

Links to Program



Reclaiming Lilo Summit Re-Indigenizing Family Support in Hawai'i

Date: September 24, 2025

Time: 8:30 AM – 12:30 PM HST

Platform: Zoom

Hosted by

Hawai'i State Department of Health, Maternal and Child Health Branch

Community-Based Child Abuse Prevention (CBCAP) Program

In partnership with AHAS: Archive for Health, Arts & Spirit

Purpose

Reclaiming Lilo: Re-Indigenizing Family Support in Hawai'i is a statewide virtual gathering that brings together healthcare professionals, social service providers, educators, cultural practitioners, and community leaders to reimagine prevention as a sacred, relational practice.

Theme

"Prevention as Relational" - a call to center 'ike kupuna (ancestral knowledge), kuleana (responsibility), pilina (connection), and aloha 'āina (care for land and people) as foundations of family and community well-being in Hawai'i.

Audience

This gathering welcomes social workers, community health workers, DOE teachers and staff, early childhood educators, family advocates, public health professionals, researchers, artists, and cultural practitioners: all who care for the children and families of Hawai'i.

Schedule at a Glance

Time: 8:30 AM – 12:30 PM HST Platform: Zoom (links sent post-registration) Moon Phase: 🌙 Kūkahi - A time of beginnings, planting seeds, and calling forth intentions. Considered powerful for gathering community, setting foundations, and aligning with new cycles of growth.	
8:25 AM - 8:50AM	Opening + Cultural Protocol
8:50 AM – 10:25AM	Keynote Plenary
10:25 AM –10:30AM	Art Wellness Break
10:30 AM – 11:15 AM	Concurrent Workshops - Round One
11:15 AM –11:25 AM	Art Wellness Break
11:25 AM – 12:10 PM	Concurrent Workshops - Round Two
12:10 PM – 12:30 PM	Closing Session

Detailed Schedule

8:25 AM - 8:50AM	Opening + Cultural Protocol 8:25–8:30 Zoom Room Opens 8:30–8:35 Welcome + Housekeeping - Host Team (Moirā, David) Agenda + tech info 8:35–8:45 Opening Protocol + Oli + Framing on Language - The Maile Grove 8:45–8:50 Opening Remarks - David Alston (DOH) Partnership Acknowledgment
8:50 AM – 10:25AM	Plenary - Prevention as Relational and Cultural: Cross-Sector Voices Keynote Panel (moderated by Hōkū Pavao) Panelists : Kalehua Fung - 2022 HI Youth Poet Laureate Ashley Tone with Peer Mentor - Lines for Life / YouthLine (peer-to-peer perspective) Kalikolehuanani Kaauamo - The Maile Grove (cultural arts & grounding) Kukunaokalā Yoshimoto - Blueprint for Change & Hawai'i 'Ohana Support Network (cross-sector, re-indigenizing services) <i>Focus: Cross-cultural frameworks for prevention; relational and cultural practice; shared commitments.</i>

10:25 AM –10:30AM	Art Wellness Break: “Reclaiming Lilo” Poem - TravisT
10:30 AM – 11:15 AM	Concurrent Workshops - Round One Participants choose 1 of 6 breakout sessions: 1. Ke Kaula: Weaving Indigenous Ways of Being and Art to Create Intentional Public Health Systems - Katia Pōhaikealoha Worley & Zowey Cachola (DOH – Office of Health Equity) 2. Centering Place through Intergenerational Arts Experiences: How to support and uplift in Allyship - Danica “Nikki” Rosengren (Hawai‘i State Foundation on Culture and the Arts) 3. Kūkulu Pilina: Cultivating Relationships through Cross-Sector Partnerships - Kukunaokalā Yoshimoto (Blueprint for Change & Hawai‘i ‘Ohana Support Network) 4. The Maui Wildfire Exposure Study: Lessons in Community Health, Trust, and Resilience - Dr. Ruben Juarez (University of Hawai‘i) 5. Understanding Historical Trauma Among Native Hawaiian Youth - Anamalia Su‘esu‘e; Kristina “Tina” Hulama; Lorinda Riley (Department of Psychology, Department of Public Health Sciences, University of Hawai‘i at Mānoa; Graduate School of Social Work, University of Denver; Department of Public Health Sciences/Kamakūokalani Center for Hawaiian Studies, University of Hawai‘i Mānoa) 6. Whose Child Is This?: The Complexity of Children in Out of Home Placement - Lani Bowman (SET IT UP!)
11:15 AM –11:25 AM	Art Wellness Break: ‘Umia ka hanu / Hold the breath - Christopher K. Morgan
11:25 AM – 12:10 PM	Concurrent Workshops - Round Two Participants choose 1 of 6 breakout sessions: 7. Provider Talk Story: a Kākou for Keiki Community of Care to Support Providers - Ka‘iulani Galon (Kākou for Keiki) 8. Pā Pōhaku: A Kākou for Keiki Community of Care to Support Fathers - Jessica Kaneakua (Kākou for Keiki) 9. Creativity as Medicine: The Healing Power of Expressive Arts - Ann Davis & Heidi Allencastre (Family Hui Hawai‘i) 10. Culture, Indigenous Wisdom, and Wellbeing - Ivey Cruz (University of Hawai‘i) 11. From Colonization to Compassion: Reframing Corporal Punishment in Hawai‘i - Stephanie M Campbell (HI Dept of Health, Child & Adolescent Mental Health Division) 12. Creativity as Co-Regulation: Resourcing our Caregivers (Virtual On-Demand) - Noelani I. Anderson (Hawai‘i Behavioral Health Connection)

12:10 PM – 12:30 PM	Closing Session
	• 12:10–12:20 Sensemaking “What did we experience? What connections did we make?” - Hōkū Pavao • 12:20–12:25 Closing + Mahalo - Maile Grove • 12:25–12:30 Pau + Survey - Zoom closes

Background

The Reclaiming Lilo Summit: Re-Indigenizing Family Support in Hawai'i is rooted in the Community-Based Child Abuse Prevention (CBCAP) Program, a federal initiative established under Title II of the Child Abuse Prevention and Treatment Act Amendments (CAPTA) of 1996. The CBCAP Program is overseen by the Office on Child Abuse and Neglect at the Children's Bureau within the Administration for Children and Families, U.S. Department of Health and Human Services. All 50 states, Washington, D.C., and Puerto Rico receive CBCAP funding to strengthen families and prevent child abuse and neglect through community-driven initiatives that emphasize prevention, equity, and care.

In Hawai'i, this work is stewarded by **the Child Abuse and Neglect Prevention Program (CANP-P), housed within the Department of Health's Maternal and Child Health Branch (MCHB)**. The CANP-P partners with community-based organizations, state and federal agencies, and family leaders to strengthen protective factors, expand access to culturally rooted services, and prevent harm before it occurs. This year, the CANP-P is collaborating with AHAS: **Archive for Health, Arts & Spirit**, a nonprofit founded in the wake of the Lahaina wildfires, to co-design and host the Reclaiming Lilo Summit. AHAS brings expertise in trauma-informed, arts-based, and culturally grounded practice, with a commitment to honoring Hawaiian knowledge systems while building cross-sector networks of care.

Prevention in Hawai'i cannot be separated from the historical and ongoing impacts of colonization. Native Hawaiian children and families continue to experience disproportionate harm across health, education, and child welfare systems. **Reclaiming prevention as a culturally rooted, relational practice means not only addressing these inequities, but also restoring Native Hawaiian practices, worldviews, and leadership as central to systems of care.** By aligning with Hawaiian ways of knowing, alongside other Indigenous traditions represented by our presenters, the summit invites participants to consider how 'ike kupuna (ancestral knowledge), kuleana (responsibility), pilina (relationship), and aloha 'āina (care for land and people) can transform how families are supported across the islands.

The Reclaiming Lilo Summit extends this mission by affirming that Hawaiian ways of knowing are not supplemental to prevention - they are prevention. This gathering is designed as a space for learning, reflection, and action across health, education, and social services, guided by ancestral wisdom and contemporary practice. It is co-designed by a multiracial, cross-sector team that includes Native Hawaiian practitioners, kama'āina born and raised in Hawai'i, and settlers with deep community connections. **Together, we seek to honor positionality, uplift Hawaiian leadership, and strengthen Hawai'i's web of care by planting seeds of well-being for generations to come.**

What We Hope to Share With You

- A deeper understanding of how prevention can be re-indigenized through Hawaiian knowledge systems and community-rooted practices.
- Tools, strategies, and reflections that strengthen the work of caregivers, educators, health professionals, and family advocates.
- Examples of cross-sector collaboration that demonstrate how systems can align with community leadership and cultural values.
- Space to reflect on our collective kuleana to ensure children and families thrive across Hawai'i.
- Opportunities to practice cultural grounding and healing-centered approaches together in real time.
- Recognition of the brilliance and excellence within Native Hawaiian and Indigenous practices as guiding lights for prevention.
- A call to action for participants to carry forward commitments that sustain cultural safety, belonging, and care.

Who This Gathering Is For

The Reclaiming Lilo Summit welcomes a broad circle of practitioners and community leaders, including social workers, community health workers, family support providers, DOE teachers and staff, early childhood educators, researchers, public health professionals, and community-based artists and culture bearers. Each perspective is essential in shaping prevention as a relational and cultural practice.

Plenary - Prevention as Relational and Cultural: Cross-Sector Voices

Moderator: Hōkū Pavao - Co-Founder, AHAS: Archive for Health, Arts & Spirit

This keynote plenary panel brings together youth, cultural practitioners, and systems leaders to reframe prevention as a deeply relational and cultural practice. Rooted in Indigenous frameworks and community-based approaches, the panel will highlight how peer-to-peer mentoring, cultural grounding through the arts, and cross-sector partnerships can strengthen families and transform systems. Beginning with youth voice, each panelist will share a practice or tradition that shapes their perspective on prevention, followed by concrete examples of cross-sector connection, and a personal commitment to integrating culture, belonging, and relational approaches into prevention work. *Cultural Values/Frameworks Referenced: Kuleana (responsibility), Pilina (relationship and connection), 'Ohana (family), 'Ike kūpuna (ancestral knowledge), collective voice and peer mentorship, Nā Hopena A'o (HĀ), HCAN (Hawai'i Children's Action Network) framework*

Aims of this Session:

- Identify how cultural practices and community traditions shape prevention work.
- Understand the role of youth voice and peer-to-peer connection in building safe, inclusive systems.
- Recognize the value of cross-sector partnerships and Indigenous frameworks for sustainable prevention.
- Leave with one commitment for integrating culture, belonging, or relational practice into prevention.



Panelists:

Kalehua Fung - 2022 Youth Poet Laureate A graduate of Halau Ku Mana's Class of 2021; she is a poet, activist, Kānaka, hula dancer, graphic designer, writer, photographer and student voyager. She is most inspired by Queen Lili'uokalani.

Youth Peer Mentor - YouthLine

A trained YouthLine peer mentor brings the lived perspective of Hawai'i youth, sharing insight into how peer-to-peer support offers belonging, safety, and resilience. The YouthLine peer voice highlights why youth participation in program design and delivery is central to effective prevention.

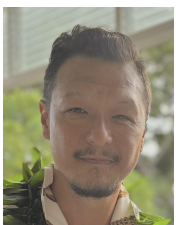
Ashley Tone has dedicated her career to improving the health and well-being of Hawai'i's youth. She holds a Bachelor of Science in Exercise Science with a minor in Psychology from Missouri Valley College and has



worked as a community health professional at Hui No Ke Ola Pono. In her role as Assistant Director of YouthLine Education & Outreach of Hawai'i, Ashley develops programs that respond to the rising rates of youth self-harm and suicide by centering prevention in peer support and youth voice. She emphasizes that programs must be co-created with young people to foster safe, inclusive spaces, and she continues to advocate for community-rooted, culturally responsive health strategies.



Kaliko Kaauamo, M.Ed., is an educator, singer, kalo farmer, and Hawaiian language advocate who uses music, oli (chant), and mele (song) as tools to deepen cultural connection and belonging. With more than a decade as a classroom teacher, she has witnessed the power of grounding students in Hawaiian language and traditional practices. Through her work with Maile Grove, she brings cultural arts and ancestral wisdom into education and community spaces, fostering healing, resilience, and a deep love of place. Kaliko believes that Hawaiian arts and language can restore connections across generations and guide families in navigating trauma with strength and creativity.



Shayne Kukunaokalā Yoshimoto, MSW is a descendant of Keahinuimakahahaikalani Kūhihewa and Wahineaea Keikiomeheula Lililehua Kamaikaumaka of Ualapu'e, Moloka'i, with

family ties to Maui and Papakōlea, O'ahu. He holds degrees in Hawaiian Studies and Social Work from the University of Hawai'i at Mānoa. Currently serving as Executive Director of Blueprint for Change, he provides statewide support to Neighborhood Places and Family Resource Centers, anchoring cross-sector family strengthening efforts. He also co-chairs both the Hawai'i 'Ohana Support Network and the Hawai'i Children's Trust Fund. He is also an advisory board member of Prevent Child Abuse Hawai'i: Ola Ka Palekana Mamo, the Hawai'i chapter of Prevent Child Abuse America and co-instructs Ke A'o Mau, a culturally anchored interdisciplinary graduate course at UH Mānoa, Thompson School of Social Work & Public Health. His leadership is guided by the belief that restoring Native Hawaiian spiritual structures, cosmology, and healing practices will enhance the health and well-being of the lāhui.

Art & Cultural Breaks

Opening & Closing Protocols

The day opens and closes with practices that ground participants in cultural connection, reflection, and shared intention, honoring the meaning of lilo and inviting collective vision for its reclamation.

Aims of these Sessions:

- Foster grounding and cultural connection through shared opening and closing.
- Encourage reflection and action on the meaning of *lilo* and ways to reclaim it.

The Maile Grove Presenters

Makalani Franco-Francis

Makalani Franco-Francis is a teaching artist, cultural practitioner, and proud mother of three keiki, born and raised on Maui. With 26 years of dedication to hula and traditional healing, she carries deep experience as an indigenous storyteller and birth worker. A Native Hawaiian doula, educator, and maternal health advocate, she serves in leadership with the Pacific Birth Collective, where she uplifts family wellness and community empowerment through birth, culture, and love of place. As part of The Maile Grove, Makalani facilitates with a focus on intergenerational healing and family-led wisdom, blending ancestral knowledge with contemporary tools. Through story, theater, and creative expression, she inspires students, youth, and caregivers to connect with 'āina, culture, and the spirit of aloha.

Kilihune Ka'aihue

Kumu Hula Kilihune Ka'aihue is a Kumu Hula, cultural practitioner, yoga teacher, and teaching artist. Born and raised on the shores of Kailua, O'ahu, she has devoted over 40 years to the study of hula, culminating in her formal 'ūniki as Kumu Hula in 2022. Guided by the belief that our mana (power) lies in the connections we nurture with our three piko—mind, body, and spirit—she weaves Hawaiian cultural values into health, wellness, and education. For the past 24 years on Maui, Kilihune has shared her gifts as an aerialist, dancer, and yoga instructor, integrating cultural approaches to movement, breathwork, and nourishment. Her work centers on cultivating balance and identity, while inspiring the next generation to build strong self-connections and thrive through cultural and creative practices..

'Umia ka hanu / Hold the breath

This cultural practice session focuses on the breath, exploring how holding and slowly releasing it increases our capacity to be patient, to hold space for others, and to remain steady during challenging times. Participants will practice integrating breath with movement as a way to ground, strengthen resilience, and cultivate presence. *Cultural Values/Frameworks Referenced: 'Ōlelo No'eau "'Umia ka hanu" – hold the breath, be patient*

Aims of this Session:

- Increase awareness of the breath as a grounding and calming tool.

- Cultivate patience and steadiness through mindful breathing.
- Experience the integration of breath with movement for resilience and presence.



Christopher Kaui Morgan is a Native Hawaiian choreographer, performer, educator, and arts leader known for championing cultural integrity and inclusion in dance. He founded Christopher K. Morgan & Artists in 2011, currently serves as Artistic Director of Malashock Dance, and has directed *Art Omi: Dance*. In 2025, he launched *Wehiwehi*, a gathering of Kanaka Maoli artists at the intersection of indigeneity and contemporary performance, hosted at Shangri La and supported by the Doris Duke Foundation. As a facilitator and educator, he grounds his work in cultural practice, centering patience, breath, and embodied presence as pathways to healing.

Reclaiming Lilo (Poem)

The poem reflects on collective kuleana, the re-indigenizing of childcare, and the responsibility of community and ‘ohana in carrying our children into the future. Through the power of voice and performance, participants will witness art as a tool for healing and collective memory. *Cultural Values/Frameworks Referenced: Collective kuleana; re-indigenizing childcare*

Aims of this Session:

- Experience spoken word as a healing and resistance practice.
- Reflect on kuleana (responsibility) for children and community.



Travis Kaulula'au Thompson (TravisT) is a Kanaka-Korean artist educator and award-winning spoken word poet with an MA in Pacific Islands Studies. Based in Kalihi Valley, Honolulu, he has worked as a middle-school teacher, nonprofit director, and touring artist. As Hawai'i's State Youth Poet Laureate, he brings his voice to issues of re-indigenizing childcare, collective kuleana, and cultural resilience. His performances combine poetry, education, and activism, offering healing through creative expression and a vision of community care.

Workshop Presenters - CBCAP Summit 2025

1. Ke Kaula: Weaving Indigenous Ways of Being and Art to Create Intentional Public Health Systems

This workshop examines how Indigenous knowledge and artistic practices can inform the design of culturally grounded and equity-driven public health systems. Participants will learn some of the strategies the Office of Health Equity uses to transform and enhance public health systems and programs. *Cultural Values/Frameworks Referenced: Aloha 'Āina, Kuleana, Pilina*

Aims of this Session:

- Understand weaving kaula as a metaphor for resilient public health systems.
- Identify Indigenous ways of being, values, and practices that inform system design.
- Recognize art as a tool for storytelling, healing, and connection in public health.



Katia Pōhaikealoha Worley, MPH, serves as the Coordinator for the Hawai'i Department of Health's Office of Health Equity. She is also a multimedia artist and owner of Pōhai Studios, where she creates work through drawing, painting, digital design, and block printing. Inspired by practices such as Hawaiian quilting and lā'au lapa'au (traditional medicine), her art highlights the deep ties between land ('āina), people (kanaka), and spirit (akua). With over a decade of experience in public health and more than fifteen years as an artist, she brings a unique lens that weaves culture, creativity, and systemic equity into her professional practice.



Zowey Cachola Born and raised in Āliamanu, Hawai'i, Zowey's passion for improving community health is deeply rooted in her Filipino heritage and island upbringing, which she brings to her work at the Office of Health Equity where she focuses on reducing disparities and improving health outcomes for diverse communities.

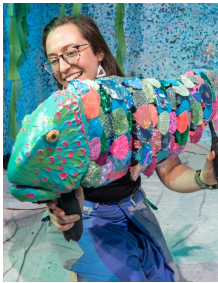
2. Centering Place through Intergenerational Arts Experiences: How to support and uplift in allyship

This session highlights place-based arts organizations throughout Hawai'i and explores how arts experiences create intergenerational connection and community. Participants will also practice simple theatre-based tools and games that can be

used to foster allyship and inclusion. *Cultural Values/Frameworks Referenced: Place-based work; HĀ (Nā Hopena A'o)*

Aims of this Session:

- Learn about Hawai'i-based place-based arts initiatives.
- Practice theatre games/tools for intergenerational allyship.
- Reflect on arts as prevention and cultural connection.



Danica “Nikki” Rosengren is a theatre artist, educator, and arts administrator focused on centering the voices of young people and supporting intergenerational connection. She holds an MFA in Theatre for Youth and has extensive experience as a director, arts education specialist, and consultant. Currently working with the Hawai'i State Foundation on Culture and the Arts, Danica designs and facilitates arts-based learning rooted in place, culture, and joy. She is committed to uplifting youth voices and creating artistic experiences that strengthen communities through storytelling and cultural grounding.

3. Kūkulu Pilina: Cultivating Relationships through Cross-Sector Partnerships

This session highlights the establishment and work of the Hawai'i 'Ohana Support Network (HOSN) and Family Resource Centers (FRCs) through public-private collaboration. It explores how cross-sector partnerships rooted in culture can create systems of care that are less overwhelming and more supportive for families.

Cultural Values/Frameworks Referenced: Pilina (relationships), 'Ohana (family), Kāko'o (support)

Aims of this Session:

- Understand the value of pilina (relationships).
- Learn the history and goals of Family Resource Centers.
- Recognize the value of cross-sector collaboration.



Kukunaokalā Yoshimoto currently serves as the Executive Director of Blueprint for Change, a nonprofit that provides fiscal, administrative, and technical support to Neighborhood Places and Family Resource Centers statewide. With decades of experience in community-based prevention services, he has been instrumental in passing legislation such as ACT 129 (2022), which established the State FRC Office and Coordinator position. Kukunaokalā's leadership reflects a deep commitment to pilina (relationships), 'ohana (family), and kāko'o (support), and his cultural foundation shapes his vision for systems that strengthen families and prevent harm through collective care.

4. The Maui Wildfire Exposure Study: Lessons in Community Health, Trust, and Resilience

This session shares insights from the Maui Wildfire Exposure Study on how disasters affect child and family health, with a focus on resilience, mental health, and systems of care. Through case examples and applied strategies, participants will be invited to reflect on how trust, culture, and community connections can strengthen families in times of crisis. *Cultural Values/Frameworks Referenced: Trauma-informed, culturally grounded strategies*

Aims of this Session:

- Identify key challenges faced by wildfire survivors.
- Describe culturally grounded strategies that strengthen family resilience.
- Apply lessons from Maui to inform systems of care in disaster contexts.



Dr. Ruben Juarez is the HMSA Distinguished Endowed Professor at the University of Hawai'i Economic Research Organization and the Department of Economics at UH Mānoa. He combines microeconomics, network economics, and behavioral economics with public health to address critical issues in underserved communities across Hawai'i. Dr. Juarez has co-founded and directed several statewide initiatives at the intersection of economics and public health, including the Maui Wildfire Exposure Study. His work bridges rigorous research with practical application, helping communities respond to crises with resilience, trust, and culturally grounded approaches to healing.

5. Understanding Historical Trauma Among Native Hawaiian Youth

Our session will share findings from a qualitative study on Native Hawaiian youth experiences and understandings of historical trauma. In collaboration with community partners, our team conducted virtual and in-person talk stories with 19 justice-involved Native Hawaiian youth and 15 service providers and legislators. Eight themes emerged confirming that loss of access to land, cultural loss, persistent poverty, and negative impacts of tourism, alcohol use, and escapism, along with feelings of anger, shame, and anxiety, created barriers to them reaching their full potential.

Cultural Values/Frameworks Referenced: Expanded Lokahi Triangle, Talk Story, Reciprocity, Relevance, Respect, Ka Ho'omana (empowered education), Ke Aloha 'Āina (love of the land as healing).

Aims of this Session:

- Articulate how colonization has impacted Native Hawaiians.
- Describe the unique constructs that make up Native Hawaiian historical trauma.

- Lift up culture and community as prevention and healing.
- Provide culturally grounded strategies to support resilience among youth and families.

Anamalia (Ana) Su'esu'e is a Community Psychology doctoral student at the University of Hawai'i at Mānoa. Her research focuses on culturally responsive policies and programs for Native Hawaiians and Pacific Islanders in health and education. She has served as a graduate research assistant with Dr. Lorinda Riley for four years on projects exploring Native Hawaiian historical trauma, resilience, and alternative incarceration models in Hawai'i.

Dr. Lorinda Riley is an Associate Professor and Undergraduate Chair in the Department of Public Health Sciences at the University of Hawai'i at Mānoa. She holds an SJD in Indigenous People's Law and Policy. Her research engages communities across Hawai'i, Micronesia, the Philippines, and the Ryukyu Islands, examining historical trauma, community well-being, and Indigenous self-determination.

Kristina "Tina" Hulama brings experience in social work and family advocacy, contributing to projects focused on Native Hawaiian resilience and qualitative methods such as talk story.

6. Whose Child Is This?: The Complexity of Children in Out-of-Home Placement

This workshop explores the complex realities of children placed in out-of-home care, centering the child's perspective while recognizing the challenges faced by caregivers, social workers, agencies, and families. Too often, trauma in foster care is addressed primarily through safety and judgment; this session asks participants to expand their lens to include empathy, cultural awareness, and collaborative care. *Cultural Values/Frameworks Referenced: Hawai'i's Culture (Kanaka Maoli and the many cultures that influence Hawai'i today).*

Aims of this Session:

- Understand the challenges children and families face in out-of-home care situations.
- Examine how institutions, agencies, and individuals affect children and their families.
- Identify unique characteristics of children in care and apply tips and techniques to meet their needs.
- Build stronger cross-sector connections rooted in culture and care.

Lani Bowman is a Native Hawaiian born and raised in Kohala, Hawai'i, and the owner of the motivational and instructional company, SET IT UP!. A Resource Caregiver since 1987, she has nearly 40 years of lived experience with youth in foster

care and their biological 'ohana. She was among the first trainers for Hawai'i's formal Foster Parent Training program in the 1990s and has since provided numerous trainings for caregivers, social workers, and organizations both locally and nationally. An adoptive and guardian parent of 10, Lani brings deep cultural grounding, practical skills, and heartfelt wisdom to her work.

7. Provider Talk Story: a Kākou for Keiki Community of Care to Support Providers

This workshop creates space for providers who are also caregivers to connect, reflect, and share strategies for building resilience. Participants will discuss burnout and loneliness while practicing tools that help restore energy and foster deeper connections. *Cultural Values/Frameworks Referenced: Aloha Circle, Kilo, Pilina, "I Ola 'Oe, I Ola Mākou Nei"*

Aims of this Session:

- Define "Community of Care" through implementation and practice.
- Recognize the value of informal peer support.
- Prioritize self-supports for sustainability.

Ka'iulani Galon serves as the Child & Youth Program Specialist IV for the Family Health Services Division of the Department of Health. She has been a driving force behind Kākou for Keiki, a community collaborative that uplifts family-centered, locally-rooted practices to transform Maui County's early childhood system into a flexible and inclusive network. Ka'iulani is also co-founder of Provider Talk Story, a series designed to support providers who give so much of themselves both personally and professionally. Her work emphasizes pilina (relationship), kilo (observation), and aloha as guiding values for community connection and collective care.

8. Pā Pōhaku: A Kākou for Keiki Community of Care to Support Fathers

Pā Pōhaku is a free virtual gathering space for fathers of keiki under five in Hawai'i. This session shares the inspiration, cultural grounding, and partnerships that helped bring it to life, and explores how creating father-centered spaces strengthens families and communities. *Cultural Values/Frameworks Referenced: Pilina, Kuleana, 'Ohana*

Aims of this Session:

- Understand cultural values (pilina, kuleana, 'ohana) shaping Pā Pōhaku.
- Reflect on creating intentional spaces for fathers.
- Apply Indigenous frameworks to strengthen family and community engagement.



Jessica Kaneakua is the Family Leader Coordinator for Kākou for Keiki. Born and raised in diaspora on Dakota lands in Minneapolis, she returned home to her ancestral piko in 2013 and has since dedicated her work to serving Hawai'i communities. She holds advanced degrees in psychology, human development, and Indigenous Peoples' Law, and currently lives with her 'ohana in Hilo. Jessica brings a strong background in public health, education, and non-profit work, and her passion lies in creating inclusive, culturally grounded systems of care that honor family voice and leadership.

9. Creativity as Medicine: The Healing Power of Expressive Arts

This fully experiential workshop invites participants to engage in the expressive arts through visualization, writing, drawing, and reflection. Using the Tree of Wellbeing activity, participants will explore identity, strengths, hopes, and sources of support, leaving with a visual reminder of their resilience and capacity for growth. *Cultural Values/Frameworks Referenced: Indigenous wisdom, expressive arts as ancestral practice*

Aims of this Session:

- Reflect on personal strengths through expressive arts.
- Engage in arts practices to connect with emotions and identity.
- Recognize expressive arts as tools for resilience and community healing.



Ann Davis is the Associate Director at Family Hui Hawai'i and an Expressive Arts and Somatic Experiencing Practitioner with more than three decades of experience in public health and education. She has supported children, adolescents, and families through trauma-informed and creative community-based practices, always centering resilience and healing.



Heidi Allencastre serves as the Maui County Program Coordinator for Family Hui Hawai'i. A Peace Love Expressive Arts Facilitator, she designs workshops that use creativity as a pathway for reflection and resilience. With over ten years of family support experience in Maui County, Heidi is passionate about creating safe, healing-centered environments where families can thrive. Together, Ann and Heidi bring deep expertise in expressive arts and community facilitation to support families in reconnecting with their inner vitality and collective strength.

10. Culture, Indigenous Wisdom, and Wellbeing

This interactive session explores the ongoing impacts of colonialism on children and youth, while drawing on Sikolohiyang Pilipino (Indigenous Filipino Psychology)

as a source of strength, honor, and wellbeing. Participants will collectively explore and share practices that help reclaim spirituality and resilience for keiki, families, and communities. *Cultural Values/Frameworks Referenced: Sikolohiyang Pilipino (Indigenous Filipino Psychology)*

Aims of this Session:

- Explore intersections of culture, identity, and wellbeing.
- Share and experience holistic practices for children and youth.
- Engage in collective practices to reclaim spirituality for community benefit.



Ivey Cruz has over twenty-five years of experience as an educator, counselor, advisor, facilitator, consultant, and director across public, private, and charter schools and universities. Her work has consistently focused on youth leadership, social justice, consciousness, wellbeing, and spirituality. As an educator and practitioner, she draws from Indigenous ways of knowing and Filipino psychology to support the holistic development of young people. Her extensive career in education has been centered on equipping youth and communities with the tools to thrive by reconnecting to ancestral wisdom, culture, and collective identity.

11. From Colonization to Compassion: Reframing Corporal Punishment in Hawai'i

Practices of physical discipline, often learned from one's own upbringing, perpetuate cycles of trauma across generations. Despite being seen as cultural, corporal punishment is not a Hawaiian or Pacific cultural practice; it is tied directly to legacies of settler colonialism and human enslavement. This session will increase understanding of this history and offer compassion-focused, trauma-informed strategies to help caregivers break these cycles and build healthier relationships. *Cultural Values/Frameworks Referenced: Resistance to past influences of colonization; compassion-focused, trauma-informed practice.*

Aims of this Session:

- Historicize the roots of physical discipline in colonialism and slavery, with special attention to effects in Hawai'i.
- Apply trauma-informed, compassionate techniques in work with caregivers and families.
- Identify effective behavior management alternatives to reduce disruptive youth behaviors.
- Reframe harmful practices by making clear their connections to colonization.



Dr. Stephanie M. Campbell (she/her) is a half-Filipina, half-white, small-fat, able-bodied, cisgender daughter of an immigrant who grew up in rural Arkansas. She is a licensed psychologist in Hawai'i and a Nationally Certified School Psychologist, currently serving as the Crisis

Liaison & Community Trainer for the Hawai'i Department of Health's Child & Adolescent Mental Health Division. She is also co-founder and co-owner of Something Simple Counseling. Her work strives for the actualization of social justice through culturally sustaining practices, intersectionality, and embodied liberation, using anti-colonial approaches and critical frameworks. A seasoned trainer of professionals and community members, Dr. Campbell brings expertise in psychology, education, and community resilience.

12. Creativity as Co-Regulation: Resourcing our Caregivers

This session begins with data on intergenerational trauma and barriers to caregiver mental health. It then introduces evidence-based co-regulation skills, before expanding into place-based creative activities that providers and families can use to resource themselves and build resilience. *Cultural Values/Frameworks Referenced: Creativity and art within 'ohana as resilience; mirror neurons and generational trauma*

Aims of this Session:

- Knowledge of neuroscience of co-regulation (mirror neurons).
- Practical tools for co-regulation with children.
- Ways to access creativity and use art in 'ohana healing.



Noelani I. Anderson is an arts educator and mental health professional with a Master's degree in Clinical Mental Health. Born and raised on Hawai'i Island, she currently works in private practice as a counselor specializing in trauma diagnosis and intervention. She is certified in PC-CARE (Parent-Child Care, an evidence-based trauma intervention) and is completing her EMDR certification. In addition,

Noelani serves as an artist in the schools through the Hawai'i State Foundation on Culture and the Arts, where she integrates creative practices into education as resilience-building tools. Noelani also works with Hawaii Behavioral Health Connection, a non profit working to increase clinically and culturally appropriate mental health care for all people of Hawaii. She believes creativity and culture are the soul of connection, and that connection is the foundation of health, particularly in the context of generational and historical trauma.

"Reclaiming Lilo"

By Travis Kaulula'au Thompson

In 'Ōlelo Hawai'i

The word "lilo" means "to lose,
to surrender, to relinquish, to be gone..."

But more than a mere possession,
sometimes a child is lilo to silence.

Sometime keiki are lilo to hands
that do not know how to hold, with aloha.

Sometimes children are lilo to nights
where the only lullaby
is the sound of the door locking, from the outside,
the moonlight caught in the bars
of a jalousie window.

One in seven kids in this country will know abuse
before they grow tall enough to see over the kitchen counter.
In Hawai'i, the numbers hide in the shadows
between census lines and whispered gossip,
but the ache is real
an under-current that pulls futures beneath the tide
before they can reach the shore,
leaving unclaimed slippers alone on the sand,
a half-built sandcastle crumbling in the wind.

In America, 5 children die every day from abuse and neglect.
Think of them as a crew on a canoe
that never makes it back to land,
paddles drifting loose in the current,
names uncalled in the morning roll.
We should be diving in after them,
arms cutting through the water like spears,
but too often, we just watch from shore,
pretending the horizon is too far to reach.

One in three who are harmed young
will carry that harm forward—
not because they choose it,
but because pain is a stubborn root
buried deep in the soil of memory,
and no one taught them how to pull it up without bleeding.

**Re-indigenizing child care
means remembering that once,
children were everyone's kuleana.**

Aunty down the street,
Uncle in the next house over,
Kupuna with stories like medicine—
Once, we all were net and canoe,
catching and carrying the young together,
mending each tear before it widened.

Culture is abuse prevention.
Not in theory, but in practice—
in the chant
that teaches a child their genealogy is longer than any shadow of violence
in the hands
that weave a lauhala mat so no one sleeps on a cold floor,
in the meal
shared before hunger becomes another form of harm,
in the eyes
that meet theirs and say without words:
You are seen.

I am tired of the numbers stacking up
like lava rock on an unmarked grave.
I am tired of the way we let policy
outrun practice,
the way help arrives only after the obituary,
only after the canoe has already tipped.

**We must reclaim lilo—
turn the word into restoration,
transform loss into returning.
It begins when we see every child
as belonging to us,
when we braid care into law,
and law into compassion,
when our classrooms, clinics, churches, and prisons
become places where hands know only how to lift,
and voices know only how to call each child home.**

So that one day,
These same children will walk into a room
without checking the exits,
without flinching at footsteps,
and the wind will carry their laughter
like a conch shell call—
a signal across the ocean, saying:
**We did not let you go.
And we refuse to lose another.**