

Shifting Gender Norms and Breaking the Glass Ceiling

 **May 31 (Saturday), 2025; 2:00 PM - 4:00 PM MMT (GMT + 06:30)**

 **Online : Zoom**

 **Language : Burmese**

Register [here](#).

Event Description

The anti-coup resistance has fundamentally transformed society's understanding of gender roles, with women assuming unprecedented leadership positions within the movement. Yet, despite these advances, women still face significant barriers to occupying key leadership roles, including enduring stereotypes, limited accessibility, and insufficient institutional support. It is essential that the momentum generated at the outset of the resistance be sustained through collective action and comprehensive policies.

You are warmly invited to join the 5th chapter of the YRI's monthly seminar series, this session focusing on women's empowerment within the resistance. PMND researchers Ei Nandar Khin, Sithu Aung and Myo Myint Myat Thein will share fresh insights and present findings from their recent studies. Following their presentation, participants will have the opportunity to engage in a moderated discussion, joined by our special guest Ma Lin Latt Sue from Generation Wave.

These seminars are organized by the Pyin-Nya-Man-Daing programme, under which more than 80 researchers have worked on projects covering human rights, law, policy, and conflict transformation.

Speakers' Profiles

Research Authors

Ei Nandar Khin is an emerging researcher focusing on gender and governance with a particular interest in women's leadership, political participation, and the empowerment of refugee women. She is currently pursuing her Master's degree in Social Science at Chiang Mai University in Thailand.

Sithu Aung is an analyst specializing in Myanmar's political situation, with a background in law. His ongoing studies and research focus on human rights, resource politics, foreign relations studies, and political developments within the country's evolving dynamics.

Myo Myint Myat Thein a.k.a Ko Myat is a professional trainer specializing in capacity building programs for young people. He is also an academic and researcher with a focus on human rights, humanitarian affairs, and political studies. With a legal background, he actively advocates for human rights and the advancement of women's rights.

Guest Speaker

Lin Latt Sue is the General Secretary from Generation Wave. She began her political activism during the Saffron Revolution in 2007. She was detained in 2021 for her involvement in the Spring Revolution of Myanmar and has actively been involved in the resistance movement since her release.

Event Agenda

2:00 PM	Greetings and Introduction	Strategy and Communication Adviser
2:10 PM	Keynote	Senior Research Adviser
2:15 PM	Introduction to the Research Authors and Guest Speaker	Strategy and Communications Adviser
2:20 PM	Research Presentation of “Post-Revolution Strategies: Dismantling Gender Stereotypes and Empowering Women across Myanmar Societal Landscape”	Ei Nandar Khin

2:40 PM	Research Presentation of “Examining constraints on women occupying in decision-making roles in Myanmar’s National Unity Government”	Sithu Aung Myo Myint Myat Thein
3:00 PM	Discussion Session with moderated questions	Researchers and Guest Speaker moderated by SCA
3:40 PM	Participants’ questions and discussions (20 mins)	Participants
3:55 PM	Evaluation	YRI

Abstracts

Post-Revolution Strategies: Dismantling Gender Stereotypes and Empowering Women across Myanmar Societal Landscape

Ei Nandar Khin

This study highlights the role of women in the Myanmar's revolutionary context, examining how the 2021 Myanmar Spring Revolution has transformed societal norms. It investigates how the conflict has reversed women's empowerment by addressing their ongoing efforts to challenge cultural stereotypes and promote gender equality through the social justice movement in the revolution. During the 2021 Spring Revolution, women have become key leaders in driving social justice movements and challenging long-standing patriarchal norms. This research employs qualitative methods, conducting in-depth interviews with 10 respondents from distinct backgrounds. It aims to provide valuable insights into cultural shifts, the revolutionary impact of the 2021 Spring Revolution on social norms and practices, and how these changes affect women's empowerment and promote gender equality across different societal levels. The findings underscore the transformative power of collective action in dismantling gender stereotypes and empowering women across Myanmar's societal landscape. To realize the vision of a more equitable and inclusive society, this study provides practical ideas to scholarly knowledge of how social justice movements and gender equality are connected to foster gender equality and empower women during and after the time of political upheaval.

Examining constraints on women occupying in decision-making roles in Myanmar's National Unity Government

Sithu Aung, Myo Myint Myat Thein, Myat Thiri

This research study examines the underrepresentation of women in decision-making roles within the National Unity Government (NUG) in Myanmar following the 2021 coup. Despite active participation in political movements, women continue to face barriers hindering their involvement in leadership positions. The study aims to explore the challenges and perspectives surrounding women's participation in these key political entities. The research methodology employs a qualitative approach, utilizing in-depth interviews with a purposive sample of 10 participants. Findings reveal persistent disparities in women's representation in leadership roles within the NUG. Security concerns and transparency issues emerge as significant obstacles, particularly in urban areas where risks exist. The study emphasizes the importance of evaluating the skills required for government positions to address gender disparities effectively. Discussions focus on themes that include, political background, accessibility, and institutional support influencing women's participation in leadership roles. The study underscores necessary and more transparent application processes, enhanced security measures to foster inclusivity and ensure the applicants quality. This research seeks to contribute to the discourse on women's political participation in post-coup Myanmar by addressing key challenges and perspectives.