5th** with a registration deadline on **February 28th**. You will need to register for both tests online at www.collegeboard.com for the SAT or www.actstudent.org for the ACT. A free ACT test and study guide can be found here: [Preparing for the ACT](#) and free SAT prep and tests can be found here: <https://www.princetonreview.com/college-advice/sat-practice-tests>. **Cost:** ACT=\$69 or \$94 with the writing test/SAT=\$68/Fee waivers are available for students that have been approved for free/reduced lunch. ****All juniors will take the ACT for free on March 11th during the school day.**

THOUGHT FOR THE WEEK

"It is not true that people stop pursuing dreams because they grow old, they grow old because they stop pursuing dreams."
~Gabriel Garcia Marquez



Stoker's Snippets

January 27-31, 2025

Week 22

1. **Seniors and Parents:** ACC offers multiple workshops for assistance completing the FAFSA. Workshops are held each week. Be sure to list a contact number so their office can contact you if needed. [SCHEDULE TODAY](#) or call for an appointment: 336-506-4340.
2. Do you have an **ACC** teacher that you would like to see recognized for being an Outstanding Instructor? The Faculty Affairs Committee is seeking nominations for the "Excellence in Training" award. This is your opportunity to honor a teacher who stands out as an exemplary educator and innovator, someone who truly goes above and beyond expectations! To nominate an individual, please complete the Excellence in Teaching Nomination form using the link below by **January 31st**.
[Excellence in Teaching Nomination](#)
3. **PROM:** This year's junior/senior "*Great Gatsby*" prom will take place on Saturday, April 12th from 8-11:00pm. The event will take place at the same location as last year, The Chairman's Retreat in Burlington. Tickets for prom cost \$40.00 and will increase to \$45.00 starting on **February 1st**. All non-refundable tickets can be purchased online. Please see Mrs. Stoker or Mrs. Williams with any questions.
4. **(9-12th) Featured Artists:** If you are interested in showcasing something you have drawn, painted or sketched, please let Mrs. Stoker know. She is currently searching for her next "featured artist." There are many talented students and we love seeing your artistic abilities!
5. **Girls Who Code's virtual [Summer Programs](#) are now accepting applications!** Girls Who Code offers different program options so high school students can choose what's right for them - no coding experience required! The **Summer Immersion Program (SIP)** is a two-week live virtual classroom experience where students will meet like-minded peers as they design creative computer games, gain practical college and career advice from industry professionals, and explore tech careers. Eligible applicants can apply for a [\\$300 SIP Student Grant](#), plus [laptop and hotspot access](#). **Pathways** is a flexible, six-week program for students to learn at their own pace with step-by-step video tutorials.
6. **11th and 12th:** The next required Success Academy will take place on Tuesday, February 4th. We will continue to meet on the first Tuesday of every month. **Time Change:** Seniors will now meet at 1:30pm and juniors will meet at 2:15 pm. Please let your employers know in advance!
7. **Seniors:** Any senior that has been accepted to a college/university or received a scholarship award needs to provide a copy of the acceptance/award letter to the "*College Acceptance/Scholarship*" Google Form.

8. The next SAT will take place on **Saturday, March 8th** with a registration deadline on **February 21st** and the next ACT is on **Saturday, April 5th** with a registration deadline on **February 28th**. You will need to register for both tests online at www.collegeboard.com for the SAT or www.actstudent.org for the ACT. A free ACT test and study guide can be found here: [Preparing for the ACT](#) and free SAT prep and tests can be found here: <https://www.princetonreview.com/college-advice/sat-practice-tests>. **Cost:** ACT=\$69 or \$94 with the writing test/SAT=\$68/Fee waivers are available for students that have been approved for free/reduced lunch. ****All juniors will take the ACT for free on March 11th during the school day.**

THOUGHT FOR THE WEEK

“Though no one can go back and make a brand-new start, anyone can start from now and make a brand-new ending.”

~ Carl Bard



Stoker's Snippets

January 20-24, 2025

Week 21

1. Do you have an **ACC** teacher that you would like to see recognized for being an Outstanding Instructor? The Faculty Affairs Committee is seeking nominations for the "Excellence in Training" award. This is your opportunity to honor a teacher who stands out as an exemplary educator and innovator, someone who truly goes above and beyond expectations! To nominate an individual, please complete the Excellence in Teaching Nomination form using the link below by **January 31st**.
[Excellence in Teaching Nomination](#)
2. **PROM:** This year's junior/senior "*Great Gatsby*" prom will take place on Saturday, April 12th from 8-11:00pm. The event will take place at the same location as last year, The Chairman's Retreat in Burlington. Tickets for prom cost \$40.00 and will increase to \$45.00 starting on February 1st. All non-refundable tickets can be purchased online. Please see Mrs. Stoker or Mrs. Williams with any questions.
3. **Seniors:** Mrs. Stoker has slowly started sending out mid-year transcripts to colleges in the Common Application last week. If you have any grades from the fall that are being used to replace a previous "D" or "F", please let her know immediately so transcripts can be updated.
4. **ACC Graduation:** It is that time of the year! If you expect to graduate in 2025 Spring or Summer from ACC, you may now begin placing your orders using the following link: <https://oakhalleg.com/pages/alamancecc>. Please be sure you have paid your \$25.00 graduation fee prior to placing your order. Deadline for placing your order is March 21, 2025.
5. **Girls Who Code's virtual [Summer Programs](#) are now accepting applications!** Girls Who Code offers different program options so high school students can choose what's right for them - no coding experience required! The **Summer Immersion Program (SIP)** is a two-week live virtual classroom experience where students will meet like-minded peers as they design creative computer games, gain practical college and career advice from industry professionals, and explore tech careers. Eligible applicants can apply for a [\\$300 SIP Student Grant](#), plus [laptop and hotspot access](#). **Pathways** is a flexible, six-week program for students to learn at their own pace with step-by-step video tutorials.
6. **11th and 12th:** The next required Success Academy will take place on Tuesday, February 4th. We will continue to meet on the first Tuesday of every month. **Time Change:** Seniors will now meet at 1:30pm and juniors will meet at 2:15 pm. Please let your employers know in advance!
7. **Juniors: Project Uplift** is a summer enrichment and college access program designed to promote and increase access to higher education for rising high school seniors, especially those underrepresented in postsecondary education. Project Uplift will be held in-person for summer 2025. Join us at UNC-Chapel Hill for a day full of exploration of our campus, advice for applying to college, and opportunities to get to know other talented rising seniors and current UNC students. The dates for Project Uplift 2025 are as follows: **Session 1: Saturday, May 31/Session 2: Saturday, June 7/Session 3: Saturday, June 14** {Applications to attend Project Uplift 2025 will be open from **January 15, 2025 to March 14, 2025.**}
5. **Seniors:** Any senior that has been accepted to a college/university or received a scholarship award needs to provide a copy of the acceptance/award letter to the "*College Acceptance/Scholarship*" Google Form.

6. The next SAT will take place on **Saturday, March 8th** with a registration deadline on **February 21st** and the next ACT is on **Saturday, February 8th** with a **late-fee** registration deadline on **January 24th**. You will need to register for both tests online at www.collegeboard.com for the SAT or www.actstudent.org for the ACT. A free ACT test and study guide can be found here: [Preparing for the ACT](#) and free SAT prep and tests can be found here: <https://www.princetonreview.com/college-advice/sat-practice-tests>. **Cost:** ACT=\$69 or \$94 with the writing test/SAT=\$68/Fee waivers are available for students that have been approved for free/reduced lunch. ****All juniors will take the ACT for free on March 11th during the school day.**

THOUGHT FOR THE WEEK

“Love is the only force capable of transforming an enemy into a friend.”

~Martin Luther King, Jr.



Stoker's Snippets

January 13-17, 2025

Week 20

1. Next Monday, January 20th is a holiday and there will not be any high school or college classes. 😊
2. Congratulations to Bryant Damaso Peralta, Ruth Huynh, Marissa Marean, Roman Newton, Ethan Otero and Caroline West! They were all selected along with other competitive ABSS high school students as district candidates for Governor's School this summer. Final state decisions will be made in March. Good luck!!
3. **Seniors:** Mrs. Stoker will begin sending out mid-year transcripts to all colleges in the Common Application this week. If you have any grades from the fall that are being used to replace a previous “D” or “F”, please let her know immediately so transcripts can be updated.
4. **ACC Graduation:** It is that time of the year! If you expect to graduate in 2025 Spring or Summer from ACC, you may now begin placing your orders using the following link: <https://oakhalleg.com/pages/alamancecc> Please be sure you have paid your \$25.00 graduation fee prior to placing your order. Deadline for placing your order is March 21, 2025.
5. **Girls Who Code's virtual [Summer Programs](#) are now accepting applications!** Girls Who Code offers different program options so high school students can choose what's right for them - no coding experience required! The **Summer Immersion Program (SIP)** is a two-week live virtual classroom experience where students will meet like-minded peers as they design creative computer games, gain practical college and career advice from industry professionals, and explore tech careers. Eligible applicants can apply for a [\\$300 SIP Student Grant](#), plus [laptop and hotspot access](#). **Pathways** is a flexible, six-week program for students to learn at their own pace with step-by-step video tutorials. Participants can explore cutting-edge topics like cybersecurity, data science, and brand-new for 2025—responsible artificial intelligence design.
6. **11th and 12th:** The next required Success Academy will take place on Tuesday, February 4th. We will continue to meet on the first Tuesday of every month. **Time Change:** Seniors will now meet at 1:30pm and juniors will meet at 2:15 pm. Please let your employers know in advance!
7. **Juniors: Project Uplift** is a summer enrichment and college access program designed to promote and increase access to higher education for rising high school seniors, especially those underrepresented in postsecondary education. Project Uplift will be held in-person for summer 2025. Join us at UNC-Chapel Hill for a day full of exploration of our campus, advice for applying to college, and opportunities to get to know other talented rising seniors and current UNC students. The dates for Project Uplift 2025 are as follows: **Session 1: Saturday, May 31/Session 2: Saturday, June 7/Session 3: Saturday, June 14** {Applications to attend Project Uplift 2025 will be open from **January 15, 2025 to March 14, 2025.**}
5. **Seniors:** Any senior that has been accepted to a college/university or received a scholarship award needs to provide a copy of the acceptance/award letter to the “*College Acceptance/Scholarship*” Google Form.
6. The next SAT will take place on **Saturday, March 8th** with a registration deadline on **February 21st** and the next ACT is on **Saturday, February 8th** with a **late-fee** registration deadline on **January 20th**. You will need to register for both tests online at www.collegeboard.com for the SAT or www.actstudent.org for the ACT. A free ACT test and study guide can be found here: [Preparing for the ACT](#) and free SAT prep and tests can be found here: <https://www.princetonreview.com/college-advice/sat-practice-tests>. **Cost:** ACT=\$69 or \$94 with the writing

test/SAT=\$68/Fee waivers are available for students that have been approved for free/reduced lunch. ****All juniors will take the ACT for free on March 11th during the school day.**

THOUGHT FOR THE WEEK

“Life's most persistent and urgent question is, 'What are you doing for others?’”

~Martin Luther King, Jr.



Stoker's Snippets

January 6-10, 2025

Week 19

1. Welcome back and Happy New Year! We hope you had a restful break and look forward to completing another successful semester. ☺ ☺ ☺
2. ACC classes begin on Monday, January 6th. Please review your schedules/room locations in Self-Service. Juniors and seniors can begin picking up books/materials today after signing up for a designated time. Be sure to login to Moodle and complete the required attendance activity.
3. **Reminder:** Today is the first Tuesday of the month but Success Academy will **not** take place for juniors or seniors. A make-up date will be sent later this week.
4. Juniors: **Project Uplift** is a summer enrichment and college access program designed to promote and increase access to higher education for rising high school seniors, especially those underrepresented in postsecondary education. Every summer, approximately 1,000 high school seniors participate in one of multiple Project Uplift sessions. Participants learn about the college admissions process, interact with faculty, staff, and current students, and participate in educational, cultural, and social activities. For over 50 years, Project Uplift has consistently provided a diverse selection of rising high school seniors from across the United States with an opportunity to live, lead, and learn about the University of North Carolina at Chapel Hill on a first-hand basis.
Project Uplift will be held in-person for summer 2025. Join us at UNC-Chapel Hill for a day full of exploration of our campus, advice for applying to college, and opportunities to get to know other talented rising seniors and current UNC students. The dates for Project Uplift 2025 are as follows: **Session 1: Saturday, May 31/Session 2: Saturday, June 7/Session 3: Saturday, June 14** {Applications to attend Project Uplift 2025 will be open from **January 15, 2025 to March 14, 2025.**}
5. **9th-12th:** If you are unable to open your ACC email or Moodle account, you need to reset your password in Self-Service. If you encounter difficulties, please file a ticket at: <https://support.alamancecc.edu> or call ACC Student Success (336-506-4270).
6. **9th Grade:** Elon Academy applications are due soon! The deadline is **January 17, 2025**. [Click here](#) to download the application.
7. **10th and 11th:** **Summer Ventures in Science and Mathematics** is a no-cost, state-funded program for academically talented North Carolina students who aspire to careers in science, technology, engineering, and mathematics. If hands-on, independent learning is appealing to you, and you are excited about the idea of conducting research to answer questions that intrigue you, this is the program for you! If you are in your second or third year of high school (10th or 11th grade), you can apply this year! To apply, please visit: <https://www.ncssm.edu/summerventures>
8. **Seniors:** Any senior that has been accepted to a college/university or received a scholarship award needs to provide a copy of the acceptance/award letter to the “College Acceptance/Scholarship” Google Form.
9. The next SAT will take place on **Saturday, March 8th** with a registration deadline on **February 21st** and the next ACT is on **Saturday, February 8th** with a **late-fee** registration deadline on **January 20th**. You will need to register for both tests online at www.collegeboard.com for the SAT or www.actstudent.org for the ACT. A free ACT test and study guide can be found here: [Preparing for the ACT](#) and free SAT prep and tests can be found here: <https://www.princetonreview.com/college-advice/sat-practice-tests>. **Cost:** ACT=\$69 or \$94 with the writing

test/SAT=\$68/Fee waivers are available for students that have been approved for free/reduced lunch. ****All juniors will take the ACT for free on March 11th during the school day.**

THOUGHT FOR THE WEEK

“There are far better things ahead than any we leave behind.”

~C.S. Lewis



Stoker's Snippets

December 9-13, 2024

Week 18

1. **9th-12th:** Good luck on your high school and college exams. We are very proud of your hard work so far and look forward to another successful semester in the spring! 😊
2. **Seniors and Parents:** Next week, we will have our annual FAFSA/Financial Aid Night on Monday, December 16th at 6:00pm. Mrs. Takeila Hall from CFNC will explain the new FAFSA process and answer questions for students and parents. The FAFSA has opened and students can complete the application now.
3. **Seniors:** Mrs. Stoker sent ***Scholarship Opportunities #3*** to all seniors last week. Please take advantage of these opportunities!
4. **9th Grade:** Elon Academy applications are due next month. Please work on your application over the break if you plan on attending. The deadline is **January 17, 2025**. [Click here](#) to download the application.
5. **10th and 11th:** ***Summer Ventures in Science and Mathematics*** is a no-cost, state-funded program for academically talented North Carolina students who aspire to careers in science, technology, engineering, and mathematics. If hands-on, independent learning is appealing to you, and you are excited about the idea of conducting research to answer questions that intrigue you, this is the program for you! If you are in your second or third year of high school (10th or 11th grade), you can apply this year! To apply, please visit: <https://www.ncssm.edu/summerventures>
6. **Returning ACC books:** All juniors and seniors can begin returning books **this week**. Please be sure to have your name on any of the books you are returning. Books can be dropped off on the cart outside Mrs. Stoker's door. She will contact you if something is missing or damaged. Spring books **cannot** be purchased until all books are returned or replaced. **Any students taking ENG 112 in the spring can keep their set of ENG 111 books as they use the same materials.*
7. **ACC Grades:** Any (**10-12th grade**) students wanting their final ACC grade to reflect the actual numerical score needs to email Mrs. Williams a screenshot of their final grade in Watermark once college exams are completed. These grades must be received no later than 5:00 PM on **Wednesday, December 18th**. ACC only submits letter grades so if you make a 96 or higher in a course, you may want to consider pursuing this option by the deadline. ***Per the state of NC, all A's are coded as a 95.**
8. **Seniors:** Any senior that has been accepted to a college/university or received a scholarship award needs to provide a copy of the acceptance/award letter to the “*College Acceptance/Scholarship*” Google Form.
9. The next SAT will take place on **Saturday, March 8th** with a registration deadline on February 21st and the next ACT is on **Saturday, February 8th** with a registration deadline on **January 3rd**. You will need to register for both tests online at www.collegeboard.com for the SAT or www.actstudent.org for the ACT. A free ACT test and study guide can be found here: [Preparing for the ACT](#) and free SAT prep and tests can be found here:

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THOUGHT FOR THE WEEK

“Celebrate the happiness that friends are always giving, make every day a holiday and celebrate just living.”

~Amanda Bradley



Stoker's Snippets

December 2-6, 2024

Week 17

1. Junior and senior Success Academy will take place tomorrow at 1:30pm for juniors and 2:15pm for seniors. This is a required meeting for all students not in a class/lab. Work is not an excused absence.
2. **Spring Schedules:** **Friday, December 6th** is the very last day to make any schedule changes without permission from Dr. Fliehm.
3. **Seniors and Parents:** In two weeks, we will have our annual FAFSA/Financial Aid Night on Monday, December 16th at 6:00pm. Mrs. Takeila Hall from CFNC will explain the new FAFSA process and answer questions for students and parents. The FAFSA has opened and students can complete the application now.
4. **Seniors:** Mrs. Stoker will send *Scholarship Opportunities #3* to all seniors this week. Please take advantage!!
5. **9th-12th:** In partnership with NASA, the Hispanic Heritage Foundation is excited to bring you *Hacking a Career in Space Exploration*, a virtual event featuring NASA professionals sharing their career paths and insights.

Think you need to be a rocket scientist to work at NASA? Think again! Join us on **Thursday, December 5th at 4:00 PM ET** and learn from our panelists as they share their personal journeys, offer glimpses into their daily work, and discuss how they found their way to their current roles advancing space exploration. Come discover how different skills, backgrounds, and experiences come together at NASA! No advanced STEM degree required - just bring your curiosity and questions. [**REGISTER HERE**](#)

6. **10th and 11th:** Summer Ventures in Science and Mathematics is a no-cost, state-funded program for academically talented North Carolina students who aspire to careers in science, technology, engineering, and mathematics. If hands-on, independent learning is appealing to you, and you are excited about the idea of conducting research to answer questions that intrigue you, this is the program is for you! If you are in your second or third year of high school (10th or 11th grade), you can apply this year! To apply, please visit: <https://www.ncssm.edu/summerventures>
7. **Returning ACC books:** All juniors and seniors can begin returning books **next week**. Please be sure to have your name on any of the books you are returning. Books can be dropped off on the cart outside Mrs. Stoker's door. She will contact you if something is missing or damaged. Spring books **cannot** be purchased until all books are returned or replaced. **Any students taking ENG 112 in the spring can keep their set of ENG 111 books as they use the same materials.*
8. **ACC Grades:** Any (10-12th grade) students wanting their final ACC grade to reflect the actual numerical score needs to email Mrs. Williams a screenshot of their final grade in Watermark once college exams are completed. These grades must be received no later than 5:00 PM on **Monday, December 16th**. ACC only submits letter grades so if you make a 96 or higher in a course, you may want to consider pursuing this option by the deadline. ***Per the state of NC, all A's are coded as a 95.**
9. **Seniors:** Any senior that has been accepted to a college/university or received a scholarship award needs to provide a copy of the acceptance/award letter to the "College Acceptance/Scholarship" Google Form.
10. The next SAT will take place on **Saturday, March 8th** with a registration deadline on **February 21st** and the next ACT is on **Saturday, February 8th with a registration deadline on January 3rd**. You will need to register for both tests online at www.collegeboard.com for the SAT or www.actstudent.org for the ACT. A free ACT test and study guide can be found here: [Preparing for the ACT](#) and free SAT prep and tests can be found here: <https://www.princetonreview.com/college-advice/sat-practice-tests>. **Cost:** ACT=\$69 or \$94 with the writing test/SAT=\$68/Fee waivers are available for students that have been approved for free/reduced lunch.

THOUGHT FOR THE WEEK

“Recipe for success: Study while others are sleeping; work while others are loafing; prepare while others are playing; and dream while others are wishing.”

~ William A. Ward



Stoker's Snippets

November 18-22, 2024

Week 16

1. ACC will have classes Monday-Wednesday next week for all juniors and seniors. ABEC will only be in session on Monday, November 25th. There will be no running buses or lunch on Tuesday through Friday. Please plan for alternate transportation.
 2. **10th-12th:** For those students that signed up for the ASVAB, the test will be given on Monday, November 25th from 8:45am to 12:00pm. Students that are testing will not be marked absent from any ABEC classes but ACC instructors need to be informed in advance by each student. Mrs. Stoker will share the testing location once it's confirmed
 3. *The [Yale Young Global Scholars](#) application is open for Summer 2025.* YYGS is a two-week summer program at Yale University that invites high school students from around the world to discuss pressing topics in STEM, social sciences, humanities, or cross-disciplinary studies. **Students meet peers from over 150 countries and 50 U.S. states** while joining classroom discussions where participants offer diverse, global perspectives. **Participants experience community and growth** by challenging their own thinking, communicating their ideas effectively, and forming lifelong friendships. **YYGS provides over \$3 Million USD in need-based financial aid** and scholarships, offered as discounts up to 100% of tuition costs. If interested apply by January 10, 2025. Visit the [YYGS Website](#) for more details.
 4. **11th and 12th:** The last day to drop an ACC course with a “WP” is Wednesday, November 21st. Please see Dr. Fleihman if this is the best option for you at this time.
 5. **Community Support:** *Operation Christmas Child* is a Samaritan's Purse project that collects shoeboxes filled with small toys, school supplies, and non-liquid hygiene items. These boxes are sent all around the world. ABEC's *As One* club would appreciate if each grade level could donate the following items between November 12–22nd:
 - **9th: School supplies (non-electric)**
 - **10th: Non-liquid hygiene products (toothbrushes, hairbrushes, deodorant, etc.)**
 - **11th & 12th: Toys (small enough to fit in a shoebox)**
- **There will be a reward for the class with the most items: Hot Chocolate and Doughnuts!****
6. **Spring Schedules:** **Friday, December 6th** is the very last day to make any schedule changes without permission from Dr. Fleihman.
 7. The next SAT will take place on **Saturday, December 7th** with a registration deadline on **November 22nd** and the next ACT is on **Saturday, December 14th** with a **late fee** registration deadline on **November 22nd**. You will need to register for both tests online at www.collegeboard.com for the SAT or www.actstudent.org for the ACT. A free ACT test and study guide can be found here: [Preparing for the ACT](#) and free SAT prep and tests can be found here: <https://www.princetonreview.com/college-advice/sat-practice-tests>. **Cost:** ACT=\$69 or \$94 with the writing test/SAT=\$68/Fee waivers are available for students that have been approved for free/reduced lunch.

THOUGHT FOR THE WEEK

“Walk with the wise and become wise, associate with fools and get in trouble.”

~Proverbs



Stoker's Snippets

November 11-15, 2024

Week 15

1. **11th and 12th:** The last day to drop an ACC course with a “WP” is Wednesday, November 21st. Please see Dr. Fleihman if this is the best option for you at this time.
2. **Community Support:** *Operation Christmas Child* is a Samaritan's Purse project that collects shoeboxes filled with small toys, school supplies, and non-liquid hygiene items. These boxes are sent all around the world. ABEC's *As One* club would appreciate if each grade level could donate the following items between November 12–22nd:

- **9th:** School supplies (non-electric)
- **10th:** Non-liquid hygiene products (toothbrushes, hairbrushes, deodorant, etc.)
- **11th & 12th:** Toys (small enough to fit in a shoebox)

There will be a reward for the class with the most items: Hot Chocolate and Doughnuts!

3. **Seniors:** Any senior that has been accepted to a college/university or received a scholarship award needs to provide a copy of the acceptance/award letter to the “*College Acceptance/Scholarship*” Google Form.
4. **Wake Forest University** offers pre-college online courses to help students explore their interests. Are there subjects you're thinking about taking in college but would like to know more about? **The Online Immersion Program**, designed for high school students ages 13 and up, has been created for this purpose. It offers exciting topics, covered in-depth, through online coursework led by Wake Forest University professors. The program is available year-round, and the online format allows you to study anywhere, anytime, while working at your own pace. This flexibility enables you to take multiple courses and explore a variety of academic areas of interest. For more information, please visit: <https://wfuonline.precollegeprograms.org/>
5. **Make-up Picture Day** will take place on Tuesday, November 19th for all students and seniors. Dr. Fleihman will send out a sign-up form for juniors and seniors.
6. **9th-12th:** High school and college students who have an interest in science, medicine and/or engineering are now invited to register for a session of the **Perry Virtual Experience**. Most sessions are available to participants in any location, but some sessions are for a focused geographic area. The upcoming program dates are: **Wednesday, December 4th @ 6:00pm EDT / 3:00pm PDT** Details for each session can be found at: <https://perryinitiative.org/calendar/>
7. **Spring Schedules:** **Friday, December 6th** is the very last day to make any schedule changes without permission from Dr. Fleihman.
8. The next SAT will take place on **Saturday, December 7th** with a registration deadline on **November 22nd** and the next ACT is on **Saturday, December 14th** with a **late fee** registration deadline on **November 22nd**. You will need to register for both tests online at www.collegeboard.com for the SAT or www.actstudent.org for the ACT. A free ACT test and study guide can be found here: [Preparing for the ACT](http://www.collegeboard.com/satprep) and free SAT prep and tests can be found here: <https://www.princetonreview.com/college-advice/sat-practice-tests>. **Cost:** ACT=\$69 or \$94 with the writing test/SAT=\$68/Fee waivers are available for students that have been approved for free/reduced lunch.

THOUGHT FOR THE WEEK

“Be thankful for what you have; you'll end up having more. If you concentrate on what you don't have, you will never, ever have enough.”

~Oprah Winfrey



Stoker's Snippets

November 4-8, 2024

Week 14

1. Please be sure to thank your SGA officers and representatives for another fun-filled event last Friday. A huge thank you to the parents and students that brought in all the wonderful snacks and drinks. We had a great time!
2. Next Monday, November 11th is a holiday for all ABSS students and staff. ACC **will** operate on a regular schedule for all juniors and seniors. There will not be any running buses or lunch that day.
3. **Juniors & Seniors:** Success Academy will take place tomorrow Tuesday, November 7th at 1:30pm for juniors and 2:15pm for seniors.
4. The last day to drop an ACC course with a “WP” is Wednesday, November 13th. Please see Dr. Fleihman if this is the best option for you at this time.
5. **Seniors:** Any senior that has been accepted to a college/university or received a scholarship award needs to provide a copy of the acceptance/award letter to the “*College Acceptance/Scholarship*” Google Form.
6. **11th and 12th:** Mark your calendars for the ***ACC Student Health, Wellness and Safety Fair*** on Wednesday, Nov. 6th from 10am - 1pm in the Lower Commons outside of the bookstore.
7. **Make-up Picture Day** will take place on Tuesday, November 19th for all students and seniors.
8. **Spring Schedules:** **Friday, December 6th** is the very last day to make any schedule changes without permission from Dr. Fleihman.
9. The next SAT will take place on **Saturday, December 7th** with a registration deadline on **November 22nd** and the next ACT is on **Saturday, December 14th** with a registration deadline on **November 8th**. You will need to register for both tests online at www.collegeboard.com for the SAT or www.actstudent.org for the ACT. A free ACT test and study guide can be found here: [Preparing for the ACT](http://www.collegeboard.com) and free SAT prep and tests can be found here: <https://www.princetonreview.com/college-advice/sat-practice-tests>. **Cost:** ACT=\$69 or \$94 with the writing test/SAT=\$68/Fee waivers are available for students that have been approved for free/reduced lunch.

THOUGHT FOR THE WEEK

“Voting is the expression of our commitment to ourselves, one another, this country, and this world.”

~ Sharon Salzberg



1. Congratulations to senior, Carlie Jacobs for being selected as ABEC's 2024-25 DAR Good Citizen Award recipient!
2. Be sure to congratulate Danielle Johnson, Laney Danzeisen and Ashtyn Whitfield on their regional golf playoffs last week as they represented WAHS and ABEC! Good luck to Ashtyn as she competes in the state championship this week. Max Thomas has also qualified for the Cross-Country state competition. Go Max!
3. **Juniors & Seniors:** Success Academy will take place next Tuesday, November 7th at 1:30pm for juniors and 2:15pm for seniors.
4. **Spirit Week:** On Thursday, students will be able to vote for their favorite costumes. Please complete the Google Form if you'd like to enter the contest. Today is the **last** day to RSVP for Fun Friday!!
5. **Seniors:** November 1st is a **big** deadline for college applications. **Mrs. Stoker and the teachers are not able to upload required documents and will not be able to meet the application deadlines until you add us in the Common App.** As discussed in your August senior conference, **you** are also responsible for sending your ACT/SAT score reports and ACC transcripts through Self-Service. Mrs. Stoker is happy to help if you are still having trouble.
6. **Seniors:** Elon's Collegiate Start Application packet for seniors who would like to take classes during spring semester is available online. Applications are due by November 1, 2024. Applications may be sent to 2105 Campus Box, Elon, NC 27244, or may be dropped off at their office: 102B Mooney Building. Application packets may also be scanned and emailed; however, the application fee will need to be mailed and received before applications are processed. High school transcripts must accompany new applications. Students must **type or print neatly** when filling out the application.

For any new Spring 2025 Collegiate Start students, they are happy to assist with course selection as students will not be able to access OnTrack until they have their Elon credentials. For more information, the Collegiate Start website and application packet can be accessed [here](#).

7. The next SAT will take place on **Saturday, December 7th** with a registration deadline on **November 22nd** and the next ACT is on **Saturday, December 14th** with a registration deadline on **November 8th**. You will need to register for both tests online at www.collegeboard.com for the SAT or www.actstudent.org for the ACT. A free ACT test and study guide can be found here: [Preparing for the ACT](#) and free SAT prep and tests can be found here: <https://www.princetonreview.com/college-advice/sat-practice-tests>. **Cost:** ACT=\$69 or \$94 with the writing test/SAT=\$68/Fee waivers are available for students that have been approved for free/reduced lunch.

THOUGHT FOR THE WEEK

“How did it get so late so soon? It's night before it's afternoon. December is here before it's June. My goodness how the time has flown. How did it get so late so soon?”

~Dr. Seuss



Stoker's Snippets

October 21-25, 2024

Week 12

1. **SENIORS:** It's time!! Students must apply through CFNC's website to access the free applications. **Fees are only waived for students using the CFNC App Hub.** Most NC colleges accept the CFNC online application, but even if they don't, students can still go to the CFNC Application Hub and it will link them to the preferred application for that college. **College Application Week will last all week October 21-27th.** Please visit: <https://www.cfnc.org/apply-to-college/nc-countdown-to-college/> for a list of schools that are participating this year.
2. **Seniors:** Scholarship Opportunities #2 will be sent out this week. Please take advantage of these opportunities!
3. **Seniors:** November 1st is a **big** deadline for college applications. **Mrs. Stoker and the teachers are not able to upload required documents and will not be able to meet the application deadlines until you add us in the Common App.** As discussed in your August senior conference, **you** are also responsible for sending your ACT/SAT score reports and ACC transcripts through Self-Service. Mrs. Stoker is happy to help if you are still having trouble.
4. **9th Grade:** The Elon Academy is a college-access and success program for high school students whose academic potential outdistances their circumstances. If interested in applying, please visit: www.elon.edu/elonacademy. Staff from the Elon Academy program will be here on Thursday, October 24th to speak with all ninth graders.
5. **Seniors:** The UNC System is excited to invite you and your students to the **rescheduled NC College Connect** Information Session, a special virtual event focused on the new simplified admissions pilot for North Carolina students who complete their junior year with a weighted GPA of 2.8 or higher.
What: This virtual event is designed for prospective students, their parents, and school counselors. Representatives from the UNC System and NC Community Colleges will share information about this simplified admission pilot. Admission representatives from the pilot campuses—Elizabeth City State University, Fayetteville State University, UNC Asheville, UNC Greensboro, UNC Pembroke, and Winston-Salem State University—will be available to answer questions.
When: Rescheduled to Monday, October 21, 2024, from 6:30 pm-7:15 pm.
Where: Virtual via Zoom. **Register Here!**
6. **10th and 11th:** A Google form will be sent to rising juniors and seniors this week for those interested in applying to Governor's School this year. To access the application, please visit: ncgovschool.org. Here is the ABSS timeline:
 - Students: Fill out the Student Application online; email a copy to your School Counselor (Mrs. Stoker) who is the Governor's School Contact and ask 2 teachers to fill out a recommendation form (also online). Everything is due by **December 2, 2024.**
 - School Counselors will submit student applications, recommendations, and student transcripts to Angee Austin on or before **Thursday, December 5, 2024.**
7. **ACC Spring Schedules (11th and 12th):** ACC's registration will open soon. If you have already scheduled your classes and want to make a change, please do not schedule an appointment with Mrs. Snell, just email her. **Friday, December 6th** is the very last day to make any schedule changes without permission from Dr. Fliehm. For those of you that don't meet with her in the next week or so, spring classes will be **selected for you.**
8. Our fall spirit week will take place Monday, October 28th through Friday, November 1st. The SGA selected themes are:
Monday= Anything but a Backpack
Tuesday=Dress as a Character from a movie/book/show
Wednesday= Pajama Day
Thursday= Halloween Costumes- Please contact your SGA officers and representatives with any questions about Spirit Week theme questions. **{Costume Guidelines: Students are not allowed to wear any sort of mask or headgear/helmets that covers the entire head or face. ACC security must be able to identify who you are. Any kind of weapon is not allowed: real, fake, plastic, 3D printed, cardboard, etc. The ABSS dress code must be followed each day during spirit week.}**

Friday=Halloween or Fall Colors

9. The next SAT will take place on **Saturday, November 2nd** with a **late-fee** registration deadline on **October 22nd** and the next ACT is on **Saturday, December 14th** with a registration deadline on **November 8th**. You will need to register for both tests online at www.collegeboard.com for the SAT or www.actstudent.org for the ACT. A free ACT test and study guide can be found here: [Preparing for the ACT](http://www.collegeboard.com/Preparing-for-the-ACT) and free SAT prep and tests can be found here: <https://www.princetonreview.com/college-advice/sat-practice-tests>. **Cost:** ACT=\$69 or \$94 with the writing test/SAT=\$68/Fee waivers are available for students that have been approved for free/reduced lunch.

THOUGHT FOR THE WEEK

“The oldest and strongest emotion of mankind is fear, and the oldest and strongest kind of fear is fear of the unknown.”
~ H. P. Lovecraft



Stoker's Snippets

October 14-18, 2024

Week 11

- ACC's fall break will take place October 15th through the 18th. ABEC will have school on October 14th and 15th but the 16th through the 18th are workdays. All high school classes **will** take place at their regular times Monday-Tuesday. Seniors should use this time to focus on their college applications and scholarship deadlines. Enjoy your fall break!
- Thank you to all the student volunteers that supported the EM Yoder Fall Festival last week. It was a great event for their students, staff and community! Be sure to keep track of your hours and add them to your resumes.
- SENIORS:** It's time!! Students must apply through CFNC's website to access the free applications. **Fees are only waived for students using the CFNC App Hub.** Most NC colleges accept the CFNC online application, but even if they don't, students can still go to the CFNC Application Hub and it will link them to the preferred application for that college. **College Application Week will last all week October 21-27th.** Please visit: <https://www.cfnc.org/apply-to-college/nc-countdown-to-college/> for a list of schools that are participating this year.
- 9th-12th:** **The School of Art and Design at East Carolina University** invites students in grades 7 to 12 (ages 13 & up) from North Carolina to submit artwork for the Scholastic Art Awards. East Carolina University is honored to serve as a host and regional sponsor for the Scholastic Art Awards for the Eastern North Carolina Region, from the Piedmont to the coast. If interested, please register here: <https://www.artandwriting.org/regions/NC002A> ECU will be hosting an exhibition of regional winners on February 22nd, 2025, with a recognition ceremony, tours and workshops. More information can be found [HERE](#). December 20th is the Scholastic Art Awards deadline.
- 11th and 12th:** This is your final reminder to have all ACC 8-week grades of 96 or above sent to Mrs. Williams by Wednesday, October 16th by 5:00pm.
- 10th and 11th:** ABSS will host a **Governor's School** Information Session at the Family University (Session 1) on October 14th at 5:30pm at Cummings High School. If interested, please visit the: [Advanced Learners](#) site (located under the Families Tab) on the ABSS Website for a copy of the Informational Presentation and links to the NC Governor's School website where the application and recommendation links can be found.
- 9th-12th Movie Night:** Please join us on Thursday, October 17th for the 2nd annual ABEC Movie Night! Friends and family are welcome to attend the viewing of **Ghostbusters**. Entry to attend is \$5.00 and concessions will be available for purchase.
- Our fall spirit week will take place Monday, October 28th through Friday, November 1st. The SGA selected themes are:
Monday= Anything but a Backpack
Tuesday=Dress as a Character from a movie/book/show
Wednesday= Pajama Day
Thursday= Halloween Costumes- Please contact your SGA officers and representatives with any questions about Spirit Week theme questions. **{Costume Guidelines: Students are not allowed to wear any sort of mask or headgear/helmets that covers the entire head or face. ACC security must be able to identify who you are. Any kind of weapon is not allowed: real, fake, plastic, 3D printed, cardboard, etc. The ABSS dress code must be followed each day during spirit week.}**

Friday=Halloween or Fall Colors

9. The next SAT will take place on **Saturday, December 14th** with a registration deadline on **November 8th** and the next ACT is on **Saturday, November 2nd** with a registration deadline on **October 18th**. You will need to register for both tests online at www.collegeboard.com for the SAT or www.actstudent.org for the ACT. A free ACT test and study guide can be found here: [Preparing for the ACT](#) and free SAT prep and tests can be found here: <https://www.princetonreview.com/college-advice/sat-practice-tests>. **Cost:** ACT=\$69 or \$94 with the writing test/SAT=\$68/Fee waivers are available for students that have been approved for free/reduced lunch.

THOUGHT FOR THE WEEK

“Life is like riding a bicycle. To keep your balance, you must keep moving.”

-Albert Einstein



Stoker's Snippets

October 7-11, 2024

Week 10

1. ACC's fall break will take place October 15th through the 18th. ABEC will have school on October 14th and 15th but the 16th through the 18th are workdays. All high school classes **will** take place at their regular times Monday-Tuesday. Seniors should use this time to focus on their college applications and scholarship deadlines. Enjoy your fall break!
2. **10th-12th Grade Volunteer Opportunity:** EM Yoder Elementary's Fall Festival is this Friday night. If you signed up to volunteer, please be sure to arrive on time and check-in once you get there. All volunteers will receive several free tickets to purchase food or participate in activities. There are still spaces available if you are still interested in helping, please visit: <https://www.signupgenius.com/go/8050944ACAD2AA2FE3-51646871-2024#/> Thank you to all who have signed up!
3. **SGA's World's Finest Chocolate:** Thank you to all the students, staff and parents that sold or purchased WFC bars! All money **was due** to Mrs. Stoker last **Friday, October 4th**. Please return it ASAP!
4. **10th and 11th:** ABSS will host a **Governor's School** Information Session at the Family University (Session 1) on October 14th at 5:30pm at Cummings High School. If interested, please visit the: [Advanced Learners](#) site (located under the Families Tab) on the ABSS Website for a copy of the Informational Presentation and links to the NC Governor's School website where the application and recommendation links can be found. Any interested sophomores (**only allowed to apply in the areas of Dance, Choral Music or Instrumental Music**) or juniors wanting to be nominated (**eligible for any academic or arts discipline**), please let Mrs. Stoker know.
5. **9th-12th Movie Night:** Please join us on Thursday, October 17th for the 2nd annual ABEC Movie Night! Friends and family are welcome to attend the viewing of **Ghostbusters**. Entry to attend is \$5.00 and concessions will be available for purchase.
6. **SGA Events:** SGA is super excited to announce our *next Fun Friday* on Friday, November 1st Please join us for fun, games, crafts and snacks from 4:00 to 5:30 PM on Friday, November 1st (9-12th ABEC students/staff only). ****Any parents willing to donate desserts, chips, candy or drinks for the event can email: erin_stoker@abss.k12.nc.us.** We greatly appreciate your support!
7. Our fall spirit week will take place Monday, October 28th through Friday, November 1st. The SGA selected themes are:
Monday= TBD
Tuesday=TBD
Wednesday= TBD
Thursday= Halloween Costumes- Please contact your SGA officers and representatives with any questions about Spirit Week theme questions. {**Costume Guidelines:** Students are not allowed to wear any sort of mask or headgear/helmets that covers the entire head or face. ACC security must be able to identify who you are. Any kind of weapon is not allowed: real, fake, plastic, 3D printed, cardboard, etc. The ABSS dress code must be followed each day during spirit week.}
Friday=TBD
8. The next SAT will take place on **Saturday, December 14th** with a registration deadline on **November 8th** and the next ACT is on **Saturday, November 2nd** with a registration deadline on **October 18th**. You will need to register for both tests online at

www.collegeboard.com for the SAT or www.actstudent.org for the ACT. A free ACT test and study guide can be found here: [Preparing for the ACT](#) and free SAT prep and tests can be found here: <https://www.princetonreview.com/college-advice/sat-practice-tests>. **Cost:** ACT=\$69 or \$94 with the writing test/SAT=\$68/Fee waivers are available for students that have been approved for free/reduced lunch.

THOUGHT FOR THE WEEK

"The only way to have a friend is to be one."

~Ralph Waldo Emerson



Stoker's Snippets

Sept. 30-Oct. 4, 2024

Week 9

1. Junior and Senior Success Academy will take place tomorrow Tuesday, October 1st. Juniors will meet at 1:30pm and seniors will meet at 2:15pm in the cafeteria. Success Academy is required unless there is a class or lab conflict. A calendar invite will be sent this week. Herff Jones will be speaking about high school cap/gown and senior merch purchases at this meeting. Juniors will also have a guest speaker.
2. **Seniors:** Tomorrow, Tuesday, October 1st, Elon Admissions is hosting their inaugural [Alamance County Night](#) for local high school seniors and their families. Their goal is to help students and families feel more comfortable tackling admissions and financial aid applications by the end of the evening. They are there to be a resource for students, regardless of if they decide to apply to Elon. Guests will:
 - have the option to attend a twilight tour of campus
 - receive an overview of the admissions process
 - explore financial aid options through two case studies
 - set up FAFSA and CSS accountsAny seniors interested in attending the program, please visit: [share this information with them](#) and register to attend.
3. **SGA's World's Finest Chocolate:** Thank you to all the students, staff and parents that are selling or purchasing WFC bars! All money is due to Mrs. Stoker on **Friday, October 4th**.
4. **10th and 11th:** ABSS will host a **Governor's School** Information Session at the Family University (Session 1) on October 14th. If interested, please visit the: [Advanced Learners](#) site (located under the Families Tab) on the ABSS Website for a copy of the Informational Presentation and links to the NC Governor's School website where the application and recommendation links can be found. Any interested sophomores or juniors wanting to be nominated, please let Mrs. Stoker know.
5. **10th-12th Grade Volunteer Opportunity:** Mrs. Stoker is a member of the EM Yoder Elementary PTA. On Friday, October 11th, Yoder will host its annual fall festival and needs high school students to help volunteer with setting up, running stations, assisting teachers with craft activities and cleaning up. A Google sign-up form will be sent this week in the event you are interested in helping and earning volunteer hours. Help is needed from 4:30pm to 8:00pm.
6. The next SAT will take place on **Saturday, October 5th** with a **late-fee** registration deadline on **October 7th** and the next ACT is on **Saturday, October 26th** with a **late-fee** registration deadline on **September 24th**. You will need to register for both tests online at www.collegeboard.com for the SAT or www.actstudent.org for the ACT. A free ACT test and study guide can be found here: [Preparing for the ACT](#) and free SAT prep and tests can be found here: <https://www.princetonreview.com/college-advice/sat-practice-tests>. **Cost:** ACT=\$69 or \$94 with the writing test/SAT=\$68/Fee waivers are available for students that have been approved for free/reduced lunch.

THOUGHT FOR THE WEEK

Don't worry about failures, worry about the chances you miss when you don't even try."

– Jack Canfield



Stoker's Snippets

September 23-27, 2024

Week 8

1. **ABSS College Fair at ACC:** ACC will host a College Fair for ABSS students on Monday, September 23rd. Before attending, you will need to visit strivefair.com to register for your unique QR code. Instructions were emailed last week to tenth-twelfth graders.
2. Junior and Senior Success Academy will take place next Tuesday, October 1st. Juniors will meet at 1:30pm and seniors will meet at 2:15pm in the cafeteria. Success Academy is required unless there is a class or lab conflict. A calendar invite will be sent this week. Herff Jones will be speaking about high school cap/gown and senior merch purchases at this meeting.
3. **10th-12th Grade Volunteer Opportunity:** Mrs. Stoker is a member of the EM Yoder Elementary PTA. On Friday, October 11th, Yoder will host its annual fall festival and needs high school students to help volunteer with setting up, running stations, assisting teachers with craft activities and cleaning up. A Google sign-up form will be sent this week in the event you are interested in helping and earning volunteer hours. Help is needed from 4:30pm to 8:00pm.
4. **Seniors:** Five of North Carolina's premier merit scholarships are coming together to provide two virtual information sessions for students, parents, counselors and college advisors. During these sessions, program representatives will give an overview of each scholarship, discuss general scholarship search advice and hold a live Q&A to answer your questions. **The following programs will be represented:**
 - Levine Scholars Program - UNC Charlotte
 - Park Scholars - NC State University
 - Cheatham-White Scholarship Program - NC A&T
 - Brinkley-Lane Scholars - East Carolina University
 - Cheatham-White Scholarship Program - NC Central University

Dates/Times: Thursday, Sept. 26, 6:00 p.m. - 7:00 p.m. and Wednesday, Oct. 2, 6:00 p.m. - 7:00 p.m. **Where:** Zoom

To register, please visit:

<https://docs.google.com/forms/d/e/1FAIpQLScRdbATo-Q3ZYs21aQ9YVvg2nTa9suwv9Gbw3c9yonKov5VHQ/viewform>

5. Mrs. Stoker emailed all seniors ***Scholarship Opportunities #1*** last week. Please review the deadlines!
6. **9th-12th: The ACC Tutoring Center** is part of the Learning Resources Center (Library) of Alamance Community College. Staff members are available to help and support students. The lab also provides tutoring for many subjects during a scheduled appointment or drop-in visit. Give them a call 336-506-4167 or visit online to [Schedule a tutoring appointment](#).
7. **Seniors:** This week, ECU is excited to offer a free application week **September 23-27!** Students who apply via the ECU application on their website, the Common App, or CFNC will automatically receive an application fee waiver. Students who are interested in the [Honors College](#) are especially encouraged to take advantage of the September 23-27 free application week. While ECU will also be participating in **CFNC's Free App Week October 21-27**, the CFNC free app week falls after their Honors College application deadline of October 15. This opportunity is for all seniors applying to college and not just those that qualify for fee waivers.

8. The next SAT will take place on **Saturday, October 5th** with a **late-fee** registration deadline on **October 7th** and the next ACT is on **Saturday, October 26th** with a **late-fee** registration deadline on **September 24th**. You will need to register for both tests online at www.collegeboard.com for the SAT or www.actstudent.org for the ACT. A free ACT test and study guide can be found here: [Preparing for the ACT](http://www.collegeboard.com/sat-prep) and free SAT prep and tests can be found here: <https://www.princetonreview.com/college-advice/sat-practice-tests>. **Cost:** ACT=\$69 or \$94 with the writing test/SAT=\$68/Fee waivers are available for students that have been approved for free/reduced lunch.

THOUGHT FOR THE WEEK

“Challenges are what make life interesting and overcoming them is what makes life meaningful.”



Stoker's Snippets

September 16-20, 2024

Week 7

- Each year, Americans observe **National Hispanic Heritage Month** from September 15 to October 15, by celebrating the histories, cultures and contributions of American citizens whose ancestors came from Spain, Mexico, the Caribbean and Central and South America. In honor of **NHHM**, there will be the: **Esperanza Festival 2024** on Sunday, September 22, 2024 from 12:00pm – 8:00pm. This event is for all ages and is free to attend. It will take place in the streets of downtown Graham (100 Block of West Elm Street). The vision of **Esperanza Festival 2024** is for everyone in Alamance County and beyond to come together to enjoy and experience Hispanic culture through dance, music, food, and family. Enjoy live music and cultural performances, food, crafts, community resources, kids' zones, and fun for all!
- Seniors:** All seniors applying to a four-year school next year need to work at least 30 minutes a week on college applications and scholarship opportunities. The October 15th Early Action deadline is less than a month away and November 1st will be here soon as well. **Please don't procrastinate!**
- The 9th Annual **HBCU College Experience College Fair**, proudly sponsored by the Alpha Kappa Alpha Sorority, Incorporated®, Sigma Tau Omega Chapter, in collaboration with the prestigious Cary Academy.

Date: September 28, 2024



Time: 10:00 a.m. – 2:00 p.m.



Location: CMS Gym, Cary Academy

This isn't just any college fair – it's an immersive experience designed to ignite your passion for learning, discovery, and excellence. And the best part? Admission is absolutely **FREE** for all attendees! Their mission is simple yet profound: to empower you with the resources, knowledge, and exposure needed to explore the incredible opportunities awaiting you at Historically Black Colleges and Universities (HBCUs).

- Access to a diverse range of HBCUs, each offering unique academic programs and vibrant campus cultures
- Valuable resources and guidance to navigate the college application process with confidence
- Opportunities to connect with recruiters, alumni, and fellow students who share your aspirations
- On-the-spot admissions and scholarship opportunities that could shape your future

- Mrs. Stoker will email all seniors **Scholarship Opportunities #1** this week. Please review the deadlines!
- 9th-12th: The ACC Tutoring Center** is part of the Learning Resources Center (Library) of Alamance Community College. Staff members are available to help and support students. The lab also provides tutoring for many subjects during a scheduled appointment or drop-in visit. Give them a call 336-506-4167 or visit online to [Schedule a tutoring appointment](#).
- ABSS College Fair at ACC:** ACC will host a College Fair for ABSS students on Monday, September 23rd. Before attending, you will need to visit strivefair.com to register for your unique QR code. Instructions will be emailed this week to the upperclassmen.
- Seniors:** Next week, ECU is excited to offer a free application week **September 23-27!** Students who apply via the ECU application on their website, the Common App, or CFNC will automatically receive an application fee waiver. Students who are interested in the [Honors College](#) are especially encouraged to take advantage of the September 23-27 free application week. While ECU will also be participating in **CFNC's Free App Week October 21-27**, the CFNC free app week falls after their Honors College application deadline of October 15. This opportunity is for all seniors applying to college and not just those that qualify for fee waivers.

8. The next SAT will take place on **Saturday, October 5th** with a registration deadline on **September 20th** and the next ACT is on **Saturday, October 26th** with a registration deadline on **September 20th**. You will need to register for both tests online at www.collegeboard.com for the SAT or www.actstudent.org for the ACT. A free ACT test and study guide can be found here: [Preparing for the ACT](#) and free SAT prep and tests can be found here: <https://www.princetonreview.com/college-advice/sat-practice-tests>. **Cost:** ACT=\$69 or \$94 with the writing test/SAT=\$68/Fee waivers are available for students that have been approved for free/reduced lunch.

THOUGHT FOR THE WEEK

“The sun will rise and set regardless. What we choose to do with the light while it’s here is up to us. Journey wisely.”
~Alexandra Elle

Stoker’s Snippets

September 9-13, 2024

Week 6

1. **ABSS College Fair at ACC:** ACC will host a College Fair for ABSS students on Monday, September 23rd. There will be multiple in state and out of state colleges on campus. Please take advantage of this event and speak with these admission recruiters.
2. **Seniors:** ECU is excited to offer a free application week **September 23-27!** Students who apply via the ECU application on their website, the Common App, or CFNC will automatically receive an application fee waiver. Students who are interested in the [Honors College](#) are especially encouraged to take advantage of the September 23-27 free application week. While ECU will also be participating in **CFNC's Free App Week October 21-27**, the CFNC free app week falls after their Honors College application deadline of October 15. This opportunity is for all seniors applying to college and not just those that qualify for fee waivers.
3. **SGA Election for 9th Grade Representatives:** Thank you to all the ninth graders that ran for office this year. Congratulations to Valeria, Maleigha and Bralyn that were elected to serve for the 2024-25 school year.
4. **9th-12th:** Mrs. Stoker is seeking a featured artist of the week. If you have a drawing, painting or a digital art creation you’d like to display, please let her know. ****Be sure to check out the current art work on display!**
5. **Seniors:** All seniors should have a plan moving forward this semester. Common App and CFNC accounts should be created, requests for letters of recommendation should have been requested, the NC Residency Form needs completing and resumes should be updated and uploaded in Mrs. Stoker’s Google Form. ABSS staff are already writing these letters and uploading documents in the Common Application. October 15th and November 1st are the two biggest deadlines for NC Early Action applications. Please have everything in order!!
6. SGA’s first **Fun Friday** will take place this Friday, September 13th from 4-5:30 PM (Weather Permitting). All 9th-12th grade ABEC students are welcome to attend. This event is **only** for our ABEC students. Please do not invite any outside ACC guests, siblings, etc. Plan to come and enjoy snacks, play games, basketball and get to know one another. ****All rides must be here by 5:30 PM for pick-up.** We hope to see you there!
7. The next SAT will take place on **Saturday, October 5th** with a registration deadline on **September 20th** and the next ACT is on **Saturday, October 26th** with a registration deadline on **September 20th**. You will need to register for both tests online at www.collegeboard.com for the SAT or www.actstudent.org for the ACT. A free ACT test and study guide can be found here: [Preparing for the ACT](#) and free SAT prep and tests can be found here: <https://www.princetonreview.com/college-advice/sat-practice-tests>. **Cost:** ACT=\$69 or \$94 with the writing test/SAT=\$68/Fee waivers are available for students that have been approved for free/reduced lunch.

THOUGHT FOR THE WEEK

“What lies behind us and what lies before us are tiny matters...compared to what lies within us.”
~Ralph Waldo Emerson



Stoker's Snippets

September 2-5, 2024

Week 5

1. **11th and 12th:** Please arrive for Success Academy on time today. We have a guest speaker.
2. **SGA Election for 9th Grade Representatives:** This Thursday, September 5th, freshmen wanting to serve as 9th grade reps will need to give a one minute or less speech during both lunches. All ninth graders will vote on three students to serve as this year's representatives. Campaigning guidelines was sent to all interested students last week. Good luck!
3. **9th-12th:** Mrs. Stoker is seeking a featured artist of the week. If you have a drawing, painting or a digital art creation you'd like to display, please let her know.
4. **Seniors:** Mrs. Stoker has completed senior conferences with over half of the senior class. All seniors should have a plan moving forward this semester. Common App and CFNC accounts should be created, requests for letters of recommendation should have been requested, the NC Residency Form needs completing and resumes should be updated and uploaded in Mrs. Stoker's Google Form. ABSS staff are already writing these letters and uploading documents in the Common Application. October 15th and November 1st are the two biggest deadlines for NC Early Action applications. Please have everything in order!!
5. **Math Codes:** Any junior or senior having issues with a Pearson code, please speak directly with your instructors first and then contact Pearson directly for support: <https://support.pearson.com/getsupport/s/>
6. **SGA Fundraiser:** Any student in 9th-12th grade or a parent/guardian wanting to participate in SGA's **World's Finest Chocolate** fundraiser can stop by Mrs. Stoker's office for a permission form this Wednesday. All money raised through this fundraiser will sponsor school-wide SGA events, supplies and activities. If you are not able to help sell, please be sure to purchase a bar or two or even a few! ☺
7. SGA's first **Fun Friday** will take place Friday, September 13th from 4-5:30 PM (Weather Permitting). All 9th-12th grade ABEC students are welcome to attend. This event is **only** for our ABEC students. Please do not invite any outside ACC guests, siblings, etc. Plan to come and enjoy snacks, play games, basketball and get to know one another. ****All rides must be here by 5:30 PM for pick-up.** We hope to see you there!
8. **11th and 12th:** Success Academy for juniors and seniors will take place next week on Tuesday, September 3rd. A calendar invite was sent last week. Directions will be sent to those that are in class/lab at that time. ***Missing Success Academy for work/part-time job or picking up a sibling is not an excused absence since we only meet once a month.**
9. The next SAT will take place on **Saturday, October 5th** with a registration deadline on **September 20th** and the next ACT is on **Saturday, October 26th** with a registration deadline on **September 20th**. You will need to register for both tests online at www.collegeboard.com for the SAT or www.actstudent.org for the ACT. A free ACT test and study guide can be found here: [Preparing for the ACT](http://www.collegeboard.com) and free SAT prep and tests can be found here: <https://www.princetonreview.com/college-advice/sat-practice-tests>. **Cost:** ACT=\$69 or \$94 with the writing test/SAT=\$68/Fee waivers are available for students that have been approved for free/reduced lunch.

THOUGHT FOR THE WEEK

“I am always ready to learn although I do not always like being taught.”

~Winston Churchill



Stoker's Snippets

August 26-30, 2024

Week 4

1. Next Monday, September 2nd is a holiday for ABEC and ACC. There will not be any high school or college classes. ☹️
2. **Reminder:** We look forward to seeing you at the ABEC Cookout this Thursday, August 29th from 5:30-7:00pm.
3. SGA's first **Fun Friday** will take place Friday, September 13th from 4-5:30 PM (Weather Permitting). All 9th-12th grade ABEC students are welcome to attend. This event is **only** for our ABEC students. Please do not invite any outside ACC guests, siblings, etc. Plan to come and enjoy snacks, play games, basketball and get to know one another. ****All rides must be here by 5:30 PM for pick-up.** We hope to see you there!
4. **11th and 12th:** Success Academy for juniors and seniors will take place next week on Tuesday, September 3rd. A calendar invite was sent last week. Directions will be sent to those that are in class/lab at that time. ***Missing Success Academy for work/part-time job or picking up a sibling is not an excused absence since we only meet once a month.**
5. **Cengage Student Office Hours:** Students need to visit www.cengage.com/support, submit a ticket and then call 1-800-354-9706 for assistance.
6. **Seniors:** Mrs. Stoker will begin individual senior conferences tomorrow, Tuesday, August 27th. Parents are welcome to join in as well. All seniors should be scheduled. Please bring your computer to your conference. ****This meeting is required.****
7. **ACC Accounts:** If you have any technical difficulties with Moodle or resetting your ACC password, please contact ACC's Distance Learning Center: [336-506-4114](tel:336-506-4114) or email jennifer.l.jones@alamancecc.edu. You can also visit Main 341 for assistance.
8. **11th and 12th:** To qualify for a SAT or ACT fee waiver, the ABSS lunch form still has to be completed online, even if you don't plan to eat breakfast or lunch at school. Save the letter that will come to you in the mail as your form of proof for free/reduced lunch. Mrs. Stoker will need a copy of the letter once you receive it or a picture of it sent through email. This has to be done each year.
9. The next SAT will take place on **Saturday, October 5th** with a registration deadline on **September 20th** and the next ACT is on **Saturday, October 26th** with a registration deadline on **September 20th**. You will need to register for both tests online at www.collegeboard.com for the SAT or www.actstudent.org for the ACT. A free ACT test and study guide can be found here: [Preparing for the ACT](http://www.collegeboard.com/sat-study-guide) and free SAT prep and tests can be found here: <https://www.princetonreview.com/college-advice/sat-practice-tests>. **Cost:** ACT=\$69 or \$94 with the writing test/SAT=\$68/Fee waivers are available for students that have been approved for free/reduced lunch.

THOUGHT FOR THE WEEK

“Choose a job you love, and you will never have to work a day in your life.”

~Confucius



Stoker's Snippets

August 19-23, 2024

Week 3

1. This Thursday, August 22nd is an ABSS Teacher Workday. There will not be any ABEC classes for 9th-12th grade. Buses **will not** run and breakfast and lunch will **not be** provided. All ACC classes **will** take place at their regular time for juniors and seniors. Please arrange for alternate transportation if you are a bus rider.
2. **Seniors:** Mrs. Stoker will begin individual senior conferences next week on Tuesday, August 27th. Parents are welcome to join in as well. Please bring your computer to your conference. ****This meeting is required.****
3. **Juniors/Seniors:** All upperclassmen are still allowed to receive or purchase an ABSS breakfast or lunch from the cafeteria each day. If you have a class/lab that conflicts with the ABEC lunch times, let us know so we can save you a meal.
4. **CODE ISSUES:** If you are unable to download your eBooks or have issues with Cengage codes, please try downloading them on a desktop/PC or different laptop. The chrome books have issues when trying to download but once your account is created and you have access, you should be able to access all materials on your chrome books. Try to download your codes while at school with the ABSS network.
5. **ACC Accounts:** If you have any technical difficulties with Moodle or resetting your ACC password, please contact ACC's Distance Learning Center: [336-506-4114](tel:336-506-4114) or email jennifer.l.jones@alamancecc.edu. You can also visit Main 341 for assistance.
6. **Juniors and Seniors:** Success Academy will take place once a month in our ABEC cafeteria. Our first meeting will take place on Tuesday, September 3rd at 1:30pm for juniors and 2:15pm for all seniors. It is the student's responsibility to follow-up with Mrs. Stoker/Mrs. Snell in the event he/she cannot attend due to an ACC class conflict. ****Missing Success Academy for work/part-time job or picking up a sibling is not an excused absence since we only meet once a month.***
7. **11th and 12th:** To qualify for a SAT or ACT fee waiver, the ABSS lunch form still has to be completed online, even if you don't plan to eat breakfast or lunch at school. Save the letter that will come to you in the mail as your form of proof for free/reduced lunch. Mrs. Stoker will need a copy of the letter once you receive it or a picture of it sent through email. This has to be done each year.
8. SAT test dates can be found online at www.collegeboard.com and ACT test dates can be found at www.actstudent.org.

THOUGHT FOR THE WEEK

"No one is perfect-that's why pencils have erasers."

~Wolfgang Riebe



1. **9th-12th:** Are you looking for volunteer hours? If so, this may be something you're interested in: **The Burlington Youth Council (BYC)** is a community service organization that meets the needs of the Alamance/Burlington middle and high school students. The BYC is the backbone of *Thataways*, in which they offer suggestions of programs and activities that are held there. This active group of teens volunteer for various events and assists with local programs in the Alamance County area as well as offering activities for themselves. The BYC strives to provide healthy and fun activities for young people around Alamance County. To become a member of BYC, students must be enrolled in an ABSS School or reside in Alamance County and maintain satisfactory grades. Members must attend BYC meetings and events on a regular basis. For more information call (336) 222-5134, [email](#), or register online.

Meeting: Monday nights (September - May) from 6:00-7:00 pm

Ages: 9th through 12th grade (Junior Members: 6th through 8th grade)

Cost: Free to join! [Register Online](#)

Location: Thataways Youth Center 1331 Overbrook Rd, Burlington, NC 27215

Find us on [Facebook](#)!

2. **10th-12th:** Be sure to check your ACC room locations this week in Self-Service. They can change throughout the week. Most ACC classes will not show in Moodle until Monday, August 19th.
3. **Sophomores/Juniors/Seniors:** A sign-up form for book pick-up was sent last Friday. Please select a day and time that works best for you. Mrs. Stoker will deliver books/codes to freshmen and sophomores this week.
4. Melissa Garrison, a **UNC Chapel Hill** representative will visit ABEC on Tuesday, September 3rd. She will also speak during our junior and senior seminars. Come prepared with questions, especially if you plan to apply to UNC.
5. **Juniors and Seniors:** Success Academy will take place once a month in our ABEC cafeteria. Our first meeting will take place on Tuesday, September 3rd at 1:30pm for juniors and 2:15pm for all seniors. It is the student's responsibility to follow-up with Mrs. Stoker/Mrs. Snell in the event he/she cannot attend due to an ACC class conflict. ****Missing Success Academy for work/part-time job or picking up a sibling is not an excused absence since we only meet once a month.***
6. **11th and 12th:** To qualify for a SAT or ACT fee waiver, the ABSS lunch form still has to be completed online, even if you don't plan to eat breakfast or lunch at school. Save the letter that will come to you in the mail as your form of proof for free/reduced lunch. Mrs. Stoker will need a copy of the letter once you receive it or a picture of it sent through email. This has to be done each year.
7. **Seniors:** Mrs. Stoker will begin individual senior conferences beginning on Tuesday, August 27th. Parents are welcome to join in as well. A sign-up form will be emailed today.
8. SAT test dates can be found online at www.collegeboard.com and ACT test dates can be found at www.actstudent.org.

THOUGHT FOR THE WEEK

: "Tell me and I forget. Teach me and I remember. Involve me and I learn."

~Benjamin Franklin



Stoker's Snippets

August 5-9, 2024

Week 1

1. Welcome back to school! We are looking forward to seeing the remaining Early College juniors and seniors on Monday, August 19th.
2. We have a new staff member this year! Please welcome Mrs. Green, our new school nurse. She will be here on Wednesdays and Fridays. Be sure to stop by and welcome her this week. ☺
3. **Sophomores/Juniors/Seniors:** Mrs. Stoker has ordered books and codes. A sign-up form will be sent this week for pick-up on Thursday or Friday. Please select a day and time that works best for you. Mrs. Stoker will deliver books/codes to freshmen and sophomores next week.
4. **Juniors and Seniors:** Success Academy will take place once a month in our ABEC cafeteria. Our first meeting will take place on Tuesday, September 3rd at 1:30pm for juniors and 2:15pm for all seniors. It is the student's responsibility to follow-up with Mrs. Stoker/Mrs. Snell in the event he/she cannot attend due to an ACC class conflict. ****Missing Success Academy for work/part-time job or picking up a sibling is not an excused absence since we only meet once a month.***
5. ACC Self-Service passwords need to be reset. If you are having issues logging in, please reset your password. You will need your ACC ID number to do so. Passwords expire every 90 days.
6. **11th and 12th:** To qualify for a SAT or ACT fee waiver, the ABSS lunch form still has to be completed online, even if you don't plan to eat breakfast or lunch at school. Save the letter that will come to you in the mail as your form of proof for free/reduced lunch. Mrs. Stoker will need a copy of the letter once you receive it or a picture of it sent through email. This has to be done each year.
7. **Seniors:** Mrs. Stoker will begin individual senior conferences beginning at the end of this month. Parents are welcome to join in as well. A sign-up form will be emailed next week.
8. SAT test dates can be found online at www.collegeboard.com and ACT test dates can be found at www.actstudent.org.

THOUGHT FOR THE WEEK

“Education's purpose is to replace an empty mind with an open one.”

~Malcolm Forbes



Stoker's Snippets

May 13-17, 2024

Week 37

1. This is the last Stoker's Snippets for the school year. Seniors, it's been a pleasure keeping you posted with upcoming events and reminders over the past four years. Underclassmen and rising seniors, stay tuned for more exciting news next year. ☺
2. **Senior Events:** The senior picnic, graduation practice and graduation will take place on May 21st at the Mebane Arts Center starting at 11:30AM. Please refer to the "senior events" link on the ABEC webpage for specific graduation details and times. All seniors will receive their 10 tickets on May 21st. Those needing additional tickets will need to contact seniors on the list Mrs. Stoker sent out last Thursday.
3. **10th and 11th:** Are you a rising junior or senior interested in aviation? ECSU is partnering with the USDOT and FAA to expand the pipeline of US aircraft pilot and unmanned aircraft system operators. For more information or to apply, please contact osbradford@ecsu.edu or 252-335-3846. *See email from Mrs. Stoker on May 7th about this opportunity.
4. **ACC Grades:** Any 9th-12th grade student wanting to receive a numerical score of 96 or higher in an ACC class needs to take a screenshot of your Watermark class/final grade and send it to Mrs. Williams in an email. These grades are due by **Thursday, May 16th** at 5:00pm. ***9th Grade only needs to submit a 96 or higher for HEA 110.**
5. **Senior Reminder:** All **seniors** need to create a CFNC account if you haven't already done so. In the future, you may need another copy of your high school transcript. You can simply log in to CFNC.org and access or submit a free transcript from this site. If you request one through ABSS, you will have to pay for each transcript you request.
6. Graduating seniors taking ACC courses this summer will **not** be able to borrow/use our college textbooks. Please keep that in mind when adding classes that require a textbook or online code. Summer textbooks can be bought or rented through ACC's bookstore or purchased through various online sites (Amazon or Barnes & Noble).
7. **9th-12th:** If you have any library books or materials from ACC, please return them ASAP. Overdue books can place a block on your ACC account preventing Mrs. Snell from adding your fall classes. Mrs. Stoker needs all ACC books returned by **Tuesday, May 14th**.
8. **Seniors and Parents:** To easily access and order graduation photos after the ceremony, please text **90738** or visit my.photoday.com. **Access Code: PGYN53367**
9. **Senior Award's Night:** All seniors are invited to attend our annual Senior Award's Night on May 16th at 6:00pm at Fifth and Washington in Mebane (next to the bowling alley). Please confirm your attendance on the Google Form sent to all seniors. Due to limited space, only 3-4 guests per senior are allowed.
10. **SAT/ACT:** The next SAT will take place on **Saturday, June 1st** with a registration deadline on **May 16th** and the next ACT is on **Saturday, June 8th** with a **late fee** registration deadline on **May 19th**. You will need to register for both tests online at www.collegeboard.com for the SAT or www.actstudent.org for the ACT. A free ACT test and study guide can be found here: [Preparing for the ACT](#) and free SAT prep and tests can be found here: <https://www.princetonreview.com/college-advice/sat-practice-tests>. **Cost:** ACT=\$68 or \$93 with the writing test/SAT=\$60/Fee waivers are available for students that have been approved for free/reduced lunch.

THOUGHT FOR THE WEEK

“Go into the world and do well. But more importantly, go into the world and do good.”
~Minor Myers, Jr.



Congratulations, Class of 2024! We will miss you!!

Stoker's Snippets

May 6-10, 2024

Week 36

1. This is a very ***special*** week. Today through Friday is dedicated to all the wonderful ABEC teachers. Please be sure to let them know how much you appreciate all they do. Happy Teacher Appreciation Week! Wednesday, May 8th is National School Nurse Day. Thank you, Nurse Kaisinger, for supporting our students and staff. We appreciate you! 😊
2. **Seniors:** The final senior seminar will take place tomorrow, Tuesday, May 7th in the cafeteria at 1:45 PM. Feel free to bring snacks or drinks for the group to share.
3. **ACC Grades:** Any 9th-12th grade student wanting to receive a numerical score of 96 or higher in an ACC class needs to take a screenshot of your Watermark class/final grade and send it to Mrs. Williams in an email. These grades are due by **Thursday, May 16th** at 5:00pm. ****9th Grade only needs to submit a 96 or higher for HEA 110.***
4. **Senior Reminder:** All **seniors** need to create a CFNC account if you haven't already done so. In the future, you may need another copy of your high school transcript. You can simply log in to CFNC.org and access or submit a free transcript from this site. If you request one through ABSS, you will have to pay for each transcript you request.
5. Graduating seniors taking ACC courses this summer will **not** be able to borrow/use our college textbooks. Please keep that in mind when adding classes that require a textbook or online code. Summer textbooks can be bought or rented through ACC's bookstore or purchased through various online sites (Amazon or Barnes & Noble).
6. **9th-12th:** If you have any library books or materials from ACC, please return them ASAP. Overdue books can place a block on your ACC account preventing Mrs. Snell from adding your fall classes. Mrs. Stoker needs all ACC books returned by **Tuesday, May 14th**.
7. **Seniors and Parents:** To easily access and order graduation photos after the ceremony, please text **90738** or visit my.photoday.com. **Access Code: PGYN53367**
8. **Senior Award's Night:** All seniors are invited to attend our annual Senior Award's Night on May 16th at 6:00pm at Fifth and Washington in Mebane (next to the bowling alley). Please confirm your attendance on the Google Form sent to all seniors. Due to limited space, only 3-4 guests per senior are allowed.
9. **SAT/ACT:** The next SAT will take place on **Saturday, June 1st** with a registration deadline on **May 16th** and the next ACT is on **Saturday, June 8th** with a **late fee** registration deadline on **May 19th**. You will need to register for both tests online at www.collegeboard.com for the SAT or www.actstudent.org for the ACT. A free ACT test and study guide can be found here: [Preparing for the ACT](http://www.collegeboard.com/sat-practice-tests) and free SAT prep and tests can be found here: <https://www.princetonreview.com/college-advice/sat-practice-tests>. **Cost:** ACT=\$68 or \$93 with the writing test/SAT=\$60/Fee waivers are available for students that have been approved for free/reduced lunch.

THOUGHT FOR THE WEEK

“Motivation is what gets you started. Habit is what keeps you going.”

~Jim Rohn



Stoker's Snippets

April 29-May 3, 2024

Week 35

1. Happy National Principal's Day to Dr. Fliehm on Wednesday, May 1st. We appreciate all you do for our school!
2. **Seniors:** The final senior seminar will take place next Tuesday, May 7th in the cafeteria at 1:45 PM. Feel free to bring snacks or drinks for the group to share.
3. **9th-12th:** If you have any library books or materials from ACC, please return them ASAP. Overdue books can place a block on your ACC account preventing Mrs. Snell from adding your fall classes. Mrs. Stoker needs all ACC books returned by **Tuesday, May 14th**.
4. **Senior Award's Night:** All seniors are invited to attend our annual Senior Award's Night on May 16th at 6:00pm at Fifth and Washington in Mebane (next to the bowling alley). Please confirm your attendance on the Google Form sent to all seniors. Due to limited space, only 3-4 guests per senior are allowed.
5. **Seniors:** ACC cap and gown pick-up will take place on Tuesday, April 30th in the Student Services Building from 10-2:00pm and 5-7:00pm. Be sure to stop by if you're planning to participate in ACC's graduation.
6. **Seniors:** Final senior conferences begin tomorrow. All seniors are **required** to meet with Mrs. Stoker on one of these days. This meeting is required to confirm all seniors' final plans (employment, military or college) and verify all college acceptances and scholarships.
7. **9th-11th: Campapalooza** is a 5-day academic summer camp for rising sophomores, juniors, and seniors at Chowan University. Students will live on campus, have their meals in the University cafeteria, and spend their days engaged in exciting academic activities with the University Faculty! Campapalooza 2024 will take place June 23rd to 28th. The early registration fee (by May 15th) is \$449. This includes room and board, meals, supplies, activities and a camp t-shirt. The 2024 summer camp at Chowan University is specifically designed for high school students who want the college experience while taking a deep dive into a specific content area. For detailed information and access to the registration page, please visit:
<https://www.givecampus.com/schools/ChowanUniversity/events/chowan-university-s-campapalooza-summer-academic-camp>
8. **Last Week for Donations:** Key Club is sponsoring a school-wide **"Fighting Hunger Games"** canned/boxed/non-perishable food drive. All food items are due by **Friday, May 3rd** to be eligible for the competition.
9. **Seniors:** Any senior that has been accepted to a college/university or received a scholarship award needs to provide a copy of the acceptance/award letter to the **"College Acceptance/Scholarship"** Google Form.
<https://docs.google.com/forms/d/1WbwFgLzHpelneWrqprZpluo3suruReiYzYDFsc1sifk/edit>
10. **SAT/ACT:** The next SAT will take place on **Saturday, June 1st** with a registration deadline on **May 16th** and the next ACT is on **Saturday, June 8th** with a registration deadline on **May 3rd**. You will need to register for both tests online at www.collegeboard.com for the SAT or www.actstudent.org for the ACT. A free ACT test and study guide can be found here: [Preparing for the ACT](#) and free SAT prep and tests can be found here:
<https://www.princetonreview.com/college-advice/sat-practice-tests>. **Cost:** ACT=\$68 or \$93 with the writing test/SAT=\$60/Fee waivers are available for students that have been approved for free/reduced lunch.

THOUGHT FOR THE WEEK

“Do. Or do not. There is no try.”

~Yoda



Stoker's Snippets

April 22-26, 2024

Week 34

1. **PROM:** A special thank you to Mrs. Russell, Mrs. Williams and Dr. Fliehmman for all your help prepping for prom this year. If you attended prom, please thank all our **teachers/staff** that attended and our prom committee for the great decorations and set-up. It was beautifully decorated by students and staff and definitely was a successful event. Congratulations to our King/Queen-George & Loriselle and our Prince/Princess-Hector & Julia. Best dressed awards went to Cody and Mahaley.
2. Happy **Administrative Professionals Day** on Wednesday to Mrs. Williams in the front office. Thank you for the many things you do for the staff, parents and students! 😊
3. **Seniors:** The final senior seminar will take place next Tuesday, May 7th in the cafeteria at 1:45 PM.
4. **Yearbooks:** Yearbooks will be distributed to freshmen and sophomores during lunch on Friday, April 26th. Juniors and Seniors, can pick them up any time that day after 1:45pm. Anyone who did not pre-order one can still purchase one for \$45. You can either bring in a check or exact cash on Friday, April 26th, or any Wednesday after the 26th until they run out.
5. **Seniors:** The final senior conference sign-up form was sent on Friday. All seniors are required to meet with Mrs. Stoker on one of these days. This meeting is required to confirm all seniors' final plans (employment, military or college) and verify all college acceptances and scholarships.
6. **Seniors:** If you have not found a college for fall, please consider the [College Redirection Pool](#) (CRP). The CRP runs April 1 through Aug. 31 to provide students with an additional opportunity to be matched with a North Carolina college or university that still has enrollment openings for the upcoming fall. The CRP assists students who have been denied admission from the institution of their choice and are seeking opportunities to pursue higher education in the fall.
7. **Key Club** is sponsoring a school-wide **“Fighting Hunger Games”** canned/boxed/non-perishable food drive. All food items are due by **Friday, May 3rd** to be eligible for the competition.
8. **Seniors:** Any senior that has been accepted to a college/university or received a scholarship award needs to provide a copy of the acceptance/award letter to the **“College Acceptance/Scholarship”** Google Form.
<https://docs.google.com/forms/d/1WbwFgLzHpelneWrqprZpluo3suruReiYzYDFsc1sifk/edit>
9. **SAT/ACT:** The next SAT will take place on **Saturday, May 4th** with a **late fee** registration deadline on **April 23rd** and the next ACT is on **Saturday, June 8th** with a registration deadline on **May 3rd**. You will need to register for both tests online at www.collegeboard.com for the SAT or www.actstudent.org for the ACT. A free ACT test and study guide can be found here: [Preparing for the ACT](#) and free SAT prep and tests can be found here:
<https://www.princetonreview.com/college-advice/sat-practice-tests>. **Cost:** ACT=\$68 or \$93 with the writing test/SAT=\$60/Fee waivers are available for students that have been approved for free/reduced lunch.

THOUGHT FOR THE WEEK

“We do not inherit the earth from our ancestors; we borrow it from our children.”

~Native American Proverb



Stoker's Snippets

April 15-19, 2024

Week 33

1. Congratulations to Sundras, Nick H. and Carson on your acceptance to Elon Academy. We are so proud of you and all the ninth graders that applied! 😊
2. SGA speeches will take place today during lunch. Any rising juniors or seniors running for office (P, VP or S) need to send Mrs. Stoker a copy of your speech so it can be shared in Ms. Fisher's English 3 blocks today. Voting ballots will be sent to all students on Monday afternoon. Good luck to all candidates!
3. **11th-12th:** Please join ACC for their next Mindfulness at ACC Session - Cultivating Calm on Friday, April 19th from 12-1:00pm. April is [Stress Awareness Month](#), a national event that hopes to bring attention to the negative impact of stress and how managing stress can improve our mental and physical well-being. Please join this free session to learn mindfulness techniques that can help cultivate more calm in our daily lives. Register at this [link](#). (You will need to use your ACC login.)
4. **11th and 12th ACC Drop Deadline:** The last day to drop an ACC class is Friday, April 19th with a "WP". Please notify Dr. Fliehm if an instructor feels this is the best option for you.
5. **Seniors:** The final senior conference sign-up form will be emailed today. All seniors are required to meet with Mrs. Stoker on one of these days. This meeting is required to confirm all seniors' final plans (employment, military or college) and verify all college acceptances and scholarships.
6. **Seniors:** If you have not found a college for fall, please consider the [College Redirection Pool](#) (CRP). The CRP runs April 1 through Aug. 31 to provide students with an additional opportunity to be matched with a North Carolina college or university that still has enrollment openings for the upcoming fall. The CRP assists students who have been denied admission from the institution of their choice and are seeking opportunities to pursue higher education in the fall.
7. **Key Club** is sponsoring a school-wide **"Fighting Hunger Games"** canned/boxed/non-perishable food drive. All food items are due by **Friday, May 3rd** to be eligible for the competition.
8. **(9-12th) Featured Artists:** Mrs. Stoker is currently searching for her next "featured artist." There are many talented students and we love seeing your artistic abilities! If you are interested in showcasing something you have drawn, painted or sketched, please let Mrs. Stoker know.
9. **Last Call for Prom Tickets: Wednesday, April 17th** is the very last day to purchase a ticket. See Mrs. Stoker or Mrs. Williams to purchase a ticket with exact cash or check payment.
10. **Seniors:** Any senior that has been accepted to a college/university or received a scholarship award needs to provide a copy of the acceptance/award letter to the "College Acceptance/Scholarship" Google Form. <https://docs.google.com/forms/d/1WbwFgLzHpelneWrqprZpluo3suruReiYzYDFsc1sifk/edit>
11. **SAT/ACT:** The next SAT will take place on **Saturday, May 4th** with a registration deadline on **April 19th** and the next ACT is on **Saturday, June 8th** with a registration deadline on **May 3rd**. You will need to register for both tests online at www.collegeboard.com for the SAT or www.actstudent.org for the ACT. A free ACT test and study guide can be found here: [Preparing for the ACT](#) and free SAT prep and tests can be found here: <https://www.princetonreview.com/college-advice/sat-practice-tests>. **Cost:** ACT=\$68 or \$93 with the writing test/SAT=\$60/Fee waivers are available for students that have been approved for free/reduced lunch.

THOUGHT FOR THE WEEK



Stoker's Snippets

April 8-12, 2024

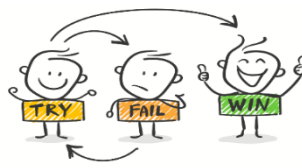
Week 32

1. **Seniors:** Senior Success Academy is scheduled for tomorrow, Tuesday, April 9th at 1:45 PM in the cafeteria. All seniors are expected to attend if not in a class/lab.
2. **SGA Election Time:** Are you interested in planning school-wide events, serving as a voice for your grade level and being an integral member in organizing future class reunions? If any of this sounds appealing, you should definitely consider running for a SGA office or representative position. Rising seniors are eligible for all three offices (President, VP and Secretary). Rising juniors are eligible for VP and Secretary. Please complete the Google Form Mrs. Stoker sent last Friday by 12:00pm today if interested.
3. **Key Club** is sponsoring a school-wide **“Fighting Hunger Games”** canned/boxed/non-perishable food drive. All food items are due by **Friday, May 3rd** to be eligible for the competition.
4. **(9-12th) Featured Artists:** Mrs. Stoker is currently searching for her next “featured artist.” There are many talented students and we love seeing your artistic abilities! If you are interested in showcasing something you have drawn, painted or sketched, please let Mrs. Stoker know.
5. **Seniors:** Scholarship Opportunities #6 will be emailed to all seniors this week. There is still time to earn money for college so please spend some time working on these last few opportunities.
6. April is recognized as **National Stress Awareness Month** to bring attention to the negative impact of stress. Managing stress is an essential component of a healthy lifestyle. Knowing how to manage stress can improve mental and physical well-being as well as minimize exacerbation of health-related issues. It's critical to recognize what stress and anxiety look like, take steps to build resilience, and know where to go for help. Check out this site for helpful tips on managing stress: <https://kidshealth.org/en/teens/stress-tips.html>
7. **11th and 12th:** The ASVAB will be administered for students that expressed interest in taking it on Thursday, April 25th. If you are still interested in taking the test, please let Mrs. Stoker know as soon as possible.
8. **Prom Tickets:** Each ticket is **\$45.00** per student and/or guest. The next in person purchase date will be **Wednesday, April 10th**. See Mrs. Stoker or Mrs. Williams to purchase a ticket with exact cash or check payment. Online payment is also available **any** day of the week. All guest forms are due to Mrs. Stoker by **Wednesday, April 10th**. The **deadline** to purchase tickets online is **Sunday, April 14th** and the last day to pay cash or check is **Weds., April 17th**.
9. **Seniors:** Any senior that has been accepted to a college/university or received a scholarship award needs to provide a copy of the acceptance/award letter to the “College Acceptance/Scholarship” Google Form. <https://docs.google.com/forms/d/1WbwFgLzHpelneWrqprZpluo3suruReiYzYDFsc1sifk/edit>
10. **SAT/ACT:** The next SAT will take place on **Saturday, May 4th** with a registration deadline on **April 19th** and the next ACT is on **Saturday, June 8th** with a registration deadline on **May 3rd**. You will need to register for both tests online at www.collegeboard.com for the SAT or www.actstudent.org for the ACT. A free ACT test and study guide can be found here: [Preparing for the ACT](#) and free SAT prep and tests can be found here: <https://www.princetonreview.com/college-advice/sat-practice-tests>. **Cost:** ACT=\$68 or \$93 with the writing test/SAT=\$60/Fee waivers are available for students that have been approved for free/reduced lunch.

THOUGHT FOR THE WEEK

We are what we repeatedly do. Excellence, then, is not an act, but a habit.”

~Aristotle



Stoker's Snippets

April 1-5, 2024

Week 31

1. **Seniors:** Senior Success Academy is scheduled for Tuesday, April 9th at 1:45 PM in the cafeteria. All seniors are expected to attend if not in a class/lab.
2. **11th and 12th:** The ASVAB will be administered for students that expressed interest in taking it on Thursday, April 25th. If you are still interested in taking the test, please let Mrs. Stoker know as soon as possible.
3. Join us this summer for an immersive **ECU Art and Design Camp** tailored specifically for high school students! Our camp offers a unique opportunity for young artists and designers to explore their creativity, develop new skills, and unleash their potential in a supportive and inspiring environment. Through hands-on workshops, expert guidance from experienced instructors, and exposure to various artistic mediums and design principles, participants will embark on a journey of self-expression and discovery. From photography to digital art, sculpture, and graphic design, our camp curriculum covers a wide range of disciplines to cater to diverse interests. For questions please contact: Daniel Kariko karikod@ecu.edu **Fees** (include room, board, T- shirt, recreational activities, accident insurance, & health care fee) **Resident Camper fee** (full week, including room & board): \$975 **Day Camp option** (full week, meals, excluding room): \$800 Partial payment options are available upon paying a down-payment of \$275 for resident campers, or \$250 for day campers. **Registration Deadline:** May 15th, 2024 Please visit: <https://art.ecu.edu/summercamp/> for more information.
4. **Prom Tickets:** Each ticket is **\$45.00** per student and/or guest. The next in person purchase date will be **Wednesday, April 3rd**. See Mrs. Stoker or Mrs. Williams to purchase a ticket with exact cash or check payment. Online payment is also available **any** day of the week. ****All guest forms are due to Mrs. Stoker by Wednesday, April 10th.** The **deadline** to purchase tickets online is **Sunday, April 14th** and the last day to pay cash or check is **Wednesday, April 17th**.
5. **Seniors:** Any senior that has been accepted to a college/university or received a scholarship award needs to provide a copy of the acceptance/award letter to the “College Acceptance/Scholarship” Google Form. <https://docs.google.com/forms/d/1WbwFgLzHpelneWrqprZpluo3suruReiYzYDFsc1sifk/edit>
6. **SAT/ACT:** The next SAT will take place on **Saturday, May 4th** with a registration deadline on **April 19th** and the next ACT is on **Saturday, June 8th** with a registration deadline on **May 3rd**. You will need to register for both tests online at www.collegeboard.com for the SAT or www.actstudent.org for the ACT. A free ACT test and study guide can be found here: [Preparing for the ACT](#) and free SAT prep and tests can be found here: <https://www.princetonreview.com/college-advice/sat-practice-tests>. **Cost:** ACT=\$68 or \$93 with the writing test/SAT=\$60/Fee waivers are available for students that have been approved for free/reduced lunch.

THOUGHT FOR THE WEEK

“Only a fool knows everything. A wise man knows how little he knows.”

~Unknown Author



Stoker's Snippets

March 25-29, 2024

Week 30

1. **2nd Spring Break:** ACC **will not** have classes this Thursday, March 28th and Friday, March 29th for all students. ACC classes will resume for juniors and seniors on Monday, April 1st. ABEC **will not** have classes Friday, March 29th through Tuesday, April 2nd. ABEC classes will resume for 9th-11th on Wednesday, April 3rd. Buses **will not** run Friday through Tuesday so 11th and 12th will need to arrange for alternate transportation.
2. **SGA Supply Drive Update:** In addition to the 300+ items ABEC and ACC collected, more have been received. Last week, SGA members were able to donate supplies for an additional ABSS elementary school in need. Congratulations to **Caroline West (10th Grade)** and **Yvonne King (11th Grade)** for donating **145** items between the two of them. **Who knew “Cobras” had such big hearts!** Again, SGA would like to thank all the students and families that donated items!
3. **ACC Mindfulness-Music & Meditation:** Please join us (**TODAY**) for a session about how to mediate and use music to make it a little easier. No meditation experience needed. All students, staff, and faculty welcome. We will learn the basics of meditation and then meditate to Beyoncé, North Carolinian Nina Simone, and more. We will meet Monday March 25th at 12:00pm in S102-103. [REGISTER HERE](#)
4. **Prom Tickets Update:** Each ticket is now **\$45.00** per student and/or guest. Tickets will only be sold on Wednesdays each week (8:30 AM to 2:45 PM) leading up to the week of prom. The next in person purchase date will be **Wednesday, March 27th**. See Mrs. Stoker or Mrs. Williams to purchase a ticket with exact cash or check payment. Online payment is also available **any** day of the week. Guest permission forms are located in Mrs. Stoker's office.
5. **Seniors:** Any senior that has been accepted to a college/university or received a scholarship award needs to provide a copy of the acceptance/award letter to the “*College Acceptance/Scholarship*” Google Form. <https://docs.google.com/forms/d/1WbwFgLzHpelneWrqprZpluo3suruReiYzYDFsc1sifk/edit>
6. **SAT/ACT:** The next SAT will take place on **Saturday, May 4th** with a registration deadline on **April 19th** and the next ACT is on **Saturday, June 8th** with a registration deadline on **May 3rd**. You will need to register for both tests online at www.collegeboard.com for the SAT or www.actstudent.org for the ACT. A free ACT test and study guide can be found here: [Preparing for the ACT](#) and free SAT prep and tests can be found here: <https://www.princetonreview.com/college-advice/sat-practice-tests>. **Cost:** ACT=\$68 or \$93 with the writing test/SAT=\$60/Fee waivers are available for students that have been approved for free/reduced lunch.

THOUGHT FOR THE WEEK

“Being kind means responding to the needs of others-and people can be kind, no matter how old or young we are.”

~Fred Rogers



Stoker's Snippets

March 18-22, 2024

Week 29

1. **Mark your calendar!** SGA will host its next “Fun Friday” this Friday, March 22nd. Weather permitting, we will meet outdoors near the basketball courts. Anyone wanting to participate in the basketball tournament needs to complete the Google Form by this Wednesday. **{This event is for ABEC students and staff only.}** All car riders need to be picked-up no later than **5:30pm**.
2. **Governor’s School:** Congratulations to Schuy LaLone! Schuy was selected out of 1,900 state-level nominees to attend the North Carolina Governor’s School this summer, the oldest institution of its kind in the nation with a proud tradition of excellence. Way to go, Schuy!
3. **SGA Supply Drive:** ABEC’s SGA in collaboration with ACC’s SGA was able to collect over 300 school supply items for two local elementary schools. SGA President George Thompson and Vice President Anajah Ferges sorted the donations and delivered them last Thursday. Thank you to all the staff and students that donated items!
4. **Seniors:** Cap and gown pictures are taking place today! Be sure to arrive before your selected time.
5. **Juniors:** It is officially spring and the bulbs are beginning to bloom in Cullowhee. There is only one remaining Open House for the spring semester on Saturday, March 23, 2024! This is the best opportunity for students to get a well-rounded overview of what it is like to be a student at Western Carolina University. From speaking with various departments, attending an academic session based on desired major, getting a tour of campus, eating lunch for free (students only), getting a free bag and t-shirt (students only), and more, this is an event you don’t want to miss! To register, please visit: openhouse.wcu.edu
6. **Prom Tickets Update:** Each ticket is now **\$45.00** per student and/or guest. Tickets will only be sold on Wednesdays each week (8:30 AM to 2:45 PM) leading up to the week of prom. The next in person purchase date will be Wednesday, March 20th. See Mrs. Stoker or Mrs. Williams to purchase a ticket with exact cash or check payment. Online payment is also available **any** day of the week. Guest permission forms are located in Mrs. Stoker’s office.
7. **Seniors:** Any senior that has been accepted to a college/university or received a scholarship award needs to provide a copy of the acceptance/award letter to the “*College Acceptance/Scholarship*” Google Form. <https://docs.google.com/forms/d/1WbwFgLzHpelneWrqprZpluo3suruReiYzYDFsc1sifk/edit>
8. **SAT/ACT:** The next SAT will take place on **Saturday, May 4th** with a registration deadline on **April 19th** and the next ACT is on **Saturday, April 13th** with a **late fee** registration deadline on **March 24th**. You will need to register for both tests online at www.collegeboard.com for the SAT or www.actstudent.org for the ACT. A free ACT test and study guide can be found here: [Preparing for the ACT](https://www.collegeboard.com/act/studyguide) and free SAT prep and tests can be found here: <https://www.princetonreview.com/college-advice/sat-practice-tests>. **Cost:** ACT=\$68 or \$93 with the writing test/SAT=\$60/Fee waivers are available for students that have been approved for free/reduced lunch.

THOUGHT FOR THE WEEK

“Every day may not be good...but there’s something good in every day.”
~Alice Morse Earle



Stoker's Snippets

March 11-15, 2024

Week 28

1. Wednesday, March 13th is an Early Release Day for ABEC classes. College classes will resume for all students on Thursday this week.
2. [Alamance Community College](#)'s annual ***Girls Take Over Tech Event*** is back and sure to be spectacular! This year's event will be hosted by [Sandvik Coromant US](#) in conjunction with [ACC Wisdom](#). We are SO excited to hold this event in such a lovely facility and cannot wait to share this experience with you all. Girl's Take Over Tech is an event that allows young females, typically middle-high school age, to meet with female students, Instructors, and those in the Industry that have chosen to pursue fields in Industrial Science, Design, Engineering, and Manufacturing. There will be lots of goodies and even more good times to be had! The email address for Wisdom: wisdom@alamancecc.edu- students who are interested can send an email to Wisdom.
3. Mrs. Stoker will receive ACC mid-term and 8-week class grades this week. Student check-ins and parent contact will begin for students that have a D or Below in any college classes.
4. **Seniors:** Mrs. Stoker emailed Scholarship Opportunities #5 before spring break. Please spend at least 30 minutes a week working on scholarships for next year. There's still lots of free money out there!
5. **10th-12th:** As a reminder, summer and fall classes appeared in Self-Service on Friday, March 1st. Begin mapping out class times/instructors you prefer in preparation for your meeting with Mrs. Snell. All students must have Dr. Flieman's permission to take summer classes. Books and codes are **not** purchased for AA or AS degrees during the summer.
6. **11th and 12th:** Prom tickets will increase in price starting on **March 16th**. Be sure to purchase your tickets ASAP! See Mrs. Stoker for an "outside guest" form.
7. **Seniors:** Any senior that has been accepted to a college/university or received a scholarship award needs to provide a copy of the acceptance/award letter to the "College Acceptance/Scholarship" Google Form. <https://docs.google.com/forms/d/1WbwFgLzHpelneWrqprZpluo3suruReiYzYDFsc1sifk/edit>
8. **SAT/ACT:** The next SAT will take place on **Saturday, May 4th** with a registration deadline on **April 19th** and the next ACT is on **Saturday, April 13th** with a **late fee** registration deadline on **March 24th**. You will need to register for both tests online at www.collegeboard.com for the SAT or www.actstudent.org for the ACT. A free ACT test and study guide can be found here: [Preparing for the ACT](#) and free SAT prep and tests can be found here: <https://www.princetonreview.com/college-advice/sat-practice-tests>. **Cost:** ACT=\$68 or \$93 with the writing test/SAT=\$60/Fee waivers are available for students that have been approved for free/reduced lunch.

THOUGHT FOR THE WEEK

"What do you get when you cross poison ivy with a four-leaf clover? A rash of good luck!"

~Author Unknown



Stoker's Snippets

Feb.26-March 1, 2024

Week 27

1. Next week, March 4-8th is ABEC's spring break. ABEC classes will resume on Monday, March 11th. ACC's spring break begins on March 5th and ends on March 13th. College classes will resume on March 14th for all students. **There will **not** be any bus transportation or lunches during March 4-8th due to ABEC's scheduled spring break.
2. **10th-12th:** As a reminder, summer and fall classes will appear in Self-Service on Friday, March 1st. Begin mapping out class times/instructors you prefer in preparation for your meeting with Mrs. Snell. All students must have Dr. Fliehman's permission to take summer classes. Books and codes are **not** purchased for AA or AS degrees during the summer.
3. **10th Grade:** There will be a parent/student meeting for all rising juniors on February 28th at 6:00pm. Dr. Fliehman, Mrs. Russell and Mrs. Stoker will inform students and parents of changes that will occur and arrange times to meet and schedule college courses. Mrs. Snell, our ACC liaison will also be present to meet and speak with parents.
4. **Seniors:** Due to ACC's spring break schedule, Success Academy will **not** take place on Tuesday, March 5th. Mrs. Stoker and Mrs. Snell will email updates as needed. The next meeting will be Tuesday, April 9th.
5. **Do you enjoy poetry?** The Poetry Foundation, publisher of *Poetry* magazine, is an independent literary organization committed to a vigorous presence for poetry in our culture. It exists to discover and celebrate the best poetry and to place it before the largest possible audience. In interested, please visit:
<https://www.poetryfoundation.org/collections/101640/celebrating-black-history-month>
6. **11th and 12th:** Prom tickets will increase in price starting on March 16th. Be sure to purchase your tickets ASAP! See Mrs. Stoker for an "outside guest" form.
7. **How You Can Help:** ABEC's SGA is collaborating with ACC's SGA to help gather needed supplies for two local ABSS elementary schools. Now through March 4th, ABEC will collect supplies (sharpened pencils, tissues, glue sticks, etc.) to support these students and teachers through the end of the year. Our goal is to collect at least 300 items to donate. Please consider donating and supporting these two schools. **The 9th or 10th grade advisory group or the number of 11th/12th graders that collects the most supplies will receive a prize.**
8. **Seniors:** Any senior that has been accepted to a college/university or received a scholarship award needs to provide a copy of the acceptance/award letter to the "College Acceptance/Scholarship" Google Form.
<https://docs.google.com/forms/d/1WbwFgLzHpelneWrqprZpluo3suruReiYzYDFsc1sifk/edit>
9. **SAT/ACT:** The next SAT will take place on **Saturday, March 9th** with a **late fee** registration deadline on **February 27th** and the next ACT is on **Saturday, April 13th** with a registration deadline on **March 8th**. You will need to register for both tests online at www.collegeboard.com for the SAT or www.actstudent.org for the ACT. A free ACT test and study guide can be found here: [Preparing for the ACT](http://www.collegeboard.com) and free SAT prep and tests can be found here: <https://www.princetonreview.com/college-advice/sat-practice-tests>. **Cost:** ACT=\$68 or \$93 with the writing test/SAT=\$60/Fee waivers are available for students that have been approved for free/reduced lunch.

THOUGHT FOR THE WEEK

“Some people feel the rain, others just get wet.”

~Bob Marley



Stoker's Snippets

February 19-23, 2024

Week 26

1. This Wednesday, February 21st is an Early Release Day for ABSS. All ACC classes will take place at their regular times for juniors and seniors.
2. **How You Can Help:** ABEC's SGA is collaborating with ACC's SGA to help gather needed supplies for two local ABSS elementary schools. Now through March 4th, ABEC will collect supplies (sharpened pencils, tissues, glue sticks, etc.) to support these students and teachers through the end of the year. Our goal is to collect at least 300 items to donate. Please consider donating and supporting these two schools. ****The 9th or 10th grade advisory group or the number of 11th/12th graders that collects the most supplies will receive a prize.****
3. **Did you know?** [Charlotte Hawkins Brown Museum](#): The [Palmer Memorial Institute](#), a private high school for African Americans located between **Greensboro** and **Burlington**, was founded by a Black educator Charlotte Hawkins Brown in 1902. The school was the first of its kind in the nation. Palmer Memorial Institute was fully accredited by the [Southern Association of Colleges and Secondary Schools](#) (1922) at a time when few [African American](#) high schools were. By that time Brown had built Palmer into the only finishing school of its kind in America. It had evolved into an institution with a national reputation. At its height, the campus consisted of more than 300 acres of land and 14 buildings.
4. **10th Grade:** There will be a parent/student meeting for all rising juniors on February 28th at 6:00pm. Dr. Fliehm, Mrs. Russell and Mrs. Stoker will inform students and parents of changes that will occur and arrange times to meet and schedule college courses. Mrs. Snell, our ACC liaison will also be present to meet and speak with parents.
5. **Juniors:** All juniors will take the ACT for **free** next Tuesday, February 27th. To start practicing and reviewing for free, please visit: <https://www.kaptest.com/act/free/act-free-practice-test>. Go ahead and let your ACC instructors know in advance. ***Students are not required to register for this test or pay any costs.**
6. **Seniors and Parents:** ACC offers multiple workshops for assistance completing the FAFSA. Workshops are held each week. Be sure to list a contact number so their office can contact you if needed. [SCHEDULE TODAY](#) or call for an appointment: 336-506-4340.
7. **Seniors:** Any senior that has been accepted to a college/university or received a scholarship award needs to provide a copy of the acceptance/award letter to the “College Acceptance/Scholarship” Google Form. <https://docs.google.com/forms/d/1WbwFgZHpelneWrqprZpluo3suruReiYzYDFsc1sifk/edit>
8. **SAT/ACT:** The next SAT will take place on **Saturday, March 9th** with a registration deadline on **February 23rd** and the next ACT is on **Saturday, April 13th** with a registration deadline on **March 8th**. You will need to register for both tests online at www.collegeboard.com for the SAT or www.actstudent.org for the ACT. A free ACT test and study guide can be found here: [Preparing for the ACT](#) and free SAT prep and tests can be found here: <https://www.princetonreview.com/college-advice/sat-practice-tests>. **Cost:** ACT=\$68 or \$93 with the writing test/SAT=\$60/Fee waivers are available for students that have been approved for free/reduced lunch.

THOUGHT FOR THE WEEK

“If your actions inspire others to dream more, learn more, do more and become more, you are a leader.”

~John Quincy Adams



Stoker's Snippets

Week 25

February 12-16, 2024

1. The NC African American Heritage Commission believe that celebrating and sharing the history heritage of African Americans goes beyond the month of February. This February, and every month they continue their work to preserve, protect and promote North Carolina's African American history, arts, and culture for all people. For more details, please visit: <https://aahe.nc.gov/programs/black-history-month>
2. **Seniors:** Scholarship Opportunities #4 was emailed directly to all seniors. Please be sure you're taking advantage of these opportunities. 30 minutes to an hour a week should be dedicated to completing scholarship applications for those planning to attend a 4-year school next year.
3. **Fun Opportunity: Students cannot miss class or lunch to attend this event!** Please join us for *Mindfulness and Chair Yoga* on Friday, February 16th at noon in S Building rooms 102-103. All students, staff, and faculty are welcome. No experience or special equipment is needed. There will be a certified yoga instructor and ACC's Director of Wellness and Student Support, Jenny Brownell will be present. Please register at the link (you will need to log in with your ACC login): <https://forms.gle/m9FqXJZ1NRcP1WCt9>
4. **10th and 11th:** If you are looking for a competitive edge, consider applying for the ACC Honors Program. Full details are available at this link: [ACC Honors Program](#). If you have questions, please reach out to honors@alamancecc.edu. Here are just a few of the program benefits:
 - Honors recognition on ACC transcript
 - Opportunity to do in-depth research and writing related to a particular discipline
 - Participation in Honors Program functions and conferences
 - A competitive edge when applying to academic programs, colleges, and universities
 - Opportunity to assume leadership roles
 - Faculty mentorship
5. **Juniors:** All juniors will take the ACT for **free** on Tuesday, February 27th. To start practicing and reviewing for free, please visit: <https://www.kaptest.com/act/free/act-free-practice-test>. Go ahead and let your ACC instructors know in advance.
***Students are not required to register for this test or pay any costs.**
6. **Seniors and Parents:** ACC offers multiple workshops for assistance completing the FAFSA. Workshops are held each week. Be sure to list a contact number so their office can contact you if needed. [SCHEDULE TODAY](#) or call for an appointment: 336-506-4340.
7. **Seniors:** Any senior that has been accepted to a college/university or received a scholarship award needs to provide a copy of the acceptance/award letter to the "College Acceptance/Scholarship" Google Form.
<https://docs.google.com/forms/d/1WbwFgLzHpelneWrqprZpluo3suruReiYzYDFsc1sifk/edit>
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THOUGHT FOR THE WEEK

“Being deeply loved by someone gives you strength, while loving deeply gives you courage.”

~Lau Tzu



Stoker's Snippets

Week 24

February 5-9, 2024

1. Success Academy will take place for all seniors on Tuesday, February 6th at 1:45pm in the cafeteria.
2. **12th:** All seniors finishing their ACC degrees need to apply for ACC's graduation in Self-Service by March 1st.
3. **9th-11th:** **Girls Who Code's free virtual Summer Programs** empower you to build skills, community, and a professional network for your future, in the ways that work best for you. Choose your adventure with two free programs:
 - **Curious to create your own computer games?** In our two-week Summer Immersion Program (SIP), you'll learn how to design your own games using p5.js, a JavaScript library for creative coding. Join classmates and our dedicated Teaching Teams in live virtual classrooms hosted by industry-leading companies like MetLife, Bank of America, Logitech, and Synchrony. We've got three rounds to fit your schedule: June 14 to June 28, July 8 to July 19, and July 29 to August 9. SIP is for current 9th-11th grade girls and non-binary students with beginner or intermediate coding experience, including program alums. Eligible students can even apply for a [\\$300 SIP Student Grant](#) and [laptop and hot spot access](#)!
 - **Excited to explore the biggest topics in tech at your own pace?** Our six-week Self-Paced Program offers tracks in Web Development, Cybersecurity, and – new for 2024 – Data Science + AI! From July 1 to August 9, you get to decide how and when to build your coding skills, and you can always ask questions in our Discord server or optional Student Hours. The Self-Paced Program is for current 9th-12th grade girls and non-binary students with beginner to advanced coding experience, including program alums. **Apply here by the early deadline, February 14, 2024, for priority consideration or apply by our general deadline, March 22, 2024.**
4. **Juniors:** All juniors will take the ACT for **free** on Tuesday, February 27th. To start practicing and reviewing for free, please visit: <https://www.kaptest.com/act/free/act-free-practice-test>. Go ahead and let your ACC instructors know in advance. ***Students are not required to register for this test or pay any costs.**
5. **Seniors and Parents:** ACC offers multiple workshops for assistance completing the FAFSA. Workshops are held each week. Be sure to list a contact number so their office can contact you if needed. [SCHEDULE TODAY](#) or call for an appointment: 336-506-4340.
6. **(9-12th) Featured Artists:** If you are interested in showcasing something you have drawn, painted or sketched, please let Mrs. Stoker know. She is currently searching for her next “featured artist.” There are many talented students and we love seeing your artistic abilities!
7. **Seniors:** Any senior that has been accepted to a college/university or received a scholarship award needs to provide a copy of the acceptance/award letter to the “College Acceptance/Scholarship” Google Form. <https://docs.google.com/forms/d/1WbwFgLzHpelneWrqprZpluo3suruReiYzYDFsc1sifk/edit>
8. **SAT/ACT:** The next SAT will take place on **Saturday, March 9th** with a registration deadline on **February 23rd** and the next ACT is on **Saturday, April 13th** with a registration deadline on **March 8th**. You will need to register for both tests online at www.collegeboard.com for the SAT or www.actstudent.org for the ACT. A free ACT test and study guide can be found here: [Preparing for the ACT](#) and free SAT prep and tests can be found here: <https://www.princetonreview.com/college-advice/sat-practice-tests>. **Cost:** ACT=\$68 or \$93 with the writing test/SAT=\$60/Fee waivers are available for students that have been approved for free/reduced lunch. ***All juniors will take the ACT for free on February 27th during the school day.**

THOUGHT FOR THE WEEK

“Where there is no vision, there is no hope.”

~George Washington Carver



Stoker's Snippets

Jan. 29-Feb. 2, 2024

Week 23

1. Congratulations to ABEC's Ethics Bowl Team! Be sure to congratulate them on their one win and two ties this past weekend. Way to go!
2. Success Academy will take place for all seniors on Tuesday, February 6th at 1:45pm in the cafeteria.
3. **Seniors:** Scholarship Opportunities #4 will be emailed directly to all seniors this Wednesday. Please be sure you're taking advantage of these opportunities. 30 minutes to an hour a week should be dedicated to completing scholarship applications for those planning to attend a 4-year school next year.
4. **ACC Grades/Attendance:** All students should check their "AVISO/Watermark" accounts each week to track current grades and attendance. Moodle is not always accurate. Each ACC class varies with the number of days you can miss so please be mindful of your absences/tardies.
5. **Juniors:** All juniors will take the ACT for **free** on Tuesday, February 27th. To start practicing and reviewing for free, please visit: <https://www.kaptest.com/act/free/act-free-practice-test>. Go ahead and let your ACC instructors know in advance. ***Students are not required to register for this test or pay any costs.**
6. **The Creation of Black History Month**
Did you know that the origins of Black History Month date back to 1915? At that time, a gentleman named Dr. Carter G. Woodson traveled to Chicago to participate and present at Illinois' celebration for the 50th anniversary of emancipation. This event inspired him to form an organization dedicated to the scientific study of black life and history, which came to be known as the Association for the Study of Negro Life and History (currently known as the Association for the Study of African American Life and History) which lead to the creation of Negro History and Literature Week.

Why February? It is believed Dr. Woodson chose it because it encompasses both Abraham Lincoln and Frederick Douglass' birthdays, two individuals who greatly shaped black history. To learn more about this history and the legacy of Dr. Carter G. Woodson, please visit the Association for the Study of African American Life and History's [website](#).
7. **Seniors and Parents:** ACC offers multiple workshops for assistance completing the FAFSA. Workshops are held each week. Be sure to list a contact number so their office can contact you if needed. [SCHEDULE TODAY](#) or call for an appointment: 336-506-4340.
8. **(9-12th) Featured Artists:** If you are interested in showcasing something you have drawn, painted or sketched, please let Mrs. Stoker know. She is currently searching for her next "featured artist." There are many talented students and we love seeing your artistic abilities!
9. **Seniors:** Any senior that has been accepted to a college/university or received a scholarship award needs to provide a copy of the acceptance/award letter to the "College Acceptance/Scholarship" Google Form. <https://docs.google.com/forms/d/1WbwFgLzHpelneWrqprZpluo3suruReiYzYDFsc1sifk/edit>
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THOUGHT FOR THE WEEK

"It is not true that people stop pursuing dreams because they grow old, they grow old because they stop pursuing dreams.

~Gabriel Garcia Marquez



Stoker's Snippets

January 22-26, 2024

Week 22

1. Congratulations to Mrs. Barger and Mr. Josh Summers on being selected as our ABEC teacher and classified staff member of the year! We appreciate all you do for students and staff.
2. **Seniors and Parents:** ACC offers multiple workshops for assistance completing the FAFSA. Workshops are held each week. Be sure to list a contact number so their office can contact you if needed. [SCHEDULE TODAY](#) or call for an appointment: 336-506-4340.
3. **Seniors:** The Better FAFSA has launched! The NCSEAA (NC State Education Assistance Authority) is here to assist students in completing the application so they can see all of the financial aid they qualify for. Students and parents are welcome to join on **Saturday, January 27** from 9am-12pm for FAFSA Day!

FAFSA Day is a free event where local college campuses from the mountains to the coast will provide one-on-one or small group support for the FAFSA. Sixty colleges and universities throughout the state will be opening their doors to high school seniors, current college students, and adult learners to assist with FAFSA completion. [Find the one near you!](#) To prepare for FAFSA Day, parents and students should:

- Create their [Studentaid.gov](#) account (formerly FSA ID) in advance.
- [Gather the required material](#) and information needed to complete the 2024-2025 FAFSA and bring the necessary documentation with them.
- [Review the map](#) of participating institutions, determine the location most convenient to you, and [register in advance](#). **Registration is not required, but highly encouraged.**

4. **(9-12th) Featured Artists:** If you are interested in showcasing something you have drawn, painted or sketched, please let Mrs. Stoker know. She is currently searching for her next "featured artist." There are many talented students and we love seeing your artistic abilities!
5. **Juniors:** The [Emerging Journalists Program at Elon University](#) There's still time for your students to apply for their workshops and free, fun and immersive summer experience that's scheduled for June 17-28, 2024. This [on-campus residential learning workshop](#) is open to rising seniors from diverse socio-economic, racial and ethnic backgrounds. And, again, it's completely **free**, thanks to a generous grant from the Scripps Howard Fund. EJP pays for students' travel, lodging, meals and instructional materials, so now's the time for students to submit their applications. Last year's summer [cohort](#) produced a newspaper, a 40-minute newscast and a website. Here's a [snapshot](#) of what students did while on campus. If interested, please apply at [www.elon.edu/ejp](#).
6. **PROM:** This year's junior/senior prom will take place on Saturday, April 20th from 8-11:00pm. The event will take place at the same location as last year, The Chairman's Retreat in Burlington. Tickets for prom will cost \$40.00 starting on January 16th through March 15th. Ticket prices will increase starting on March 16th. All tickets can be purchased online. Please see Mrs. Stoker or Mrs. Williams with any questions.
7. **Seniors:** Any senior that has been accepted to a college/university or received a scholarship award needs to provide a copy of the acceptance/award letter to the "College Acceptance/Scholarship" Google Form. <https://docs.google.com/forms/d/1WbwFgIzHpelneWrqprZpluo3suruReiYzYDFsc1sifk/edit>
8. **SAT/ACT:** The next SAT will take place on **Saturday, March 9th** with a registration deadline on **February 23rd** and the next ACT is on **Saturday, April 13th** with a registration deadline on **March 8th**. You will need to register for both tests online at [www.collegeboard.com](#) for the SAT or [www.actstudent.org](#) for the ACT. A free ACT test and study guide can be found here: [Preparing for the ACT](#) and free SAT prep and tests can be found here: <https://www.princetonreview.com/college-advice/sat-practice-tests>. **Cost:** ACT=\$68 or \$93 with the writing test/SAT=\$60/Fee waivers are available for students that have been approved for free/reduced lunch. ***All juniors will take the ACT for free on February 27th during the school day.**

THOUGHT FOR THE WEEK

"Though no one can go back and make a brand-new start, anyone can start from now and make a brand-new ending."

~ Carl Bard



Stoker's Snippets

January 15-19, 2024

Week 21

1. Senior Success Academy will take place today, January 16th at 1:00pm in the cafeteria. All other meetings will take place on the first Tuesday of every month at 1:00pm. Mrs. Stoker will meet with all juniors during their scheduled English 3 classes this semester.
2. **Seniors:** The Better FAFSA has launched! The NCSEAA (NC State Education Assistance Authority) is here to assist students in completing the application so they can see all of the financial aid they qualify for. Students and parents are welcome to join on **Saturday, January 27** from 9am-12pm for FAFSA Day!

FAFSA Day is a free event where local college campuses from the mountains to the coast will provide one-on-one or small group support for the FAFSA. Sixty colleges and universities throughout the state will be opening their doors to high school seniors, current college students, and adult learners to assist with FAFSA completion. [Find the one near you!](#) To prepare for FAFSA Day, parents and students should:

- Create their [Studentaid.gov](#) account (formerly FSA ID) in advance.
- [Gather the required material](#) and information needed to complete the 2024-2025 FAFSA and bring the necessary documentation with them.
- [Review the map](#) of participating institutions, determine the location most convenient to you, and [register in advance](#).
Registration is not required, but highly encouraged.

3. **PROM:** This year's junior/senior prom will take place on Saturday, April 20th from 8-11:00pm. The event will take place at the same location as last year, The Chairman's Retreat in Burlington. Tickets for prom will cost \$40.00 starting on January 16th through March 15th. Ticket prices will increase starting on March 16th. All tickets can be purchased online. Please see Mrs. Stoker or Mrs. Williams with any questions.
4. **9th-12th:** Alamance County Public Libraries and the Burlington Writers Club invite you to submit a poem for their Poetry Stroll 2024! Accepted poems will be exhibited around the county during National Poetry Month in April. There will be Reader's Choice Awards, voted on by everyone who visited the Poetry Stroll. **Prizes will include gift cards, books and library swag.** Poems must:
 - be around 20 lines long (or up to 40 short lines that would fit in two columns);
 - be submitted in MS Word or text format (.doc, .docx, .txt);
 - be appropriate for all audiences, as these will be displayed in public – no curse words
 - and no explicit sex or violence;
 - be wholly original and written by the submitter, and not published anywhere else. For more information contact Mary Beth Adams, Community Engagement Librarian, at (336) 570-6981 or madams@alamancelibraries.org.
5. **Last Call:** Elon Academy applications are due this Friday, **January 19, 2024**. [Click here](#) to download the application.
6. **Seniors:** Any senior that has been accepted to a college/university or received a scholarship award needs to provide a copy of the acceptance/award letter to the "College Acceptance/Scholarship" Google Form. <https://docs.google.com/forms/d/1WbwFgLzHpelneWrqprZpluo3suruReiYzYDFsc1sifk/edit>
7. **SAT/ACT:** The next SAT will take place on **Saturday, March 9th** with a registration deadline on **February 23rd** and the next ACT is on **Saturday, February 10th** with a **late-fee** registration deadline on **January 22nd**. You will need to register for both tests online at www.collegeboard.com for the SAT or www.actstudent.org for the ACT. A free ACT test and study guide can be found here: [Preparing for the ACT](#) and free SAT prep and tests can be found here: <https://www.princetonreview.com/college-advice/sat-practice-tests>. **Cost:** ACT=\$68 or \$93 with the writing test/SAT=\$60/Fee waivers are available for students that have been approved for free/reduced lunch. ****All juniors will take the ACT for free on February 27th during the school day.**

THOUGHT FOR THE WEEK

"Love is the only force capable of transforming an enemy into a friend."

~Martin Luther King, Jr.



Stoker's Snippets

January 8-12, 2024

Week 20

1. ACC classes begin today, Jan. 8th. **All** students (9-12th) need to log in to Moodle today to avoid being dropped from a class.
2. Next Monday, January 15th is a holiday and there will not be any high school or college classes. 😊
3. Congratulations to Carlie Jacobs, Danielle Johnson and Schuy Lalone! All three were selected along with 35 others as district candidates for Governor's School this summer. Final state decisions will be made in March. Good luck!!
4. Seniors will have your first Success Academy at 1:00pm on Tuesday, January 16th. Mrs. Stoker and Mrs. Snell will visit English 3 blocks throughout the semester for the juniors.
5. **Juniors:** Students are now eligible to apply for **Project Uplift and Uplift Plus**. These summer enrichment and college access programs are hosted by UNC's Office for Diversity and Inclusion and provide high-achieving rising seniors, especially those students who are underrepresented in post-secondary education, with a glimpse of college life. Students can apply and learn more about Project Uplift and Uplift Plus by visiting the Office for Diversity and Inclusion's [website](#).
6. If you are unable to open your ACC email or Moodle account, you need to reset your password in Self-Service. If you encounter difficulties, please file a ticket at: <https://support.alamancecc.edu> or call ACC Student Success (336-506-4270).
7. **9th Grade:** Elon Academy applications are due next week. The deadline is **January 19, 2024**. [Click here](#) to download the application.
8. **Seniors:** Any senior that has been accepted to a college/university or received a scholarship award needs to provide a copy of the acceptance/award letter to the "College Acceptance/Scholarship" Google Form. <https://docs.google.com/forms/d/1WbwFgLzHpelneWrqprZpluo3suruReiYzYDFsc1sifk/edit>
9. **SAT/ACT:** The next SAT will take place on **Saturday, March 9th** with a registration deadline on **February 23rd** and the next ACT is on **Saturday, February 10th** with a **late-fee** registration deadline on **January 22nd**. You will need to register for both tests online at www.collegeboard.com for the SAT or www.actstudent.org for the ACT. A free ACT test and study guide can be found here: [Preparing for the ACT](http://www.collegeboard.com/sat/studyguide) and free SAT prep and tests can be found here: <https://www.princetonreview.com/college-advice/sat-practice-tests>. **Cost:** ACT=\$68 or \$93 with the writing test/SAT=\$60/Fee waivers are available for students that have been approved for free/reduced lunch. ****All juniors will take the ACT for free on February 27th during the school day.**

THOUGHT FOR THE WEEK

"Life's most persistent and urgent question is, 'What are you doing for others?'"

~Martin Luther King, Jr.



Stoker's Snippets

January 1-5, 2024

Week 19

1. Welcome back and Happy New Year! We hope you had a restful break and look forward to completing another successful semester. We look forward to seeing 9th-11th grade tomorrow. ☺ ☺ ☺
2. ACC classes begin on Monday, January 8th. Please review your schedules in Self-Service. Juniors and seniors can begin picking up books/materials on Thursday, January 4th. Mrs. Stoker will send a group email with pick-up times. All fall books should have been returned. 9th and 10th will receive books/codes this week as well.
3. Seniors will have your first Success Academy at 1:00pm on Tuesday, January 9th. Mrs. Stoker and Mrs. Snell will visit English 3 blocks throughout the semester for the juniors.
4. **Juniors:** Students are now eligible to apply for **Project Uplift and Uplift Plus**. These summer enrichment and college access programs are hosted by UNC's Office for Diversity and Inclusion and provide high-achieving rising seniors, especially those students who are underrepresented in post-secondary education, with a glimpse of college life. Students can apply and learn more about Project Uplift and Uplift Plus by visiting the Office for Diversity and Inclusion's [website](#).
5. If you are unable to open your ACC email or Moodle account, you need to reset your password in Self-Service. If you encounter difficulties, please file a ticket at: <https://support.alamancecc.edu> or call ACC Student Success (336-506-4270).
6. **10th and 11th:** **Summer Ventures in Science and Mathematics** is a **no-cost**, state-funded program for academically talented North Carolina students who aspire to careers in science, technology, engineering, and mathematics. You will have the opportunity to engage in research with faculty and get hands-on experience at a university this summer. If interested or to apply, please visit: <https://www.ncssm.edu/summerventures> **Deadline: January 15th**
7. **9th Grade:** Elon Academy applications are due this month. The deadline is **January 19, 2024**. [Click here](#) to download the application.
8. **Seniors:** Any senior that has been accepted to a college/university or received a scholarship award needs to provide a copy of the acceptance/award letter to the "College Acceptance/Scholarship" Google Form. <https://docs.google.com/forms/d/1WbwFgLzHpelneWrqprZpluo3suruReiYzYDFsc1sifk/edit>
9. **SAT/ACT:** The next SAT will take place on **Saturday, March 9th** with a registration deadline on **February 23rd** and the next ACT is on **Saturday, February 10th** with a registration deadline on **January 5th**. You will need to register for both tests online at www.collegeboard.com for the SAT or www.actstudent.org for the ACT. A free ACT test and study guide can be found here: [Preparing for the ACT](#) and free SAT prep and tests can be found here: <https://www.princetonreview.com/college-advice/sat-practice-tests>. **Cost:** ACT=\$68 or \$93 with the writing test/SAT=\$60/Fee waivers are available for students that have been approved for free/reduced lunch. ****All juniors will take the ACT for free on February 27th during the school day.**

THOUGHT FOR THE WEEK

"There are far better things ahead than any we leave behind."

~C.S. Lewis



Stoker's Snippets

Week 18

December 11-15, 2023

1. **9th-12th:** Good luck on your high school and college exams this week. We are very proud of your hard work so far and look forward to another successful semester in the spring! 😊
2. **Seniors and Parents:** This week, we will have our annual FAFSA/Financial Aid Night on Wednesday, December 13th at 6:00pm. Mrs. Takeila Hall from CFNC will explain the new FAFSA process and answer questions for students and parents. The FAFSA will open on or before December 31st.
3. **10th and 11th: Summer Ventures in Science and Mathematics** is a **no-cost**, state-funded program for academically talented North Carolina students who aspire to careers in science, technology, engineering, and mathematics. You will have the opportunity to engage in research with faculty and get hands-on experience at a university this summer. If interested or to apply, please visit: <https://www.ncssm.edu/summerventures> **Deadline: January 15th**
4. **9th Grade:** Elon Academy applications are due next month. Please work on your application over the break if you plan on attending. The deadline is **January 19, 2024**. [Click here](#) to download the application.
5. **Seniors:** Mrs. Stoker sent *Scholarship Opportunities* #3 to all seniors last week. Please take advantage!!
6. **Returning ACC books (10th-12th grade):** All books are due this week! Please be sure to have your name on any of the books you are returning. Books can be dropped off on the cart outside Mrs. Stoker's door. She will contact you if something is missing or damaged. Spring books **cannot** be purchased until all books are returned or replaced. **Any students taking ENG 112 in the spring can keep their set of ENG 111 books as they use the same materials.*
7. **ACC Grades:** Any (10-12th grade) students wanting their final ACC grade to reflect the actual numerical score needs to email Mrs. Williams a screenshot of their final grade in AVISO (Watermark) once college exams are completed. These grades must be received no later than 5:00 PM on **Tuesday, December 19th**. ACC only submits letter grades so if you make a 96 or higher in a course, you may want to consider pursuing this option by the deadline. ***Per the state of NC, all A's are coded as a 95.**
8. **Seniors:** Any senior that has been accepted to a college/university or received a scholarship award needs to provide a copy of the acceptance/award letter to the "College Acceptance/Scholarship" Google Form. <https://docs.google.com/forms/d/1WbwFgZzHpelneWrqprZpluo3suruReiYzYDFsc1sifk/edit>
9. **SAT/ACT:** The next SAT will take place on **Saturday, March 9th** with a registration deadline on **February 23rd** and the next ACT is on **Saturday, February 10th** with a registration deadline on **January 5th**. You will need to register for both tests online at www.collegeboard.com for the SAT or www.actstudent.org for the ACT. A free ACT test and study guide can be found here: [Preparing for the ACT](http://www.collegeboard.com/sat/studyguide) and free SAT prep and tests can be found here: <https://www.princetonreview.com/college-advice/sat-practice-tests>. **Cost:** ACT=\$68 or \$93 with the writing test/SAT=\$60/Fee waivers are available for students that have been approved for free/reduced lunch. ****All juniors will take the ACT for free on February 27th during the school day.**

THOUGHT FOR THE WEEK

"Celebrate the happiness that friends are always giving, make every day a holiday and celebrate just living."

~Amanda Bradley



Week 17

1. *Junior and Senior Success Academy will take place tomorrow, Tuesday, December 5th. Juniors will meet at 1:00 PM and seniors will meet at 1:45 PM for our final group session this semester. Feel free to wear an ugly holiday or Christmas sweater and bring a store-bought treat for the group.*
2. *Volunteer Opportunity: The Eagle Invitational will be at the Mebane Arts Center Dec 15-16th. They need student volunteers to help with the event - runners, people to man the hospitality room, concessions, etc. They have a sign-up sheet and are ready for any students looking for volunteer opportunities: <https://forms.gle/bHXrzTK2TJw85KAe7>*
3. *Seniors and Parents: Next week, we will have our annual FAFSA/Financial Aid Night on Wednesday, December 13th at 6:00pm. Mrs. Takeila Hall from CFNC will explain the new FAFSA process and answer questions for students and parents. The FAFSA will open on or before December 31st.*
4. *Seniors: Mrs. Stoker will send Scholarship Opportunities #3 to all seniors this week. Please take advantage!!*
5. *10th and 11th: Summer Ventures in Science and Mathematics is a no-cost, state-funded program for academically talented North Carolina students who aspire to careers in science, technology, engineering, and mathematics. If hands-on, independent learning is appealing to you, and you are excited about the idea of conducting research to answer questions that intrigue you, this is the program is for you! If you are in your second or third year of high school (10th or 11th grade), you can apply this year! To apply, please visit: <https://www.ncssm.edu/summerventures>*
6. *Returning ACC books: All juniors and seniors can begin returning books next week. Please be sure to have your name on any of the books you are returning. Books can be dropped off on the cart outside Mrs. Stoker's door. She will contact you if something is missing or damaged. Spring books cannot be purchased until all books are returned or replaced. *Any students taking ENG 112 in the spring can keep their set of ENG 111 books as they use the same materials.*
7. *ACC Grades: Any (10-12th grade) students wanting their final ACC grade to reflect the actual numerical score needs to email Mrs. Williams a screenshot of their final grade in AVISO (Watermark) once college exams are completed. These grades must be received no later than 5:00 PM on Monday, December 18th. ACC only submits letter grades so if you make a 96 or higher in a course, you may want to consider pursuing this option by the deadline. *Per the state of NC, all A's are coded as a 95.*
8. *Seniors: Any senior that has been accepted to a college/university or received a scholarship award needs to provide a copy of the acceptance/award letter to the "College Acceptance/Scholarship" Google Form. <https://docs.google.com/forms/d/1WbwFgLzHpelneWrqprZpluo3suruReiYzYDFscIsifk/edit>*
9. *SAT/ACT: The next SAT will take place on Saturday, March 9th with a registration deadline on **February 23rd** and the next ACT is on Saturday, February 10th with a registration deadline on **January 5th**. You will need to register for both tests online at www.collegeboard.com for the SAT or www.actstudent.org for the ACT. A free ACT test and study guide can be found here: [Preparing for the ACT](#) and free SAT prep and tests can be found here: <https://www.princetonreview.com/college-advice/sat-practice-tests>. Cost: ACT=\$68 or \$93 with the writing test/SAT=\$60/Fee waivers are available for students that have been approved for free/reduced lunch. ****All juniors will take the ACT for free on February 27th during the school day.***

THOUGHT FOR THE WEEK

"Recipe for success: Study while others are sleeping; work while others are loafing; prepare while others are playing; and dream while others are wishing."

~ William A. Ward

1. Junior and Senior Success Academy will take place on Tuesday, December 5th. Juniors will meet at 1:00 PM and seniors will meet at 1:45 PM for our final group session this semester. Feel free to wear an ugly holiday or Christmas sweater and bring a store-bought treat for the group.
2. **Seniors and Parents:** We will finally have our annual FAFSA/Financial Aid Night on Wednesday, December 13th at 6:00pm. Mrs. Takeila Hall from CFNC will explain the new FAFSA process and answer questions for students and parents. Plan to join us especially if this is the first time your family has experienced the FAFSA or applied for financial aid.
3. **Juniors:** All Governor's school applications and recommendation letters are due to Mrs. Stoker this Friday, December 1st.
4. **Returning ACC books:** All juniors and seniors can begin returning books **next week**. Please be sure to have your name on any of the books you are returning. Books can be dropped off on the cart outside Mrs. Stoker's door. She will contact you if something is missing or damaged. Spring books **cannot** be purchased until all books are returned or replaced. **Any students taking ENG 112 in the spring can keep their set of ENG 111 books as they use the same materials.*
5. All juniors and seniors should have a spring schedule selected with Mrs. Snell. Once final grades are received from ACC in December, there should not be any schedule changes without permission from Dr. Fliehm. Books and codes will be purchased before the break based on the schedules that have already been created.
6. **ACC Grades:** Any (10-12th grade) students wanting their final ACC grade to reflect the actual numerical score needs to email Mrs. Williams a screenshot of their final grade in AVISO (Watermark) once college exams are completed. These grades must be received no later than 5:00 PM on **Monday, December 18th**. ACC only submits letter grades so if you make a 96 or higher in a course, you may want to consider pursuing this option by the deadline. ***Per the state of NC, all A's are coded as a 95.**
7. **Juniors:** There will be a College Writing for Juniors course, which will be offered face to face on Elon's campus in Spring 2024. Interested students must be juniors, have an unweighted 3.0 GPA, have the recommendation of the school counselor and principal, and submit a writing sample based on the prompt included on the application. **Applications are due by December 8, 2023.** The link to the website is [here](#) for more information.
8. **Seniors:** Any senior that has been accepted to a college/university or received a scholarship award needs to provide a copy of the acceptance/award letter to the "College Acceptance/Scholarship" Google Form. <https://docs.google.com/forms/d/1WbwFgLzHpelneWrqprZpluo3suruReiYzYDFsc1sifk/edit>
9. **Make-up Picture Day** will take place this Thursday, November 30th for all students and seniors.
10. **SAT/ACT:** The next SAT will take place on **Saturday, March 9th** with a registration deadline on **February 23rd** and the next ACT is on **Saturday, February 10th** with a registration deadline on **January 5th**. You will need to register for both tests online at www.collegeboard.com for the SAT or www.actstudent.org for the ACT. A free ACT test and study guide can be found here: [Preparing for the ACT](http://www.princetonreview.com/college-advice/sat-practice-tests) and free SAT prep and tests can be found here: <https://www.princetonreview.com/college-advice/sat-practice-tests>. **Cost:** ACT=\$68 or \$93 with the writing test/SAT=\$60/Fee waivers are available for students that have been approved for free/reduced lunch. ****All juniors will take the ACT for free on February 27th during the school day.**

THOUGHT FOR THE WEEK

"It is not the strongest of the species that survive, nor the most intelligent, but the one most responsive to change."

~Charles Darwin



1. Next week, ABEC only has classes on Monday, Nov. 20th. There are **no** classes taking place at ACC for the entire week!
2. **Juniors:** Governor's School applications and documents are due to Mrs. Stoker by December 1st. Before applying, Mrs. Stoker needs to know the area of study you plan to pursue.
3. **9th-12th:** The Scholastic Awards are presented by the Alliance for Young Artists & Writers, a nonprofit organization dedicated to empowering creative teens and celebrating youth voices. If interested in entering the 2024 writing contest, please visit here for more details: www.artandwriting.org.
4. **9th Grade:** The Elon Academy is a college-access and success program for high school students. If interested in applying, please visit: www.elon.edu/elonacademy. We currently have Elon Scholars in 10th-12th grade. If you are interested in speaking with them about the program, please let me know.
5. The last day to drop an ACC course with a "WP" is this Wednesday, November 15th. Please see Dr. Fleihman if this is the best option for you at this time.
6. **Seniors:** Any senior that has been accepted to a college/university or received a scholarship award needs to provide a copy of the acceptance/award letter to the "College Acceptance/Scholarship" Google Form. <https://docs.google.com/forms/d/1WbwFgLzHpelneWrqprZpluo3suruReiYzYDFsc1sifk/edit>
7. **Seniors/Parents:** Completing a FAFSA is an important step in preparing for college. Most college students take advantage of financial aid to help pay for college. The FAFSA unlocks access to that aid at the federal, state, and college level for students who qualify. The 2024-25 FAFSA application will open in December. To know more about this process, please click the blue link: [FAFSA Simplification](#).
8. **Make-up Picture Day** will take place on Thursday, November 30th for all students and seniors.
9. **Spring Schedules: Friday, December 1st** is the very last day to make any schedule changes without permission from Dr. Fliehman. For those of you that don't meet with her in the next week or so, spring classes will be selected for you.
10. **SAT/ACT:** The next SAT will take place on **Saturday, December 2nd** with a **late fee** registration deadline on **November 21st** and the next ACT is on **Saturday, December 9th** with a **late fee** registration deadline on **November 17th**. You will need to register for both tests online at www.collegeboard.com for the SAT or www.actstudent.org for the ACT. A free ACT test and study guide can be found here: [Preparing for the ACT](#) and free SAT prep and tests can be found here: <https://www.princetonreview.com/college-advice/sat-practice-tests>. **Cost:** ACT=\$68 or \$93 with the writing test/SAT=\$60/Fee waivers are available for students that have been approved for free/reduced lunch. ****All juniors will take the ACT for free on February 27th during the school day.**

THOUGHT FOR THE WEEK

"Be thankful for what you have; you'll end up having more. If you concentrate on what you don't have, you will never, ever have enough."

~Oprah Winfrey



1. This Friday, November 10th is a holiday for all ABSS students and staff. ACC will operate on a regular schedule for all juniors and seniors. There will not be any running buses or lunch that day.
2. **Free Event:** The month of November is a time to celebrate, and educate about, Native American History and Heritage. Ms. Vickie Jeffries of the Occaneechi Band of the Saponi Nation will be on campus to discuss and give a demonstration on Native American basketry on **Wednesday, November 8th** at 2pm in the ACC auditorium. All staff and students are welcome to attend.
3. **Juniors & Seniors:** Success Academy will take place tomorrow Tuesday, November 7th at 1:00pm for juniors and 1:45pm for seniors. A representative from UNC Chapel Hill will be here to speak directly with students.
4. **9th Grade:** The Elon Academy is a college-access and success program for high school students. If interested in applying, please visit: www.elon.edu/elonacademy. We currently have Elon Scholars in 10th-12th grade. If you are interested in speaking with them about the program, please let me know.
5. The last day to drop an ACC course with a “WP” is Wednesday, November 15th. Please see Dr. Fleihman if this is the best option for you at this time.
6. Last week seniors received Mrs. Stoker’s **Scholarship Opportunities #2**. Seniors should spend at least 30 minutes per week or weekend applying for these scholarships and any other outside scholarships.
7. **Seniors:** Any senior that has been accepted to a college/university or received a scholarship award needs to provide a copy of the acceptance/award letter to the “College Acceptance/Scholarship” Google Form.
<https://docs.google.com/forms/d/1WbwFgIzHpelneWrqprZpluo3suruReiYzYDFsc1sifk/edit>
8. **Community Support:** *Operation Christmas Child* is a Samaritan's Purse project that collects shoeboxes filled with small toys, school supplies, and non-liquid hygiene items. These boxes are sent all around the world. ABEC’s As One club would appreciate if each grade level could donate the following items between November 1-13th:
 - **9th: School supplies (non-electric)**
 - **10th: Non-liquid hygiene products (toothbrushes, hairbrushes, deodorant, etc.)**
 - **11th & 12th: Toys (small enough to fit in a shoebox)** There will be a reward for the class with the most items: Hot Chocolate and Doughnuts!
9. **Seniors/Parents:** Completing a FAFSA is an important step in preparing for college. Most college students take advantage of financial aid to help pay for college. The FAFSA unlocks access to that aid at the federal, state, and college level for students who qualify. The 2024-25 FAFSA application will open in December. To know more about this process, please click the blue link: [FAFSA Simplification](#).
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THOUGHT FOR THE WEEK

As we express our gratitude, we must never forget that the highest appreciation is not to utter words, but to live by them.”

~John F. Kennedy



1. Congratulations to senior, Mason Tanner for being selected as ABEC's 2023-24 DAR Good Citizen Award recipient!
2. **Juniors & Seniors:** Success Academy will take place next Tuesday, November 7th at 1:00pm for juniors and 1:45pm for seniors. A representative from UNC Chapel Hill will be here to speak directly with our students.
3. The SGA Halloween costume contest results will be revealed at lunch on Tuesday, October 31st during lunch.
4. **Seniors:** November 1st is a **big** deadline for college applications. **Mrs. Stoker and the teachers are not able to upload required documents and will not be able to meet the application deadlines until you add us in the Common App.** As discussed in your August senior conference, **you** are also responsible for sending your ACT/SAT score reports and ACC transcripts through Self-Service. Mrs. Stoker is happy to help if you are still having trouble.
5. The **2023 Reinhartsen Run** will take place at ACC on Saturday, November 4 at 9 a.m. Here are some important details about the race:
 - **To walk or run**, sign up at <https://runsignup.com/Race/NC/Graham/ACCReinhartsen5K>
 - **Encourage students to participate or volunteer!** The race is an ACCF fundraiser for student scholarships.
 - **Volunteer** on race day! This event requires A LOT of volunteers. Please email: sgarzon519@alamancecc.edu for more details.
6. **Spring Schedules: Friday, December 1st** is the very last day to make any schedule changes without permission from Dr. Fliehman. Sign Up here: [Mrs. Snell's Advising Appointments](#) for those of you that have not met yet. For those of you that don't met with her in the next week or so, spring classes will be **selected for you**.
7. **SAT/ACT:** The next SAT will take place on **Saturday, December 2nd** with a registration deadline on **November 2nd** and the next ACT is on **Saturday, December 9th** with a registration deadline on **November 3rd**. You will need to register for both tests online at www.collegeboard.com for the SAT or www.actstudent.org for the ACT. A free ACT test and study guide can be found here: [Preparing for the ACT](#) and free SAT prep and tests can be found here: <https://www.princetonreview.com/college-advice/sat-practice-tests>. **Cost:** ACT=\$68 or \$93 with the writing test/SAT=\$60/Fee waivers are available for students that have been approved for free/reduced lunch. ****All juniors will take the ACT for free on February 27th during the school day.**

THOUGHT FOR THE WEEK

"How did it get so late so soon? It's night before it's afternoon. December is here before it's June. My goodness how the time has flown. How did it get so late so soon?"

~Dr. Seuss



1. Our fall spirit week takes place this week. The SGA selected themes are:

Monday=Grade Level Color Wars (9th=Purple, 10th=Orange or Red, 11th=Green & 12=Black)

Tuesday=Rhyme without Reason

Wednesday= Pink Out Day

Thursday=Pajama Day

Friday=Halloween Costumes- Please contact your SGA officers and representatives with any questions about Spirit Week theme questions. **Costume Guidelines:** Students are **not** allowed to wear any sort of mask or headgear/helmets that covers the entire head or face. ACC security must be able to identify who you are. Any kind of weapon is not allowed: real, fake, plastic, cardboard, etc. The ABSS dress code must be followed each day during spirit week.

2. **Seniors:** Scholarship Opportunities #2 was sent to seniors last Thursday. Please take advantage of these opportunities!
3. **Seniors:** November 1st is a **big** deadline for college applications. **Mrs. Stoker and the teachers are not able to upload required documents and will not be able to meet the application deadlines until you add us in the Common App.** As discussed in your August senior conference, **you** are also responsible for sending your ACT/SAT score reports and ACC transcripts through Self-Service. Mrs. Stoker is happy to help if you are still having trouble.
4. **9th Grade:** The Elon Academy is a college-access and success program for high school students whose academic potential outdistances their circumstances. If interested in applying, please visit: www.elon.edu/elonacademy. Staff from the Elon Academy program will be here on Monday, October 30th to speak with all ninth graders.
5. **Transfer Tour on Monday:** There will be representatives from 23 Universities here on Monday, October 23rd from 12-1:45 PM in the ACC Student Commons.
6. **Spring Schedules:** ACC's registration will open soon. If you have already scheduled your classes and want to make a change, please do not schedule an appointment with Mrs. Snell, just email her. **Friday, December 1st** is the very last day to make any schedule changes without permission from Dr. Fliehm. Sign Up here: [Mrs. Snell's Advising Appointments](#) for those of you that have not met yet. For those of you that don't meet with her in the next week or so, spring classes will be **selected for you**.
7. **SAT/ACT:** The next SAT will take place on **Saturday, November 4th** with a **late fee** registration deadline on **October 24th** and the next ACT is on **Saturday, December 9th** with a registration deadline on **November 3rd**. You will need to register for both tests online at www.collegeboard.com for the SAT or www.actstudent.org for the ACT. A free ACT test and study guide can be found here: [Preparing for the ACT](#) and free SAT prep and tests can be found here: <https://www.princetonreview.com/college-advice/sat-practice-tests>. **Cost:** ACT=\$68 or \$93 with the writing test/SAT=\$60/Fee waivers are available for students that have been approved for free/reduced lunch. ****All juniors will take the ACT for free on February 27th during the school day.**

THOUGHT FOR THE WEEK

"The oldest and strongest emotion of mankind is fear, and the oldest and strongest kind of fear is fear of the unknown."

~ H. P. Lovecraft



Stoker's Snippets

Week 11

October 16-20, 2023

1. Thank you to all the student volunteers that supported the EM Yoder Fall Festival last week. It was a great event for their students, staff and community! Be sure to keep track of your hours and add them to your resumes.

2. **Seniors:** Students must apply through CFNC's website to access the free applications. **Fees are only waived for students using the CFNC App Hub.** Most NC colleges accept the CFNC online application, but even if they don't, students can still go to the CFNC Application Hub and it will link them to the preferred application for that college. **College Application Week will last all week October 16-20.** Please visit: <https://www.cfnc.org/apply-to-college/nc-countdown-to-college/> for a list of schools that are participating this year.

3. **SGA Events:** SGA is super excited to announce our *Spooky Fun Friday* on Friday, October 20th. Please join us for fun, games, crafts and snacks from 3:45 to 5:30 PM on Friday, October 20th (9-12th ABEC students/staff only). ****Any parents willing to donate desserts, chips, candy, supplies or drinks for the event can sign-up here:** https://docs.google.com/forms/d/16TTujiT5etTj1MXDu9ypd_vzdBMeuKOgGYueAXg_ODO/edit We greatly appreciate your support!

Our fall spirit week will take place Monday, October 23rd through Friday, October 27th. The SGA selected themes are:
Monday=Grade Level Color Wars (9th=Purple, 10th=Orange or Red, 11th=Green & 12=Black)
Tuesday=Rhyme without Reason
Wednesday= Pink Out Day
Thursday=Pajama Day
Friday=Halloween Costumes- Please contact your SGA officers and representatives with any questions about Spirit Week theme questions. **Costume Guidelines: Students are not allowed to wear any sort of mask or headgear/helmets that covers the entire head or face. ACC security must be able to identify who you are. Any kind of weapon is not allowed: real, fake, plastic, cardboard, etc. The ABSS dress code must be followed each day during spirit week.**

4. **SGA's World's Finest Chocolate:** Thank you to all the students, staff and parents that are already selling or purchasing! All money is due to Mrs. Stoker on **Friday, October 20th.**

5. **Sophomores & Juniors,** are you interested in being nominated to attend **Governor's School** this summer? It will take place mid-June to mid-July. Juniors may only be nominated in one area (Art, Choral Music, Dance, Theater, English, Foreign Language, Instrumental Music, Mathematics, Natural Science and Social Science). Sophomores are eligible to apply in the areas of Choral Music, Dance and Instrumental Music only. If interested, please inform Mrs. Stoker and visit: www.ncgovschool.org. ****ABSS will host an informational session tonight for any interested students (10th or 11th) on Monday, October 16th at Cummings High School from 6:50-7:30PM.**

6. **SAT/ACT:** The next SAT will take place on **Saturday, November 4th** with a **late fee** registration deadline on **October 24th** and the next ACT is on **Saturday, December 9th** with a registration deadline on **November 3rd.** You will need to register for both tests online at www.collegeboard.com for the SAT or www.actstudent.org for the ACT. A free ACT test and study guide can be found here: [Preparing for the ACT](http://www.collegeboard.com/satprep) and free SAT prep and tests can be found here: <https://www.princetonreview.com/college-advice/sat-practice-tests>. **Cost:** ACT=\$68 or \$93 with the writing test/SAT=\$60/Fee waivers are available for students that have been approved for free/reduced lunch. ****All juniors will take the ACT for free on February 27th during the school day.**

THOUGHT FOR THE WEEK

"Life is like riding a bicycle. To keep your balance, you must keep moving."

-Albert Einstein



1. ACC's fall break will take place October 10th through the 13th. ABEC will have school on October 10th and 11th but the 12th and 13th are workdays. All high school classes will take place at their regular times Monday-Wednesday. Thursday and Friday are teacher workdays for ABEC. Seniors should use this time to focus on their college applications and scholarship deadlines. Enjoy your fall break!
2. **10th-12th Grade Volunteer Opportunity:** Mrs. Stoker emailed all student volunteers last week. Please be sure to also complete this form before Friday, October 13th. <https://www.signupgenius.com/go/8050944ACAD2AA2FE3-2023#/>
3. **SGA Events:** SGA is super excited to announce our *Spooky Fun Friday* on Friday, October 20th. Please join us for fun, games, crafts and snacks from 3:45 to 5:30 PM on Friday, October 20th (9-12th ABEC students/staff only). ****Any parents willing to donate desserts, chips, candy or drinks for the event can email: erin_stoker@abss.k12.nc.us. We greatly appreciate your support!**

Our fall spirit week will take place Monday, October 23rd through Friday, October 27th. The SGA selected themes are:
Monday=Grade Level Color Wars (9th=Purple, 10th=Orange or Red, 11th=Green & 12=Black)

Tuesday=Rhyme without Reason

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Friday=Halloween Costumes- Please contact your SGA officers and representatives with any questions about Spirit Week theme questions. **Costume Guidelines: Students are not allowed to wear any sort of mask or headgear/helmets that covers the entire head or face. ACC security must be able to identify who you are. Any kind of weapon is not allowed: real, fake, plastic, cardboard, etc. The ABSS dress code must be followed each day during spirit week.**

4. **SGA's World's Finest Chocolate:** Thank you to all the students, staff and parents that are already selling or purchasing! All money is due to Mrs. Stoker on **Friday, October 20th**.
5. ABSS uses the *Say Something* platform. Say Something is a number, site or App that students can use to anonymously report a safety concern. By doing so, this can help identify and intervene upon at-risk individuals before they hurt themselves or others. To access the site, please visit: www.saysomething.net or contact their hotline number at **1-844-5-SAYNOW**.
6. **Sophomores & Juniors**, are you interested in being nominated to attend **Governor's School** this summer? It will take place mid-June to mid-July. Juniors may only be nominated in one area (Art, Choral Music, Dance, Theater, English, Foreign Language, Instrumental Music, Mathematics, Natural Science and Social Science). Sophomores are eligible to apply in the areas of Choral Music, Dance and Instrumental Music only. If interested, please inform Mrs. Stoker and visit: www.ncgovschool.org. ****ABSS will host an informational session for any interested students (10th or 11th) on Monday, October 16th at Cummings High School from 6:50-7:30PM.**
7. **Seniors:** North Carolina's annual campaign to support college access is during the month of October and is named NC Countdown to College. Activities during the month support high school seniors in completing three important college enrollment steps: **residency, FAFSA, and applications. College Application Week will be October 16-20, when several NC colleges and universities waive their application fees.** Please visit: <https://www.cfnc.org/apply-to-college/nc-countdown-to-college/> for a list of schools that will participate this year.
8. **SAT/ACT:** The next SAT will take place on **Saturday, November 4th** with a **late fee** registration deadline on **October 24th** and the next ACT is on **Saturday, December 9th** with a registration deadline on **November 3rd**. You will need to register for both tests online at www.collegeboard.com for the SAT or www.actstudent.org for the ACT. A free ACT test and study guide can be found here: [Preparing for the ACT](http://www.collegeboard.com/sat-prep) and free SAT prep and tests can be found here: <https://www.princetonreview.com/college-advice/sat-practice-tests>. **Cost:** ACT=\$68 or \$93 with the writing test/SAT=\$60/Fee waivers are available for students that have been approved for free/reduced lunch. ****All juniors will take the ACT for free on February 27th during the school day.**

THOUGHT FOR THE WEEK

"The only way to have a friend is to be one."

~Ralph Waldo Emerson



1. Picture day will take place on Wednesday, October 4th. Order forms are in the front office if you still need one.
2. ACC's fall break will take place October 10th through the 13th. ABEC will have school on October 10th and 11th but the 12th and 13th are workdays. Enjoy your fall break!
3. Junior and Senior Success Academy will take place tomorrow, October 3rd. Juniors will meet at 1:00pm and seniors will meet at 1:45pm in the cafeteria. Success Academy is required unless there is a class or lab conflict.
4. **10th-12th Grade Volunteer Opportunity:** Mrs. Stoker is a member of the EM Yoder Elementary PTA. On Friday, October 13th, Yoder will host its annual fall festival and needs high school students to help volunteer with setting up, running stations, assisting teachers with craft activities and cleaning up. Help is needed from 4:30pm to 8:00pm. *A few more volunteers are still needed.
5. **11th and 12th:** 2024 spring ACC classes are now available in Self-Service. Please review course offerings in preparation for your advising meetings with Mrs. Snell. Juniors are allowed to take three college classes in addition to English 3 Honors.
6. **Seniors:** North Carolina's annual campaign to support college access is during the month of October and is named NC Countdown to College. Activities during the month support high school seniors in completing three important college enrollment steps: **residency, FAFSA, and applications.** **College Application Week will be October 16-20, when several NC colleges and universities waive their application fees.** Please visit: <https://www.cfnc.org/apply-to-college/nc-countdown-to-college/> for a list of schools that will participate this year.
7. **9th-12th:** The UNC System is hosting the fourth annual UNC System Virtual Open House and you're invited!
What: This is a virtual event for prospective students, their parents, and school counselors. Admissions Counselors from each institution will share helpful information about the admissions process and current students from each university will share about their college experience and answer your questions live.
When: October 2-5, 2023 from 6 p.m.-7:15 p.m.
Where: Virtual via Zoom. [Register HERE!](#)
8. **11th and 12th:** Four of North Carolina's premier merit scholarships are coming together to provide a virtual information session for students, parents, and counselors. During this session, program representatives will give an overview of each scholarship, and attendees will be able to enter breakout rooms for specific program questions. **This session will include presentations from:** Levine Scholars Program - UNC Charlotte, Park Scholars - NC State University, Brinkley-Lane Scholars - East Carolina University and Cheatham-White Scholarship Program - NC Central University.
When: Thursday, Oct. 5 at 6:00 p.m. **Where:** Hosted on Zoom

[Register Here](#)

9. **SAT/ACT:** The next SAT will take place on **Saturday, November 4th** with a registration deadline on **October 5th** and the next ACT is on **Saturday, October 28th** with a **late fee** registration deadline on **October 6th**. You will need to register for both tests online at www.collegeboard.com for the SAT or www.actstudent.org for the ACT. A free ACT test and study guide can be found here: [Preparing for the ACT](#) and free SAT prep and tests can be found here: <https://www.princetonreview.com/college-advice/sat-practice-tests>. **Cost:** ACT=\$68 or \$93 with the writing test/SAT=\$60/Fee waivers are available for students that have been approved for free/reduced lunch. ****All juniors will take the ACT for free on February 27th during the school day.**

THOUGHT FOR THE WEEK

Don't worry about failures, worry about the chances you miss when you don't even try."

- Jack Canfield



1. Junior and Senior Success Academy will take place next Tuesday, October 3rd. Juniors will meet at 1:00pm and seniors will meet at 1:45pm in the cafeteria. Success Academy is required unless there is a class or lab conflict. A calendar invite was sent last week.
2. **10th-12th Grade Volunteer Opportunity:** Mrs. Stoker is a member of the EM Yoder Elementary PTA. On Friday, October 13th, Yoder will host its annual fall festival and needs high school students to help volunteer with setting up, running stations, assisting teachers with craft activities and cleaning up. A Google sign-up form will be sent this week in the event you are interested in helping and earning volunteer hours. Help is needed from 4:30pm to 8:00pm.
3. **9th-12th:** The UNC System is hosting the fourth annual UNC System Virtual Open House and you're invited!
What: This is a virtual event for prospective students, their parents, and school counselors. Admissions Counselors from each institution will share helpful information about the admissions process and current students from each university will share about their college experience and answer your questions live.
When: October 2-5, 2023 from 6 p.m.-7:15 p.m.
Where: Virtual via Zoom. [Register HERE!](#)

Monday, October 2	Tuesday, October 3	Weds, October 4	Thursday, October 5
• East Carolina University • NC State University • UNC Asheville • Winston-Salem State Univ.	• Fayetteville State University • UNC School of the Arts • UNC Wilmington • UNC-Chapel Hill	• Elizabeth City State University • NC A&T State University • UNC Charlotte • Western Carolina University	• Appalachian State University • North Carolina Central University • UNC Greensboro • UNC Pembroke

4. **Seniors:** All seniors applying to a four-year school next year need to work at least 30 minutes a week on college applications and scholarship opportunities. The October 15th Early Action deadline is less than a month away and November 1st will be here soon as well. **Please don't procrastinate!**
5. **11th and 12th:** Four of North Carolina's premier merit scholarships are coming together to provide a virtual information session for students, parents, and counselors. During this session, program representatives will give an overview of each scholarship, and attendees will be able to enter breakout rooms for specific program questions.

This session will include presentations from:

Levine Scholars Program - UNC Charlotte
 Park Scholars - NC State University
 Brinkley-Lane Scholars - East Carolina University
 Cheatham-White Scholarship Program - NC Central University

When: Thursday, Oct. 5 at 6:00 p.m.

Where: Hosted on Zoom

[Register Here](#)

6. **9th-12th: The ACC Tutoring Center** is part of the Learning Resources Center (Library) of Alamance Community College. Staff members are available to help and support students. The lab also provides tutoring for many subjects during a scheduled appointment or drop-in visit. Give them a call 336-506-4167 or visit online to [Schedule a tutoring appointment.](#)
7. **Seniors:** This week, ECU will offer a free application week starting today Monday, September 25th. This is for all seniors applying and not just those that qualify for fee waivers. You are encouraged to take advantage of this opportunity!
8. **SAT/ACT:** The next SAT will take place on **Saturday, October 7th** with a **late fee** registration deadline on **September 26th** and the next ACT is on **Saturday, October 28th** with a **late fee** registration deadline on **October 6th**. You will need to register for both tests online at www.collegeboard.com for the SAT or www.actstudent.org for the ACT. A free ACT test and study guide can be found here: [Preparing for the ACT](#) and free SAT prep and tests can be found here: <https://www.princetonreview.com/college-advice/sat-practice-tests>. **Cost:** ACT=\$68 or \$93 with the writing

test/SAT=\$60/Fee waivers are available for students that have been approved for free/reduced lunch. ****All juniors will take the ACT for free on February 27th during the school day.**

THOUGHT FOR THE WEEK

“Challenges are what make life interesting and overcoming them is what makes life meaningful.”

- Joshua J. Marine



Stoker's Snippets

September 18-22, 2023

Week 7

1. **11th and 12th:** This Wednesday, September 20th is an Early Release Day for ABEC. Afternoon buses will leave campus at 12:45pm. Any juniors or seniors that typically ride the bus may need alternate transportation if you have an afternoon ACC class or lab.
2. Each year, Americans observe **National Hispanic Heritage Month** from September 15 to October 15, by celebrating the histories, cultures and contributions of American citizens whose ancestors came from Spain, Mexico, the Caribbean and Central and South America. In honor of **NHHM**, there will be the: **First Annual Alamance Hispanic Heritage Festival** Saturday, September 25th from 12 p.m. - 8 p.m. Alamance Arts is located at 213 South Main Street, Graham, NC. There will be food, live music, dancing, crafts, a parade and access to community resources. To learn more click [HERE!](#)
3. **SGA Fundraiser:** Any student in 9th-12th grade or a parent/guardian wanting to participate in SGA's **World's Finest Chocolate** fundraiser can stop by Mrs. Stoker's office for a permission form this week. If you are not able to help sell, please be sure to purchase a bar or two or even a few! ☺
4. **Seniors:** All seniors applying to a four-year school next year need to work at least 30 minutes a week on college applications and scholarship opportunities. The October 15th Early Action deadline is less than a month away and November 1st will be here soon as well. **Please don't procrastinate!**
5. Mrs. Stoker will email all seniors **Scholarship Opportunities #1** this week. Please review the deadlines!
6. **9th-12th: The ACC Tutoring Center** is part of the Learning Resources Center (Library) of Alamance Community College. Staff members are available to help and support students. The lab also provides tutoring for many subjects during a scheduled appointment or drop-in visit. Give them a call 336-506-4167 or visit online to [Schedule a tutoring appointment](#).
7. **11th-12th:** The [UNC System Virtual Transfer Fair](#) is designed to provide prospective transfer students and community college advisors the opportunity to gain transfer-specific information from each UNC System university as well as connect attendees directly with representatives from each institution. The [event schedule](#) is available now. There will be 15 universities participating (5 on each day of the event)! All students and families are welcome to attend September 26th-28th.
8. **ABSS College Fair at ACC:** ACC will host a College Fair for ABSS students on Monday, September 25th. There will be multiple in state and out of state colleges on campus. Please take advantage of this event and speak with these admission recruiters. Our designated time for juniors and seniors is 12:15 PM to 1:00 PM but you can visit before or after that time if you have a class conflict. Ninth and tenth will visit the event with one of your teachers.
9. **Seniors:** Next week, ECU will offer a free application week starting on Monday, September 25th. This is for all seniors applying and not just those that qualify for fee waivers. You are encouraged to take advantage of this opportunity!

10. **SAT/ACT:** The next SAT will take place on **Saturday, October 7th** with a **late fee** registration deadline on **September 26th** and the next ACT is on **Saturday, October 28th** with a registration deadline on **September 22nd**. You will need to register for both tests online at www.collegeboard.com for the SAT or www.actstudent.org for the ACT. A free ACT test and study guide can be found here: [Preparing for the ACT](#) and free SAT prep and tests can be found here: <https://www.princetonreview.com/college-advice/sat-practice-tests>. **Cost:** ACT=\$68 or \$93 with the writing test/SAT=\$60/Fee waivers are available for students that have been approved for free/reduced lunch. ****All juniors will take the ACT for free on February 27th during the school day.**

THOUGHT FOR THE WEEK

“The sun will rise and set regardless. What we choose to do with the light while it’s here is up to us. Journey wisely.”

~Alexandra Elle



Stoker's Snippets

September 11-15, 2023

Week 6

1. Be sure to thank your grade level SGA representatives and officers for hosting our first “FuN fRiDaY” of the year!
2. **ABSS College Fair at ACC:** ACC will host a College Fair for ABSS students on Monday, September 25th. There will be multiple in state and out of state colleges on campus. Please take advantage of this event and speak with these admission recruiters. Our designated time for juniors and seniors is 12:15 PM to 1:00 PM but you can visit before or after that time if you have a class conflict. Ninth and tenth will visit the event with one of your teachers.
3. **Seniors:** ECU will offer a free application week starting on Monday, September 25th. This is for all seniors applying and not just those that qualify for fee waivers. You are encouraged to take advantage of this opportunity!
4. **Duke University (9-12th):** Greetings from Duke University! We will be in your area this fall as a part of our **Discover Duke** programming. Discover Duke events are admissions information sessions that typically last about sixty minutes. A Duke admissions officer will provide an overview of the academic programs and opportunities for our undergraduates, student life on campus and our application and financial aid processes. We ask that students and families register in advance. Registration information can be found [here](#). We will be adding more programs to this list as they are confirmed, so please continue to check back for further details. There are many ways to visit and connect with us. Please go to visit.duke.edu and Slate.org for more details.
5. The [Perry Virtual Experience](#) is a free, 2.5-hour, interactive online experience for high school and college-aged students who gender-identify as female or nonbinary and are interested in pursuing careers in orthopaedic surgery and engineering. Participants will hear from women leaders in these fields and dive into online orthopaedic simulations and biomechanics experiments. Additional information can be found on our website: <https://perryinitiative.org/pve/>
6. Women in high school and college who have an interest in science, medicine and/or engineering are now invited to register for a session of the Perry Virtual Experience. We would appreciate it if you could pass along this information to any educators or students you may know. Students should be directed to fill out the online registration for one session that best fits their schedule. Most sessions are available to participants in any location, but some sessions are for a focused geographic area.

The upcoming program dates are: **September, 16th, 2023 @ 10:00am-12:30pm EDT**

September 25th, 2023 @ 6:00pm-8:30pm EDT

October 24th, 2023 @ 6:00pm-8:30pm EDT Details for each session can be found at: <https://perryinitiative.org/calendar/>

7. **SAT/ACT:** The next SAT will take place on **Saturday, October 7th** with a **late fee** registration deadline on **September 26th** and the next ACT is on **Saturday, October 28th** with a registration deadline on **September 22nd**. You will need to register for both tests online at www.collegeboard.com for the SAT or www.actstudent.org for the ACT. A free ACT test and study guide can be found here: [Preparing for the ACT](http://www.collegeboard.com/Preparing-for-the-act) and free SAT prep and tests can be found here: <https://www.princetonreview.com/college-advice/sat-practice-tests>. **Cost:** ACT=\$68 or \$93 with the writing test/SAT=\$60/Fee waivers are available for students that have been approved for free/reduced lunch. ****All juniors will take the ACT for free on February 27th during the school day.**

THOUGHT FOR THE WEEK

“What lies behind us and what lies before us are tiny matters...compared to what lies within us.”
~Ralph Waldo Emerson



Stoker's Snippets

September 4-8, 2023

Week 5

1. SGA's first **Fun Friday** will take place Friday, September 8th from 4-5:30 PM (Weather Permitting). All 9th-12th grade ABEC students are welcome to attend. This event is **only** for our ABEC students. Please do not invite any outside ACC guests, etc. Plan to come and enjoy snacks, play games, basketball and get to know one another. ****All rides must be here by 5:30 PM for pick-up.** We hope to see you there!
2. Junior and Senior Success Academy takes place today!
3. **Seniors:** Mrs. Stoker has completed senior conferences with most of the senior class. All seniors should have a plan moving forward this semester. Common App and CFNC accounts should be created, requests for letters of recommendation should have been requested, the NC Residency Form needs completing and resumes should be updated and uploaded in Mrs. Stoker's Google Form. ABSS staff are already writing these letters and uploading documents in the Common Application. October 15th and November 1st are the two biggest deadlines for NC Early Action applications. Please have everything in order!!
4. **Math Codes:** Any junior or senior having issues with a Pearson code, please speak directly with your instructors first and then contact Pearson directly for support: <https://support.pearson.com/getsupport/s/>
5. **Cengage Student Office Hours:** Students need to visit www.cengage.com/support, submit a ticket and then call 1-800-354-9706 for assistance. Wait times during peak times may be higher, but either attending an office hour or calling for assistance will ensure students get expedient service to resolve the issue.
6. **9th-12th Grade:** The annual **HBCU (Historically Black Colleges and Universities) College Fair** is a few weeks away. This event will be hosted by Alpha Kappa Alpha Sorority, Incorporated®, Sigma Tau Omega Chapter, Cary, NC in collaboration with IBM RTP Black Business Resource Group. The date of the event is **Saturday, September 23, 2023**, from 10:00 AM to 2:00 PM and will be held in the IBM RTP Education Center. For more information and to register for this event, please visit: <https://forms.gle/c8gDTKb4yAjQg4ZJ6>
7. **SAT/ACT:** The next SAT will take place on **Saturday, October 7th** with a registration deadline on **September 7th** and the next ACT is on **Saturday, October 28th** with a registration deadline on **September 22nd**. You will need to register for both tests online at www.collegeboard.com for the SAT or www.actstudent.org for the ACT. A free ACT test and study guide can be found here: [Preparing for the ACT](http://www.collegeboard.com/Preparing-for-the-act) and free SAT prep and tests can be found here: <https://www.princetonreview.com/college-advice/sat-practice-tests>. **Cost:** ACT=\$68 or \$93 with the writing

test/SAT=\$60/Fee waivers are available for students that have been approved for free/reduced lunch. ****All juniors will take the ACT for free on February 27th during the school day.**

THOUGHT FOR THE WEEK

"I am always ready to learn although I do not always like being taught."

~Winston Churchill



Stoker's Snippets

Aug. 28-Sept. 1 2023

Week 4

1. Next Monday, September 4th is a holiday for ABEC and ACC. There will not be any high school or college classes. ☺
2. Welcome to Ms. Jasmine Kirby, our new school nurse! Ms. Kirby will be here on Thursdays located in the office across from Ms. Fisher's room. Please stop by and say hello.
3. SGA's first **Fun Friday** will take place next Friday, September 8th from 4-5:30 PM (Weather Permitting). All 9th-12th grade ABEC students are welcome to attend. This event is **only** for our ABEC students. Please do not invite any outside ACC guests, etc. Plan to come and enjoy snacks, play games, basketball and get to know one another. ****All rides must be here by 5:30 PM for pick-up.** We hope to see you there!
4. **11th and 12th:** Success Academy for juniors and seniors will take place next week on Tuesday, September 5th. This is a required meeting. Directions will be sent those that are in class/lab at that time. Herff Jones will be speaking with all seniors regarding senior gear and graduation cap and gowns.
5. **Cengage Student Office Hours:** Students need to visit www.cengage.com/support, submit a ticket and then call 1-800-354-9706 for assistance. Wait times during peak times may be higher, but either attending an office hour or calling for assistance will ensure students get expedient service to resolve the issue.
6. **Seniors:** Mrs. Stoker will begin individual senior conferences tomorrow, Tuesday, August 29th. Parents are welcome to join in as well. All seniors should be scheduled. Please bring your computer to your conference. ****This meeting is required.****
7. **9th-12th Grade:** The annual **HBCU (Historically Black Colleges and Universities) College Fair** is a few weeks away. This event will be hosted by Alpha Kappa Alpha Sorority, Incorporated®, Sigma Tau Omega Chapter, Cary, NC in collaboration with IBM RTP Black Business Resource Group. The date of the event is **Saturday, September 23, 2023**, from 10:00 AM to 2:00 PM and will be held in the IBM RTP Education Center. For more information and to register for this event, please visit: <https://forms.gle/c8gDTKb4yAjOg4ZJ6>
8. If you have any technical difficulties with Moodle or resetting your ACC password, please contact ACC's Distance Learning Center: [336-506-4114](tel:336-506-4114) or email jennifer.l.jones@alamancecc.edu. You can also visit Main 341 for assistance.
9. **11th and 12th:** To qualify for a SAT or ACT fee waiver, the ABSS lunch form still has to be completed online, even if you don't plan to eat breakfast or lunch at school. Save the letter that will come to you in the mail as your form of proof for free/reduced lunch. Mrs. Stoker will need a copy of the letter once you receive it or a picture of it sent through email. This has to be done each year.
10. **SAT/ACT:** The next SAT will take place on **Saturday, October 7th** with a registration deadline on **September 7th** and the next ACT is on **Saturday, October 28th** with a registration deadline on **September 22nd**. You will need to register for both tests online at www.collegeboard.com for the SAT or www.actstudent.org for the ACT. A free ACT test and study guide can be found here: [Preparing for the ACT](#) and free SAT prep and tests can be found here: <https://www.princetonreview.com/college-advice/sat-practice-tests>. **Cost:** ACT=\$68 or \$93 with the writing

test/SAT=\$60/Fee waivers are available for students that have been approved for free/reduced lunch. ****All juniors will take the ACT for free on February 27th during the school day.**

THOUGHT FOR THE WEEK

“Choose a job you love, and you will never have to work a day in your life.”

~Confucius



Stoker's Snippets

August 21-25, 2023

Week 3

1. This Friday, August 25th is an ABSS Teacher Workday. There will not be any ABEC classes for 9th-12th grade. Buses **will not** run and breakfast and lunch will **not be** provided. All ACC classes **will** take place at their regular time for juniors and seniors. Please arrange for alternate transportation if you are a bus rider.
2. **Seniors:** Mrs. Stoker will begin individual senior conferences next week on Tuesday, August 29th. Parents are welcome to join in as well. A sign-up form will be sent today. Please bring your computer to your conference. ****This meeting is required.****
3. **Juniors and Seniors:** Our first meeting will take place on Tuesday, August 22nd at 1:00pm for juniors and 1:45pm for all seniors. It is the student's responsibility to follow-up with Mrs. Stoker/Mrs. Snell in the event he/she cannot attend due to an ACC class conflict. Missing Success Academy for work/part-time job is **not** an excused absence.
4. There will be an SGA meeting after school for 10th-12th officers and representatives on Tuesday, August 22nd!
5. **Juniors/Seniors:** All upperclassmen are still allowed to receive or purchase an ABSS breakfast or lunch from the cafeteria each day. If you have a class/lab that conflicts with the ABEC lunch times, let us know so we can save you a meal.
6. Last Thursday, August 17th was the last day to add or drop an ACC class without a "WP." If you are having an issue in your ACC class (es), please let Dr. Fliehm, Mrs. Snell or Mrs. Stoker know as soon as possible. Finding out you've been dropped or could potentially fail a class after the fact isn't beneficial for anyone!! A "WP" on your transcript can hurt your chances of college acceptances or receiving financial aid. Our goal is for you to be successful during your time at ACC.
7. **SGA Election for 9th Grade Representatives:** On Thursday, August 24th, freshmen wanting to serve as 9th grade reps will need to give a one minute or less speech during both lunches. All ninth graders will vote on four students to serve as this year's representatives. Good luck!
8. **CODE ISSUES:** If you are unable to download your eBooks or have issues with Cengage codes, please try downloading them on a desktop/PC or different laptop. The chrome books have issues when trying to download but once your account is created and you have access, you should be able to access all materials on your chrome books. Try to download your codes while at school with the ABSS network.
9. If you have any technical difficulties with Moodle or resetting your ACC password, please contact ACC's Distance Learning Center: [336-506-4114](tel:336-506-4114) or email jennifer.l.jones@alamancecc.edu. You can also visit Main 341 for assistance.
10. **11th and 12th:** To qualify for a SAT or ACT fee waiver, the ABSS lunch form still has to be completed online, even if you don't plan to eat breakfast or lunch at school. Save the letter that will come to you in the mail as your form of proof for free/reduced lunch. Mrs. Stoker will need a copy of the letter once you receive it or a picture of it sent through email. This has to be done each year.

11. SAT test dates can be found online at www.collegeboard.com and ACT test dates can be found at www.actstudent.org.

THOUGHT FOR THE WEEK

“No one is perfect-that’s why pencils have erasers.”

~Wolfgang Riebe



Stoker's Snippets

August 14-18, 2023

Week 2

1. **10th-12th:** Good luck with your first day of ACC classes! Be sure to log-in to Moodle on Monday and Tuesday so you are counted present for each of your classes. You will be coded as a “no show” if you aren’t logging in and instructors can drop you from their courses.
2. If you are unable to download your eBooks or have issues with Cengage codes, please try downloading them on a desktop/PC or different laptop. The chrome books have issues when trying to download but once your account is created and you have access, you should be able to access all materials on your chrome books. Try to download your codes while at school with the ABSS network.
3. If you have any technical difficulties with Moodle or resetting your ACC password, please contact ACC’s Distance Learning Center: [336-506-4114](tel:336-506-4114) or email jennifer.l.jones@alamancecc.edu. You can also visit Main 341 for assistance.
4. **Juniors and Seniors:** Success Academy will take place once a month in our ABEC cafeteria. Our first meeting will take place on Tuesday, August 22nd at 1:00pm for juniors and 1:45pm for all seniors. It is the student’s responsibility to follow-up with Mrs. Stoker/Mrs. Snell in the event he/she cannot attend due to an ACC class conflict. Missing Success Academy for work/part-time job is **not** an excused absence.
5. **9th Grade SGA Election:** This year we will elect four ninth grade students to serve as SGA representatives. If you are interested in running, please sign-up through the Google Form Mrs. Stoker will send out later this week along with the election guidelines for those planning to run.
6. ACC Self-Service passwords need to be reset. If you are having issues logging in, please reset your password. You will need your ACC ID number to do so. Passwords expire every 90 days.
7. **11th and 12th:** To qualify for a SAT or ACT fee waiver, the ABSS lunch form still has to be completed online, even if you don’t plan to eat breakfast or lunch at school. Save the letter that will come to you in the mail as your form of proof for free/reduced lunch. Mrs. Stoker will need a copy of the letter once you receive it or a picture of it sent through email. This has to be done each year.
8. **Seniors:** Mrs. Stoker will begin individual senior conferences beginning on Tuesday, August 29th. Parents are welcome to join in as well. A sign-up form will be emailed next week.

9. SAT test dates can be found online at www.collegeboard.com and ACT test dates can be found at www.actstudent.org.

THOUGHT FOR THE WEEK

“Tell me and I forget. Teach me and I remember. Involve me and I learn.”
~Benjamin Franklin



Stoker's Snippets

August 7-11, 2023

Week 1.5

1. Welcome back!! Congratulations freshmen, sophomores and seniors in English 4 on surviving your first days of school last week! We are looking forward to seeing the Early College juniors and seniors on Monday, August 14th.
2. We have two new staff members this year! Please welcome Dr. Fliehm (Principal) and Mrs. Fitzgerald (Math Teacher). We are so happy to have you as part of our team! ☺
3. **Sophomores/Juniors/Seniors:** Mrs. Stoker has ordered books and codes. A sign-up form will be sent this week for pick-up on Thursday or Friday. Please select a day and time that works best for you. Mrs. Stoker will deliver books/codes to the sophomores this week.
4. **Juniors and Seniors:** Success Academy will take place once a month in our ABEC cafeteria. Our first meeting will take place on Tuesday, August 22nd at 1:00pm for juniors and 1:45pm for all seniors. It is the student's responsibility to follow-up with Mrs. Stoker/Mrs. Snell in the event he/she cannot attend due to an ACC class conflict. Missing Success Academy for work/part-time job is **not** an excused absence.
5. ACC Self-Service passwords need to be reset. If you are having issues logging in, please reset your password. You will need your ACC ID number to do so. Passwords expire every 90 days.
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7. **Seniors:** Mrs. Stoker will begin individual senior conferences beginning on Tuesday, August 29th. Parents are welcome to join in as well. A sign-up form will be emailed next week.
8. SAT test dates can be found online at www.collegeboard.com and ACT test dates can be found at www.actstudent.org.

THOUGHT FOR THE WEEK

“Education's purpose is to replace an empty mind with an open one.”
Malcolm Forbes

