

Using the following step-by-step guide, please interact with a middle school student in order to create an academic SMART goal. Here is the guide:

Step 1: Understand What SMART Means

- **Specific:** The goal should be clear and well-defined.
- **Measurable:** You should be able to track your progress.
- **Achievable:** The goal should be realistic, not too easy or too difficult.
- **Relevant:** It should matter to you and help you improve.
- **Time-bound:** There should be a deadline or timeframe for reaching your goal.

Step 2: Choose an Academic Area to Improve

Think about where you want to grow academically. For example:

- Raising your grade in a subject (like Math or English)
- Improving study habits or organization
- Becoming better at completing assignments on time

Step 3: Write a Draft Goal Using SMART Criteria

Now, start drafting a goal by asking yourself questions for each SMART element. Let's say you want to improve your math skills:

- **Specific:** What exactly do you want to accomplish?

Example: "I want to improve my grade in math from a C to a B."

- **Measurable:** How will you know when you've reached this goal?

Example: "I'll know I've improved when I achieve an average score of 80% or higher on my math tests."

- **Achievable:** Is this realistic? Do you have enough time and resources to reach this goal?

Example: "I'll attend weekly math tutoring and practice extra problems at home to build my skills."

- **Relevant:** Why is this goal important to you?

Example: "Improving my math skills will help me feel more confident in class and prepare me for future math courses."

- **Time-bound:** When do you want to achieve this goal?

Example: "I want to achieve this improvement by the end of the semester (in three months)."

Step 4: Combine Your SMART Elements into One Clear Goal Statement

Using the answers above, put it all together into one sentence:

"I will improve my math grade from a C to a B by the end of the semester by attending weekly tutoring sessions, practicing extra problems at home, and aiming for an average of 80% on all tests."

Step 5: Break Down the Goal into Smaller Steps

List specific steps you'll take each week to make progress.

Step 6: Choose Your Goal

Write 5 different sentences articulating this SMART goal and choose the one you think is best.

Ask simple questions, one-at-a-time and wait for my replies to get to Step 6 and the 5 suggestions.