



COLLEGE HEIGHTS SECONDARY SCHOOL

GRADE 11 OPTION SHEET 2025-2026

I. **SHSM PROGRAMS BY SECTOR:**

- ☐ SHSM TRANSPORTATION (Auto Mechanics and Auto Body)
- ☐ SHSM HOSPITALITY (Culinary and Baking)
- ☐ SHSM CONSTRUCTION (Building Trades)
- ☐ SHSM HEALTH AND WELLNESS (Hairstyling and Aesthetics and Health Care)
- ☐ SHSM HORTICULTURE AND LANDSCAPING
- ☐ SHSM MANUFACTURING AND WELDING

II. **COMPULSORY COURSES:**

Environmental Science is compulsory only if the student needs to earn a second science. Please refer to SHSM Programs by Sector and other pathway planning resources to determine if it is a requirement.

English	<input type="checkbox"/> NBE3E (Workplace)	<input type="checkbox"/> NBE3C (College)
Math	<input type="checkbox"/> MEL3E (Workplace)	<input type="checkbox"/> MBF3C (College) <input type="checkbox"/> MCF3M (University/College)
Environmental Science	<input type="checkbox"/> SVN3E (Workplace)	

III. **ADDITIONAL REQUIRED COURSES and ELECTIVES:**

Choose the courses required to complete your SHSM program and/or pathway plan. It is important to refer to the SHSM Programs by Sector to determine the number of selections needed. SHSM students will take SHSM Skills Builder TAS20 and choose from appropriate Cooperative Education, Related Core Courses (RCCs) and Entrepreneurship, Business, Leadership (ELB) courses to complete timetables. SHSM students not choosing Co-op in grade 11 may take it as part of their grade 12 schedule.

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| <input type="checkbox"/> Art (Crafts) AWA30 | <input type="checkbox"/> Leadership GPP30 |
| <input type="checkbox"/> Art (Drama) ADA30 | <input type="checkbox"/> Health Care TPJ3C1 |
| <input type="checkbox"/> Art (Media Arts) ASM30 | <input type="checkbox"/> Hospitality & Tourism (Baking) TFB3E1* |
| <input type="checkbox"/> Art (Music; Guitar) AMG30 | <input type="checkbox"/> Hospitality & Tourism (Food Prep) TFJ3E2* |
| <input type="checkbox"/> Art (Visual Arts) AVI30 | <input type="checkbox"/> Manufacturing (Machine Shop) TMJ3E1* |
| <input type="checkbox"/> Communication Technology TGJ30 | <input type="checkbox"/> Manufacturing (Welding) TMW3E1* |
| <input type="checkbox"/> Construction TCJ3C1* | <input type="checkbox"/> OYAP Fast - Contact Guidance for more information |
| <input type="checkbox"/> Co-op (2 credit Co-op, required for SHSM) FTE20 | <input type="checkbox"/> Phys-Ed (Personal and Fitness Activities) PAF30 |
| <input type="checkbox"/> Co-op (2 credit supported) DCO30 | <input type="checkbox"/> Phys-Ed (Health for Life) PPZ3C |
| <input type="checkbox"/> Entrepreneurship, Business, Leadership (ELB) BDP30/HIP40* | <input type="checkbox"/> Phys-Ed (Healthy Active Living) PPL30 |
| <input type="checkbox"/> Family Studies (Raising Healthy Children) HPC30 | <input type="checkbox"/> Science (Biology) SBI3C |
| <input type="checkbox"/> Geography - Travel and Tourism - CGG30 | <input type="checkbox"/> SHSM Skill Builder TAS20 |
| <input type="checkbox"/> Green Industries THJ3E1* | <input type="checkbox"/> Transportation (Auto Body) TTB3C1 |
| <input type="checkbox"/> Hairstyling & Aesthetics TXJ3E1* | <input type="checkbox"/> Transportation (Vehicle Maintenance) TTJ3C1* |

**These courses are also offered as double credit*