

Hello Parents and Caregivers!!

In my role as ParentIN Coordinator, I'm excited to welcome you into the 21-22 school year! I'm writing from my desk at the Hinesburg Community School. The school is bustling with excited educators who are joyfully setting up their classrooms for your children, as is the case in schools throughout the district. While we all did enjoy summer, we truly look forward to welcoming our students back this year to in-person learning 5 days a week!

I spent my summer connecting with family and friends that I haven't seen in over a year. My family of 5 hiked, camped, biked, swam, and did some boating. It was a wonderful time connecting and bonding with my three daughters and I recognize the privilege that I have as an educator to be home in the summer months. I've also enjoyed reconnecting with my district communities! I've taken ParentIN on a bit of a road show this summer; to summer concerts and farmers markets, as a way to be present and share this fantastic resource.

Now I look ahead and plan for ways that I can support families and those that care for children. We're unfortunately starting the school year with COVID precautions still in place but the good news is that we have the systems down and we know they work.

ParentIN is here to support you this year, through all the ups and downs that may befall your family or our communities. We serve to assist parents and guardians to be the best parents they can be by providing bridges to family and individual counseling, parent support connections, research, and successful strategies for having conversations about substance use with the youth in their lives. The entire ParentIN team is excited to invite caregivers to come as their whole selves, imperfections and all, to engage intentionally in this judgement-free space and leave with new skills, strategies, and support networks for the winding road ahead.

Parenting can be hard but you aren't alone. We have active community groups of parents and professionals to journey with you. Email me for support when you need it and we can also set up a phone or video call. We'll have many exciting workshops and educational sessions this year so be sure to subscribe to our newsletter at parentincvsd.org so you don't miss an opportunity to connect or learn. We are here for you when you need us.

Kind Regards,

Amy Sayre