

## Thank you for participating in my thesis project!

My thesis project explores the effects, history, and methods of documentation for one's life. This select portion of the project will be carried out with acquaintances, family, friends, and strangers through written letters and video interviews. Please contact me via email or text to pick up the letter when completed.

- Yuan Chen    E:---    P:---

Please write a letter to be received by your "future self" 3 months by answering the following questions provided below. This research is **not anonymous** and will require you to provide your name and contact information on the envelope provided (refer to the images at the bottom). You are free to decorate the envelope as you like, but please remember to provide the information indicated!

You are free to write as long or short of an answer for each question as you please. Letters will be collected and stored until at least 3 months (could go up to 6 months) have passed.

You will be contacted and scheduled to pick up your letter or I will come to you in person via the contact information you provided. If you fail to pick up your letter 1 month after being contacted, you will be dropped from the project and your letter will be shredded. The project ends when you review your letter and complete a follow-up survey and video interview (video portion is optional). Your letter will not be read by anybody except for yourself, unless you are willing to share otherwise. If you wish to withdraw from the project, feel free to do so by contacting me. You can also contact me regarding any related concerns and/or questions.

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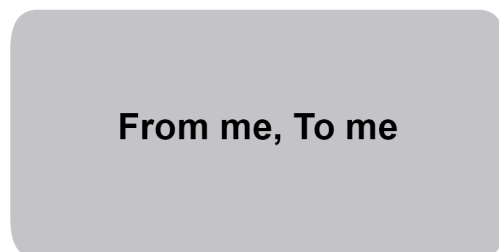
### Questions

1. What is a goal you want to achieve within 3 months?
2. What is your current favorite hobby?
3. What is your most recent accomplishment?
4. What part of your life are you enjoying the most right now?
5. When was the last time you cried?
6. When was the last time you laughed?

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Please provide the following information on your envelopes as seen below and **sign the form on the back of this page**.

### Front



### Back



## Consent and Acknowledgement Form

Although it is highly unlikely, I, \_\_\_\_\_ understand that this letter that I've written could be accidentally lost, stolen, or damaged. I will not hold the project manager (Yuan Chen) accountable for the following if any were to happen.

I understand that my letter will not be read by anyone else besides me unless I permit it.

If willingly shared, my letter and video interview (optional) may be displayed to the public.

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date