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Is it easy to tell the truth?

I often ask myself: «Do all people tell the truth? » Each of us is faced with situations when we have to make a serious choice. Each of us was taught to tell the truth from the early childhood by our parents.

But it is not always easy to say especially about some unpleasant incidents, for example, to accept that I broke my mum's favourite vase yesterday.

Sometimes people use the concept of lie for the good. Sometimes it is better to hide the truth, for example, when the doctor has to tell the patient about his hopeless case.

My grandfather often says «Actions speak louder than words». This means that the truth will always win in the end. It is better to say verity and not to fable.

Let me tell you about my case. One day my best friend said that she was ill, and she couldn't walk with me. But in the evening I met her and some friends at the party. It made her uncomfortable that she had lay to me. And I was offended too.

Therefore, you must be responsible for your words and actions. It becomes a man of honour speaking the truth. In other words, telling the truth is the only way to achieve something and be yourself.